



ECE Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Mediterranean Chicken	Japanese Pork Stew	Pepperoni Pizza	Beef Lasagna	
Allergen Content		L	G D	G E D	
STAPLE FOOD	Spaghetti with Cream and Tomato Sauce	Steamed Rice	Spinach Quiche Sushi Roll	Potato wedges	
Allergen Content	G D		E D		
VEGETABLES	Steamed Broccoli & Cauliflower	Sautéed Chinese Cabbage	Vegetable Stick	Sautéed Spinach	
Allergen Content					
VEGETARIAN DISH (On request)	Mediterranean Tofu	Japanese Chickpea & Vegetable Stew	Mushroom & Cheese Pizza	Eggplant Lasagna	
Allergen Content	L	L	G D	G E D	
SIDE DISH	Egg		Egg		
DRINKS	Milk	Milk, Yogurt	Milk	Milk, Yogurt	
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	



*Allergen Content: D Dairy E Egg G Gluten L Legumes S Seafood