



# Long Beach Wilson Athletics



## Cross Country / Track & Field Summer Camp 2025

This is an exclusive camp for Wilson High School returning runners and incoming freshman student-athletes. Boys and Girls.

This camp will also serve as a tryout to allow coaches to evaluate runners and determine their rosters for the upcoming school year. Runners are strongly encouraged to participate in the summer camp. If a runner is unable to participate in the camp, they will need to contact the coaches immediately.

### Camp Dates:

Sprinters (100m to 800m runners, & field events) -

July 7 – August 22

Mondays-Thursdays

1:00-2:30pm

Distance Runners (800m, 1mile, 2mile, & 3mile runners) -

June 30<sup>th</sup>-August 23rd

Monday – Friday; & Select Saturday AM

4:30pm-6:30pm

Location     Wilson HS Track (Enter Gate under bleachers on 7<sup>th</sup> Street)

Donation     \$50 Donation to cover camp expenses  
Make checks payable to “Wilson High School”

### Coach's Information

Sprints     Neil Nelson [neilnelson11@yahoo.com](mailto:neilnelson11@yahoo.com)  
Shannon Fisher [shannonjfisher22@gmail.com](mailto:shannonjfisher22@gmail.com)

Distance     CJ Brewer [cj.brewer.csulb@gmail.com](mailto:cj.brewer.csulb@gmail.com)



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