

## Rationale

The student in grade 7 needs opportunities to develop awareness and skills that will positively benefit them in school and society.

## Course Description

The Mehlville School District's Guidance Department offers the seventh grade student an opportunity to develop skills in understanding and accepting self and others, making decisions, improving study and learning skills, understanding the effects of drugs and alcohol, and planning for school and the world of work.

## Course Objectives

1. The student will use methods to effectively manage time and class/homework materials through use of the planner or daily assignment sheets with 80% competency as assessed by planner checks. (CA1, CA6, SS6; 4.5)
2. The student will identify extracurricular activities that match personal interests and future goals with 80% competency as assessed by inventories and activity sheets. (CA1, CA6; 1.10)
3. The student will relate academic skills to career goals with 80% competency as assessed by class discussion and activity sheets. (CA1, CA6, SS6; 1.10)
4. The student will identify school and community rules of alcohol and drug involvement through class discussion and reading of the handbook with 80% competency as assessed by written and verbal quizzes. (CA1, CA6, SS6, H/PE2; 4.7, 1.5)
5. The student will demonstrate knowledge of the effects of drugs and alcohol on their mind and body with 80% competency as assessed by activity sheets and written quizzes. (CA1, CA6, S3; 4.7)
6. The student will identify possible solutions to problems through brainstorming and goal setting with 80% competency as assessed by teacher evaluation of activity sheets. (CA1, CA6; 3.1, 3.7, 4.1, 3.8.)
7. The student will identify personal values and competencies with 80% competency as assessed by teacher evaluation of activity sheets. (CA1, CA6; 4.3)
8. The student will describe effective techniques to get along with others with 80% competency as assessed by scoring of verbal quizzes. (CA1, CA6, H/PE5; 2.3, 3.3, 3.4)

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