

Date: \_\_\_\_\_

**Liberty Union High School District  
Physical Education**

**Physical Education Exemption Based on Interscholastic Athletic Program Participation (Waiver)  
2025-2026**

Student Name: \_\_\_\_\_ Student ID Number: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Graduation Year: \_\_\_\_\_

The application must be completed for each exemption request. Completed applications should be turned in to your counselor. The form **MUST** be completed by **Aug 30th** for Fall sports, **Dec 19th** for Winter sports,

\*Unfortunately, due to timeline limitations and State regulations, **Spring Sport Athletes are not eligible** for the 2025-26 school year.

Physical Education is a requirement for graduation (California State Education Code 51222 and Liberty Union High School District Policy 6146.1 and 6142.7). Requests to modify this requirement are processed on a case-by-case basis. In addition, a student who qualifies for a physical education exemption must still successfully earn 270 credits to graduate.

**Physical Education Exemption Based on Interscholastic Athletic Program Participation (Waiver):**

- "In accordance with Education Code 51242, the Board may exempt any four-year high school student from attending courses of physical education, if the student is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours. Administrative Regulation 6142.7, Physical Education and Activity, lists all of the guidelines that must apply in order to be exempted from a physical education course." In addition, for this exemption to be valid:
- Students must meet **ALL** credit requirements for graduation.
- Athletes **DO NOT** receive PE credit or PE grade for participation in CIF-approved sports at the school.
- Athletes **DO NOT** receive a PE credit when they file a waiver, and credits completed for graduation are not lowered due to the waiver.
- The entire season of interscholastic athletic sports must be **COMPLETED** to receive the exemption of 1 Semester of PE.
  - Students actively participating in a Fall sport would fulfill the 1st Semester of PE
  - Students actively participating in a Winter sport would fulfill the 2nd Semester of PE
  - Spring sports are not eligible for the 2025-26 school year.
- The exemption is only available to a student who participates in an LUHSD Interscholastic Athletic Program
- Per Ed Code 51242, independent conditioning programs or club sports **CAN NOT** be considered for a physical education exemption
- The student is expected to enroll in a minimum of **SIX** classes (3 classes per day on an A/B Block Schedule) throughout his/her **entire high school career** to be eligible for an Interscholastic Athletic Program Participation exemption.
- All students in **GRADE 9** are **REQUIRED** to take **PE Core 9** and are therefore **not eligible** for a waiver.
- Students cannot be concurrently enrolled in a PE class.
- **ONE WAIVER** form must be submitted for **EACH** semester of waiver requested (one per interscholastic athletic program season)

**Physical Education Exemption Based on Interscholastic Athletic Program Participation**

*I have read and understand all of the conditions. I understand that if I fail to fulfill any part of the requirements or conditions, the contract is void, and I will need to fulfill the Physical Education requirement through the regular Physical Education program.*

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Name: (Please Print) \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Physical Education Exemption Based on Interscholastic Athletic Program Participation: (Waiver)**

- 10th - 12th grades ONLY.
  - "In accordance with Education Code 51242, the Board may exempt any four-year high school student from attending courses of physical education, if the student is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours. Administrative Regulation 6142.7, Physical Education and Activity, lists all of the guidelines that must apply in order to be exempted from a physical education course."
  - At the conclusion of each season, the Athletic Director confirms that the interscholastic athletic program was completed. Late verification forms could result in the cancellation of the exemption option.

Fall Interscholastic Athletic/Band Program	Winter Interscholastic Athletic/Band Program	<b>Confirmation of Completion</b> (Signed & Dated by Athletic Coach or Band Director)
<input type="checkbox"/> Football <input type="checkbox"/> Flag Football <input type="checkbox"/> Girls Volleyball <input type="checkbox"/> Girls Tennis <input type="checkbox"/> Girls Golf <input type="checkbox"/> Water Polo <input type="checkbox"/> Cross Country <input type="checkbox"/> Marching Band <input type="checkbox"/> Competitive Cheer (TCC or CSC)	<input type="checkbox"/> Basketball <input type="checkbox"/> Wrestling <input type="checkbox"/> Soccer <input type="checkbox"/> Winter Guard <input type="checkbox"/> Winter Percussion <input type="checkbox"/> Competitive Cheer (TCC or CSC)	<ul style="list-style-type: none"> <li>• Initial here to confirm the student was on active roster: (Initial) _____</li> <li>• Initial here to confirm student completed the full season: (Initial) _____</li> </ul> Athletic Coach or Band Director Name: (Print Name): _____ Signature: _____ Date: _____

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**OFFICE USE ONLY**

Administrator Signature: \_\_\_\_\_ Date: \_\_\_\_\_