



ORRHS Guidance Newsletter

Current Guidance Happenings

Grade 9 Biology MCAS, June 4th and 5th

All students in grade 9 will take the Biology MCAS on Wednesday (June 4th) and Thursday (June 5th). Families and students will be notified of testing locations via email. Students must test with their charged school issued device.

Innovation Career Pathway Info Session, June 3rd

**INNOVATION
CAREER PATHWAYS**

BUSINESS & FINANCE **ADVANCED MANUFACTURING**

- DUAL ENROLLMENT
- INDUSTRY PARTNERSHIPS
- INTERNSHIPS
- CERTIFICATIONS

**JOIN OUR INFO SESSION
ON JUNE 3RD
DURING BULLDOG BLOCK**

**OLD
ROCHESTER
REGIONAL
HIGH SCHOOL**

Students, please join us for an information session to learn more about our Innovation Career Pathways in Advanced Manufacturing (Architecture) and Business/Finance on **June 3rd during Bulldog Block**.

Students who choose a designated pathway will be eligible for advanced academic pathways, mentoring opportunities, industry recognized certifications, and internships!

If you have any questions, please contact Mrs. Millette.

Volunteering Opportunity - Bike MS: June 28th

**MAKE A DIFFERENCE WHILE HAVING FUN!
VOLUNTEER AT BIKE MS®**

Volunteers make Bike MS happen! You are the foundation of why Bike MS is the largest cycling fundraising event in the country. When you volunteer, you become part of the MS movement - a collective of passionate individuals, moving together to create a world free of MS. Together we provide support, have fun and make a difference in the lives of people living with MS.

**Bike MS: Cape Cod Getaway
Massachusetts Maritime Academy Finish Line
Saturday, June 28th, 2025**

Where: Massachusetts Maritime Academy, 101 Academy Drive, Buzzards Bay, MA

ANYONE CAN VOLUNTEER!
There is something for **EVERYONE** to volunteer at this ride! No experience necessary!

Ready to get involved? Contact our Volunteer Engagement Specialist Alex Shores with questions or scan the QR code to sign up today!
alex.shores@mss.org

TYPES OF VOLUNTEERS:

- Luggage Crew
- Spirit / Cheer Team
- T-Shirt Distribution
- Photography
- And more!

bike MS. Don't just ride, Bike MS

Looking for volunteer opportunities? Make a difference and sign up to help out at Bike MS: Cape Cod Getaway (at Mass Maritime Academy in Buzzards Bay) on Saturday, June 28th.

They are looking for a variety of volunteers at the finish line throughout the afternoon/evening!

Ready to get involved? Contact the Volunteer Engagement Specialist, Alex Shores, with questions: alex.shores@mss.org

2025 FUTURE LEADERS SCHOLARSHIP - FOR THE CLASS OF 2026



Application Opens JULY 1, 2025

Application Deadline: OCTOBER 9, 2025

Apply at www.baystategames.org/future-leaders-scholarship

The Future Leaders Scholarship aims to identify students who will be tomorrow's leaders. Baystate Games is proud to award these scholarships of a minimum of \$1,000 in 2025 to SIX deserving Bay State Games student athletes. Over the past 30 years, nearly 400,000 has been distributed to students who wish to continue their education.


Applicants must meet the following requirements:

- A member of the class of 2026 a resident of Massachusetts and/or student at a secondary school in Massachusetts
- Past participation in the Bay State winter or summer games or high school ambassador program is not required but recommended

Required materials:

- Completed application form.
- Two letters of recommendation (emailed to scholarships@baystategames.org)
- Official school transcript through junior year (emailed to scholarships@baystategames.org)

Career of the Week

<div><div>CAREER OF THE WEEK</div><div>PROJECT MANAGEMENT SPECIALISTS</div><div> https://www.bls.gov/oon/</div></div>		
WHAT DO THEY DO?	HOW TO BECOME ONE	JOB OUTLOOK & SALARY
<ul style="list-style-type: none">• COMMUNICATE WITH CLIENTS TO DETERMINE PROJECT REQUIREMENTS AND OBJECTIVES• DEVELOP PROJECT PLANS TO INCLUDE INFORMATION SUCH AS OBJECTIVES, FUNDING, SCHEDULES, AND STAFF• IDENTIFY, REVIEW, AND SELECT VENDORS OR CONSULTANTS TO MEET PROJECT NEEDS• ASSIGN DUTIES OR RESPONSIBILITIES TO PROJECT STAFF• CONFER WITH PROJECT STAFF TO IDENTIFY AND RESOLVE PROBLEMS• MONITOR PROJECT COSTS TO STAY WITHIN BUDGET• MONITOR PROJECT MILESTONES AND DELIVERABLES• PROPOSE, REVIEW, AND APPROVE MODIFICATIONS TO PROJECT PLANS• PRODUCE AND DISTRIBUTE PROJECT DOCUMENTS	<p>TO ENTER THE OCCUPATION, PROJECT MANAGEMENT SPECIALISTS TYPICALLY NEED A BACHELOR'S DEGREE IN BUSINESS, PROJECT MANAGEMENT, OR A RELATED FIELD.</p> <p>SOME EMPLOYERS PREFER TO HIRE CANDIDATES WHO HAVE A DEGREE IN A TECHNICAL FIELD RELATED TO THE INDUSTRY IN WHICH THEY WILL WORK, SUCH AS COMPUTER AND INFORMATION TECHNOLOGY OR ENGINEERING.</p>	<p>PROJECTED JOB GROWTH 7% BETWEEN 2023-2033</p> <p>MEDIAN SALARY: \$100,750</p>

SEL Tip of the Week



With so many students applying for summer jobs, the SEL tip of the week will focus on building confidence for interviews. We want you to navigate your job interview like a pro!

Confidence starts with preparation. Before your interview, take a moment to breathe deeply and remind yourself of your strengths. Practice common questions, but also think about how you handle challenges and work with others—those are just as important. A calm mindset and a positive attitude can help you make a great first impression. You've got this!