

Pudong Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Mediterranean Chicken	Japanese Pork Stew	Beef Lasagna	Southern Style Fried Chicken	
Allergen Content		L	G D E	G D	
STAPLE FOOD	Spaghetti with Cream and Tomato Sauce	Steamed Rice	Potato Wedges	Potato Gratin	
Allergen Content	G D			G D	
VEGETABLES	Roasted Mediterranean Broccoli, Carrot and Corn	Sautéed Chinese Cabbage	Sautéed Spinach	Steamed Broccoli and Carrot	
Allergen Content	L				
SPECIALTIES	Pepperoni Pizza	Taro Ball	Vegetable Quesadilla	Corn on the Cob	
Allergen Content	G D	G	G D L		
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam	
Allergen Content	N	S E N	N	N	
VEGETARIAN DISH (On request)	Mediterranean Vegetables	Japanese Chickpea and Vegetable Stew	Eggplant Lasagna	Southern Style Fried Zucchini	
Allergen Content		L	G E D	G D	
SALAD BAR	Salad Bar	Salad Bar	Salad Bar	Salad Bar	
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood

BASIL N LATTE