

IWA STRENGTH & CONDITIONING CAMP



GRADES: 6-12

TIME: 8:00 A.M. - 10:00 A.M.

COST: \$100

MONDAY-THURSDAY

WEEK 1: JUNE 2-5

WEEK 2: JUNE 9-12

WEEK 3: JUNE 16-19

WEEK 4: JUNE 23-26

WEEK 5: JULY 7-10

WEEK 6: JULY 14-17

WEEK 7: JULY 21-24



SCAN TO SIGN UP TODAY



Contact Athletic Director, Kevin Steen, at steenk@iwacc.org