# Granite City Community Unit District #9 School Resource Guide



3200 Marville Road, Granite City, IL, 62040 (618) 451-5800

# Child Psychiatrist/ Counseling/ Behavioral Health

#### **Medical Service Providers**

#### **Behavioral Health Services at Gateway**

- Phone: 618-798-3888
- Address: 2100 Madison Avenue, Granite City, IL 62040
- Treatment Services: Anxiety and Depression, OCD, PTSD, DID, BPD, Bipolar, Dementia, Eating Disorders, In-patient/out-patient, schizophrenia
- Physiatrists: Guatam Datta, Jeramie Rosales
- Nurse Practitioners: Crystle Laugavitz, Angie Catlin

#### Centerpointe

- Address: 4801 Weldon Springs Parkways, St. Charles, Missouri, 63304
- Phone: 855-376-6856
- Services: Inpatient, Psychiatric Treatment for adolescents, adults, and senior adults, detox

#### **Children's Hospital**

- Children Clinical Psychologists: Mary Cradock, Christopher Bosworth, Rebecca Foster, Catherine Hutter, Lisa Harker, Darci Klein
- Services: In-patient/out-patient, Behavioral Health Disorders, ADHD, Teen Suicide, Child and adolescent psychiatry, Adoption Services, Heart Center, Asthma, Orthopedics
- Address: One Children's Place, St. Louis, MO 63110
- Phone: (-314-454-6000
- Hours: Monday through Friday, 7 a.m.-4:30 p.m.
- Accepts insurance and provides payment assistance plans

#### **Touchette Regional Hospital**

Phone: 618-332-5374, 5900 Bond Ave. Ca, IL

#### **Counselors Associates**

- Treatment Services: Art Therapy, Couples Therapy, Individual Therapy, Play Therapy, Family Therapy, ADHD, PTSD, Anxiety and Depression, Bipolar Disorder,
- Pediatric Nurse Practitioner: Jaime Becker
- Family Nurse Practitioner: Janae M. Korte
- Nurse Practitioner: Ki Ristia Allen-Lampe
- Address: 3 Oak Dr, Maryville, IL 62062
- Phone: 618-972-1568
- Fax: 618-205-3561
- Hours: Monday-Thursday: 8:30 a.m. 5:00 p.m, Friday: 8:30 a.m. -2:30 p.m

#### Dr. Scott Arbaugh, MD

• Phone: 636-695-4554

- Through Northwest Psychiatric Associates Ltd
- 9979 Winghaven Blvd., Ste 202, O'Fallon, MO

#### Dr. Yuval Asner

• Phone:314-251-6898

Website: https://www.mercy.net/doctor/yuval-asner-md/

Through Mercy Clinic Child and Adolescent Psychiatry

621 S. New Ballas Rd., Tower A, Suite 693 A. St. Louis, MO 63141

#### **Dr. Audrey Faulstich**

Telepsychiatry Only

• Phone: 314-329-5589

Website: https://www.wellnesspsychiatry.org/

#### Dr. David Krojanker, MD

• Phone: 314-205-1707

• 1066 Executive Parkway Dr., Suite 110, St. Louis, MO

#### **Gateway Medical Clinic**

• Phone: 618-798-8460

- Treats ages from 6-18, accepting medical cards providing services including psychiatry management such as anxiety, depression, as well as adhd.
- Located in the medical office next to gateway hospital.
- Nurse practitioners are now: Cristle Laugavipz, Debra Seifert
- Fax number 618-789-8469
- Hours: Monday-Friday from 9:00 AM 4:30 PM
- Address: 2100 Madison Avenue, Granite City, Illinois, 62040

#### **Hyland Behavioral System**

- Address: 10018 Kennerly Rd, St. Louis, MO 63128 (Located in Mercy Hospital South)
- Phone: 314-525-7275
- Hours: Monday-Sunday 8 am-8:30 pm
- Treatment Services: Aftercare, 24-hour evaluation, Psychological and psycho-educational testing,, Family education and therapy, Adolescent group therapy, Cognitive Behavioral Therapy, Interpersonal Therapy, Outpatient Mental Health, Substance Use Recovery Program, Psychotherapy, Chemical dependency information classes.

#### **Lincoln Prairie Behavioral Center**

- Address: 5230 S 6th Street Frontage Rd E, Springfield, IL 62703
- Phone: 217-585-1180 toll free 888-501-1180
- Hours: Open 24/hr
- Offers Telehealth
- Services: Inpatient Treatment for Children and Teens- 24-hour assessments and referrals, Multidisciplinary evaluations, Qualified mental health professionals,

Behavioral and expressive therapy, Medication management, Individual, group and family counseling, Parent training/support sessions, Academic/classroom instruction. Outpatient Treatment for Children & Teens.

• ages 3-17

#### **Long Term Psychiatric & Medical Management**

• Phone: 314-776-7999

Medicine and Psychiatric Services, Telecare

• Website: <a href="https://ltpmm.com/">https://ltpmm.com/</a>

• 1400 Lemay Ferry Rd., St. Louis, MO

#### **McKinley Health Center Child Psychiatrist**

Address: 2166 Madison Ave, Granite City IL, 62040

Phone: 618-452-4969Telehealth available

• Accepts Insurance

• Child and Adolescent Psychiatrist: Dr. Narsimha Muddasani

• Nurse Practitioner: Carole Weddington Hunt

• Adult Psychiatry: Dr. Sarita Sharma

• Social Worker: Autumn Molinari

#### **Provident Behavioral Health**

• Phone: 314-898-0100

 Support Groups, Advocacy, Counseling, Psychiatric Services, Community Education.

• 24-hour crisis line call 988 or text

• 2650 Olive Street, St. Louis, MO

#### St. Anthony's Behavioral Health Services

• Address: 1 St. Anthonys Way 4th Floor, Alton, IL 62002

• Phone: 618-474-6240

 Hours: Monday 8:30am-5pm, Tuesday-Thursday 8:30am-7pm, Fridays 8:30am-5pm.

• Services: counseling, evaluations and psychological testing

Providers: Sara Bennett, LCSW, Rachel Brown, LCPC, Kren Harmon, LCSW

 Staci M. Knox, LCSW, Marla Nelson, LCPC, Jill Schreiber, LCSW, PhD, Lea Anne Varble, LCSW

Psychologist: Ari S. Lakritz

Accepts Insurance

#### **SIHF Centerville**

• Phone: 618-332-27404

• Hours: Monday- Friday from 7am-5:30 pm

• Fax: 618-215-8090 changed to 618-337-6039

Address: 6000 Bond Ave, Centerville, IL, 62207

 Provides psychiatric treatment and behavioral health for children ages 5-17, accepts medical cards.

• Children practitioner is now Tyler Thurman, Kelechi Loynd

- Child Psychiatrist: Dr K. Gavini
- Dr. Sherma will see patients aged 18 and up

#### **Windsor Behavior Health Center**

- Address: 100 N 8th St #238, East St Louis, IL 62201
- Hours: Monday-Friday 8:30am-5pm
- Phone: 618-274-9105
- Services: Behavioral Health, Cardiology, Dental Care, Vaccination Services, ENT, Pediatric Cardiology, HIV/STD Screening, Telehealth,
- Providers: Pediatric Cardiology- Andrew Glatz, Rebecca Hartog, Lamya Mubayed, Pediatricians- Lisa Chi, Emilia David, Stephanie Smith, Kathryn Wade Cardiology-Syed Abdul, Sumit Tiwar

# **Behavioral Health & Counseling Services**

#### **Alternatives Counseling in Glen Carbon**

- Address: 88 S Main Street, Glen Carbon, Illinois, 62034
- Phone: 618-288-8085
- Hours: Monday-Saturday 9am- 8pm
- Services: Individual Therapy, Group Counseling, Evaluations with a Formal Written Report.
- Child Therapist: Cyndee Dormans, Tiffany Somerville, Kelly Schneider
- Therapists: Shelby Winn, McKenna Whiteside, Kayla Munge, Tasha Dersch

#### Attention and Behavior Clinic at SIUE and ASD/ADHD testing

- Address: 6 Hairpin Dr, Edwardsville, IL 62026. Located in the Alumni building in room 0138.
- Phone: 618-650-2215
- Treatment Services: provides comprehensive assessments for Attention Deficit Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD) for children and their families.
- Treats children with ADHD from ages 5 years-18 and ASD from 9 months-18
- Offers a sliding scale based on family size and income.
- Does not accept insurance
- Clinic Supervisors: Dr. Liz McKenney, Dr. Jeremy Jewell, Stephen Hupp, Greg Everett, and Dr. Sarah Conoyer.

#### **Behavioral Health Alternatives**

- Phone: 618-251-4073
- Address: 337 E. Ferguson Ave., Wood River, IL 62095
- Provides individuals with comprehensive outpatient mental health services within a recovery based care management program. The Care Management Program offers services to adults struggling with mental health issues.

#### **Brain Balance of Edwardsville**

- Treatment Management: Autism, Tourette's, Aspergers. ADHD, Dyslexia, Learning Disorders, Processing Disorders, Behavioral Issues, Anxiety and Depression, and PDD.
- Address: 1063 S State Rte 157 #4, Edwardsville, IL 62025
- Hours: Monday-Friday 10:30am- 7pm
- Phone: 618-659-0033
- Treats children and adults

#### **Bridge of Hope Counseling Services PC**

- Phone: 618-216-3907
- Provider-Michelle Graham, LCSW
- Website: <a href="https://bridgeofhopecounseling.com/">https://bridgeofhopecounseling.com/</a>
- 55 S. 9th St. East Alton, IL
- Accepts many insurances

#### **Brightpoint (Formerly Children's Home and Aid)**

- Services: Early Childhood and Education, Child Welfare, Youth Services, Mental Health and Wellness, Foster Care, In-tact Family Care.
- Granite City Location- Address: 2133 Johnson Rd, Phone: 618-452-8900, Hours: Monday-Friday 8:30am-4:30pm.
- Belleville Location- Address: 120 E A St, Belleville, IL 62220, Phone: 618-235-5335, Hours: Monday-Friday 9am-5pm
- East St. Louis Location: Address: 601 James R Thompson Blvd, East St Louis, IL 62201, Phone: 618-874-0216, Hours: Monday-Friday 8:30am-4:30pm

#### **Catholic Charities:**

Services Provided in both locations include:

- Crisis Assistance, ElderCare Options, Eldercare Guardianship, Food Pantries, In-tact Family Services, Medassist, Post Adoption Services, Professional Counseling Solutions Program.
- Alton Location-
- Address: 3512 Macarthur Blvd, Alton, IL 62002
- Phone: 618-462-0634
- Hours: Mon-Fri 8:30am-4:30pm
- Granite City Location-
- Address: 1821 Edison Ave., Granite City, IL 62040
- Phone: 618-877-1184
- Hours: Tues-Thurs 12:30pm-3:30pm
- Rental Assistance call: 618-296-5300

#### **Chestnut Health Systems**

- Address: 50 Northgate Industrial Dr, Granite City, IL, 62040
- Phone: 618-877-4420

- Hours: Monday-Friday 8am-5pm
- Treatment Services: Primary care, psychiatry and behavioral health services, depression and anxiety
- Accepts medical cards and offers a sliding fee schedule based on family size and income.
- Practitioners: Paige Brennan, Nick Sutton, Laurie Sparr, Kevin Garner, Arif Habib, Ellen Nester, Veronica Powers, Molly Sanftleben, Robyn Wendt, Emilly Killebrew, Jenia Heavens, Jaime Campbell,

#### **Creative Connections Counseling**

- Phone: 618-979-2336
- Website: <a href="https://creativeconnectionscounseling.com">https://creativeconnectionscounseling.com</a>
- 189 E. US Hwy 40 Suite D Troy, IL 62294
- Accepts Cigna, Tricare, UMR, Bluecross BlueShield, United Behavioral Health, Health Net.

#### **Depression and Bipolar Support Alliance (DBSA)**

In-person and online support groups

#### **Eating Disorder Programs at SLBMI**

- Phone: New Patients: 636-534-6071, Returning Patients Call: 618-825-0051
- Out-patient/in-patient treatment services for: Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder, Avoidant Restrictive Food Intake Disorder (ARFID), Orthorexia, Other Specified Feeding or Eating Disorders (OSFED), Athletes and Eating Disorders, Body Image Disorders, Emotional Overeating.
- Address: 331 Salem Place, Suite 225-A, Fairview Heights, IL 62208
- Accepts Insurance
- Providers: Melanie VanDyke, PhD, Kathy Corn, LCPC, Kelly Bushur, Ph.D., Jessica Burich, PMHNP-BC, Kristen Beatty, LCSW

#### Additional Locations:

- Chesterfield, Missouri (West County)
- Address: 16216 Baxter Rd. Stes 205 and 225, Chesterfield, MO 63017
- Phone: 636-532-9188 (returning patients)
- City of St. Louis, Missouri (Macklind)
- 1129 Macklind Ave, St. Louis, MO 63110
- 314-534-0200 (returning patients)

#### **Family Life Consultants**

- Address: 2014 Vandalia St, Collinsville, IL 62234
- Phone: 618-345-9536
- Services: Individual counseling, Family counseling, and Group counseling
- Accepts Insurance but not Medical Cards such as Medicaid
- Offers Private Pay Options
- Therapists: Laurie Wesselmann, Lynn Lauber, Ricardia Henderson, Jordyn Laub, Ben Clark, Kayla McSherry, Grace Christian

#### **Hoyleton Youth and Family Services**

#### • HUMAN RESOURCES:

• Phone: 618-688-4780

Address: 8 Executive Dr., Suite 200, Fairview Heights, IL 62208

• Fax: 618-726-2273

• Email: humanresources@hoyleton.org

• Services: Counseling Care, Foster Care & Placement, Therapeutic Residential Care, Young Adults Care, Hispanic Community Support, Community Outreach

#### **Tracy Lewis, LCSW LLC**

• Social Worker provides counseling for many different areas of problems, school issues, social anxiety, mood disorders, ect.

• Phone: 618-250-7446

Address: 189 E U.S. Hwy 40 D, Troy, IL 62294

Website: https://www.tracylewislcsw.com/

• email:<u>tracylewislcsw@gmail.com</u>

#### **Karvinen Counseling Services**

• Phone: 618-659-5411

• Website: <a href="https://www.karvinencounseling.com/">https://www.karvinencounseling.com/</a>

2220 S. State Rt 157, Suite 200 D, Glen Carbon, IL

#### **Lutheran Child & Family Services**

Helps with extended family support and foster care services

• Phone: 618-234-8904

Address: 711 Insight Ave, O'Fallon, IL 62269

• Website: https://lcfs.or

#### **Live Well Counseling Services, LLC**

• In person & Telehealth Counseling

• Phone: 618-521-5141

• Email: info@livewellcounselingllc.com

Website:https://livewellcounselingllc.com/

#### National Alliance for the mentally ill (NAMI) Southwestern Illinois

• Phone: 618-798-9788

Located in Gateway Regional Medical Center

Address: 2100 Madison Ave. 4th Floor, Granite City, IL 62040

Office Email: info@namiswi.org

• Office Phone:718-798-9788

• Office Fax:866-332-5338

#### NAMI National and State Information

NAMI National Website: nami.org

National NAMI Helpline: 1-800-950-6264

(Monday through Friday 10AM-6PM, Eastern Time)

NAMI Illinois Website: <u>namiillinois.orq</u>

• Phone: 1-800-346-4572

• Fax: 217-522-4572

#### **New Beginnings Counseling Services**

• Phone: 618-744-0844

• Website: <a href="https://www.newbeginningstherapists.com/">https://www.newbeginningstherapists.com/</a>

• 189 E. US Hwy 40, Suite D, Troy, IL

#### Owen's Counseling and Therapy

• Phone: 847-854-4333

Email: <u>admin@owenscounseling.com</u>Website: <u>www.owenscounseling.com/</u>

• 850 Vandalia Street, Suite 200, Collinsville, IL

#### One Hope United in Collinsville

• Address: 907 N Bluff Road Ste. 1, 3 & 9, Collinsville, IL 62234

• Phone: 618-989-0100

Hours: Monday-Friday 9am-5pm

 Services: early childhood education, child and family services, behavioral and mental health resources, and residential programs.

#### OSF Saint Anthony's Psychological Services Counseling

• Phone: 618-474-6240

- OSF Behavioral & Mental Health offers support to <u>adults, teens and children seeking diagnosis</u>, short-term treatment or long-term management of mental and emotional health issues.
- Accepts Illinois Medical Card
- 1 Saint Anthony's Way, Floor 3, Alton, IL

#### **Radzom Counseling LLC**

• Phone: 618-248-2040

- Treats all ages including children, youth and teens, individual adults, couples and families.
- Counselors: Courtney Meyer, Joseph Biver, Libby Fisher, Matt Wilkinson, Sabryn Cox
- Fax number:
- Hours: Monday-Sunday 8am-8pm
- Address: 1946 Edwardsville Club Plaza Court, Edwardsville, IL, 62025

#### **Refuge- Riverbend Family Ministries**

• Address: 144 E Ferguson Ave, Wood River, IL 62095

• Phone: 618-251-9790

• Hours: Monday- Thursday 9am-5pm

• Fax: 618-251-9750

 Services and Partnerships: Client Service Department (CSD)- rental and utility assistance, Refuge- violence prevention, Amare- substance abuse disorders, Pathways- Christian counseling, CASA (Court Appointed Special Advocates for Children)- advocate for abused and neglected children, SOAR (Students learning the Ongoing Approach to Resilience), Mountains to Molehills- provides relief for home repair assistance, Group Interventions- serves domestic violence victims in Madison, Bond, and St. Clair county.

#### **Bill Schwartz Counseling & Art Therapy**

- Phone: 618-343-6230
- 6201 W. Main St., Ste. 110, Maryville, IL

#### St. Louis Behavioral Medicine Institute

- Phone: 314-534-0200
- Child & Adolescent behavioral health- treat children as young as 2 in some programs. OCD, Anxiety, and other specialized therapies.
- Website:https://slbmi.com/
- Email:SLMI.Intake@uhsinc.com
- 331 Salem Pl. Suite 225 A, Fairview Heights, IL 62208

#### SIHF-Granite City (Located in McKinley Health Center)

- Behavioral Health
- Phone 618-452-3301; Fax 618-451-7115
- 2166 Madison Ave., Granite City, IL

# CRISIS INTERVENTION (CARESLINE) 1-800-345-9049 or 465-4388 THIS IS A 24 HOUR HOTLINE FOR SUICIDE OR OTHER MENTAL HEALTH EMERGENCICES

#### **Centerstone**

- Address: 2615 Edwards Street, Alton, Illinois, 62025
- Phone: 618-462-2331
- Hours: Monday- Friday 8am-5pm
- Treatment Services: Addiction, Crisis, Counseling, Residential Services, Inpatient, Military Services, Medical and Psychiatric, Children and Families
- Billing Assistance
- Accepts Medical Cards
- Address: 55 E Jackson Blvd, Suite 490, Chicago, IL 60604
- Phone: 312-642-0049
- Fax: 312-642-7243
- Services: Trauma and Mood Disorders, Mental Health Screening, Therapy, Medications, ect.

# <u>Kids Under Twenty-One Crisis Helpline: 1-888-644-KUTO(5886) (staffed every day</u> after 4 pm CST)

- Crisis Prevention
- Education/Referrals/Resources

# **Autism & Adolescent/Child Specialized Care Referrals/Dyslexia**

#### **Autism Clinic of Hope Institute**

- Address: 4559 Benes St, Glen Carbon, IL 62034
- Hours: Monday-Friday 8am- 4pm
- Phone: 217-525-8332
- Services: ABA therapy, Autism Diagnostic Evaluations provided for patients until the age of 18, Speech Therapy, Potty Training Program, Interpreter Services Provided if needed
- Accepts Insurance and Medical Cards

#### **Beverly Farms**

- Phone: 618-466-0367
- A residential home for individuals with disabilities and they have equine therapy.
- 6301 Humbert Rd., Godfrey, IL

#### **DD Homes Network**

Locations-

#### **Aberdeen Terrace**

Address: 4029 Aberdeen Avenue, Alton, IL, USA

Phone: 618-462-1515Fax: 618-462-7747

#### **Allen Court**

Address: 1650 E Main St, Clinton, IL, USA

Phone: 217-935-8830Fax: 217-935-4452

• Specialized Services: Medical services, Behavioral services, Dietary services.

 Eligible Population: Those at least 18 years old, Those diagnosed with an Intellectual Disability (ID), Developmental Disability (DD), or other related/qualifying conditions due to a medical condition, brain damage, a genetic condition, or psychiatric condition. (examples: autism, cerebral palsy, epilepsy, etc.)

#### **Division of Specialized Care for Children**

- Services: Accessing diagnostic tests, Finding specialized medical care, Using insurance & All Kids / Medicaid, Finding resources & information, Developing a care coordination plan, Communicating with doctors, specialists and schools, Preparing for transition, Paying for certain medical expenses.
- Phone: 1(800) 322-3722

Office Location closest to Madison County-

- Address: 1734 Corporate Crossing, Suite #1 O'Fallon, IL 62269-3734
- Hours: Monday Friday 8 a.m. to 4:30 p.m.
- Phone: (618) 624-0508
- .Fax: 618-624-0538

#### Children's Dyslexia Center of So. Illinois

- Address: 417 W Main St, Collinsville, IL 62234
- Hours: Monday- 2pm-7pm, Tuesdays and Thursdays 1:30pm-6:30pm
- Phone: 618-223-1308

#### **Illinois Center for Autism**

Address: 548 S Ruby Ln, Fairview Heights, IL 62208

• Hours: Monday-Fridays from 9am-5pm

Phone: 618-398-7500Non-profit Organization

 Services: Client/Family Support Program, Vocational Skills Training, independent living skills, transportation training and recreational and leisure activities for adults with ASD, Special Day School Program

#### Illinois Department of Human Services: 1-833-2-FIND-HELP (1-833-234-6343)

Services and Resources: Developmental Disabilities, Early Childhood, Family and Community Services, Mental Health, Rehabilitation Services, Substance Use Prevention and Recovery (SUPR)

#### **Granite City Location:**

Address: 1925 Madison Ave, Granite City, IL 62040

Phone: 618-877-9200TTY: 866-326-0967Fax: 618-877-9203

#### **East Alton Location:**

608 W St Louis Ave, East Alton, IL 62024

Phone: (618) 258-1660
TTY: (866) 326-0270
Fax: (618) 258-7275

#### **IMPACT CIL**

• Phone: 618-462-1411

Address: 2735 E. Broadway, Alton, IL 62002

 Services and programs for various disabilities to help achieve independence in school, home, work, and housing

• Hours: Monday-Friday 8:00 am - 12:00 am, 1:00 PM - 4:00 PM

#### **Knights of Columbus Development Center**

- Serving Children with Special Needs since 1981
- Address: 3800 Park Avenue, (located in Cardinal Glennon Children's Foundation Second Floor) St. Louis, Missouri, 63110
- Hours: Monday-Friday 8am- 4pm
- Phone: 314-577-5609
- Health Services: ADHD, Allergy and Immunology, Audiology, ASD, Adult Congenital Heart Disease
- Pediatricians:Leslie Davis, Luke Weaver, Rachael Ryan, Luke Stephens
- Nurse Practitioners: Ashley Borawski

#### **Metro East Therapy/ Dyslexia**

- Services: Individual Speech Therapy, Social Skills and Communication, Executive Functioning, Dyslexia Evaluations, Dyslexia Therapy
- Phone: 618-581-8304
- Takes Insurance
- Address: 910 N Main St, Edwardsville, IL 62025
- Telehealth

#### **New Opportunities**

- Phone: 618-452-8165
- Address: 1510 West Seventh Street, Granite City, IL 62040
- Provides educational and work training opportunities for adults with developmental disabilities.

#### St.Louis Children's Hospital Down Syndrome Center

- Treatment Services: Autosomal Recessive Inheritance, Down Syndrome (Trisomy 21), Hypermobility Syndrome, Mosaic Down Syndrome, Mosaicism, Translocation Down Syndrome.
- Address: One Children's Place, St. Louis, MO 63110
- Phone: 314-454-5437 (KIDS)
- Providers: Dorothy Grange, MD, Genetics-Pediatric, Irene Rathjen, MS, RN, CPNP, Laura White, MSN, RN, CPNP, Dawn Easterlin, RN, BSN
- Let's Play Community Group for Littles, Serves: Families in Missouri & Illinois with babies, toddlers, and children pre K – grade 6, Main Contact: Abigail Bosslet | abigail@dsagsl.org | 314.833.7560
- Dads Appreciating Down Syndrome (DADS) Group, Serves: Dads in the Greater St.
   Louis area, Main Contact: Brad Wright | wright.brad09@gmail.com
- Let's Hangout Community Group for Tweens, Serves: Families in Missouri & Illinois with Tweens around 8-14 years old, Main Contact: Abigail Bosslet | abigail@dsagsl.org | 314-833-7560

#### **Uncommon Grace Pediatric Therapy**

- Address: 4140 Old Mill Pkwy, St Peters, MO
- Phone: 636-926-2700
- Services: Out-patient pediatric therapy, Occupational, Speech/Language, Social Skills, Aqua Therapy, ABA, Family Support, Early Intervention.

#### **William Bedell ARC**

- Address: 400 S Main St, Wood River, IL 62095
- Phone: 618-251-2175
- Services: Community Integrated Living Arrangements (CILA), Case
   Coordinator/Family Support Unit, School Program providing educational services
   to individuals with intellectual and physical impairments from 3-21 years old, and
   Adult Community Day Service for adults 21 and older with developmental
   disabilities

# **Grief Counseling/Resources**

#### **Heartlinks Grief Center**

- Phone: 618-277-1800
- Grief counseling and support groups for children and adolescents
- Intake form email: mnicewaner@myheartlinks.com
- Website: <a href="https://myheartlinks.com">https://myheartlinks.com</a>
- 5110 W. Main St. Belleville, IL

#### **Illinois Family Resources**

- Phone: 217-258-2968
- info@illinoisfamilyresources.org
- Grief Support Directory for Counseling referrals and resources in Illinois. Kinship care and resources and education.

#### **Inheritance of Hope**

- Phone: 914-213-8435
- Service for Children who have experienced loss of a parent or who is currently experiencing a parent with terminal illness
- Create a lasting treasure for your loved ones
- Legacy of Videos for Future Special Milestones
- Securely Backed Up Content
- Support Groups for Every Member of the Family
- Free to Families
- One Hour a Week Offered on your own time

<u>David Kessler-</u> is an American author, public speaker, and death and grieving expert. He has published many books, including two co-written with the psychiatrist Elisabeth Kübler-Ross.

 grief.com (free online resources and videos for bereaved parents and for their siblings.)

#### **WINGS**

- Phone: 877-227-8718
- Pediatric Hospice Program (Wings on Wheels) -Mobile art and music programs for children affected by loss and illness.
- Located in St. Louis & Glen Carbon, IL

# Abuse/Neglect/Domestic Violence/ & Shelters-

#### AZ and ME or www.azandmeapp.com

- Hours: Monday through Friday, 9 AM 6 PM
- Phone: 1-800-AZandMe (1-800-292-6363)
- Fax: 1-877-239-0867

#### AZ&Me supports patients who:

- Do not have health insurance
- Are covered under Medicare but still cannot afford their AstraZeneca medications

#### Call for Help/ (Now) Metro East Every Survivor Counts

- Phone: 618-397-0975
- Available 24/7, services are free and remains confidential
- Services: Medical Advocacy, Legal Advocacy, Counseling, Community and Professional Education and Trainings, Education, workshops, and trainings, Prevention Education, Community mobilization including school presentations
- Confidential Sexual Assault Crisis Line- (618) 397-0975, Call any time. 24/7.

#### **CHILD ABUSE HOTLINE:**

1-800-252-2873

#### **Good Samaritan House**

• Emergency shelter for unhoused mothers and their children

• Address: 1825 Delmar Ave, Granite City, IL 62040

Hours: Open 24 hoursPhone: (618) 300-7255

• Services: Daily Life Skills, Parenting Groups, Health & Nutrition, Housing Search

#### **Holy Angels E. St. Louis**

• Services: temporary shelter, physical safety, meals, clothing, case management.

• Populations served: all ages, females, families with children, and mothers.

• Free of Cost if you reside in the East St. Louis area

• Phone: 618-398-5616

• Hours: Monday-Friday 9am-5pm.

#### **Illinois Department of Child and Family Services Offices**

• Address: 1101 Eastport Plaza Dr. Collinsville, IL

• Phone: 618-381-7700

• Hours: Mon-Fri 8am-4:30pm

# **Missouri Emergency Shelters-**

#### Mother and Child Center/Centerville. IL

• Address: 6000 Bond Ave, Centreville, IL 62207

• Phone: (618) 332-2740

Hours: Monday-Friday 618-332-2740

#### Oasis Women's Center

• Address: 111 Market St, Alton, IL 62002

• Phone: 618-465-1978

Women's Shelter

Services: Counseling, Legal Advocacy, Emergency Shelter

• All services are free of charge and completely confidential

#### **Rape Crises Hotline**

 National Sexual Assault Online Hotline at 800-656-HOPE (4673) offers free, confidential, and secure help 24/7, if you need someone to talk to or help with pressing charges or understanding your healing process.

#### Salvation Army (Alton)

Address: 525 Alby St, Alton, IL 62002

• Phone: 618-465-7764

- Hours: Monday- 9 AM-12 PM, 1-4 PM, Tuesday-9 AM-12 PM, 1-4 PM, Wednesday-9 AM-12 PM, 1-4 PM Thursday-9 AM-12 PM, 1-4 PM, Friday- 9 AM-12 PM, Saturday-Closed, Sunday-Closed,
- Religious Organization

#### Second Chance Shelter (E. St. Louis)

• Phone: 618-482-5662

Address: 240 N 6th St East Saint Louis, IL 62201

#### St. Louis Crisis Nursery

Phone: 314-768- 3201Fax: 314-292-5776

- Services: Crisis Care- Individualized Therapeutic Interventions, Medical Screening and Intervention, Art and Play Therapy, Developmental Assessment, trauma-informed framework, strengths based approach, culturally responsive care
- Outreach Programs: Latino Outreach Program, Homeless Outreach Program
- Address: 11710 Administration Dr., Suite 18, St. Louis, MO 63146

#### The Women's Safe House of St.Louis

- Phone/Crisis Hotline: 314.772.4535
- Population/Eligibility: Battered women and their dependent children.
- #Of Beds: 53
- Length of Stay: 6-8 Weeks
- Length of Program: 12-month after care program to prevent homelessness.
- Services Offered: Emergency shelter, counseling, case management, health screenings, legal advocacy, and financial literacy classes, job placement.
- Address: 8811 Ladue Rd, Saint Louis, MO 63124

#### **Violence Prevention Center**

- Phone: 618.236.2531; 24 Hour Crisis Hotline: 618-235-0892
- Website: www.vpcswi.org
- Email: info@vpcswi.org
- Address: P.O. Box 831 Belleville, Illinois 62222
- Population/Eligibility: includes Trans, women identifying, LGBTQ+ and their children.
- # Of Beds: 28 beds
- Length of Stay: 45 days
- Length of Program: Case management optional.
- Services Offered: Domestic violence shelter for women and children offering counseling, legal advocacy, and walk-in support. Children's Center services include counseling, group education, recreation and health assessments.
- Non-residential clients have the following services available: counseling, court advocacy and support groups.
- Restrictions: Located in Belleville. No boys over 18 yrs old. Serves St. Clair, Monroe, Clinton, and Randolph Counties in Illinois

#### WIC- Women, Infant, Children

- Address: 2016 Madison Ave, Granite City, IL 62040
- Hours: Monday-Friday 8am-4:30pm
- Phone: 618-876-2383
- Services: Monthly checks or vouchers to purchase infant formula at a participating store or clinic; screening and referrals for health care and other programs
- WIC foods include baby formula, infant cereal, fruit or vegetable juice, eggs, milk, cheese, peanut butter, and vegetables.

#### Youth Emergency Service Epworth (LGBTQIA SAFE)

- Phone: 314-727-6294 **24/7 Helpline: 1-800-899-KIDS**
- # of Beds: 12
- Short term housing.
- Services Offered: The Youth Emergency Services shelter provides food, short term housing, and therapeutic services. Shelter services provided at no cost for free. A licensed therapist and highly trained youth advisors work with youth and families to help address family conflict, homelessness, abuse, and issues in school. Program features include individual, group, and family counseling, assistance with attending community schools, and access to GED.
- Eligibility/Service Population: Pregnant females up to 26 weeks pregnant.
- Restrictions: Located in St. Louis, Mo. Must call ahead first; priority shelter given to youth aged 18-21. Houses six girls at a time ages 11-19, and six boys at a time between ages 11-19

# **Dental Help-**

#### **Lewis & Clark Community College Dental Hygiene Clinic**

- Address: 5800 Godfrey Rd, Godfrey, IL 62035
- Phone: 618-468-4463
- Hours: Monday-Friday 8am-4:30pm
- Cost: \$28 flat fee includes all exams, X-rays and preventive services (cleaning, sealants, fluoride, etc.)
- Services: thorough dental assessment, a treatment plan, x-rays, preventive (teeth cleaning) or therapeutic periodontal treatment, oral hygiene instructions, fluoride treatments and sealant placement, and any necessary referral for more serious needed treatment.

#### **SIUE Dental Clinic**

- Address: 2800 College Ave building 263, Alton, IL 62002
- Phone: 618-474-7000
- Services: Preventative Care, Bridges, Cavities, Tooth Decay, and Fillings, Crowns, Dentures, X-rays, Extraction, Root Canals, Sealants, Veneers and Implants.
- Providers: Dr. Robert Blackwell, Dr. Robert Bitter, Dr. Debra Dixon
- Accepts Insurance
- Financing Payment Options Available
- Hours: Monday-Friday, 8 a.m.-4:30 p.m.

#### West Belleville Health Center- SIHF

- Address: 7210 W Main St Ste 200 & 204, Belleville, IL 62223
- Phone: 618-398-8840
- Hours: Monday-Friday 12- 3:30pm
- Accepts Medical Cards
- St. Louis City- East and Illinois-All About Smiles- Provider: John Bukovac DDS- Address:411 W Main St Collinsville, IL 62234 Phone: 618-345-4411
- Associated Pediatric Dentistry Ltd Services
   – Address: 3540 N Belt W. Ste E Belleville, IL 62226 Phone: 618-233-8667
- Belleville Dental Center Ltd Services –Address: 3503 N Belt W Belleville, IL 62226 Phone: 618-310-0367
- Leo Dumstorf 3540 N Belt W Ste B, Belleville IL 62226 618-235-9101
- Metro East Dental Care- 1923 Johnson Rd Granite City IL 62040 618-219-8493
- Rebecca Hartfield DMD- 2900 Frank Scott Pkwy W Ste 968A Belleville, IL 62223 618-207-4075
- The Smile Team Services
   7210 W Main St Suite 201 Belleville, IL 62223 618-397-7868

# **Eye Care-**

#### **Clarkson Eye Care**

- Address: 2121 South State Route 157, Edwardsville, IL 62025
- Phone: 618-656-7774
- Hours: Monday 12 5 PM, Tuesday 8 AM 5 PM, Wednesday- Closed, Thursday
   12- 5 PM, Friday 8 AM 5 PM, Saturday 8 AM 1 PM, Sunday- Closed.

#### Additional Edwardsville Location

- Address: 6663 Edwardsville Crossing Dr, Edwardsville, IL 62025
- Phone 618-659-2320
- Hours: Monday 9 AM 7 PM, Tuesday 9 AM 6 PM, Wednesday 8 AM 6 PM, Thursday 9 AM - 7 PM, Friday 8 AM - 5 PM, Saturday 8 AM - 1 PM.

#### Collinsville Location

- Address: 601 Beltline Rd, Collinsville, IL 62234
- Phone: 618-223-5212
- Hours: Monday 9am-7pm, Tuesday- Closed, Wednesday 9am-6pm, Thursday 9am-7pm, Friday 8am-5pm, Saturday 8m-1pm.

#### **Granite City Vision**

- Address: 4182 Nameoki Rd, Granite City, IL 62040
- Phone: 618-876-2438
- Hours: Monday-Friday 9am-5pm
- Accepts Most Insurance
- Services: Eye Exams, Contacts, Glasses, Prescription Sunglasses, Designer Eyewear, Bi-Focals, Trifocals, Doctor of Optometry, Frame Repairs, Free Frame Adjustments.

#### Zenni Optical- zennioptical.com (Cheap, Affordable EyeWear)

- EYEGLASSES
- SUNGLASSES
- LENSES
- SPORTS

## **Food Pantries-**

#### **City Temple**

Address: 4751 Maryville Rd, Granite City, IL 62040

• Phone: 618-931-1565

• Hours: Mondays and Thursdays from 12pm-2pm

#### **Community Care Center**

• Address: 1818 Cleveland Blvd, Granite City, IL 62040

• Phone: 618-876-8770

• Hours: Tuesday-Thursday 9am-3pm

- Soup Kitchen and Dinners Offered
- Volunteers wanted and accepted
- Only Madison County Residents are Served
- Offers Monthly Help with Baby Diapers and Wipes

#### **Granite City Township Office**

Hours: Monday-Thursday 8am-4pm, Friday 8am-3:15pm
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• Address: 2060 Delmar Ave Ste A, Granite City, IL 62040

• Phone: 618-877-0513

#### **Senior Services:**

• Office Phone:618-877-0513

• Bus Phone: 618-877-8584

• Senior Meals Phone: 618-877-4373

• Fax: 618-877-0179

- Faith in Action-Collinsville will begin visiting us once a month. If you have any questions regarding Medicare or any of the various services they assist with please consider stopping by the hall during the times listed below.
- Hearing Impaired Phone: Call for information 618-877-0513
- Emergency Disaster Database: GC Township Seniors and Disabled call 618-877-0513 for more information
- Land of Lincoln Free Legal Help for Seniors. Call 618-398-0958 ext 2224 to schedule appointment
- Meals on Wheels Services:
- Granite City Township has partnered with Senior Services Plus to provide the Meals on Wheels program to our residents. If you would like more information on Meals on Wheels please call SSP at 618-465-3298 ext 107.

#### **Operation Blessing/People that Care**

Address: 18 E Lorena Ave. Wood River. IL 62095

• Phone: 618-251-5683

• Hours: Monday-Thursday 10am-1pm

#### **Salvation Army**

Address: 3007 E. 23rd Street, Granite City, IL 62040

Phone: 618-451-7957

Hours: Monday-Thursday - 9 a.m.-11:45 a.m., 1 p.m.-2:45 p.m.

Helps with Thanksgiving and Christmas

#### **Third Baptist Church**

Address: 2601 Grand Ave, Granite City, IL 62040

Phone: 618-877-0040

# Housing, Mortgage, & Utility Assistance-

#### **Affordable Housing Development Corporation**

Phone: 312-836-5200Hours: 8:30am-5pm

 Services: Home Repair and Community Revitalization Programs, Housing Counseling Programs, Rental Assistance, Multifamily Financing Programs, Soft Funds, Supportive Housing, Statewide Referral Network

#### **Alton Housing Authority**

• Address: 2406 Crawford St, Alton, IL 62002

Phone: 618-465-4269Fax: 618-465-2729

#### **Staff Directory:**

Lisa Brown

**Housing Manager** 

618-465-4269 Ext. 11

Jessica Mueller

Office Manager

618-465-4269 Ext. 15

Christian Curtis

Intake/Occupancy Specialist

618-465-4269 Ext. 10

#### **Madison County Community Development**

Address: 157 N Main, Ste 312, Edwardsville, IL, United States, II

• Phone: 618-692-8940

• Hours: Monday-Friday 8:30am-4:30pm

 Services: HOME Program, Housing Solutions, Homeless Programs, Low Income Home Energy Assistance Program, Weatherization

#### **Madison County Housing Authority**

• Address: 2 Eastport Plaza Dr, Collinsville, IL 62234 · 6.2 mi

• Phone: 618-345-5142

Hours: Monday-Thursday 8am-4:30pm

 Housing Programs: Public Housing, Section 8, FSS Program, Mixed Income Housing, HUD, Family Self Sufficiency, HOME Program.

#### <u>Riverbend Family Ministries - Rental Assistance for Eastern Madison County</u>

• Address: 144 E Ferguson Ave, Wood River, IL 62095

Phone: 618-251-9790Fax: 618-251-9750

- Programs and Partnerships: Client Service Department (CSD), Refuge, Amare, Pathway Counselors, Casa, SOAR, Mountains to Molehills, Group Interventions, Every Survivor Counts.
- Walk-ins are also welcome Monday through Thursday 9:00 am 1:00 pm

# **Subsidized Housing-**

#### **Granite City Housing Authority**

Address: 2517 Nameoki Rd, Granite City, IL 62040

• Phone: 618-876-0975

Hours: Monday-Friday 8am-4pm

• Fax: 618-876-8992

 Resources: Resident Handbook, Sample Lease, Transfer Agreement, Income Change Form, Recertification Checklist, Domestic Violence Certification, Community Service Self Certification, Community Service Timesheet

Charge List, Madison County Mental Health Resource Directory, Newsletters

#### **St.Clair County Housing**

- 1790 S 74th St, Belleville, IL 62223-3363
- 618-277-3290
- Fax: 618-277-1806
- Hours: Monday-Friday 9am-5pm
- Programs: Public Housing, Housing Choice Voucher Program (HCVP)

#### **Urban League**

Fairview Location:

Address: 10220 Lincoln Trl, Fairview Heights, IL 62208

• Phone: 618-274-1150

• Hours: Monday-Friday 8am-5pm

Alton Location:

• Address: 408 E Broadway, Alton, IL 62002

• Phone: 618-463-1906

Hours: Monday-Thursday 8am-4pm

St.Louis Location:

• Phone: 314-615-3600

Address: N. Kingshighway Blvd., Saint Louis, Missouri 63113

• Hours: Monday-Friday 8am-5pm

## **Substance Abuse Treatment-**

#### **Gateway Foundation Alcohol and Drug Treatment**

- Treatment Services: Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Co-Occurring Disorder Treatment, Medication-Assisted Treatment (MAT), Mindfulness-Based Sobriety, Motivational Interviewing (MI), Seeking Safety.
- Treatment Options: Virtual, Residential, Outpatient
- Specific populations served (18 or older): Men, Women, Adult, Young Men (18-26)
- Offers Treatment for the following: Alcohol Addiction, Drug Abuse, Dual Diagnosis, Gambling Addiction
- Phone: Line is open 24/7-844-497-3687, or 877-505-HOPE (4673)
- Accepts Insurance
- Financial Plans Available

#### Saint Elizabeth's Hospital Behavioral Healthcare Services

- Address: 1 St Elizabeth's Blvd, O'Fallon, IL 62269
- Phone: 618-234-2120
- Accepted Insurance: Cigna, Humana, United Health, Aetna, Blue Cross Blue Shield
- Other Forms of Accepted Payment: Medicaid, Private insurance, Self-Pay Options, Medicare, Military Insurance
- Treatments: Dual Diagnosis, Mental Health illnesses such as bipolar disorder, clinical depression, anxiety disorders, schizophrenia, and more, Inpatient and Outpatient Levels of Care
- Clinical Services: Cognitive Behavioral Therapy, Electroconvulsive Therapy, Experiential Therapy, Family Therapy, Group Therapy, Nicotine Replacement Therapy, Trauma Therapy
- Programs Offered: Adult Program, LGBTQ Program, Military Program, Young Adult Program.

#### **Substance Abuse: Madison County Sheriff's Anonymous Tip Line**

• Anonymous Tip Line - 618-296-3000

#### **Substance Abuse National Toll Free Referral Number**

• 1-800-662-HELP (4357)

#### **Triangle Center**

- Address: 948 Clock Tower Dr Springfield, IL 62704
- Phone: 217-280-4112
- Treatment Services: Alcoholism, Drug Addiction, Mental Health and Substance Abuse, Opioid Addiction, Medically Assisted Detox, Outpatient, Aftercare Support, Adult Programs, Young Adult Programs, Drug and Alcohol Resources Available.
- Accepts Most Insurances

# **Services for Grandparents-**

#### **SENIOR HELPLINE 1-800-252-8966**

#### **Grandfamilies.org:**

 National legal resource in support of grandfamilies within and outside the child welfare system.

#### **National Elder Fraud Hotline:**

- Phone: 833–FRAUD–11, or 833–372–8311
- Hours: Monday–Friday, 10:00 a.m.–6:00 p.m. eastern time
- English/Español/Other languages available

#### Nursing Home Complaint Hotline- 1-800-252-4343, 1-800-547-0466 (TTY)

State of Illinois Department on Aging Resource online book:

• Link:

https://ilaging.illinois.gov/content/dam/soi/en/web/aging/resources/newsandpublic ations/publications/documents/state-federal\_book.pdf

### **Animal Abuse Services-**

#### **Animal Abuse Hotline**

- Humane Society of Missouri: 314-647-4400
- Animal Care and Control: 314-657-1500

#### **Carol House Quick Fix Pet Clinic**

- 1218 Jefferson Ave, St. Louis, MO 63104
- 314-771-7387

#### **Collinsville Animal Control Shelter**

- Address: 119 United Dr, Collinsville, IL 62234
- Hours: Sunday- Monday 11am-4pm
- Phone: 618-346-5213
- Adoption and Fostering Services
- Guaranteed Confidentiality Reporting Abuse and Neglect
- Spay/Neuter Services
- Provides Temporary home for Stray and Abandoned pets.

#### **Granite City Animal Protective Services (APA)**

- Address: 5277 Canham, Granite City, IL, 62040
- Phone: 618-931-7030
- Hours: Sunday-Thursday 10am-3pm, Closed on Tuesdays
- Non-Profit Organization
- No-Kill Shelter
- Adoption Services

#### **Metro East Humane Society**

- Address: 8495 IL-143, Edwardsville, IL, 62025
- Hours: Thursday- Sunday 11:30am -3pm
- Phone: 618-656-4405
- Adoption Services
- No- Kill Shelter
- Foster/Volunteer
- Spay and Neuter
- Surrender a Pet
- Vaccine and Microchip Clinic
- Pet Food Pantry- Hours are Wed-Sat 11:30am-5pm, Sunday 11:30am-3pm

#### **Partners for Pets**

- Nonprofit organization
- Address: P.O. Box 445 or 9136 Lower Marine Rd., Troy, IL, United States, Illinois
- Phone: 618-540-7387
- Adopt/ Foster/ Volunteer
- Spay and Neuter Services

#### **St.Clair County Animals**

- Address: 1250 S 11th St, Belleville, IL 62226
- Phone: Phone: 618-235-0585
- Hours: Monday-Friday 8:30am-12pm, then 1pm-5pm

# **Transportation-**

#### **ACT Shuttle**

- Address: 1 Transit Way, Pontoon Beach, IL. 62040
- Phone: 618-931-7433; Option1
- Fares and Service Area: In District Trip- Registered ADA- \$2.00, Registered Elderly- \$6.00. Transfer Trip to St. Clair/St. Louis- Registered ADA- \$6.00. Non Transfer, Medical Only Trip-\$10.00 for both Registered ADA and Registered Elderly

#### **Madison County Transit**

- Customer service: 618-797-4636
- Routes: 26 bus routes
- Service area: Madison County, Illinois; St. Clair County, Illinois; St. Louis, Missouri

#### Med Cab

- Address: 231 St Louis Rd, Collinsville, IL 62234
- Phone: 618-346-1568
- Medical Transportation Services: Individual, Private Insurance, Contracted
- All vehicles are stated to be non smoking and not handicapped accessible

# **Legal Assistance-**

#### **CASA-Court Appointed Special Advocates, Southwestern Illinois**

- Phone: 618-234-4278
- Address: 1801 North Belt West, Belleville, IL 62226
- Supports and promotes court-appointed volunteer advocacy for children who have experienced abuse of neglect to reduce the physical, emotional, and/or social child mistreatment.

#### **Land of Lincoln Legal Assistance**

- Phone: 618-398-0958 Website: http://lollaf.org/
- Address: Dorothy O. Cook Community Law Center 8787 State Street, Suite 201 East St. Louis, IL 62203-2026
- Services Offered: Handles specific kinds of civil cases. Service ranges from telephone advice or brief service, to representation in court or at administrative hearings. Service depends on the legal problem, merits of the case, and staff availability. Problems that are potentially handled are housing, family, consumer, homeownership, public benefits and health, services for senior citizens and disabled persons, and education. Criminal cases, traffic cases, personal injury, malpractice or workers' compensation are not cases that are handled.
- Eligibility/Service Population: Low-income and senior residents of central and southern Illinois.
- Restrictions: Serving low income clients in Clinton, Monroe, Randolph, St. Clair, Washington and Fayette Counties.

#### **Madison County Employment & Training**

- Address: 101 E Edwardsville Rd, Wood River, IL 62095
- Phone: 618-296-4301
- Hours: Monday-Friday 8:30am-4:15pm
- Services: Job Seeker Services, Business Services, Career Training Services,
   Madison-Bond-Jersey-Calhoun Workforce Innovation Board (WIB), Youth Services,

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