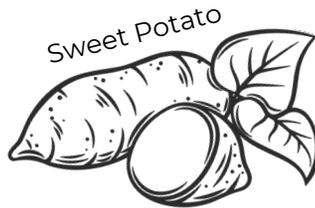
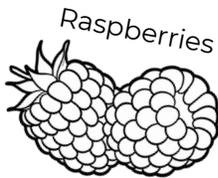
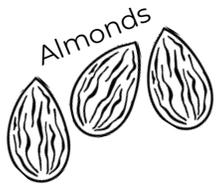
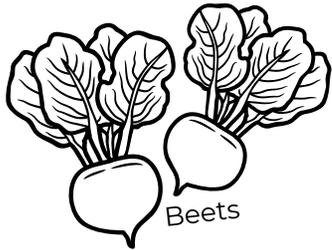
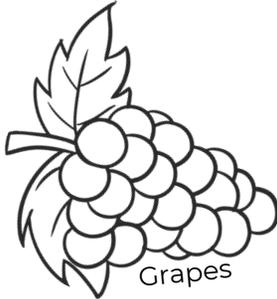
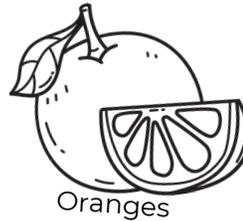
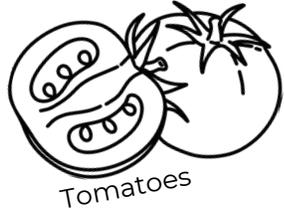


Do you know your Superfoods?

Color the superfoods and then put them in alphabetical order. (Hint: we gave you the first letter!)



- A _____
- A _____
- A _____
- B _____
- B _____
- B _____
- G _____
- G _____
- G _____
- G _____
- M _____
- O _____
- O _____
- Q _____
- R _____
- S _____
- S _____
- S _____
- T _____

A superfood is a food that's really good for you because it has lots of healthy stuff in it, like vitamins and minerals.

Do you know your Superfoods?

Color the superfoods and then put them in alphabetical order. (Hint: we gave you the first letter!)



Quinoa



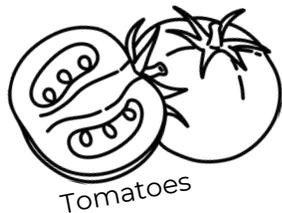
Ginger



Avocado



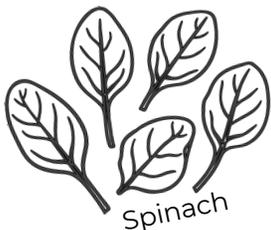
Green Tea



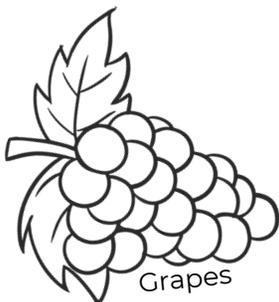
Tomatoes



Beans



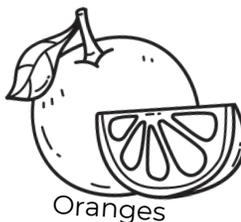
Spinach



Grapes



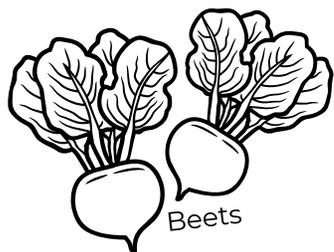
Broccoli



Oranges



Garlic



Beets



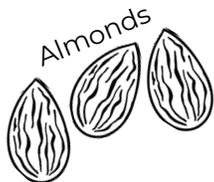
Artichokes



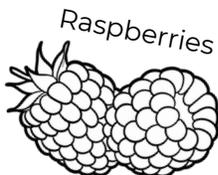
Salmon



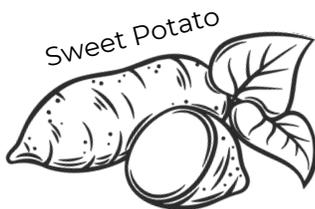
Olive Oil



Almonds



Raspberries



Sweet Potato



Mushrooms

- A ALMONDS
- A ARTICHOKEs
- A AVOCADO
- B BEANS
- B BEETS
- B BROCCOLI
- G GARLIC
- G GINGER
- G GRAPES
- G GREEN TEA
- M MUSHROOMS
- O OLIVE OIL
- O ORANGES
- Q QUINOA
- R RASPBERRIES
- S SALMON
- S SPINACH
- S SWEET POTATO
- T TOMATOES

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