## **Guidance and Counseling - 8th Grade**

## Rationale

The student in grade 8 needs opportunities to develop awareness and skills that will positively benefit them in school and society.

## **Course Description**

The Mehlville School District's Guidance Department offers the eighth grade student an opportunity to develop skills in exploring and planning for school and careers, making decisions, understanding and getting along with others, improving study and learning skills, understanding the effects of drugs and alcohol, and learning from others about high school.

## **Course Objectives**

1. The student will acquire effective note taking strategies with 80% competency as assessed by scoring of activity sheets. (CA1, CA6; 1.8)

2. The student will develop practical test taking skills with 80% competency as assessed by teacher made quizzes. (CA1, CA6; 1.8)

3. The student will review their personal EXPLORE test results and match interests and abilities to career choices with 90% competency as assessed by teacher observation of understanding of the Explore Student Guide and classroom discussion. (CA1, CA6; 1.10, 4.3, 4.8)

4. The student will select a personal career path for occupational exploration with 90% competency as assessed by choice of high school career path. (CA1, CA6; 4.3, 4.8)

5. The student will demonstrate knowledge of resources available to get help for themselves and others with 80% competency as assessed by oral presentation of activity sheets. (CA1, CA6, H/PE5; 4.7)

6. The student will demonstrate the ability to make good decisions concerning drugs and alcohol with 80% competency as assessed by teacher evaluation of oral presentations. (CA1, CA6, S7, H/PE2; 1.5, 3.4, 4.7)

7. The student will describe how to make a good decision with 80% competency as assessed by listing 5 risks involved in a given situation. (CA1, CA6; 3.1, 3.7, 3.8)

8. The student will identify practices for resolving conflicts with 80% competency as assessed by verbal quizzes and teacher made worksheets. (CA1, CA6, H/PE5; 3.3, 3.4)

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