

JUNE

BREAKFAST

All daily options are offered with fruit and milk.

Cold Food Line

Assorted Cereals
Homemade Granola
Sunbutter and Jam Sandwich
Appleways Granola Bar

Hot Food Line

HDaily Special
Egg and Cheese Sandwich
Breakfast Burrito



HARVEST OF THE MONTH

Peas

LUNCH

All options are offered with our salad bar and milk

Daily Entree

Our daily offering of scratch-made meals.

Sunbutter Sandwich

Made on Little Red Hen Bakery Bread.
Peanut and Tree Nut Free

Deli Kit

Little Red Hen Bakery Roll, sliced turkey and a cheese stick

Monday

Tuesday

Wednesday

Thursday

Friday

2 BREAKFAST

Carrot Apple Muffin

LUNCH 

Hamburger or Cheeseburger, Sweet Potato Tots and Coleslaw

3

Carrot Apple Muffin

LUNCH  

3 Sisters Farm Beef and Bean Nachos

4

Sausage, Potato and Eggs

LUNCH  

Chicken Alfredo over Pasta

5

Cinnamon Rolls

LUNCH  

Grilled Cheese and Tomato Soup

6

Chef's Choice

LUNCH  

Cheese or Pepperoni Pizza with Build Your Own Toppings

9

Banana Crumble Muffin

LUNCH 

Meatballs and Marinara over Pasta

10

Banana Crumble Muffin

LUNCH  

3 Sisters Hot Dog with Chili and Cheese (optional)

11

Pancakes and Berry Sauce

LUNCH

HALF DAY NO LUNCH

12

Zucchini Chocolate Chip Muffins

LUNCH

HALF DAY NO LUNCH



Locations & Times - Kids Eat on Site

Broad View Elementary	June 23-August 15	11:30 a.m.-Noon
Boys & Girls Club	June 23-August 15	11:30 a.m.-Noon

Locations & Times - Tuesday Pick-up Only, 7 Days of Meals Provided

Crescent Harbor Elementary	June 23-August 15 Breakfast & Lunch Weekly Pick Up on Tuesdays	11:30 a.m.-12:15 p.m.
Oak Harbor High School	June 23-August 15 Breakfast & Lunch Weekly Pick Up on Tuesdays	11:30 a.m.-12:15 p.m.
Olympic View Elementary	June 23-August 15 Breakfast & Lunch Weekly Pick Up on Tuesdays	11:30 a.m.-12:15 p.m.
HomeConnection	June 23-August 15 Breakfast & Lunch Weekly Pick Up on Tuesdays	11:30 a.m.-12:15 p.m.

Oak Harbor Public Schools is excited to host the 12th annual Summer Food Service Program (SFSP) Monday through Friday, June 23 through August 15. SFSP is a federally funded, state-administered program designed to serve free meals to all children 18 years and under during the summer season. No sign-up or registration is required. Children must be present.

More information is available at:
www.ohsd.net/SummerMeals



School Farm Grown



Locally Grown or Produced



Gluten-Free Option



Vegetarian Option



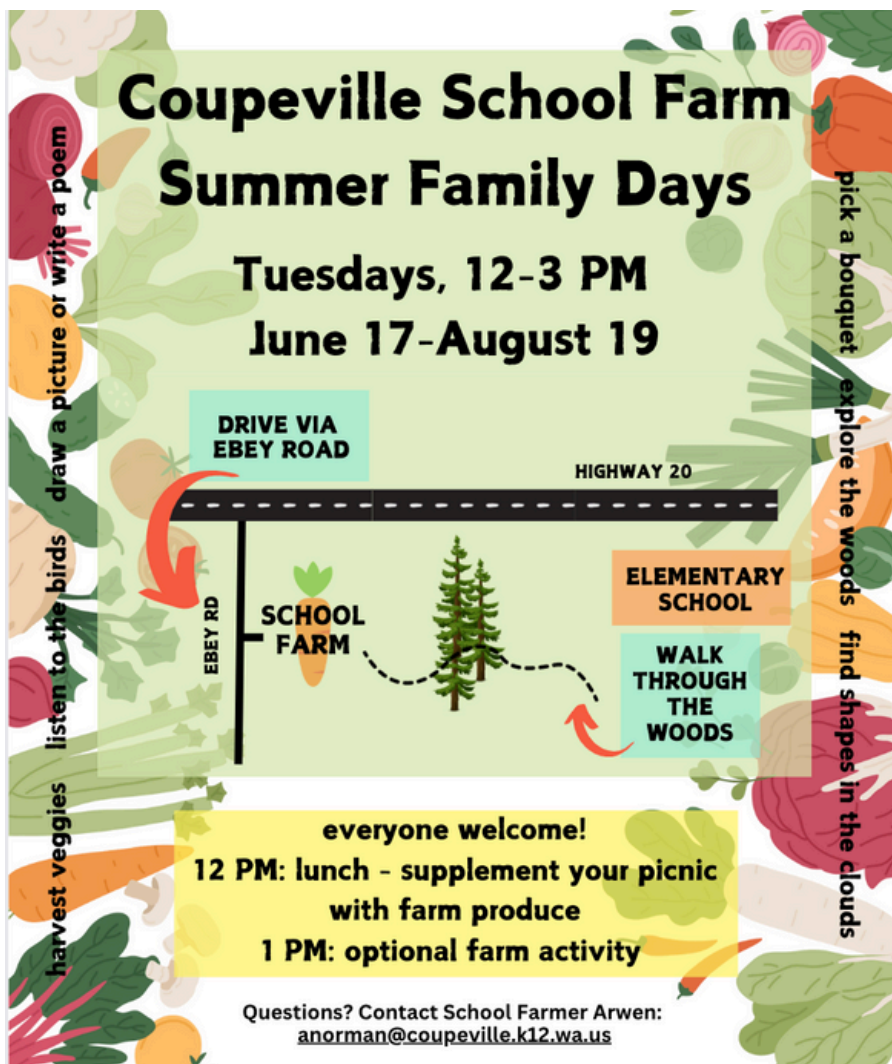
Coupeville School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The board designates the superintendent to serve as the district's coordinator regarding: Title IX, Section 504/ADA, Civil Rights Compliance, and to handle questions and investigate any complaints communicated to the district of alleged discrimination. Superintendent, 501 South Main Street, Coupeville, WA 98239, 360-678-2404

The Kitchen Sink

A LITTLE BIT OF EVERYTHING FROM THE CONNECTED FOOD PROGRAM

ON THE SCHOOL FARM

Spring on the school farm feels like a race against the end of the school year: how much produce can we get to the cafeteria while school lunch is still being served? I'm happy to report that this year the peas are coming in fast -- they'll be ready to be featured as harvest of the month.



Coupeville School Farm
Summer Family Days
Tuesdays, 12-3 PM
June 17-August 19

DRIVE VIA EBEEY ROAD
HIGHWAY 20
EBEEY RD
SCHOOL FARM
ELEMENTARY SCHOOL
WALK THROUGH THE WOODS

everyone welcome!
12 PM: lunch - supplement your picnic with farm produce
1 PM: optional farm activity

Questions? Contact School Farmer Arwen:
anorman@coupeville.k12.wa.us

harvest veggies listen to the birds draw a picture or write a poem pick a bouquet explore the woods find shapes in the clouds

Connected Food Program

Office: 360-678-2452

Andreas Wurzrainer, Food Service Director

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Laura Luginbill, Assistant Director

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www.coupeville.k12.wa.us/Page/105

www.schoolcafe.com/coupevillesd

From the Kitchen

Congratulations to all our students as we end the 24-25 school year! As we wrap up these last days, we are foremost grateful to our students, families and fellow staff. We absolutely love making and serving food for you to enjoy each day. This time of year we have the first veggies from the School Farm and have packed our last two weeks with student favorites. We celebrate the end of the year with you, and we can't wait to see you for breakfast and lunch next year!

Andreas Wurzrainer,
Food Service Director

Laura Luginbill
Assistant Food Service Director

HELL[☀]
Summer