

The Chatter

A PUBLICATION FOR EXPERIENCED ADULTS

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Welcoming Summer!

Check out the Chatter's new look...

Still filled with activities, news & events you're sure to love!

Published in January, May and September, The Chatter is mailed to over 3,500 senior households in northwest Dakota County courtesy of ISD 191 Community Education and the City of Burnsville. To subscribe to this free publication, or to stop your subscription, please call 952-707-4120.

Welcome to the Burnsville Senior Center

We offer a variety of events, services, screenings, enrichment and social groups. Located in the lower level, east side of Diamondhead Education Center (DEC). Enter door 11 or 12. See map and more details on page 2.

During business hours you must be buzzed in to the building. Press the buzzer, when it is answered, please say you are coming to the Senior Center or indicate which activity you are attending. If there is no answer, call 952-707-4150 during business hours for assistance.

Use the registration form on the inside back cover to register for classes or events. Registrations may be mailed or dropped off at the Burnsville Senior Center, 200 West Burnsville Pkwy, Burnsville, MN 55337

BURNSVILLE SENIOR CENTER MISSION

To provide a Senior Center that is a community focal point on aging where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence, and encourage their involvement in and with the Center and the community.



Located in Diamondhead Education Center

200 West Burnsville Pkwy
Burnsville, MN 55337

Open Monday-Friday,
9 am-4:30 pm

Summer Hours

Monday-Thursday 9 am-4 pm
Friday 9 am-3:30 pm

Enter door 11 or 12 lower level east side

952-707-4120

Email: senior.center@isd191.org

Website: communityed.isd191.org/adult/senior-center





Jennifer and coworkers at the annual Community Education Leadership Team retreat

GREEN SPACE

I am very excited about the new design for The Chatter newsletter

Same great information with a whole new look!

The Chatter is chock full of opportunities for independent folks age 55+ to connect at the Senior Center and in our community.

While all our familiar activities are running this summer, we'd like to encourage you to try something new. We celebrate our return to warmer weather with a May Fiesta on May 1. There'll be some information about Cinco de Mayo and May Day and we'll enjoy Walking Tacos for lunch! \$5 fee to attend, and please register in advance so we can plan appropriately.

Get out in nature with the new walking club. Look for more information on the Walk With Ease program too. It's a facilitated program that is designed to keep you motivated, improve flexibility, strength and stamina, and reduce pain.

Get up and boogie at our Daytime Disco. Come alone or bring a friend. There are chairs in the studio for you to take a break, or for those who might like to sit and enjoy the music.

There's a new social time starting in June called Perking Up. We provide some conversation starters and have board games available.

Did you see? We are having a Senior Prom! We'll provide the playlist you provide the moves. You won't want to miss this one! Please register in advance, \$5/person to attend this summer highlight.

We are going to have a super summer, and I look forward to seeing you here soon.

Jennifer Green

Manager of the Burnsville Senior Center

Advisory Council

The Advisory Council does not meet June through August. We return to our regular meeting date in September.

Members

Bernice Blacksher	Laurie Clough
Ingrid Jensen	Barb Knoke
Audrey Lattery	Maggie McKinney
Wayne Scheffel	Fred Steaderman
Wanda Trousil	Liz Whetter

Guests always welcome

Highlights

Book Buddies

The Book Buddies intergenerational reading program is a collaboration between the Burnsville Senior Center and 191 Early Childhood Programs. Those who have participated have enjoyed this opportunity. We continue to look at other ways to provide intergenerational experiences.

Day Tours

People really responded to the day tours. We are already looking at additional trips for the fall.

Annual Giving Update

At this writing \$7,373 has been received. Metro Dining Cards are still available and are good through September 2025. This is a very successful fundraiser for the Burnsville Senior Center.

We continue to collect and recycle old cell phones at the BSC.

This is another way we raise funds for our senior center.

Weekly Updates

Weekly email or voice message from Jennifer providing updates & reminders

If you would like to receive it, call 952-707-4120 to provide the phone number or email address you'd like to use. You may update your information and request to be removed at the same number.

We are closed Mon, May 26 & Thu, June 19

Should District 191 call a severe weather closure, the Burnsville Senior Center is also closed. When in doubt, please call ahead. 952-707-4120.

Where aging is embraced

Join Us

For Fun & Friendship



Activities are diverse in content and open to all senior adults

Reserve your spot 952-707-4120. All activities held in DEC Meeting Room unless otherwise listed

May Fiesta

May Day, Cinco de Mayo—the month of May gives us plenty to celebrate! Join us to learn a bit about Cinco de Mayo, make a May Basket to take home and enjoy Walking Tacos for lunch. [Provided in partnership with the 191 Community Engagement team and InHom Care](#)
09GG-May1 Thu May 1 11:30 am-1:30 pm \$5

Critical Incident Response K-9

Join us for an informative talk provided by the Burnsville Critical Incident Response K-9 unit, Duke and Sergeant Max Yakovlev. Duke has the unique ability to help comfort those who have experienced a traumatic event, personal crisis or suffering with mental illness. Sergeant Max will share information about Duke's training and how they work together to provide comfort to those in need. There will be time for questions. [Sponsor: Renaissance Adult Day Care](#)
09GG-May08 Thu May 8 1-2 pm Free

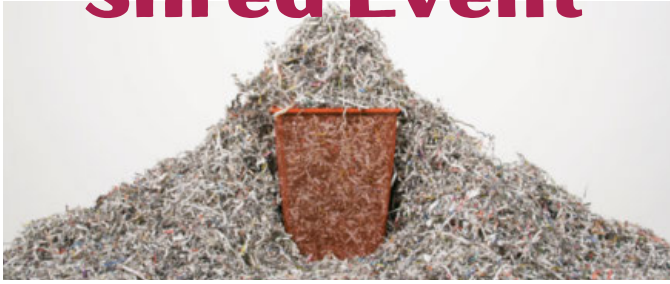


Free BINGO

BINGO is back thanks to our community partners who are calling the games and providing the prizes! Join us to play a few games and share a few laughs. No cost to participate, but please register for this fun afternoon of socializing. Bring your own dobber, or pens will be provided. [Sponsors Regent at Burnsville & Ecumen](#)
09GG -May29 Thu May 29 1-2 pm
09GG -Jul31 Thu July 31 1-2 pm



Burnsville Senior Center Shred Event



THURSDAY JUNE 5 1-3 PM

Diamondhead Education Center
200 W Burnsville Parkway.

NOTE NEW PARKING LOT

We've moved to the **WEST** side
of the building off of Pleasant Ave.
Watch for signs directing traffic flow!
We will unload your car for you.



\$5/car 1 to 3 bags
\$10/car 4 to 8 bags
\$50/car 9 plus bags or boxes

Daytime Disco Singles or couples welcome

Remember how much fun it was to shake your groove thing? Join us at the Daytime Disco where you can dance to your heart's content, or sit back and enjoy the music. Move to the beat seated, or hit the dance floor. We provide the space; you provide the moves. This is not a dance class, but we might refresh your dance move memory, teach you a few basic steps, or maybe you can show us some of your favorite steps! Whether you were a disco diva or not, come ready to boogie-wear comfortable clothing, smooth soled shoes and bring a water bottle.

09GG-DD Fri May 16, June 20, July 18, Aug 15
1-2 pm Studio B \$1 per session

Perking Up Conversation Group

Join us on the first Thursday for
conversation and social connection.

This is the perfect gathering for newcomers to get a taste of the senior center and seasoned supporters alike. We'll have board games like chess, dominoes and Yahtzee available. \$1 each week payable to the receptionist or hostess. Your first soda, cup of coffee or tea is included. Bring a snack! RSVP in advance and please bring your \$1 to the group.

09GG-25 Thu June 5, July 3, Aug 7 10-11:30 am

Free Comedy Show

Stories from a 1970s Midwestern Kid

Join us for an afternoon of comedy and storytelling. You're sure to enjoy a laugh and relate to the antics of a 1970s Midwestern kid. You may even reminisce about some of your own experiences growing up in an era before smartphones and the Internet.

Presenter Mary Nelson is a reception volunteer at the Burnsville Senior Center & an active member of the Book Club, who also performs comedy shows.

Sponsor Moments Hospice 09GG-Aug13 Thu, Aug 7 1 pm

Burnsville Senior Center
YOU BELONG HERE
Presented in partnership
One91 Community Education
Summer Theatre

SENIOR PROM

it's time to dance

**Dress to Impress | Red Carpet | Photo Booth
Light Refreshments | DJ Dance**

Thursday, July 17 | 3-5 pm

Burnsville Senior Center
200 W Burnsville Parkway
Burnsville, MN

Open to all senior adults
\$5/person
Register in advance
952-707-4120
communityed191.org

Thank you to our sponsors
InHom Senior Care
Beehive Homes
The Timbers
Moments Hospice

Senior Prom It's Time to Dance

Stay cool, don't flip your wig. Just make your plans and join us for the Senior Prom. Come as you are or dress to impress, and enjoy your favorite tunes from yesteryear. There will be spaces to shake your groove thing and chat with your friends. Make sure to stop by the photo booth! Light refreshments provided. You won't want to miss this happenin' place! **Register in advance \$5/person.** Thank you to our sponsors InHom Care, Beehive Homes, The Timbers & Moments Hospice.

Reserve your spot. Space is limited



Please take a moment to remember the individuals we lost over the past year

Helpful Phone Numbers

ISD 191 Community Education 952-707-4150
Metro Mobility 651-333-2433
Meals on Wheels 952-393-9860
AARP Office 952-858-9040
MN Highway Safety Center 888-234-9040
Happy Feet 763-346-3390

City of Burnsville Events

For more information call 952-895-4400.

Police Department Open House

May 29, 5-7 pm Police Department Parking Lot

Party on the Plaza June 5, July 10, Aug 14 5-9 pm

Nicollet Commons Park. All-ages fun with live entertainment, food trucks, community booths, arts and craft vendors, games and more.

International Festival Sat, July 19, 3-9 pm

Join us at Nicollet Commons Park for a range of music, dance, and cultural displays representing cultures around the globe. Free event. Food is available for purchase.

Night to Unite Tues, Aug 5

Burnsville Festival & Fire Muster Thur-Sat, Sept 4-6

Burnhaven Library Events

1101 W Country Rd 42, Burnsville
M-Th, 9 am-8 pm/Fri & Sat, 9 am-5 pm/Sun, 1-5 pm

Puzzle and Board Game Swap

Sat, July 19, 1:30-3 pm

Bring your puzzles and board games to swap for similar items and take home one that is new to you while helping reduce the amount of waste in landfills. Presented in partnership with Dakota Valley Recycling.

Birding for Beginners

Tues, July 29 at 6 pm

Discover the basics of birdwatching and learn tips for identification, optics use and selection and feeder setup for watch at home. Presented by Dakota County Parks. Registration required.



Where aging is embraced



District 191's Pathways model goes beyond high school classes

One of the things I love most about District 191 is that our Strategic Roadmap was developed WITH our community, and so it is a unique reflection of our community's values and vision for our schools.

Of course, those values – Caring Community, Cultural Proficiency, Future Readiness, Inclusive Partnership and Student Agency – need to be put into action for any of it to matter. The way we put those values into action from pre-kindergarten through 12th grade is called our “Pathways Model.” But the Pathways mindset permeates everything we do and all the learning opportunities we offer, including those you'll see in this publication.



Pathways is really an approach to education, a mindset that says every student will have access to learning opportunities that inspire them to think about and prepare for their future, opportunities developed with community partners that provide real-world skills and tangible benefits.

With that mindset, we see that there's no part of a learner's journey that isn't connected. Whether it's a design & engineering class at Burnsville High School or Coffee Talks, classes or other opportunities in this publication that help you build the knowledge and skills you need for your future.

I invite you to explore your options and find out how our Pathways model can help you find and pursue your passion.

Dr. Theresa Battle, Superintendent

Where Remembrance Begins



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CENTER CONNECTIONS

SENIOR CENTER PARTNERS

Anne Capitani Meals on Wheels Program Director
Barb Tiggemann..... Friendly Visitors Program - DARTS
Joyce Fagerness..... Quilters Coordinator
Bruce Smith Woodcarving Coordinator
Sherry Beason Knitter Coordinator
Angie O'Connor Craft Group Coordinator
Dick Hennon Duplicate Bridge Coordinators
Colleen Malterud Hand & Foot Coordinator
Sharon Raasch..... Stroke Group Coordinator
Wanda Trousil Library Coordinator
Dan McElroy..... Men's Breakfast Coordinator
Senior Led Sunrise Stretch Coordinator
Barb Knoke Decorations Coordinator
Trellis Health Insurance Counselor
Craig Rosenblum..... Scrabble Coordinator
Gary Konkler 500 Coordinator
Judy Hurley Card Recycling Coordinator
Chuck Lucas..... Pinochle Coordinator
Naomi Whitman..... Cribbage Coordinator
Maggie McKinney..... Ladies Breakfast Coordinator
Sara Miller So Metro Stitches Coordinator
Dwight Olinger Twin Cities Ukulele



Quilts on display in the Senior Center are for sale!

Take a look the next time you are in

Quilts make great gifts and are the perfect size for a child or lap blanket.

Recycled cards at the Senior Center 50 cents a piece. It's the best deal in town!

Old Cell Phones Needed

Keep up the great work! We collect old cell phones and send them to the National Council on Aging. They recycle them and send us a check. We have collected over \$2,000 thus far!

Fresh Summer Salsa

It's time to kick off summer with a bang. With exciting summer events like baseball and barbecues filling social calendars, comes a whole new array of fresh, sunny day snacks just waiting to be devoured.

If you're in the mood for something sweet with a hint of spice, try this Citrus, Mango, and Pineapple Salsa. It features fresh, fruity flavors from pineapple, mango, lemon, and lime, plus a surprising bite of jalapeno. It's the perfect balance of sweet and zesty. This light, warm weather appetizer is perfect for pool parties or dining al fresco. A fresh twist on traditional salsa, this recipe will have people lining up for a second scoop to help beat the heat. Enjoy it with tortilla chips or as a topping on your favorite tacos to add a little sweetness to a traditionally savory meal.

For more fresh summertime recipes, visit Culinary.net.

Citrus, Mango and Pineapple Salsa

Recipe adapted from becomingness.com

1 1/4 cup fresh pineapple, diced
1 1/4 cup fresh mango, diced
2 tomatoes
1/2 red onion, diced
1 jalapeno, finely chopped
1 tablespoon coriander
2 tablespoons lime juice
1 tablespoon lemon juice
sea salt & fresh cracked pepper, to taste



In large bowl, combine pineapple, mango, tomato, onion, jalapeno, coriander, lime juice, lemon juice and salt and pepper, to taste. With rubber spatula, mix all ingredients together. Taste and season with additional salt and pepper, if desired. Serve with tortilla chips.



PRECISION
DRIVING CENTER
A DIVISION OF ST. CLOUD STATE UNIVERSITY



DEFENSIVE DRIVING

Classes held at Diamondhead Education
Center Senior Center meeting room



Drivers age 55+ are eligible to receive
a 10% discount on their auto insurance

The 4-hour course now fulfills the
initial requirement to earn the discount

Repeat the 4-hour course every three years to
maintain the discount. \$24/person. Preregistration is
required. Register online or by calling the Burnsville
Senior Center 952-707-4120 or Precision Driving
center 1-888-234-1294. **\$24 DEC Meeting Room**

0904- May06	Tue	May 6	1-5 pm
0904- May19	Mon	May 19	1-5 pm
0904- Jun04	Wed	June 4	1-5 pm
0904- Jul22	Tue	July 22	1-5 pm
0904- Aug14	Thu	Aug 14	1-5 pm

0904- May13	Tue	May 13	5:30-9:30 pm
0904- Jun12	Thu	June 12	5:30-9:30 pm
0904- Jul09	Wed	July 9	5:30-9:30 pm
0904- Aug12	Tue	Aug 12	5:30-9:30 pm

You'll learn from a certified professional who has access to the most up-to-date research in the field. Instructors complete 40 hours of training and are re-certified by MHSRC every three years. Topics include but are not limited to: visual scanning techniques, steering techniques, anti-lock brake systems, airbag safety and new vehicle technology. Please note: A \$10 fee is applied for any changes on prepaid classes. There are no refunds if you are unable to attend. **Please bring a pen and paper.**

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SOCIAL CLUBS



Books R Us Book Club

Mon, 1 pm in DEC Meeting Rm

The Books R Us book club meets the 3rd Monday in the Senior Center at Diamondhead. This club is provided in partnership with the Dakota County library system which provides information about the authors and questions for the monthly discussions. RSVP at 952-707-4120 for each meeting you are attending.

May 19-Tomorrow and Tomorrow and Tomorrow by Gabrielle Zevin

June 16-Three Sisters by Heather Morris

July 21-The Connellys of County Down by Tracey Lange

Aug 18- As Bright as Heaven by Susan Meissner

Book Club II

First Tuesday of each month 1pm at the Barnes and Noble in the Burnhaven Shopping Center, 828 W County Rd 42.

Ladies Breakfast

Fri, May 9, June 13, July 11, Aug 8

2nd Friday at 9 am Steak & Ale in the Wyndham Nicollet Inn at 14201 Nicollet Ave in Burnsville. RSVP at the Senior Center for each date you can join us as space is limited. Pay your own way. We'd love to have you join us for breakfast and conversation. Contact Maggie 651-226-2373 or dancnldy57@yahoo.com with questions.

Men's Breakfast

Tues, May 6, June 3, July 1, Aug 5

1st Tuesday at 8:30 am at the Original Pancake House, 14352 Nicollet Court in Burnsville. The typical agenda includes great conversation with old and new friends, great food and separate checks. For more information please contact Dan McElroy danmcelroy@comcast.net or 952-707-4548.

GAME TIME

NOMINAL FEE PAYABLE
EACH DAY YOU PLAY

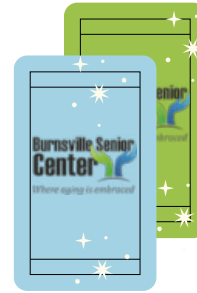
Monday 1st & 3rd
DOUBLE DECK PINOCHLE
12:30-4 pm

Tuesday
SCRABBLE
11 am-2 pm
DUPLICATE BRIDGE
12:30-4 pm

Wednesday
CRIBBAGE
10 am-12:30 pm
500 CARDS
12:45 -4 pm

Friday
HAND & FOOT
11 am-4 pm
(If you want to join the 2nd game, it starts about 12:15 pm)

Stop by to play a game or two with us!
Call 952-707-4120 for more information.



Painter's Workshop

Self-led workshop for beginning and experienced artists in any medium; watercolor, oils and acrylics. Develop and enhance your artistic style in a cooperative, group setting that provides motivation and inspiration. Gain perspective and insight from one another, while sharing personal knowledge on the use of materials, blending, color mixing, and more. Please bring your own materials. Join us for the entire month or pay \$5 each week you attend.

Fri 9 am-12 pm DEC Meeting Room

09PW-May25	May 2-30	5 sessions	\$15
09PW-Jun25	June 6-17.	4 sessions	\$12
09PW-Jul25	July 11-25	3 sessions	\$9
09PW-Aug25	Aug 1-29	5 sessions	\$15

Sunrise Stretch

Start your day with a stretch and a smile, at this self led exercise class done with pre-recorded instructions.

Mon/Wed/Fri 8:30-9:30 am \$10 DEC Studio B

No class May 26, July 4

09SS- May25 May 2-30

09SS-Jun25 June 2-25

09SS-Jul25 July 2-30

09SS-Aug25 Aug 1-29

NEW! Walking Club

Let's walk and talk together—it's more fun with a friend. The Walking Club meets at Vista View Park, 1501 Circle Lane in Burnsville. Each walking session begins with a 20-30 minute lesson. The paved walking loop provides great views of the pond it surrounds and is a little over ½ mile in length. You decide how many times you want to walk the loop. Walking Club begins on Thursday, May 1 and will continue as long as the weather cooperates. Call 952-707-4120 with questions.

Begins May 1 Thu 10:30 am Vista View Park

STAYING ACTIVE

Walk With Ease

Walk toward better health. Walk With Ease is a good fit for adults with arthritis or other ongoing health issues, and folks who want to improve balance, strength and walking pace. Regular attendance is encouraged to stay motivated, improve flexibility, strength and stamina, and reduce pain. Each session begins with a 20-30-minute lesson and walking time. Tuition includes a Walk With Ease book, t-shirt (Indicate size at registration) a pedometer and water bottle. Participants must be able to be on their feet for 10 minutes without increased pain. Wear shoes that are safe for walking. Class meets at Vista View Park, 1501 Circle Lane in Burnsville. In the event of inclement weather, you will be notified of an indoor meeting place. [Register in advance.](#)

Burnsville resident Gail Johnson is a Walk With Ease trained facilitator.

09WE-Su25 T, Th, Sa May 6-June 12 10:30-11:30 am
18 sessions \$49 Vista View Park

At the time of publication, Strength and Balance class is on hold as we seek a new instructor.

We will update via our weekly message once we have a new instructor in place.

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CREATIVE CONNECTIONS



Knitters & Crocheters

2nd Fri 9 am-12 pm

May 9 June 13 July 11 Aug 8

Hundreds of mittens, scarves, lap robes, afghans, booties and slippers are created and donated to charitable organizations within our community. We'd love for you to needle along with us. We'll even help you learn basic knitting and crocheting.

Quilters

2nd & 4th Tues 9 am-12 pm

May 13, 27 June 10, 24

July 8, 22 Aug 12, 26

This creative group of stitchers creates warm, colorful quilts for children in shelters and hospitals, elderly folks in health care centers and more. The quilters have a good time while they share quilting knowledge and skills with each other. The hundreds of quilts are made from donated fabric.

Card Recyclers

2nd & 4th Mon 12:30-4 pm

May 12 June 9, 23

July 14, 28 Aug 11, 25

Join the fun! The card recyclers use a few supplies and a lot of creativity to transform trash into treasure! Help us recycle or drop by and purchase a few cards. Drop your old cards off at the Senior Center for recycling.

South Metro Stitchers

4th Mon 5-8 pm

May 19 June 23 July 28 Aug 25

Do you like to cross stitch, needlepoint, knit, crochet, tat, or perhaps another type of handcraft? Whether you are working on a project for your favorite charity, a gift for a friend, or something for yourself, all types of hand stitching are welcome. If you are a beginner looking for tips and tricks, we probably have someone who can help you. For more info, please email Sara at sbmillerok@yahoo.com.

Crafters

1st & 3rd Thur 9 am-12 pm

May 1, 15 June 5, 19

July 3, 17 Aug 7, 21

Join this community minded, social group of crafters who make special projects for people who receive meals on wheels, and those who live in skilled care facilities, and health care centers.

Twin Cities Ukulele Group

The Twin Cities Ukulele group gathers weekly to "jam". We have two uke jams meeting at the BSC. See page 20 for details.



Woodcarvers 6-9 pm

BWCC-2526 \$25 annual fee

Register now for the 2025-26 woodcarving group which starts July 10. No meetings on holidays or when the school district is closed due to weather. New folks are always welcome to visit a time or two before joining. This is a self-led workshop where woodcarvers inspire and learn from one another while sharing knowledge of the craft. Participants provide their own projects and materials needed to complete them. The group meets in Campus Cup at Diamondhead Education Center.



WE NEED YOUR YARN, GREETING CARDS FABRIC & USED JEWELRY

The Burnsville Senior Center groups are going through their current supplies and looking to replenish them to accommodate the ever increasing demand. They are already preparing for the upcoming school year to assure there are plenty of items for District 191 students and others in need. All donations are greatly appreciated.

Stroke Support Group

4th Tues at 10:30 am

Apr 22 May 27 June 24 July 22 Aug 26

The Stroke Support & Education group meets at the Burnsville Senior Center, 200 W Burnsville Parkway. Lower level, Door #11. Provided in cooperation with M HEALTH Fairview.



Foot Care Clinic with Happy Feet

1st & 3rd Thur / 1st, 3rd & 4th Fri 30 minute appointments

Including foot assessment, foot soak, filing of corns and calluses, nail trimming and filing; both in length and thickness. Will also assist with the care and prevention of ingrown nails. Session ends with hydrating foot rub.

Call Happy Feet directly to make your appointment at 763-346-3390. Cost is \$45 per person/per appointment. Cancellation requires 24 hour advanced notice to avoid charge for service.

Blood Pressure Checks

The 3rd Wed, 11:30 am-12:30 pm

May 2 June 18 July 16 Aug 20

Arbor Ridges visits the Burnsville Senior Center from 11:30 am-12:30 pm to provide free blood pressure checks. No appointment necessary, just stop by.

Hearing Screening & Instrument Cleaning

4th Thur of odd months,
10 am-12 pm May 22 July 24

Raphael Cheron of Sounds Good! visits the Senior Center for hearing screening and hearing aid cleaning appointments. Hearing screening can determine whether or not hearing loss is present and if further testing is needed. Free, but you must call 952-707-4120 to make an appointment.

Health Insurance Counseling

One-on-one appointments, in-person
at the Senior Center or by phone

Designed to help older adults navigate the often-complex world of Medicare. You can schedule your own Medicare Counseling appointment by calling the Senior Linkage Line at 1-800-333-2433 or online at trellisconnects.org/get-help/Medicare/ Select a date and time that work best for you and be sure to bring your questions! They also offer in-person or virtual presentations on Medicare 101, Health Care Fraud and Scams, and Learn How the Senior LinkAge Line can help you.



Dinner & Learn Series

Caring for a Loved One with Dementia or Alzheimer's Disease

The Dinner and Learn Series provides education and support for the caregiver. Boxed meal included with tuition. Whether you've been providing care for an extended time, are new to caregiving, or are anticipating providing care, join us for this helpful series. Held in DEC Meeting Room.

With over two decades of experience in the in-home care industry Vitaly Salo offers valuable insights into the often-challenging world of caregiving. His expertise not only stems from professional knowledge, but is rooted in personal experience, providing a compassionate perspective on the intricacies of caregiving.

Understanding the Journey

Learn how to navigate the emotional landscape of dementia care, from recognizing early signs to coping with memory loss and personality changes.

09CC-May20 Tue, May 20 6-7 pm \$15

Handling Difficult Behaviors with Compassion and Creating a Safe & Familiar Environment

Discover effective strategies for managing challenging behaviors like agitation, confusion, and wandering, all while maintaining empathy and patience. Gain tips on how to adapt the home to minimize confusion and provide a comforting, secure atmosphere for a loved one with dementia.

09CC-May27 Tue, May 27 6-7 pm \$15

May



2025

Senior Center 952-707-4120
 Metro Mobility 651-602-1111
 Meals on Wheels 952-393-9860
 Happy Feet 763-346-3390

Community Education 952-707-4150
 Senior Linkage Line 800-333-2433
 AARP 952-858-9040
 MN Highway Safety Center 888-234-1294

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4	5 Sunrise Stretch 8:30 am DD Pinochle 12:30 pm P2 Healthcare Dir 2 pm	6 Men's Breakfast 830 am Scrabble 11 am Dup Bridge 1230 pm 55+ Def Drive 1 pm Book Club B&N 1 pm	7 Sunrise Stretch 830 am Cribbage & Uke Jam 10 am 500 cards 12:45 pm	8 Crafters 9 am Footcare by appt Walk Club 1030am May Fiesta! 11:30 am	9 Sunrise Stretch 8:30 am Painters 9 am/ Footcare by appt Hand & Foot 11 am Roots Uke 1pm	10 Sunrise Stretch 830 am Painters 9 am/ Knit Crochet 9 am Ladies Breakfast 9 am Hand & Foot 11 am Roots Uke 1pm
11	12 Sunrise Stretch 830 am Card Recyclers 1230 pm Peripheral Neuropathy 1 pm	13 Quilters 9 am Scrabble 11 am Dup Bridge 1230 pm 55+ Def Driving 5:30 pm	14 New Ulm Trip Sunrise Stretch 830 am Cribbage & Uke Jam 10 am 500 12:45 pm	15 Crafters 9 am Footcare by appt Walk Club 1030am Travel Talk 1 pm	16 Sunrise Stretch 830 am Footcare by appt Painters 9 am Hand & Foot 11 am Daytime Disco 1 pm Roots Uke 1pm	17
18	19 Sunrise Stretch 830 am Advisory Council 930 am DD Pinochle 12:30 pm 55+ Def Driving 1 pm Book Club 1pm S Metro Stitchers 5 pm	20 Scrabble 11 am Dup Bridge 1230 pm Caregiver Ed P1 6 pm	21 Sunrise Stretch 830 am Cribbage & Uke Jam 10 am Blood Pressure 11:30 am 500 12:45 pm Fare For All 3-5 pm	22 CT Fall Prevention 10 am Hearing Screening by appt Walk Club 1030 am	23 Sunrise Stretch 830 am Painters 9 am/ Footcare by appt Hand & Foot 11 am Roots Uke 1pm	24
25	26 CLOSED MEMORIAL DAY	27 Quilters 9 am Stroke Support 10:30 am Scrabble 11 am Dup Bridge 12:30 pm Caregiver Ed P2 6 pm	28 Sunrise Stretch 830 am Cribbage & Uke Jam 10 am 500 Card Game 12:45 pm Write & Update HCD 2 pm	29 Walk Club 10:30 am BINGO 1 pm	30 Sunrise Stretch 830 am Painters 9 am Hand & Foot 11 am Roots Uke 1pm	31

June



2025

Senior Center 952-707-4120
 Metro Mobility 651-602-1111
 Meals on Wheels 952-393-9860
 AARP 952-858-9040

Community Education 952-707-4150
 Senior Linkage Line 800-333-2433
 MN Highway Safety Center 888-234-1294
 Happy Feet 763-346-3390

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Sunrise Stretch 830 am DD Pinochle 12:30 pm	3 Men's Breakfast 8:30 am Scrabble 11 am Dup Bridge 12:30 pm Book Club B & N 1 pm	4 Sunrise Stretch 830 am Cribbage 10 am / Uke Jam 500 Cards 12:45 pm 55+ Def Driving 1 pm	5 Crafters 9 am Footcare & Ins Couns Conv Group 10 am Walk Club 10:30 am Shred Event 1 pm	6 Sunrise Stretch 830 am Painters 9 am Footcare by appt Hand & Foot 11 am Roots Uke Jam 1 pm	7
8	9 Sunrise Stretch 830 am CT-Fond Farewell 10 am Card Recyclers 12:30 pm	10 Quilters 9 am Scrabble 11 am Dup Bridge 12:30 pm	11 Sunrise Stretch 830 am Cribbage /Uke Jam 10 am 500 Cards 12:45 pm	12 Walk Club 1030 am Ice Cream Social 1 pm 55+ Def Drive 530 pm	13 Sunrise Stretch 830 am Painters 9 am / KnitCrochet 9 am Ladies Breakfast 9 am offsite Hand & Foot 11 am Roots Uke Jam 1 pm	14
15	16 Sunrise Stretch 830 am DD Pinochle 1230 pm Book Club 1 pm	17 Scrabble 11 am Dup Bridge 1230 pm	18 Sunrise Stretch 830 am Cribbage 10 am Uke Jam 10	19 CLOSED JUNETEENTH HOLIDAY	20 Sunrise Stretch 830 am Painters 9 am Footcare by appt Hand & Foot 11 am Daytime Disco 1 pm Roots Uke Jam 1 pm	21
22	23 Sunrise Stretch 830 am CT-Don't Know 10 am Card Recyclers 1230 pm S Metro Stitches 5 pm	24 Quilters 9 am Stroke Support 1030 am Scrabble 11 am Dup Bridge 1230 pm Navigating Support Resources 6 pm	25 Sunrise Stretch 830 am Cribbage & Uke Jam 10 500 cards 12:45 pm Fare for All 3-5 pm	26 Stillwater Day Trip Footcare by appt Walk Club 1030 am	27 Sunrise Stretch 830 am Painters 9 am Footcare by appt Hand & Foot 11 am Roots Uke Jam 1 pm	28
29	30 Sunrise Stretch 830 am Footcare by appt					

July



2025

Senior Center 952-707-4120 Community Education 952-707-4150
 Metro Mobility 651-602-1111 Senior Linkage Line 800-333-2433
 MN Highway Safety Center 888-234-1294 AARP 952-858-9040
 Happy Feet 763-346-3390 Meals on Wheels 952-393-9860

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Men's Breakfast 830 am Scrabble 1130 am Dup Bridge 1230 pm Book Club B&N 1 pm	2 Sunrise Stretch 830 am Cribbage/Uke Jam 10 am 500 Cards 1245 pm	3 Crafters 9 am Footcare/Ins Couns by appt Conv Group 10 am Walk Club 1030 am	4 CLOSED FOR HOLIDAY	5
6	7 Sunrise Stretch 830 am DD Pinochle 1230 pm	8 Quilters 9 am Scrabble 11 am DupBridge 1230 pm	9 Sunrise Stretch 830 am Cribbage/Uke Jam 10 am 500 Cards 1245 pm 55+ Def Driving 530 pm	10 Walking Club 1030 am	11 Sunrise Stretch 830 am Painters 9 am Knit/Crochet 9 am Ladies Breakfast 9 am offsite Hand & Foot 11 am Roots Uke Jam 1 pm	12
13	14 Sunrise Stretch 830 am Medicare GUIDE 10 am Card Recyclers 1230 pm	15 Wills & Pwr of Atty 10 am Scrabble 11 am Dup Bridge 1230 pm	16 Sunrise Stretch 830 am Cribbage /Uke Jam 10 am Blood Pressure Ck 1130 am 500 Cards 1245 pm	17 Crafters 9 am Footcare/Ins Couns appt Walking Club 1030 am SR PROM! 3 pm	18 Sunrise Stretch 830 am Painters 9 am Knit/Crochet 9 am Footcare by appt Hand & Foot 11 am Daytime Disco 1 pm Roots Uke Jam 1 pm	19
20	21 Sunrise Stretch 830 am DD Pinochle 1230 pm Book Club 1 pm	22 Quilters 9 am Stroke Support 1030 am Scrabble 11 am Dup Bridge 1240 pm 55+ Def Drive 1 pm	23 Sunrise Stretch 830 am Cribbage/Uke Jam 10 am 500 Cards 1245 pm	24 Hearing Screening appt Walking Club 1030 am	25 Sunrise Stretch 830 am Painters 9 am Footcare by appt Hand & Foot 11 am Roots Uke Jam 1 pm	26
27	28 Sunrise Stretch 830 am Card Recyclers 1230 pm S Metro Stitches 5 pm	29 MA & VA Benefits 10 am Scrabble 11 am Dup Bridge 1230 pm	30 Sunrise Stretch 830 am Cribbage / Uke Jam 10 am 500 Cards 1245 pm Fare for All 3-5 pm	31 Walking Club 1030 am BINGO 1 pm		

August 2025

Senior Center 952-707-4120
 Metro Mobility 651-602-1111
 MN Highway Safety Center 888-234-1294
 Happy Feet 763-346-3390

Community Education 952-707-4150
 Senior Linkage Line 800-333-2433
 AARP 952-858-9040
 Meals on Wheels 952-393-9860



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Sunrise Stretch 830 am Painters 9 am Footcare by appt Hand & Foot 11 am Roots Uke Jam 1 pm	
3	4	5	6	7	8	9
	Sunrise Stretch 830 am Hearing Health/Devices 10 am DD Pinochle 1230 pm	Men's Breakfast 830 am Scrabble 11 am Dup Bridge 1230 pm Book Club B&N 1 pm	Sunrise Stretch 830 am Cribbage/Uke Jam 10 am 500 Cards 1245 pm Low Waste Living 1 pm	Crafters 9 am Footcare/Ins Couns appt Conv Group 10 am Walk Club 1030 am Comedy Show 1 pm	Sunrise Stretch 830 am Painters/Knitters 9 am Ladies Breakfast 9 am Hand & Foot 11 am Roots Uke Jam 1 pm	
10	11	12	13	14	15	16
	Sunrise Stretch 830 am Card Recyclers 1230 pm	Quilters 9 am Scrabble 11 am Dup Bridge 1230 pm 55+ Def Driving 5:30 pm	Sunrise Stretch 830 am Cribbage/Uke Jam 10 am 500 Cards 1245 pm DARTS Services 1 pm	Walk Club 1030 am 55+ Def Driving 1 pm	Sunrise Stretch 830 am Painters 9 am/Footcare by appt Hand & Foot 11 am Daytime Disco 1 pm Roots Uke Jam 1 pm	
17	18	19	20	21	22	23
	Sunrise Stretch 830 am DD Pinochle 1230 pm Book Club 1 pm	Scrabble 11 am Dup Bridge 1230 pm	Sunrise Stretch 830 am Cribbage/Uke Jam 10 am BP Check 1130 am 500 Cards 1245 pm	Crafters 9 am Footcare/Ins Couns appt Walk Club 1030 am	Sunrise Stretch 830 am Painters 9 am Footcare by appt Hand & Foot 11 am Roots Uke Jam 1 pm	
24	25	26	27	28	29	30
	Sunrise Stretch 830 am Card Recyclers 1230 pm S Metro Stitchers 5 pm	Quilters 9 am Stroke Support 1030 am Scrabble 11 am Dup Bridge 1230 pm	Sunrise Stretch 830 am Cribbage/Uke Jam 10 am 500 Cards 1245 pm Fare for All 3-5 pm	Walk Club 1030 am	Sunrise Stretch 830 am Painters 9 am Hand & Foot 11 am Roots Uke Jam 1 pm	

31

COFFEE TALKS



Peripheral Neuropathy

Mon, May 12 at 1 pm

Do you experience tingling, numbness, or burning sensations in your hands or feet? You may have Peripheral Neuropathy. This occurs when peripheral nerves are damaged. Reduce the symptoms of neuropathy or reverse it without the use of medications, injections or surgery. [Presenter Cody Rodewald.](#)

[Sponsor Align Neuropathy](#) 09CT-May12

Fall Prevention **Thu, May 22 at 10 am**

Join us for an informative discussion on fall prevention, balance, and fall-risk awareness. Fight the Fall!

[Presenter Dr. Jena Sponsor Fyzical Therapy & Balance Centers](#)
09CT-May22

How to Write & Update a Health Care Directive **Wed, May 28 at 2 pm**

Have you ever wondered who will communicate your preferences for your health care when you are not able to yourself? We provide information on how to complete or update a health care directive. We'll walk you through the basics - what to do and what not to do when your doctor, your lawyer or your family member gives you a blank document to complete.

[Presenter Lauren Harding, Fairview Health Services](#)
[Sponsor Ebenezer Ridges](#) 09CT-May28

Presentations are free but preregistration is required.

Held at DEC Senior Center Meeting Room.

To register call 952-707-4120 or visit CommunityEd191.org

Before & After the Funeral

Mon, June 2 at 10 am

After the loss of a loved one, numerous questions arise. By understanding the pre- and post-funeral processes, you can effectively plan ahead to lessen the burden on your family and gain peace of mind. Before the funeral, around 65 decisions need to be addressed, such as payment responsibilities, service types, notifications, and family needs. Post-funeral considerations include bill payments and managing possessions. Will existing assets transfer, and if probate is necessary, how long will it take? [Presenters Jeanne McGill Preplanning Specialist & Mary Frances Price Elder Law Attorney.](#)

[Sponsor Home Instead](#) 09CT-Jun02

A Fond Farewell

Mon June 9 at 10 am

Statistics show that 70 percent of us are unprepared in one or more areas of personal responsibility in planning. Hear about innovative, creative and proper funeral preplanning. Learn about funeral options, laws regarding at home funeral arrangements, and cost comparisons. Plan ahead: Think outside the box.

[Presenters Jeanne McGill Preplanning Specialist](#)
[Sponsor Geneva Suites](#) 09CT-Jun09

You Don't Know What You

Don't Know Mon, June 23 at 10 am

Decisions facing seniors and their adult children can have significant financial and emotional impacts. Seeking guidance from the right resources can help. Jeanne McGill and Mary Frances price share real-life stories that provide valuable insight to help you make more informed decisions. [Presenters Jeanne McGill Preplanning Specialist & Mary Frances Price Elder Law Attorney.](#) [Sponsor Northern Lights Senior Transitions](#)
09CT-Jun23

Navigating Support Resources

Tue, June 24 at 6 pm

An informational evening for you and your loved ones. Learn about non-medical home care resources and services that make life easier for seniors and their families. Services that are available wherever it is you call home. As your needs change, your services can too. We'll address myths that exist around hospice care. Hospice is not about giving up, as we recently learned from President Jimmy Carter. It's about living your life to the fullest with the time you have left. Explore when, where, and how hospice might support you. Learn about cost, payment options, types of services and more. Start the conversation with your loved ones. Light refreshments provided.

Presenters Vitaly Salo & Deanna Bieniek

Sponsors InHom Care & St Croix Hospice 09CT-Jun24

The Medicare GUIDE Program

Mon, July 14 at 10 am

Guiding an Improved Dementia Experience (GUIDE) Model is a voluntary nationwide model test that aims to support people with dementia and their unpaid caregivers. The GUIDE Model focuses on comprehensive, coordinated dementia care and aims to improve quality of life for people with dementia, reduce strain on their unpaid caregivers, and enable people with dementia to remain in their homes and communities. Join us for an overview and information about this valuable program. **Presenter** Steve Smela PhD. **Sponsor** Senior Helpers 09CT-Jul14

Wills & Powers of Attorney

Tue, July 15 at 10 am

You'd like to plan ahead and get your legal documents in order, but where do you start and what documents you will need? What is the difference between a will and a trust? Do you really need a Power of Attorney and a Health Care Directive? Mary Frances Price will help to clarify this information for you.

Presenter Mary Frances Price, Elder Law Attorney.

Sponsor Commons on Marice 09CT-Jul15

Medical Assistance & Veterans' Benefits

Tue, July 29 at 10 am

We'll address medical assistance, VA aid and attendance benefits. Veterans or their spouses can receive additional tax-free money to supplement their income to pay for health care costs at home, in assisted living facilities and in nursing homes. If you or your spouse served in the military during a wartime period and you meet certain financial and health criteria, you could be eligible for this additional income - even if you did not retire from the military!

Presenter Mary Frances Price, Elder Law Attorney

Sponsor Apple Valley Villa 09CT-Jul29

Hearing Health & Helpful Devices

Mon, Aug 4 at 10 am

Have you heard that 1 in 5 people experience hearing loss? Do you ever have trouble talking on the phone? You are not alone. Please join us for a presentation about hearing health as we age. We'll also hear about resources that improve our phone conversations that are available at no cost thanks to assistance provided by the Americans with Disabilities Act. You're going to want to hear this one! A drawing for a \$25 Target gift card will be held among those registered and in attendance.

Presenter CapTel Phones & Nathan Whipple, Hearing Care Provider. **Sponsor** OEI on behalf of CapTel 09CT-Aug04

Low Waste Living Wed, Aug 6 at 1 pm

We all know about recycling, but often forget two important actions to take before then: Reduce and Reuse. In this presentation, Burnsville's Recycling Department will go over tips to reduce the material intake into your home and how to change your mindset to make this possible. Learn to reduce the amount of waste you generate on a day-to-day basis and get ideas for reusing items before disposing of them.

Presenter Cassidy Carlisle Recycling Coordinator Dakota Valley Recycling. **Sponsor** The Timbers 09CT-Aug06

DARTS Services Wed, Aug 13 at 1 pm

You may be familiar with DARTS transportation services, but did you know about all the other wonderful services they provide for seniors? Join presenter Tabatha Barrett from DARTS services to learn about affordable options that may help you!

Sponsor Commons on Marice 09CT-Aug13



Twin Cities Ukulele Group Jams

Jam sessions are often used by musicians as a social gathering to share the music they love as well as explore new music. Jams are fun times to play music with others. These are jams, not lessons or workshops, but we will touch on some "how to's" to help us play better. Jams are geared to beginner and advanced uke players. We'll show you simple chords to get you playing along right away.

Twin Cities Uke Wed, 10 am-12 pm

Moderate paced free ukulele jams led by Twin Cities Ukulele Club jam leaders. The focus is to help all jammers feel welcome and part of the jam - from the beginning. Contact Dwight Olinger doling136@comcast.net

RUG Roots Jam Fri, 1-3 pm

RUG jam music comes from traditions that make up the American roots musical ethos; specifically sounds that are merged from both old and new bluegrass, blues, cowboy, country, folk, and rockabilly music. RUG jams are moderate paced jams led by Twin Cities Ukulele Club jam leaders. Contact twincitiesukeclub@icloud.com.

 <p>ON WEDNESDAYS, OUR SENIOR SHOPPERS SAVE 5% 13750 Cty. Rd. 11 Burnsville 952-891-1212</p>	<p>Need help navigating your retirement options?</p> <p>We can help! Contact us today: 763-559-8200 Ext. 100</p> <p>We offer unique ways to maximize your income, leave a legacy and choose the insurance policies that meet your specific needs.</p>	<p>All the Comforts of Home</p> <p>Tour our Assisted Living or Memory Care and receive a free meal! Discover what a great value we provide at Valley Ridge!</p>  <p>presbyterian homes & services ValleyRidgePHS.org</p> <p>Annette Dalluge Housing Counselor 952-882-4025 or 952-882-4000 adalluge@preshomes.org</p> <p>Assisted Living Memory Care Independent Living</p>
	<p>Amanda & Malory Cleaning, LLC</p> <p>Residential & Commercial Cleaning (612) 384-1507 amandaandmalorycleanllc.com</p> <p>15% off your first cleaning</p>	<p>Age Magnificently</p>  <p>NorBella SENIOR LIVING BOUTIQUE ASSISTED LIVING & MEMORY CARE</p> <p>NorBella Prior Lake 4285 Fountain Hills Dr NE 952.215.3205</p> <p>NorBella Savage 14275 Joppa Avenue S 952.215.3206 A Lifespark Community</p> <p>norbellaseniorliving.com</p> 
 <p>Plan Consultation is No Cost To You Serving MN, FL, AZ Most major health plans</p> <p>Medicare Plan Help is Here www.careinsightpartners.com (952)658-7849 Lisa Wilson</p>  <p>Non-governmental entity Founder & President Licensed Insurance Agent</p>		





See page 26

FOOD PROGRAMS



Meals-on-Wheels

Meals-on-Wheels is a community-based service that provides fresh, nutritious meals directly to the homes of seniors and individuals with disabilities. In addition to regularly providing healthy foods, caring volunteers provide social connection that helps meal recipients remain living independently in their own homes.

To learn more about volunteering with Meals-on-Wheels call 952-393-9860. To learn more about meal delivery call Anne at 651-485-6286.

community pantry 191

food at no cost to you

bulshada cuntada bilaasha 191
Cunto oo kuu bilaash ah

despensa comunitaria 191
comida sin costo para Ud



Pantry

1st & 3rd Tuesday
year around

Produce

2nd & 4th Tuesday
July - October

2-4 pm or until food is gone

Diamondhead Education Center, 200 W Burnsville Pkwy
Door 9 West Side Lower Lot Drive-thru pick-up



Potter's All Call Tues, June 10 at 1 pm

Use your creative energy, learn basic pottery handcrafting skills and support the hunger relief efforts of ISD 191 BrainPower. BrainPower provides food for the weekend to 800 ISD 191 students living with food insecurity. This program also provides the Community Pantry on the 1st and 3rd Tuesday of each month. The project you create today will be fired and made available to purchase at the annual Bowls for BrainPower fundraiser Nov 13. To register, call 952-707-4120.

Low-Cost Food Sale



Open to ALL! No pre-registration needed

Location

Diamondhead Education Center (Door 11)
200 W Burnsville Parkway, Burnsville, MN 55337

2025 Dates | Wednesdays 3 pm - 5 pm

Jan 22, Feb 26, Mar 26, Apr 23, May 21, Jun 25,
Jul 30, Aug 27, Sept 24, Oct 22, Nov 19, Dec 17

Affordable frozen meats & fresh produce



Cash, Credit/Debit and SNAP accepted



For locations & info:

Visit: fareforall.org
or call: 763-450-3880

33 monthly sales throughout Minnesota!



SERVICES & RESOURCES



DARTS Services

Since 1974, DARTS has been a community-based nonprofit serving caregivers, older adults (ages 55+) and their families in the southeast metro. DARTS services include light housework, outdoor chores, home repairs and transportation. Services are available to all seniors and caregivers regardless of income, race, and background. Visit: dartsconnects.org
Contact DARTS Phone: 651-455-1560 Email: info@darts1.org

Connecting You to Senior Services

Senior Linkage Line is a free telephone information and referral service which makes it easy for older adults and their families to find community resources close to home. Trained staff and volunteers can connect you to resources such as: help in managing your health care, resources for seniors with disabilities, low cost legal assistance, support for caregivers, transportation, financial assistance programs, continuing education classes, employment and volunteer opportunities, home delivered meals, senior noontime dining sites, local senior centers and more. 8 am-4:30 pm, Monday through Friday. For more information, please call 800-333-2433.

Caption Telephone

Courtesy of the Americans with Disabilities Act

Yes, you too could be literally seeing what you're missing. There is a telephone on display at the Center and if you are interested, please contact Jennifer at 952-707-4120.

ERA Senior Resource Guide

The ERA Resource Guide provides current information about senior resources in Burnsville and surrounding areas. You'll find information on housing, in home care providers, financial and legal services and more. Copies are available at the BSC.

Health Insurance Counseling

provided by Trellis (MAAA)

Are you turning 65 and have questions about Medicare eligibility? Confused about Part A, B, C and D? Interested in learning more about the latest changes to Medicare plans? Trellis provides unbiased information about your options and can help you select the plan that is right for you.

Contact the Senior Linkage Line Monday-Friday from 8 am-4:30 pm. You can set up an appointment to meet with one of their volunteers right here at the BSC.

The Senior LinkAge Line is a service of the Minnesota Board on Aging in partnership with Minnesota's area agencies on aging. 1-800-333-2433. trellisconnects.org/get-help/medicare/



DAY TOURS

These tours are full... watch for fall tours in the next Chatter

WEDNESDAY, MAY 14

New Ulm & Schell's Brewery

The Bavarian Capital of the Midwest

Register at the Burnsville Senior Center 952-707-4120 or online.





Highlights of the New Ulm riding tour: Herman The German, Historic Homes of Gov. John Lind and Author Wanda Gag, Churches, Interesting Architecture, Glockenspiel Clock Tower, Lunch at the Kaiserhoff Restaurant

August Schell's Brewery walking tour includes the old brew house, the museum, hear about the historic buildings on the grounds, see the canning line before a sampling in the Rathskeller Tap Room. (Root beer available)

Depart from Diamondhead/BSC 8:15 am Return 5:15 pm (est)
Price includes coach, lunch, and tour.

LUNCH SELECTIONS
1. Old German Style Meal
OR
2. Beer Battered Cod Basket

REGISTER BY
APRIL 11

\$99

1 PERSON

THURSDAY, JUNE 26

Stillwater

ST CROIX RIVER CRUISE

Relax and enjoy the sights and sounds of the St. Croix River aboard a modern, climate controlled vessel with the St. Croix Boat & Packet Company.

Stillwater, considered the birthplace of Minnesota, has a wealth of 19th century Greek Revival, Queen Anne and Italianate architecture.

It offers an excellent blend of history, scenery, and shopping. After the cruise, transfer to the Pedestrian Plaza in downtown Stillwater to visit unique boutiques, specialty gift shops, art galleries, candy stores and more.

Depart Burnsville Senior Center, 200 W. Burnsville Pkwy, at Diamondhead Ed Center 9:45 am Return est. 4:15 pm.

\$99/person includes coach, tour, lunch
Registration Deadline: May 23.
No refunds after this date.






Burnsville Senior Center 952-707-4120 communityed191.org

↻ Word Twist

Garden Vegetables

The letters in these words are all twisted up. To play, unscramble the letters to reveal the correct words.

Hint: Each puzzle has a common theme!



omtaot _____

hsquas _____

umcebruc _____

snabe _____

erpepp _____

ihdsar _____

gssapuraa _____

olcborci _____

ronc _____

gnlpaetg _____

©LPI

DONATIONS & VOLUNTEERING

Donations help our Senior Center groups create treasures to benefit the center and others in our community

We appreciate your donations of greeting cards, yarn, fabric and used jewelry. Our vintage jewelry sales are a huge success and proceeds from them go to the Burnsville Senior Center. Knitters and Crocheters make hats, mittens, scarves, baby booties and lap robes. Likewise, the Quilting group created nearly 1,500 quilts this year. These groups donate their handcrafted products to local groups and agencies to be distributed among those in need.

Volunteer Opportunities

Check in at our reception desk to volunteer for the Community Pantry and Fare for All.

We are also in need of bakers and help for special events. Please contact Jennifer if interested.

Use your creative energy to support hunger relief efforts of ISD 191 with BrainPower All Call on page 22.



Thank you for your support during our Annual Giving Campaign

Your donations support the senior center and help us remain a membership free center which is a welcoming place to all.

SEE THE POSSIBILITIES OF NEW

COOPERATIVE LIVING FOR 62+

Visit our Information Center/Showroom today!

Be one of the first to select and personalize your new home with quality finishes and upgrades.

7505 Metro Boulevard, Suite 101, Edina, MN 55439



WRITE YOUR NEXT CHAPTER AT ESTORIA, VIBRANT, MEMBER-OWNED COOPERATIVE COMMUNITIES

PURCHASE YOUR NEW HOME TODAY!

Don't miss out! Now offering spacious 1-, 2- and 3-BR single-level floor plans. Enjoy the benefits of ownership along with a maintenance-free and turnkey lifestyle. It's the best of both worlds, in one of the best places in Minnesota. Now coming to Oakdale and construction starting soon in Lakeville!



ESTORIA
CONTINUE YOUR STORY

Visit our website today to view floor plans and to RSVP for our upcoming Informational Meetings.

612.874.2000

| estorialakeville.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Burnsville Senior Center, Burnsville, MN

E 4C 02-1021

AT A GLANCE



Where aging is embraced

Newsletter- The CHATTER

Published January, May, September and provides information for 4 months of activities.

Knitting-Crocheting Group

Meets on the 2nd Friday of each month at 9 am.

Ladies Breakfast Chat

Ladies Breakfast meets on the second Friday of each month at 9 am at the Steak & Ale in the Wyndham Hotel, 14201 Nicollet Ave in Burnsville. (\$\$)

Men's Breakfast

1st Tuesday of each month, 8:30 am. Call Dan McElroy at 952-797-4548 for meeting location questions. (\$\$)

Gathering Grounds

Social, educational events.

Card Recyclers

2nd and 4th Monday of the month 12:30-3 pm. This group transforms used greeting cards into new treasures. Donate old cards, help recycle or drop by and purchase a few!

Blood Pressure Checks

3rd Wednesday of each month from 11:30 am-12:30 pm. Provided by Arbors at Ridges..

Coffee Talks

Free educational opportunities are available. Registration encouraged.

Books Clubs

Books "R" Us meets on the 3rd Monday at 1 pm and Book Club 2 meets the 1st Tuesday at 1 pm at Barnes & Noble

Crafters

1st & 3rd Thursdays at 9 am. Make projects such as favors for Meals-on-Wheels.

Quilters

These nifty stitchers meet the 2nd and 4th Tuesday of every month at 9 am. They use donated material to provide cheer and warmth. Their beautiful creations are donated to various charitable groups.

Woodcarvers Group

Open carving Thursday 6-9 pm. \$25 annual fee

The Advisory Council

Meets the 3rd Monday of each month at 9:30 am. Sometimes meetings are held away from the Center. Check with us any time.

Stroke Support

Meets on the 4th Tuesday at 10:30 am at the Burnsville Senior Center.

Hearing Screening & Instrument Cleaning

4th Thursday, odd months, 10 am-noon. Call for an appointment.

Fitness Class

A variety of fitness/exercise classes are available. Please see details in this Chatter. (\$\$)

Foot Clinic

1st & 3rd Thursday, 1st, 3rd, & 4th Friday of each month. Appointments needed and begin at 9 am. Call 763-346-3390. (\$\$)

Meals-On-Wheels Program

Nutritious meals are delivered to homebound seniors in the area. Call MOW at 952-393-9860. Volunteers are needed.

Fun and Games

Double Deck Pinochle, Scrabble, 500, Cribbage, Duplicate Bridge, Hand & Foot are played at the Senior Center. Call for times or see page 10 (\$)

Health Insurance Assistance

1st & 3rd Thursdays, 9 am-1 pm provided with a volunteer from Trellis. Appointments call 800-333-2433.

NOTICE! When you participate in a Senior Center activity, please be aware that Community Education may use the directory information which you supply (name, address, phone number and program data) for other purposes within the School District. This directory information is not shared outside of the School District.

LOST & FOUND If you think you may have left items behind at the Senior Center, please give us a call and we will check for you. 952-707-4120.

REGISTRATION

Participant	Course Name	Course #	Start Date	Fee

Street Address _____

City/State/Zip _____

Home Phone _____ Cell Phone _____

Email _____

Payment

Cash/Check # _____ **Make checks payable to ISD 191**



Charge My ☐ Visa ☐ MasterCard ☐ Discover ☐ AMEX ☐ UCare Healthy Benefits + Visa

CC# _____ - _____ - _____

Exp. Date ____/____/____ Signature _____ Total Fee _____

Explore and register for Community Education and Senior Center activities.

All of our programs are run through Arux—a simple, mobile friendly portal that give you access to registrations, information and schedules.

To get started, visit communityed191.org or scan the QR code below and click on the Registration Link. Select Sign In, scroll to the bottom and click Create One Now. Then complete the Register a New Account Form.

Log In, click Enroll Now and get started viewing and registering for classes! Because of this new system, we request that you provide your name, address, phone number and email address as it will help us set up your profile in the system.



UCare members please check with UCare directly regarding benefits for Senior Center classes. Members must be on UCare at the time of registration, and through the duration of the class(es). Community Education accepts the UCare Healthy Benefits + Visa Card.

BURNSVILLE SENIOR CENTER

200 West Burnsville Parkway
Burnsville, MN 55337

(enter lower level door 11 or 12)

Join us for a Travel Talk Thursday, May 15th at 1:00 PM

Explore the exciting, enriching, and hassle free world of guided group travel at our travel presentation.

We'll gather in person at the Burnsville Senior Center.
Call 952-707-4120 to register, space is limited.



ALL TRIPS INCLUDE

- Roundtrip Airfare from MSP / Airport Greeting
- Quality Accommodations in Great Locations
- Professional Tour Manager & Local Guides
- Deluxe Motorcoach Transportation
- Must-See Attractions
- Many Quality Meals

Trains of Colorado

5 Historic Rail Excursions



Niagara Falls

Finger Lakes



Southern Africa Safari

Land & Cruise



New Mexico

Santa Fe, Taos, ABQ Balloon Fiesta



Autumn in New England

The Berkshires



Savannah

Charleston, Asheville



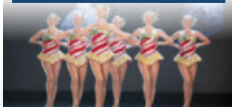
Italy's Tuscany Region

Rome, Chianti, Cinque Terre



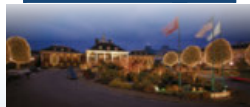
New York

Christmas in the Big Apple



Nashville Country Christmas

Gaylord Opryland Resort



New Year's Eve in California

Rose Parade, Catalina Island



Highlights of Panama

Canal, Gamboa Rainforest



Florida Keys

Miami, Everglades National Park



Minnesota Based * Family Owned

For a complete list of tours visit www.GoWithLandmark.com



JUNE 12

ICE CREAM SOCIAL

all are welcome

THANKS TO OUR SPONSOR
REGENT AT BURNSVILLE

1-3 PM
BURNSVILLE SENIOR CENTER

Let's celebrate the start of summer!

Join us for our annual summer celebration.
Meet up with your friends and enjoy a cool treat courtesy of Regent at Burnsville.
Please RSVP 952-707-4120.