

July

2025

PCMS SUMMER WEIGHTS/FOOTBALL

PLAYERS REPORT ON PARENT PICKUP SIDE BY
WEIGHTS DOORS (NORTH SIDE)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	OFF	OFF ¹	OFF ²	OFF ³	OFF ⁴	⁵
⁶	⁷ 8 TH 7:00-8:30 7 TH 8:45-10:15	⁸ 8 TH 7:00-8:30 7 TH 8:45-10:15	⁹ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹⁰ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹¹ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹²
¹³	¹⁴ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹⁵ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹⁶ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹⁷ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹⁸ 8 TH 7:00-8:30 7 TH 8:45-10:15	¹⁹
²⁰	²¹ OFF	²² OFF	²³ OFF	²⁴ OFF	²⁵ OFF	²⁶
²⁷	²⁸ OFF	²⁹ OFF	³⁰ OFF	³¹ OFF	OFF	

IF YOU ARE UNABLE TO ATTEND, PLEASE CONTACT ONE OF THE COACHES: HEAD COACH MAHNKEN 620-704-2252,
COACH JOHNSON 620-249-7342 OR COACH HARRISON 913-687-8991