



CLOTHING AND EQUIPMENT (China Camp/Angel Island)

China Camp daytime/nighttime air temperatures will range from the mid 70s to mid 50s. Angel Island daytime/nighttime air temperatures will range from the low 70s to mid 50s. Generally we might experience mornings to be cool and possibly damp with the sun breaking through and light afternoon breezes.

Please follow the packing lists closely and you will be comfortable throughout the trip. Feel free to adapt the lists according to previous camping and kayaking experience.

Sageridge School Student Responsibilities

- Everyone brings their own sleeping pad, and sleeping bag (no cotton/flannel/thick bags, must be compressible). Tents (tent & rain fly) are supplied by the school.
- Students bring their own plate, bowl, utensils, cup, water bottle
- Clothes and personal items

Packing Guidelines

Packing Notes for overnights:

Backpacks are a great option making it easier to transport your gear from the van to the campsite at China Camp, and when hiking up the trail from the beach to the campsite during the Angel Island portion of the week. If there is not enough room in your backpack, sleeping bags and pads can always be carried separately or in a small duffle bag. In lieu of backpacks, duffle bags will work.

CLOTHING

Tops

- 2 synthetic (quick dry) shirts for kayaking
- 2 long sleeve shirts: light cotton for sun protection for non-paddling activities & nights
- 2 T-shirts
- 2 - warm sweaters/ pile jackets (fleece)
- 1 warm outer jacket for mornings/nights such as a down jacket
- 1 nylon rain/mist jacket for evenings and mornings as an outer shell, and can be used as a windbreaker when kayaking.

- Bottoms
- 1 pair shorts: nylon quick-drying (ideal but not necessary) for kayaking and hiking
- 3 pair socks (1 warm for nighttime)
- 1 pair light-weight pants for daytime sun protection if needed and kayaking on cooler days (quick dry pants ideal or nylon windbreaker type pants work well or stretchy workout type)
- 1 pair warm pants (fleece pants work great) for nighttime warmth (jeans can work)
- underwear

Footwear

- 1 pair for walking (e.g. running shoes or light hiking shoes)
- 1 pair for kayaking (e.g. Teva-type sport sandals; neoprene booties or water shoes—sturdy enough you could walk over some rocks)

Miscellaneous

- 1 warm hat for nighttime
- 1 pair paddling gloves (biking gloves OK-protects against blisters)
- 1 quart plastic water bottle (fill it please)
- 1 bandanna to clean sunglasses, etc.
- sun hat with tie-down strap (for wind) secured via a barrel lock
- sunglasses with retention strap (e.g. Chums or Croakies)
- waterproof sun-screen (including lip screen)
- toiletries: toothbrush, etc.
- 1 medium size towel
- personal medications
- ditty bag to hold your personal toiletries
- day pack or fanny pack for hikes
- head lamp + extra batteries

Equipment

- light-weight compactable sleeping bag with stuff sack (Those who "sleep cold" should bring a bag rated to approximately 32° Fahrenheit.)
- compressor sack for sleeping bag (a good idea)
- compact sleeping pad (self-inflating Therma-rest or ensolite foam)
- compressor sack for sleeping bag (a good idea)
- camera-- extra batteries
- reading material
- pen and paper for journal

Additional comments: Ideally, on the water you are wearing quick drying clothes. At night it does get chilly so bring layers.