

**All Meals:**  
Served with choice  
of white milk,  
chocolate milk or soy  
milk

**Breakfast:**  
Served with assorted  
fruits, milk

**Lunch:**  
Served with assorted  
fruits & veggies or  
salad bar, milk

**Daily  
Alternative Options:**

**Breakfast:**  
Cereal, fruit, milk

**Lunch:**  
Turkey <sup>or</sup> Ham  
Sandwich, fruits,  
veggies, side dish,  
milk

What Makes a Lunch?

Select 3-5 Components

MILK

GRAIN

VEGIE

FRUIT

PROTEIN

One must be a

FRUIT

OR

VEGGIE

What Makes A Great BreakFast?

Select 3 Components!

MILK

FRUIT JUICE

GRAIN

FRUIT

Be sure to choose between

FRUIT

OR

FRUIT JUICE



# Palouse Menu

## June 2025

	June 2	3	4	5	6
Breakfast	Muffins & Yogurt	French Toast & Sausage	Bagel w/ Cream Cheese & Sausage	Fruit & Yogurt Parfait & UBR	Kitchen's Choice
Lunch	Chicken Bunwich Fries Baked Beans	Sweet & Sour Chicken, Rice, Stir Fry Veggies, Fortune Cookie	Cheeseburger, Fries	Hoagie Sandwich <sup>OR</sup> PB&J, String Cheese, Sun Chips	Kitchen's Choice
Breakfast	9	10	LAST DAY 11	8	9
Lunch	Kitchen's Choice	Kitchen's Choice	Kitchen's Choice		
	Kitchen's Choice	Kitchen's Choice	No Lunch		

Have a great  
Summer Vacation

