

ICAP – Individual Career & Academic Plan

First Name: _____

Last Name: _____

Class of: 2026

Graduation Requirements - 25 total credits:

- ☐ English - 4 credits
- ☐ Math - 3 credits
- ☐ Social Studies - 3 credits

- ☐ Science - 3 credits
- ☐ Fine Art - 1 credit
- ☐ Practical Art - 1 credit

- ☒ Health - ½ credit
- ☐ Personal Finance - ½ credit
- ☒ Physical Education - 1 credit

- ☐ Electives - 8 credits
(any department)

Credits earned in 9th grade:	Resources:
	Agilities Bureau of Labor Statistics Missouri Connections Big Future

Grade	Schedule		Goals & Future Plans	
10 th	1 st Semester	2 nd Semester	Goal for 10 th grade:	
			Additional Interest:	Post- Secondary plans:
			<input type="checkbox"/> A+ Program <input type="checkbox"/> NCAA <input type="checkbox"/> Seal of Biliteracy <input type="checkbox"/> South Tech <input type="checkbox"/> STLCAPS <input type="checkbox"/> Other:	<input type="checkbox"/> Trade / Technical School <input type="checkbox"/> 2-yr college <input type="checkbox"/> 4-yr College <input type="checkbox"/> Military <input type="checkbox"/> Job <input type="checkbox"/> Other:
Agilities:				
Career Pathways to explore:				
Notes:				

Grade	Schedule		Goals & Future Plans	
11 th	1 st Semester	2 nd Semester	Goal for 11 th grade:	
			Additional Interest: <input type="checkbox"/> A+ Program <input type="checkbox"/> NCAA <input type="checkbox"/> Seal of Biliteracy <input type="checkbox"/> South Tech <input type="checkbox"/> STLCAPS <input type="checkbox"/> Other:	Post- Secondary plans: <input type="checkbox"/> Trade / Technical School <input type="checkbox"/> 2-yr college <input type="checkbox"/> 4-yr College <input type="checkbox"/> Military <input type="checkbox"/> Job <input type="checkbox"/> Other:
Agilities:				
Career Pathways to explore:				
Notes:				

Grade	Schedule		Goals & Future Plans	
12 th	1 st Semester	2 nd Semester	Goal for 12 th grade:	
			Additional Interest: <input type="checkbox"/> A+ Program <input type="checkbox"/> NCAA <input type="checkbox"/> Seal of Biliteracy <input type="checkbox"/> South Tech <input type="checkbox"/> STLCAPS <input type="checkbox"/> Other:	Post- Secondary plans: <input type="checkbox"/> Trade / Technical School <input type="checkbox"/> 2-yr college <input type="checkbox"/> 4-yr College <input type="checkbox"/> Military <input type="checkbox"/> Job <input type="checkbox"/> Other:
Agilities:				
Career Pathways to explore:				
Notes:				