



Community Resources for Individuals with a Disability

Fremont School District 79 does not endorse or recommend camps, respite care, or other community resources. This list of camps and respite care providers has been compiled as a resource for families.

Recreation

Special Recreation Association of Central Lake County (SRACLC)

- ❖ *Provides year-round community based recreation to individuals with special needs and disabilities and their families.*
 - <https://sraclc.org/>
 - *Fremont School District towns served by SRACLC:*
 - *Mundelein, Hawthorn Woods, Grayslake, Round Lake, Libertyville*
 - *Available Services*
 - *Inclusion*
 - *Summer Day Camps*
 - *Special Olympic Sports*
 - *Weekly Youth Programs*
 - *Special Events*

Northern Illinois Special Recreation Association (NISRA)

- ❖ *Provides year-round community-based recreation to individuals with special needs and disabilities and their families.*
 - <https://www.nisra.org/>
 - *Fremont School District towns served by NISRA:*
 - *Wauconda*

➤ *Available Services*

- *Inclusion*
- *Summer Day Camps*
- *Special Olympic Sports*
- *Weekly Youth Programs*
- *Special Events*

Partners for Progress Therapeutic Equestrian Center

- ❖ *Therapeutic riding center, providing horse-based therapy using clinical interventions to individuals with physical, mental, & emotional challenges*

➤ <https://www.partnersforprogressnfp.org/>

- 23525 W. Milton Road, Wauconda, Illinois 60084
- 847-438-5400, E-Mail: info@partnersforprogressnfp.org

Equestrian Connection

- ❖ *Equestrian Connection provides a variety of therapeutic services for children and adults with special needs, either on an individual basis or as part of a group. Having begun as an organization that provided hippotherapy and therapeutic riding, they now offer 18 different programs from art therapy to riding lessons and summer camps. Equestrian Connection continues to fill the service gaps for those with special needs from ages 16 months to 85 years!*

➤ <https://equestrianconnection.org/>

- 847-615-8696
- 600 N. Bradley Road, Lake Forest, IL 60045

Special Gifts Theater

- ❖ *Special Gifts Theatre addresses the need for theatre arts activities and experiences for people with disabilities. SGT programs foster self-confidence, social, speech and language skills in individuals with disabilities. We work as a community to use educational and therapeutic techniques with the stage as the platform integrating creativity and fun. We provide student actors with disabilities enrichment experiences that foster confidence, creative self-expression, and self-advocacy. At SGT, the focus is on the student actor's strengths and every aspect of the programming is adapted to fully engage each student and allow them to shine in the spotlight.*

➤ <https://specialgiftstheatre.org/>

RecPlex

- ❖ *RecPlex offers a special needs summer camp for ages 7 and older. Activities include swimming, weekly beach visits. Field trips, arts and crafts, boating, hiking, social skills and more! A minimum of 3 days per week is required for 9 weeks of camp. Other spots are made available based on openings. Camps are divided into two age groups, 7-17 years and 18 years*

and older.

- https://www.recplexonline.com/departments/therapeutic_recreation_programs_and_services/therapeutic_recreation_summer_camp

Kohls Children's Museum

- ❖ *KCM welcomes children with disabilities and their families for an afternoon of learning and play focused on them. Our Museum campus is designed for universal accessibility with a purpose to encourage linguistic, cognitive, motor and social skills for all children ages birth to 8.*
 - [Sensory Friendly Days](#)

Goldfish Swim School

- ❖ *Goldfish Swim School - Autism Acceptance Month (April)*
 - <https://goldfishswimschool.com/mundelein>

XFactor Trampoline Park

- ❖ *Trampoline parks help with gross motor skills and can help individuals regulate their emotions. Trampoline parks also serve as an opportunity to socialize with other kids.*
 - <https://xfactortrampoline.com/>

Kids Empire- Mundelein

- ❖ *Kids Empire has many engaging attractions that benefit an individual's complex thinking, problem-solving skills gross motor skills and allows for interactions with other kids.*
 - <https://www.kidsempire.com/>

Respite Care

Illinois Respite Care Coalition

- ❖ From respite and referral services, to statewide training opportunities, the IRC is here to help caregivers and their loved ones across the state and lifespan. Founded in 1998 as a grassroots organization, the IRC has been and continues to strive to meet caregivers' expressed needs through services, referral and advocacy.
 - <https://www.illinoisrespitecoalition.org/>

Glenkirk

- ❖ Glenkirk's Respite Program provides short-term, intermittent care for persons with a diagnosis of Autism, Cerebral Palsy, Epilepsy or Intellectual and Developmental Disabilities within their family home setting. This program provides primary caregivers the opportunity to handle the daily struggles in their lives with the comforting knowledge

that their children are being well cared for during planned absences as well as emergencies. If you are interested in Respite Services or have any questions, please contact: respites@glenkirk.org

- <https://glenkirk.org/>
 - 3504 Comercial Avenue, Northbrook, Illinois 60062
 - 847-272-5111 x 716

Little City

- ❖ *Respite Services are available for families who do not receive other state funding . Little City's In-Home Respite Program provides a maximum of 360 hours of respite services per year, and families must have their own respite worker.*
 - <https://littlecity.org/>
 - 847-540-3774
 - Virginia Lisy, Manager Home Services
 -

Camps

Camp SOAR

- ♥ *Camp SOAR (Special Outdoor Adaptive Recreation), an overnight camp for children with developmental disabilities, ages 7-19. The mission of camp is to provide an inclusive and fun overnight camp experience for children who otherwise would not have opportunities. Additionally, Camp SOAR provides new and fulfilling experiences for the counselors, and respite for the families.*
 - <https://www.childrensresearchtriangle.org/camp-soar/>
 - Contact Sari Rieger at 312-726-4011

Camp Duncan

- ❖ *Whether you're interested in fun daytime activities or an overnight stay that will immerse you in nature, YMCA Camp Duncan has what you're looking for! We offer a variety of engaging camps, including Day Camp, Overnight Camp, and specialty camps, such as our Family Camp and BOLD & GOLD Adventure programs.*
 - <https://www.ymcachicago.org/duncan/>

Parent and Sibling Support Groups

SibShop

- ❖ *A Sibshop is described by Don Meyer, Director of the Sibling Support Project, as "opportunities for brothers and sisters of children with health and developmental needs to obtain peer support and education within a recreational context." Siblings meet with their*

peers in an energetic, fun celebration of the many contributions made by brothers and sister of kids with special needs. They are able to share the good and not-so-good parts about having a sibling with special needs. It is not a therapy, but may be therapeutic for some children.

- ❖ *SEDOL Sibshops are for children between the ages of 5 and high school. There is a small cost for each meeting to cover lunch which is \$7. Sibshops are held once per month on Saturdays for the months of September, October, November, February, March, and April. Sibshops start at 10am and end at 1pm.*
 - *Contact Sheila Geier at sgeier@sedol.us or 847-986-2567.*

Illinois Star Net

- ❖ *Find everything you need to help understand and access early childhood special education services and supports through a variety of sources, including videos, websites, and books. We offer information on a wide-range of topics for professionals and parents, including Family Support and Support Groups, Early Intervention, and Autism.*
 - <https://starnetregionii.org/resources/sedol-special-education-district-lake-county-parent-support-group-resources>

Sibling Support Project

- ❖ *Founded in 1990, the Sibling Support Project is the first national program dedicated to recognizing, promoting and addressing the life-long and ever-changing concerns of millions of siblings of people with developmental, health, and mental health concerns*
 - <https://siblingsupport.org/>

The Arc. Illinois

- ❖ *Statewide Resources and Information, Focused on Developmental Disability Services and Supports. Illinois Life Span (ILS) is a program of The Arc of Illinois – a statewide advocacy organization committed to empowering people with disabilities to achieve full participation in community life through informed choices.*
 - <https://www.illinoislifespan.org/support-groups/>

Illinois Department of Human Services (IDHS)

- ❖ *Parents of young children with special needs find that networking becomes an important part of their lives. Through your resource and support networks, you will have opportunities to learn from other parents and share your knowledge and insights with others.*
 - <https://www.dhs.state.il.us/page.aspx?item=36330>

Funding for the Future

Community Alternatives Unlimited (Manages PUNS List)

- ❖ *Helps families complete the application for PUNS (Prioritization for Urgency of Need for Services), a statewide database that records information about individuals who have developmental disabilities who are potentially in need of services. Provides families with*

assistance in locating and applying for funding services both at home and out of home.

- [Community Alternatives Unlimited \(CAU\)](#)
- 773-867-4000

ABLE Account

- ❖ [Able Account - Illinois State Treasurer](#) - ABLE accounts make it possible for people with disabilities and their families to save and invest for expenses related to living with a disability without losing, or losing access to, federal means-tested benefits such as SSI, SSDI and Medicaid. Earnings and withdrawals are tax-free if they are spent on a broad range of qualified disability expenses including housing, health and wellness, education and training, therapy, basic living expenses and more.
- ❖ [Differences between ABLE account and trusts \(from Protected Tomorrows\)](#)

Financial Benefits/Future Planning

Family Benefit Solutions

- ❖ Meets with families to thoroughly assess their individual situation and pursue the appropriate benefit assistance program(s), personally guiding them through the application process. Benefit assistance programs may include medicaid and supplemental security income (SSI) to name two.
 - [Family Benefit Solutions](#)
 - Contact: Sherri Schneider
 - Email: benefithelp@aol.com
 - 847-279-8506

Social Security Income

- ❖ Supplemental Security Income (SSI) for more information about financial support for children and adults with disabilities.
 - [Social Security Income](#)
 - [SSI Fact Sheet](#)

Adult Legal Guardianship

- ❖ [Guardianship presentation PSG 2.21.20](#)
- ❖ [Guardianship in Lake County](#)
- ❖ [Guide to Adult Guardianship in IL](#)
- ❖ [Building Bridges to the Future](#)
- ❖ [Building Bridges to the Future \(Spanish\)](#)

Protected Tomorrows

- ❖ [Protected Tomorrows](#) - *At Protected Tomorrows, we know that caring and planning for the future of a family member with special needs is often overwhelming. We take your hand and guide you through the process of planning that future, alleviating your anxieties and transforming your uncertainty into positive action that not only secures a brighter future for your loved one with special needs, but helps you and your family member to grow on your journey together. Services include creating a life plan, online and live videos or webinars, information on special needs trust, ABLE account, guardianship and more.*
- ❖ *****For families with All Kids or Medicaid and signed up with a Managed Care Organization (MCO), contact the MCO to see what in home care or respite options are available. The MCO can provide case manager or care coordination for their participants with multiple needs.*

Almost Home Kids

- ❖ Almost Home Kids provides a bridge from hospital to home through an innovative community-based care system for children with medical complexities. We respond to the needs of families, train caregivers, offer respite care, advocate for accessibility and inclusion and educate healthcare professionals. Almost Home Kids provides a bridge from hospital to home through an innovative community-based care system for children with medical complexities. We respond to the needs of families, train caregivers, offer respite care, advocate for accessibility and inclusion and educate healthcare professionals.
 - [Almost Home Kids](#)
 - General inquiries: info@almosthomekids.org
 - Please contact: Layenie Anderson, Director of Case Management at LAnderson@almosthomekids.org

Griswold Home Care

- ❖ *Our respite care provides a temporary break and can last anywhere from a few hours a day to overnight. Private pay caregiver services.*
 - [Griswold Home Care](#)
 - Michele Running, Director-(847) 562-5955

Family Voices Network

- ❖ Family Voices is a national family-led organization of families and friends of children and youth with special health care needs (CYSHCN) and disabilities. We connect a network of family organizations across the United States that provide support to families of CYSHCN.
 - [Family Voices network](#)

Family Service of Lake County Joins Josselyn

- ❖ [Family Service of Lake County a Josselyn Program](#) We provide counseling, education,

and support services to strengthen individuals and families in need to succeed in school, at work, in relationships, and within our community.

Prairie State Legal

- ❖ *[Prairie State Legal](#) Prairie State Legal Services provides free legal help to people who need it most and can afford it least.*

Comprehensive Community Base Youth Services

- ❖ *increase family reunification/preserve and stabilize families; and to divert or minimize involvement in the child welfare and/or juvenile justice systems.*
- ❖ *[IDHS CCBYS \(Comprehensive Community Based Youth Services\)](#)*

Other Helpful Resources

211 Lake County

- ❖ *The resource list via online, phone, or text for anyone living in Lake County, IL or Kenosha County, WI.*
 - *[211 Lake County](#) (formerly Human Services Resource Guide/Red Book)*

Center for Enriched Living (CEL)

- ❖ *The Center for Enriched Living (The Center) is a privately funded non-profit agency serving the social needs of people of all ages with developmental disabilities. Social, recreational and educational enrichment programs available seven days a week for people of all abilities – from teens to seniors.*
 - *<https://www.centerforenrichedliving.org/>*
 - *847-948-7001*
 - *280 Saunders Rd. Riverwoods, IL 60015*

Identification Card for Individuals with a Disability

- ❖ *[Application for an Illinois Person with a Disability Identification Card](#)*

More Information

Special Recreation Inclusion Services:

- ❖ *Inclusion provides an opportunity for people with special needs or disabilities to participate*

in recreation programming within their community. Special Recreation agencies work closely together with the participants and their family to facilitate a safe and successful recreational environment for all individuals.

Inclusion assistance is made available at special recreation member agencies at no additional cost to the family. Inclusion support may come in the form of one or more of the following: program observation, staff training, program adaptations, modified equipment, or additional staff (inclusion aides).

An inclusion aide's role is to provide the appropriate amount of support to promote independence and progress towards program goals for the participant(s). This can include simplification of instructions, additional demonstration, modification of activity, re-direction, behavior management, assistance with safety, or any other reasonable accommodation that may lead to the success of the participant.

❖ *Reasons to Request Inclusion Support:*

- *A parent or family member recognizes that a participant would benefit from additional support in a member agency program.*
- *The member agency staff identifies a need for additional support and communicates this need to the family.*

❖ *Types of Inclusion Services:*

- *Adaptive Equipment*
- *Program Modification*
- *Success Plans & Tool Kits*
- *Individual Staff Training*
- *Inclusion Aide-if deemed necessary for safe and successful participation*

❖ *Requesting Inclusion Services When registering for a program with one of SRACLC's member agencies:*

- *Mark the ADA section on the registration form.*
- *Once the registration form is submitted, the member agency will reach out to the family to fill out the Participant Information Form.*
- *The member agency will provide SRACLC with an Inclusion request that contains both program and participant information.*
- *The family will then be contacted by SRACLC to further discuss the needs of the participant and to set up an observation to decide what type of support is needed.*
- *SRACLC will work with member agencies to put the necessary accommodations in place.*
- *Communication between SRACLC, member agency staff, and the family will continue throughout the process.*

■ *For more information, please contact SRACLC at 847-816-4866.*