

Monomoy Education Internships

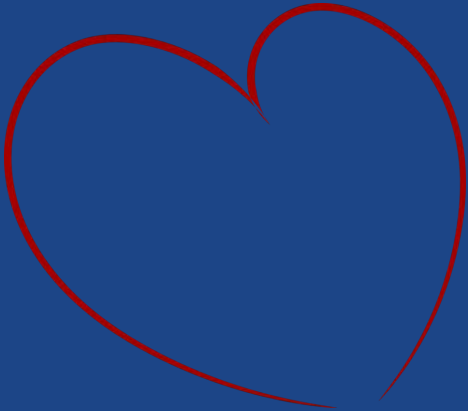
REFLECTIONS

May 2025

The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves.

– Steven Spielberg

Thank you to all of our Education Mentors!  
Your participation makes our internship program possible!



Please enjoy the following presentations of our MRHS Interns' Capstone Projects.

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The background of the image is a reproduction of the painting 'The Starry Night' by the Dutch Impressionist painter J.M.W. Turner. The painting depicts a turbulent sea with a dark, swirling sky filled with stars and a crescent moon. In the foreground, a dark, jagged rock formation rises from the water, and a small boat is visible in the distance. The overall color palette is dominated by deep blues and greens, with highlights of yellow and white from the stars and moon.

# ART INTERNSHIP

KEITH ARNOLD



# *Introduction to* **MY ART INTERNSHIP**

During my senior year, I took the opportunity to intern and learn from Mr. Jeremiah Nickerson in his classroom at Monomoy Regional High School. This was an in-school internship that enabled me to complete my internship without having to drive or even leave my school.



# *Internship* OVERVIEW

Learned the “lifecycle” of clay and how to recycle used and dried clay

Loaded and unloaded the kiln as well as learning how to fire bisque and glazeware

Worked with students during the first semester of the school year and kept the classroom clean

Enhanced my skills with my clay artwork





My mentor, Mr. Nickerson, taught me many things in my time in his class. I had a 1-block period where I would be in his class (often I would be there more), so I had little time during each day to learn. Figuring out the cycle of clay and how its made and can be recycled was one of the more intriguing aspects of my time in the class. I got insight on how long it really takes for hard clay to become soft with water, and for soft clay to become hard with time. My mentor showed me how to make clay on my own that could be used for the entire school's ceramic works.



My favorite part of this internship was being able to sharpen my clayworking skills. I had started with an Introduction to Ceramics class during my junior year and realized that I enjoyed working with clay. From then on, I wanted to convey some of my ideas into real work. These are some examples of ceramic works that I accomplished through the year.



The teaching aspect of this Internship was not my priority when I started, but I still did benefit from working in a classroom environment.

I only interned in a class with students for the first semester of the year. During that semester, I was able to open up with others and make friends that I did not expect to. (Shout-out Ty S.) Although I did not gain many teaching skills, I do feel that an internship like this is helpful to connecting with students and colleagues.





# REFLECTION

Overall, I had a great time in my art internship, and if I had the opportunity to do it again, I would.

The time spent with Mr. Nickerson, his other interns, students, friends, and creating things I enjoyed was a refreshing experience which I personally think carried me through my senior year a bit easier.



A white swan is swimming in a body of water with a deep blue, textured surface. The swan is positioned in the center of the frame, slightly below the horizontal midline. Its head is turned to the left, and its long neck is curved. The water around the swan shows gentle ripples. Overlaid on the image is the text 'THANK YOU' in a large, white, serif typeface. The text is centered horizontally and spans across the middle of the image, partially obscuring the swan's body. The overall mood is serene and elegant.

THANK YOU

# Capstone Project

PAIGE BENNETT

# What I did

I interned in the SAIL program this year and learned so much. The first half of the year I was able to work with them doing academics in class, then switched to going to art class with them for semester two. I was able to work with them one on one as well as in a group setting.



# Overview

The SAIL program at Monomoy is the younger age group of Best Buddies. The students participate in daily activities and academics as well as attending electives like art class. I was lucky enough to be able to work in their classroom this year helping out.

## A collection of colorful school supplies. It includes a yellow pencil, a pink pencil, a pink and blue eraser, a pink paperclip, a yellow clipboard with a pink clip, a blue ruler, a pink and blue pen, a pink alarm clock, and a blue paperclip.

I had so many growing experiences in this internship. One was learning how to help the students who have different needs, as well as how to accommodate them to succeed.



# Reflection

I enjoyed working in the SAIL program and will forever remember the things I learned throughout the year. I made amazing memories and new relationships throughout the course of this year. My internship felt “real” because I was able to direct the students and give them guidance during different activities.

# Highlights

My favorite part of attending this internship is being able to build relationships with the students in the program and getting to know them personally through the year. I am forever grateful for the opportunity I had in this internship.



# Thank You

Thank you Mrs.Goode for giving me this opportunity and opening up your class to me! As well as all the other teachers in the SAIL program. I enjoyed being apart of your class so much this year!

# Capstone Project

Dylan Chase

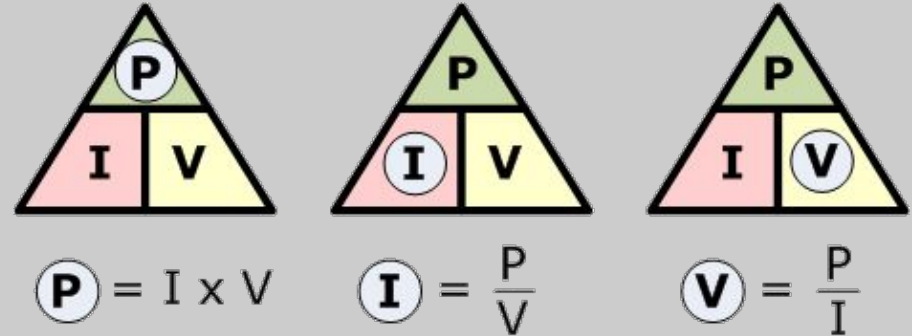
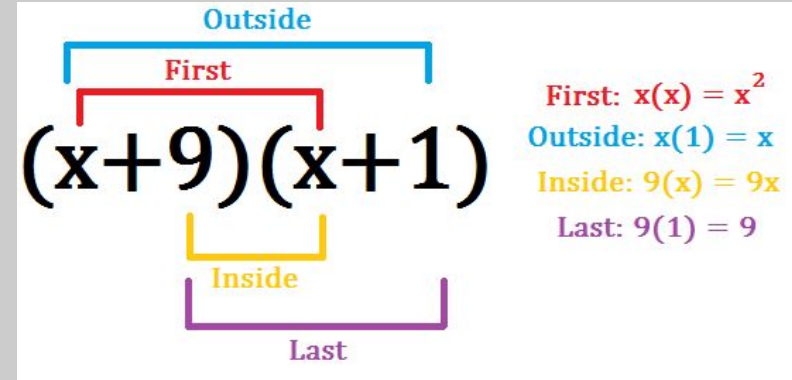
# *My Internship*

I interned in Monomoy High as a teacher assistant in the classroom for Mr. Bowman and Dr. Otto. During the time I was there, I mostly helped out any students that needed help with their work, made sure they were on task, and handed out some of the assignments given to me from the teachers.



## *What I learned?*

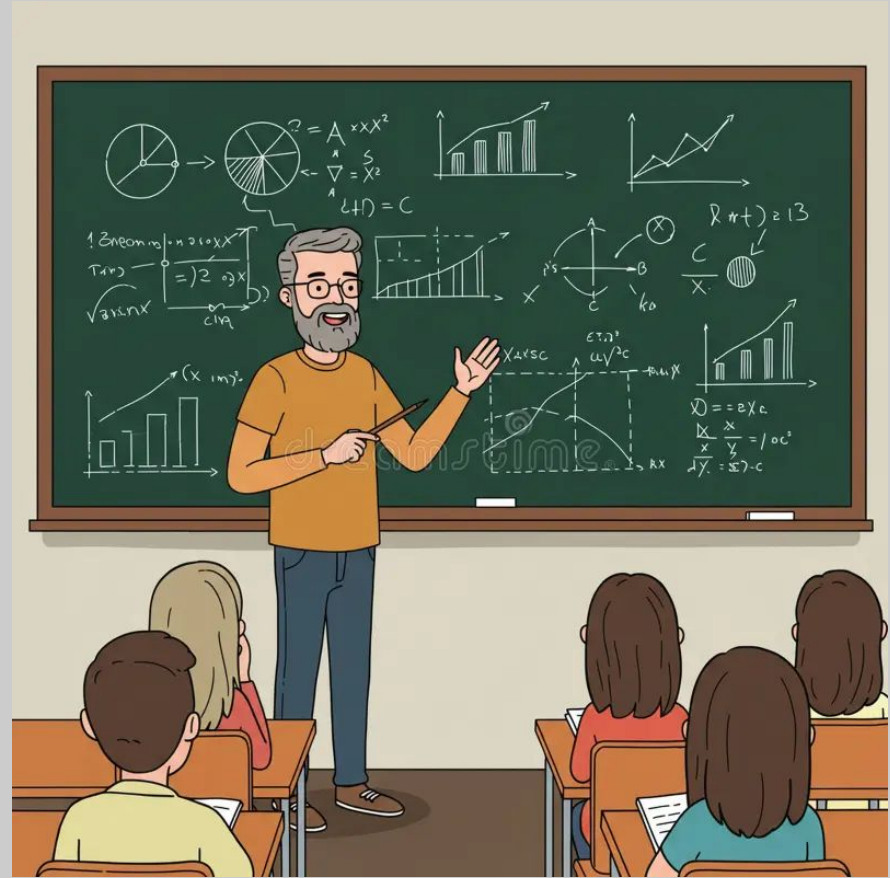
During my internship, I learned how to explain problems step by step to students to understand so they can excel in the current lesson. Along with this, I also learned to be patient and allow the students to ask me any questions they had when I was going over certain problems.



# Reflections

Throughout my Internship I really got an idea of what teachers go through during the daily time in the classroom. I observed how they teach and deal with off task students.

With all the time I have spent in a classroom, learning and observing, I have decided that it is not the path I will pursue. Teaching is a job which is not for everyone, but I could definitely see why others would want to pursue a career as a teacher depending on their various interests.



# *Performance*

Most of the time in the classroom I stayed active listening to the teacher during the lessons so I would know what to help the students with. Sometimes I was able to get some of my own work done when I was not needed at some moments.





## *What Made It Real?*

Being able to work alongside with the teacher and helping the students is what made the internship feel real to me. Usually when I am in a classroom, I am usually the one learning, but here I was teaching more than learning.

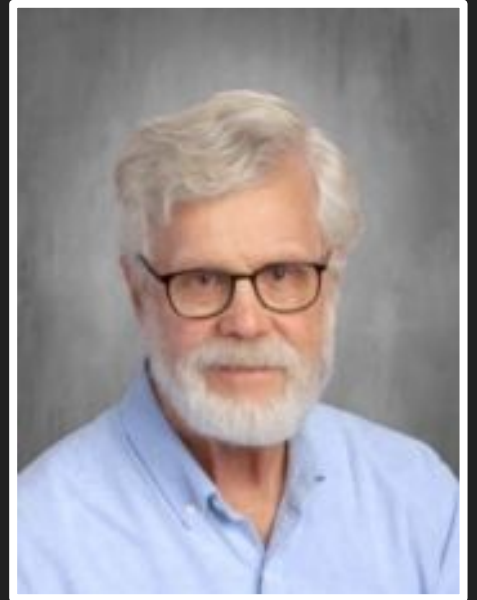


*Thank You Mr. Bowman and Dr. Otto*

# Printmaking and Teacher Assisting

Jack Credit

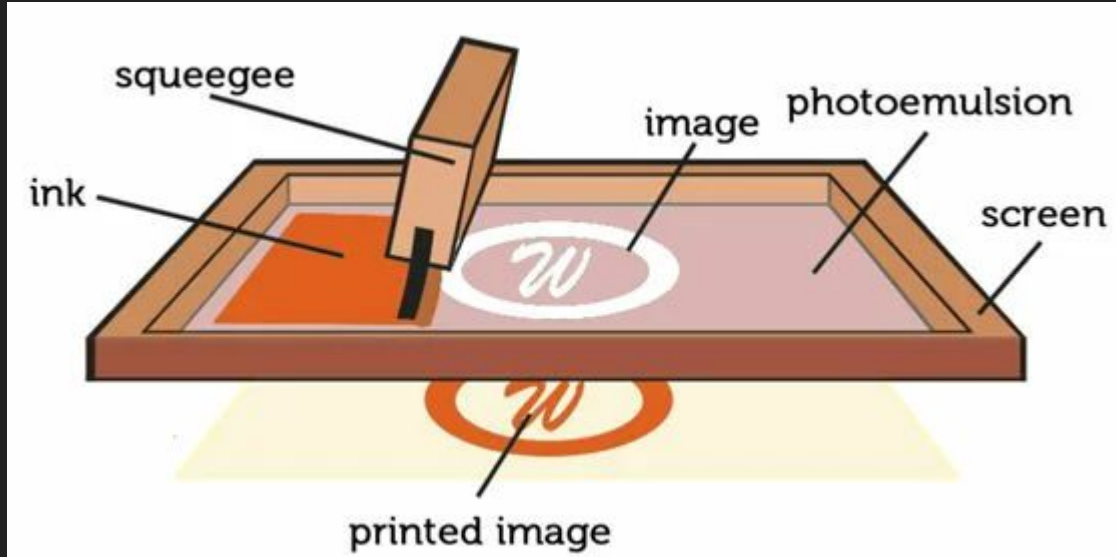
First, a thank  
you to Mrs.  
Newcomb and  
Mr. Newby for  
the opportunity  
they gave me  
to learn.



# Overview

I first started teaching myself how to screen print in fall of 2023. My setup was horrible, and I just made it out of stuff around the house. It took me a month of trial and error until I made a somewhat successful screen. I taught myself photoshop to fabricate designs, and over time I got better. I started selling clothes under the name “Summer Head” but could not actually build an inventory with my unreliable basement rig. I learned of the schools screen printing setup and decided to use that space as the base for my internship, in addition to being Mrs. Newcomb's teaching assistant. This was my first time with a professional setup, and there was a learning curve figuring out how to use all of the equipment. This internship has taught me multitudes on not just the craft of printmaking, but how to take care of and organize a space and how to teach others.

# The Screen Printing Process



A “screen” in screen printing is basically just a big stencil. It is made by coating a screen with a thick liquid called emulsion which hardens into a plastic when exposed to light. With light, you burn the negative of your design into the screen, meaning that when you add ink and print on your material, it leaves a positive.

## What I Did

- I used the dark rooms equipment to create printed t-shirts.
- I experimented working with linoleum block printing.
- I cleaned and took care of the equipment in the dark room.
- When Mrs. Newcomb was teaching her Intro to Design class, I gave students guidance on their block printing projects.
- I learned so much through work experience.

# What I Learned

- How to use professional screen printing equipment
  - How to use a screen printing press
  - How to use a spray booth
  - How to use a flash dry unit
  - How to use a exposure unit
- How to properly and effectively organize a space
- How to guide others in carving/printing/creative techniques



# Performance

Throughout the year I stayed on track, continuously getting a better understanding and producing prints while teaching others the techniques I was learning.

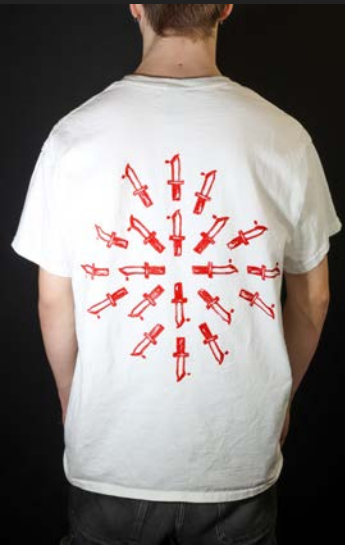


# Reflections



My internship block in the darkroom was time well spent, as not only did the work I produced go into my college art portfolio that landed me a big scholarship, but I helped other students make pieces that they will have for years to come.

Some works  
from this  
year...



## Long Term Impacts and Takeaways

Again, the techniques learned and clothes made in this internship were what landed me an Arts scholarship and that will be pivotal for my future. I can continue using the knowledge I have garnered in the future to improve my home setup and develop more clothing.



Lastly, I want to give a thank  
you to Ms. Armstrong for  
making this internship possible.





# ELL CLASS HARWICH ELEMENTARY

Kassandra Cruz

*Dream*

# MY ROLE

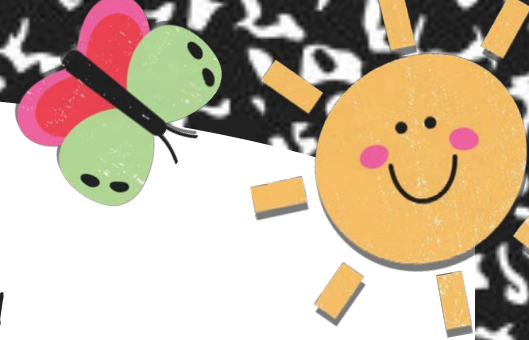


My internship placement was in the English Language Learners Department in the Harwich Elementary School. My mentors were Nancy Capen and Cynthia Carey.

I was only able to do a half semester internship with Mrs. Capen and Ms. Carey. During my time, there I worked with a variety of grade levels, specifically third and second graders.

I worked in classrooms directly and helped students on assignments they did not understand. I also translated for students who speak Spanish when they were confused.

I also worked in small groups where we would take students from their classrooms. I helped prepare students for future lessons in their classes, observed phonics lessons, and reviewed student work.





# WHAT I LEARNED

During my internship I learned that patience is definitely a virtue. Though my patience level was already good before my internship, I definitely learned that having more patience for children, especially when they are frustrated, is important. Understanding the children and their needs helps them have a positive learning environment.

I also learned how to communicate with younger children and how to talk to them in a way that they would understand. Sometimes this meant rewording what I was saying to better fit their vocabulary. I also became quite the craftsperson.



Bulgarian dolls I made out of yarn





# HIGHLIGHTS/REFLECTIONS

Seeing the students thrive was the main highlight of my internship. Even small victories, like learning how to pronounce/write a new word was incredibly fulfilling to watch. Being a part of the learning process for children and watching them actively learn in front of me was amazing. Learning about different cultures and seeing the children share their cultures with their peers was also incredible.

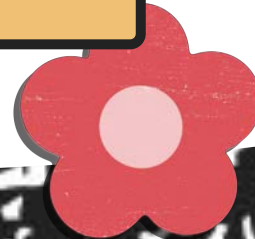
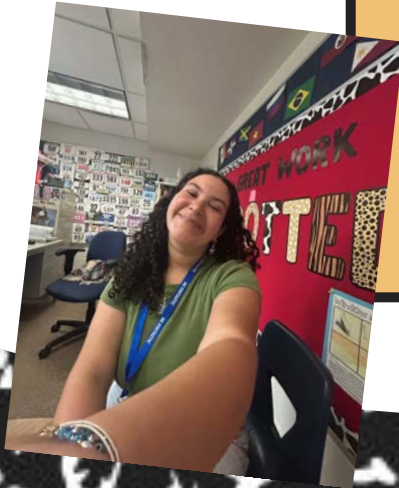
Working in my old ELL classroom with my old ELL teacher was a full-circle moment. Being able to work alongside a teacher who made such a vast difference in my life and helped me learn how to believe in myself was one of the best experiences of my life.



# PERFORMANCE/GROWTH



In the beginning of my internship I was very nervous about working with young students and using my rusty Spanish, but I warmed up very quickly. I think that taking action in a smaller group of children took me a minute; however, I was able to figure it out through observing my mentors. Though I do not plan to pursue education in college, I thoroughly enjoyed my time at HES and loved teaching the students.




# MADE IT “REAL”

The fact that I was working in the same ELL classroom I used to be a student in with the same teacher who always believed in me, made my internship feel “real.” Getting to see my old teachers again was also pretty amazing!!

I was also able to gain insight into a different workforce than the one I want to pursue. I do not think educators get enough credit for everything that they do. Watching young students be able to learn and succeed because of their amazing teachers was truly inspiring!







THANK YOU  
MRS. CAPEN  
AND MS.  
CAREY!



# Internship

# Capstone

Jillian Dittrich

## What I Did?

I interned with Ms. Creedon's Pre-Algebra eighth grade class here at the High School. I did it for the second semester of this year. During that time I helped her grade assignments, make copies of assignments, organize lessons, and assist studentss with any questions they had.



# What I Learned

## Patience

You must have patience to be a teacher and work with students all day long.

## Learning Styles

Almost every student has a different way of learning and focusing on that helps them understand important concepts in which they are being taught.

## Struggles

students have many learning struggles, and when they do not understand a concept they give up easily.

## Ms. Creedon is the best!

She has so much patience and taught me so much about what it takes to be a teacher. She is an awesome role model.

# Reflection

I loved my internship with Ms. Creedon. It taught me so much and really opened my eyes into how hard it is to be a teacher. It really taught me how to communicate with younger students and challenged me to figure out different ways to explain topics that they did not understand.

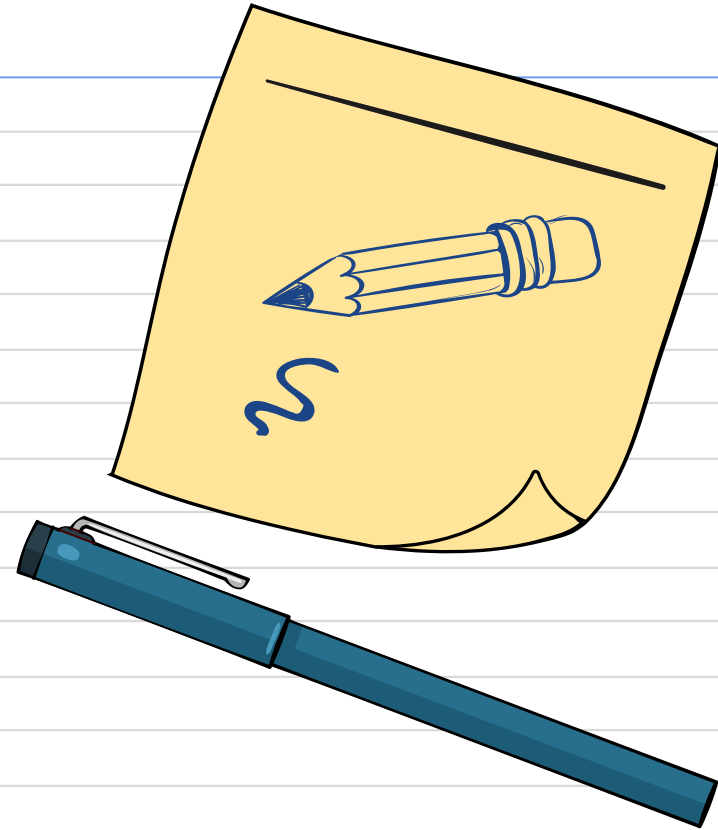
I am grateful for the opportunity and the bonds it allowed me to form.

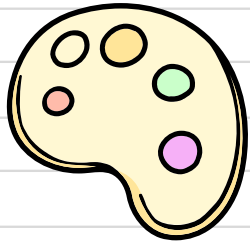




# Performance

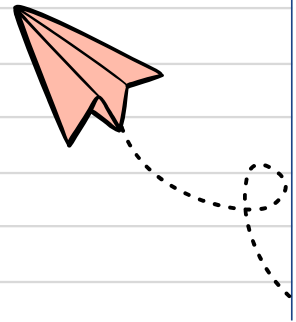
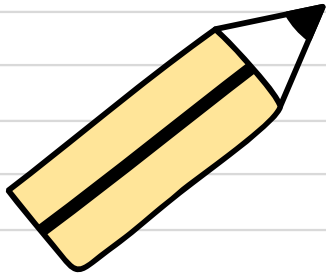
I did the best I could when I was in Ms. Creedons room. I did what was asked of me and tried to be a role model for the younger students. When I was talking to them I was respectful and made sure they felt respected by me. I was always paying attention and was engaged in the material that they were learning in case anyone had questions or needed help.





# What Made It Real?

What made it real was when I was answering students' questions and helping grade assignments. It gave me a new perspective and made the whole experience feel real. I felt like I actually was a teacher.



# Highlights/ Impact on Life



Some highlights of the internship were playing Kahoot with the class and joking around with Ms. Creedon and the students. There were certain students who were really funny, which made the whole experience even better and more entertaining. This internship definitely impacted me by allowing me to see how much younger students look up to the upperclassmen. It also made me realize how much teachers really do for students and how badly they want them to succeed. It made me realize that I want to work with children when I am older.



# Thank You Queen Creedon!!



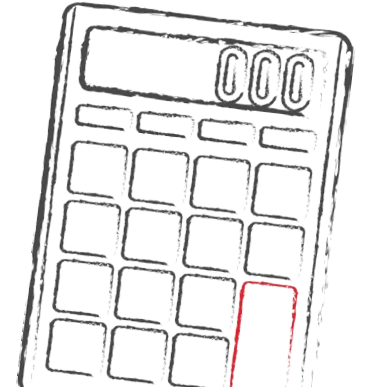
Thank you so much Ms. Creedon for just being you. After having you as a teacher in eighth grade I knew you were going to be somebody I could trust and always count on. Every day I come to you in all different moods and you are always there for me. You are a role model for so many, and I am extremely grateful for the bond we have formed over the last few years. You are the reason that saying goodbye to Monomoy in a year is going to be so hard. I am not sure if I would have been able to accomplish all that I have if it was not for you. You are truly a queen, and I owe you so much.



12<sup>th</sup> grade

# Internship Capstone Project

Jerichah Dujua



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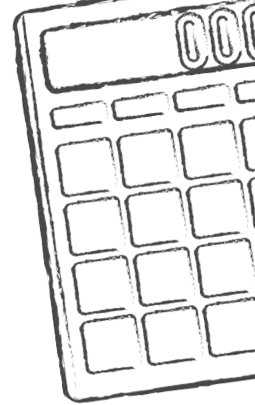
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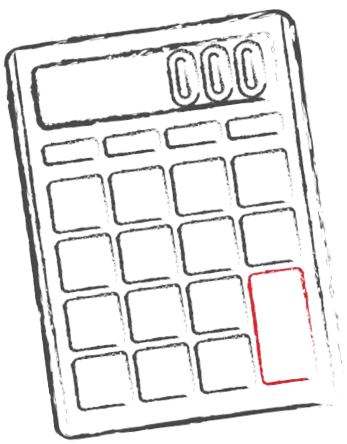
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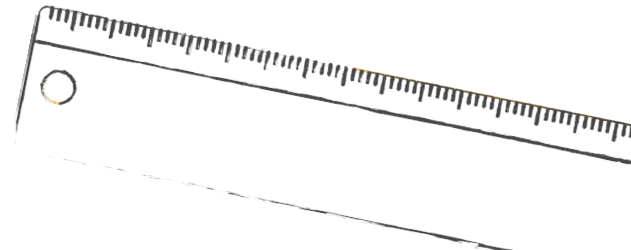


01



# Overview

What was my internship? What did I do?



# My Internship

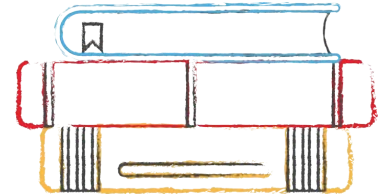
## Math Grades 9-11 with Ms. Lalone

I had an education internship at Monomoy Regional High School. At MRHS, many student interns experienced being a teacher assistant for all kinds of classes.

I interned for Ms. Lalone's math class for students in grades 9 through 11. She also teaches an academic support block!



Ms. Lalone (the coolest)



# What I Did

In my internship, I provided an individualized learning experience for students.

- helping students with their classwork, making sure they understand the material
- delivering lesson plans
- printing worksheets
- grading student work
- creating a safe space for students



# What I Learned

## Patience

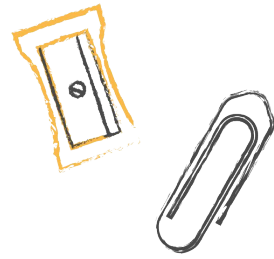
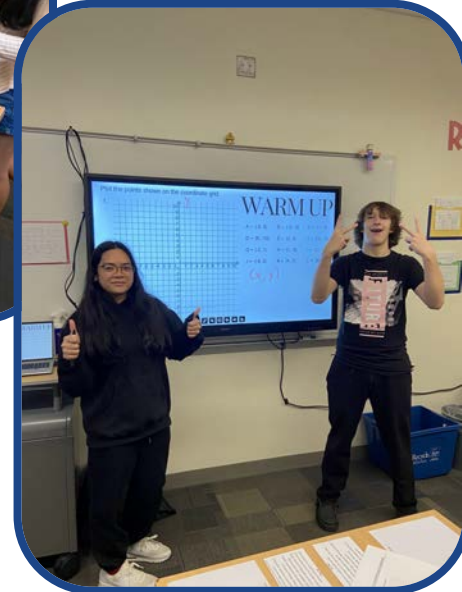
No student is the same; all learn differently. I learned to be more patient as I helped students to persevere through the material until they better understand it.

## Growth Mindset

Ms. Lalone teaches her students to have a growth mindset, which I also took to heart. We all learned to keep going even when the going gets too tough.

## Leadership

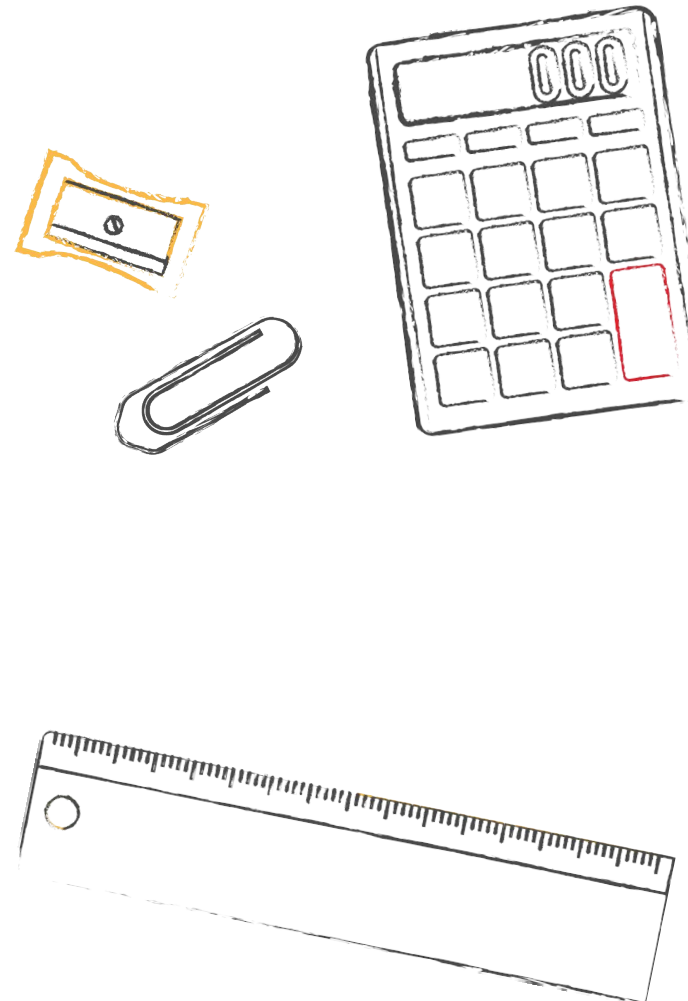
I practiced my leaderships skills— learning how to use my voice to better communicate my thoughts.



# 02

## Reflections

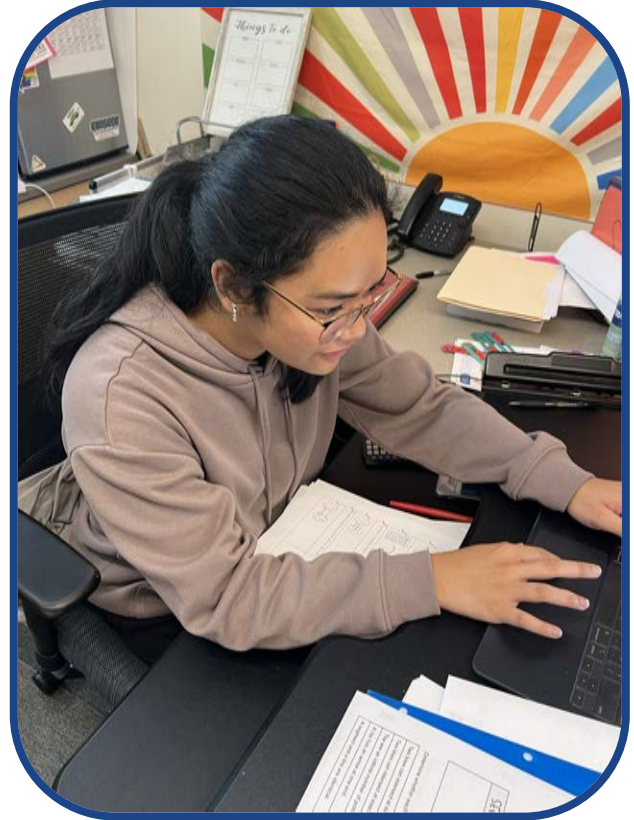
How was my experience? How did I perform in certain situations?



# Internship Experience

Overall, I had a great experience at my internship! I feel like I built a connection with each student, and I always looked forward to coming in.

My time at with Ms. Lalone's class solidified my passion to help others. I found that the skills I have learned, such as communication and patience, will help me in my journey to become a speech-language pathologist.





# Performance

There were many situations where I had to take a leadership role.

**During the days when my mentor was out,** I assisted the sub and went over lessons from the previous class with students. While some days were difficult, especially when the class is the last block of the day, I persisted to get most of the assigned work done.

**During days when students were not feeling their best,** I would work with Ms. Lalone to help them feel comfortable and ready for class. Everyone has their own personal circumstances, and I learned to keep that in mind before moving forward. Destressing helped the students become more focused and engaged.



# Reflections



## Realizations

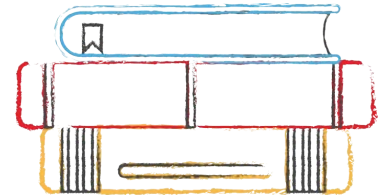
Students tend to stay on track, when strictness is balanced with understanding! Teachers look out for their students' best interest.

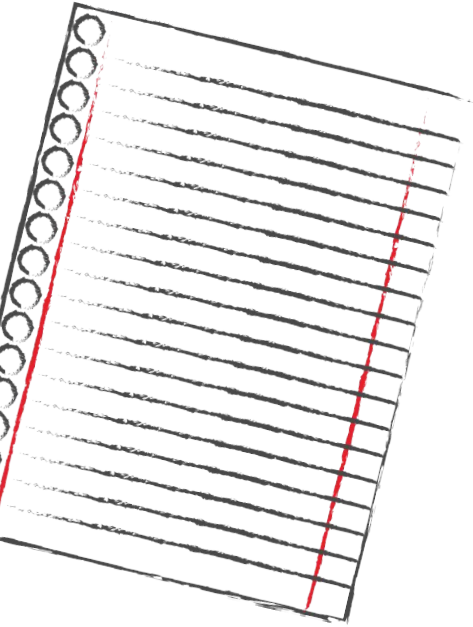
## Thoughts

Empathy is important in helping to understand why others are the way they are. Students may behave differently each day due to underlying circumstances.

## Connections

Students learn so much from you, and you will also learn from them!





# 03

## Highlights

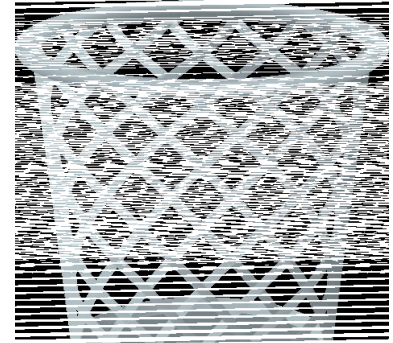
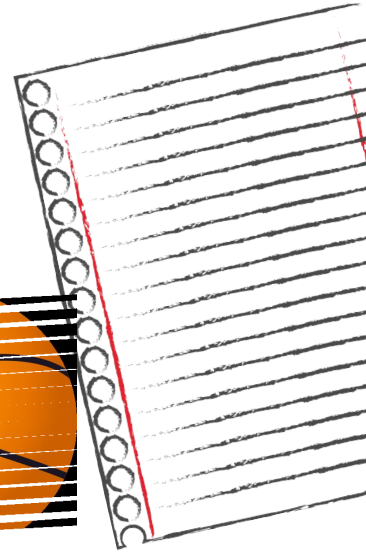
Any notable moments?

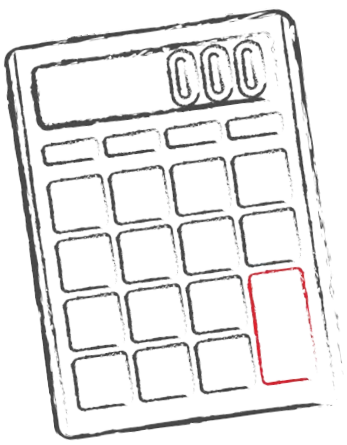
# Internship Highlights

There were so many highlights at my internship!

- **Battling with the printer**
  - I eventually conquered the printer, but it took some time!
- **Interactive Learning**
  - Trashketball is a game where students answer questions and can shoot a ball in a bin for points if they get it right.
  - Blooket is an online learning game where students can gain, lose, and steal points from others.
- **Days before break**
  - Students get a movie day before break, where I heated up popcorn and other snacks.

Each experience made for some incredible memories (and laughs)!



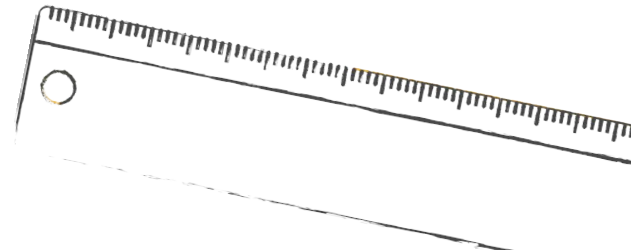


04



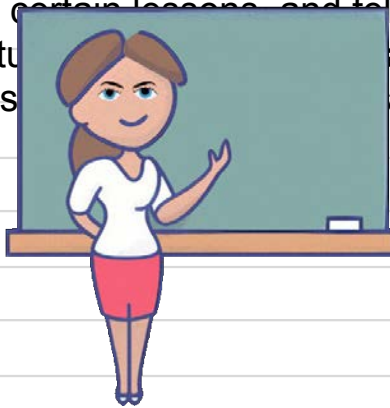
# Conclusion

What made it real?



# What Made It Real?

I was able to put myself in the shoes of a teacher. I learned by observing Ms. Lalone's techniques and learning methods. She would tell me her plans for the day and ask for my opinion. It felt like the real deal as I interacted with students, helping them through challenging problems and encouraging them to do their best. I was able to teach certain lessons and felt a sense of accomplishment when students also resolved student conflicts, demonstrating that it can be something to learn from.

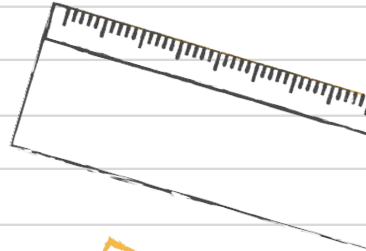
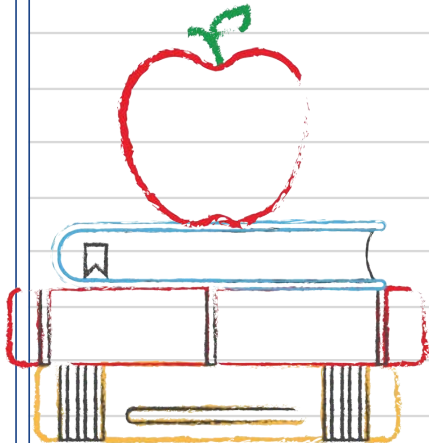




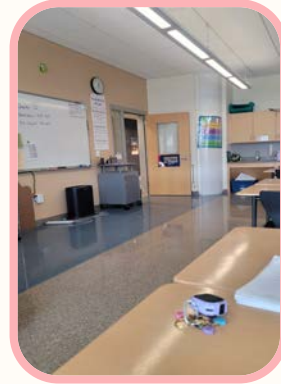
# Thank You

Thank you especially to Ms. Lalone for taking me in as her intern! Thank you Dom, Mikey, Tyshawn, Liam, and Camoya for being amazing students.

Getting to spend my senior year with each and every one of you was a wonderful experience. We have made many memories, and I will miss seeing everyone almost every day!



# Behind The Desk



**My Internship with Mrs. Saint John  
Ashia Forrester**

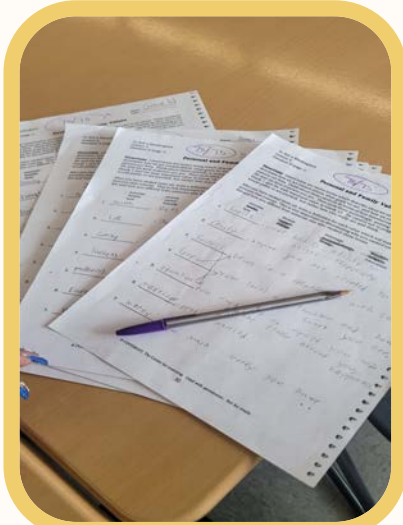


# About My Placement

- I interned with Mrs. Saint John, a 9th and 10th grade English teacher.
- She teaches at Monomoy Regional High School and focuses on building student reading, writing, and communication skills.
- I worked with her during a prep block to support her classroom behind the scenes.



## My Responsibilities

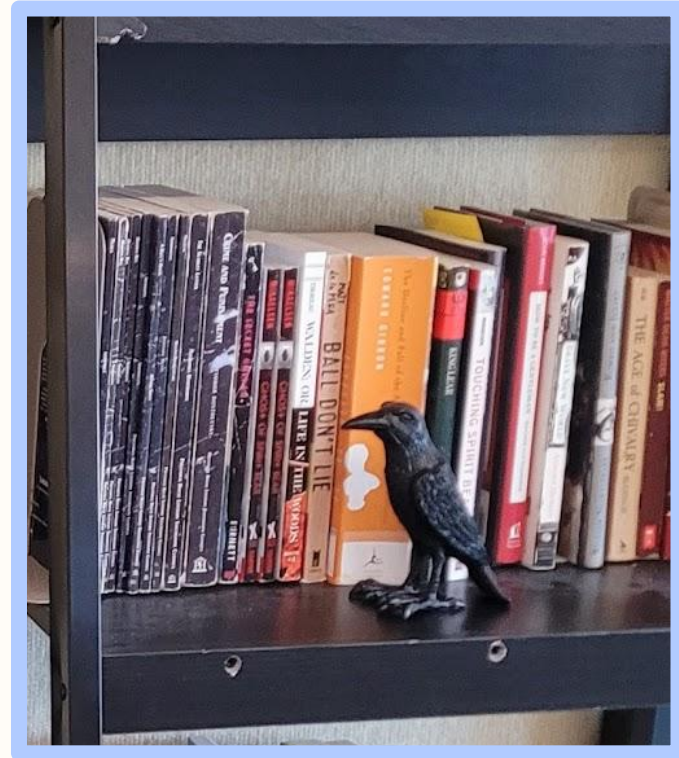


- Helped grade student work and organize classroom materials
- Assisted in rearranging and maintaining the bookshelf
- Talked with Mrs. Saint John about student learning plans and class preparation
- Observed how she manages time, plans lessons, and supports students



# What I Learned

- How much work happens behind the scenes to make a classroom smoothly
- The importance of organization, patience, and communication
- How teachers adapt to different student needs, a skill that nurses also use when working with patients





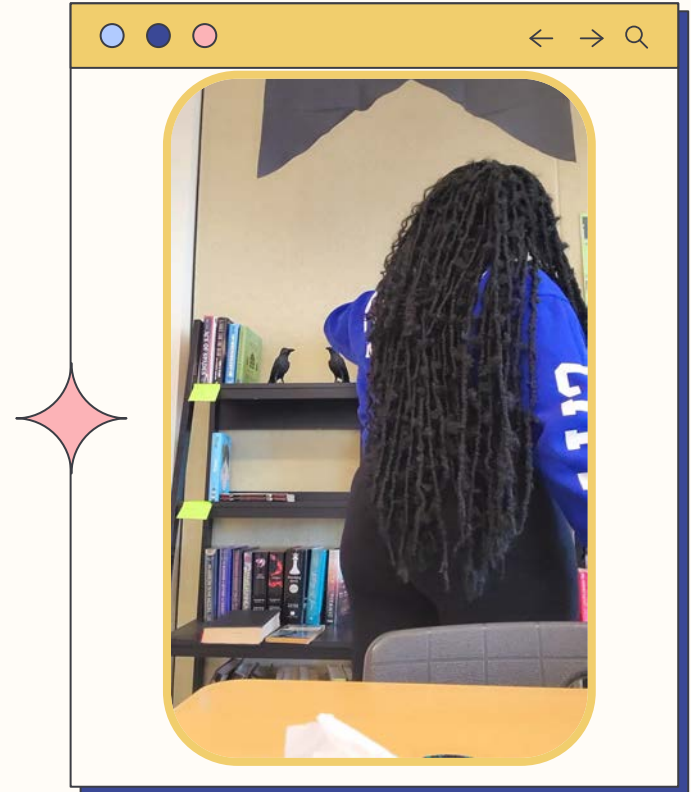


## How I Performed

- I showed up on time, followed directions, and stayed engaged.
- I took initiative with tasks like organizing materials and asking how I could help.
- I stayed respectful and curious, always trying to understand the “why” behind systems.

# My Growth

- Improved communication skills with adults and professionals
- Learned how to manage time in a work-like- setting
- Developed awareness of how systems work behind the scenes just like in healthcare settings
- Built confidence in adapting to unfamiliar roles



# Highlights

- Having conversations about lessons plans and how students learn differently
- Feeling trusted to help with grading and understanding how Mrs. St. John evaluates student work





# What Made It “Real”

- Seeing the real-life stress and planning that goes into teaching
- Knowing my small contributions actually helped Mrs. St. John stay organized
- Getting insight into how adults handle work-related pressure with grace





## Personal Impact

- This experience reminded me how important support roles are in any field.
- It showed me how much I enjoy helping people stay organized and successful.
- Made me even more sure that I want to be a nurse — someone who supports and cares behind the scenes *and* face-to-face.

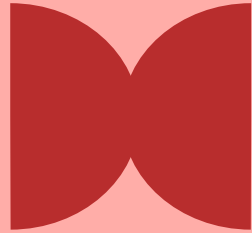


## **Thank You, Mrs. Saint John!**

- **Thank you for trusting me, guiding me, and making this internship meaningful.**
- **I appreciate your openness and how you showed me the heart behind teaching.**
- **I will take these lessons with me into my future career in nursing.**



# Lilly Furman community internship



Monomoy Regional Elementary School

Start date: March 3rd

Finish date: May 22nd

# Facts

Grades PK → Grade 4

All Monomoy schools established in 2014,  
connecting the previously known schools of  
Harwich and Chatham Public Schools

I even went to the same elementary school that  
I am interning for!



# What I Learned

When I was first offered the opportunity to intern at the elementary school, my first thought was, "oh god, I hate students! How am I ever going to do this without freaking out?". Some of the people who are closest to me know how much I was never really fond of children. Every year I would always mention how I would never have children in my whole life! After meeting people throughout my life so far, it made me realize quite the opposite. Doing this internship has made me realize things not only from an occupational standpoint, but also on a personal level.

While I only had a little bit of time to work with Ms. Jorgensen, I learned so much about how I should properly help children. I always knew I wanted to major in Psychology, and now I really want to work on the pediatric side of psychology and sociology. I found it so interesting how children's brains develop into the person that we are today. While not being able to directly assess children's emotions in a classroom atmosphere, I had a life changing interaction with one of the students that has set in stone why I wanted to do this in the first place.

# Reflections

A little boy was in the library (where I would go when Ms. Jorgensen had a prep block or other things to do where I was not needed) and he was not having a very good day. He did not want to listen and was pouting. I went over and talked him through his feelings until he felt good enough to join the class.

Through this tiny interaction I had with him, I learned how different it is to be a child again. Throughout my whole internship at the elementary school, I learned how people of all different ages and backgrounds need to be treated and handled differently in different situations.

I like to say that I am exceptional at reading, assessing, and helping with people's emotions. My mom used to say that I had a superpower, the kind where I did not need any sort of signal to understand what someone was feeling, because I could feel it myself. With children, I find it hard to understand what is going on in their heads. I think that the time that I have spend in Ms. Jorgensen's classroom has helped me learn and understand children's minds and feelings more fully in a way that I never used to. I used to think that they would only feel the basic emotions, such as angry, sad, or happy due to the underdeveloped frontal lobe, but I realized that it is completely untrue. Small infants and very young children, sure, but at the ages ranging from Kindergarten to fourth grade, there was a very wide variety of emotions and personalities that I saw being portrayed DIRECTLY at me. I really enjoyed getting to know so many students and being able to connect with them.

# Performance

## Goals

10/10 - came into it hoping that I would get better working with children, as well as to understand their mental capacity

## Progress

10/10 - with being able to work with a wide variety of different students from many background and experiences, its helped me better navigate my understand of the way they function

## Improvements

10/10 - I have improved so much with working with students, and I have even enjoyed teaching, helping, and talking with them. I really hope that I can see them all again when they grow up.

## Punctuality

9/10 - There were some days where I had to park at the old middle school, hence I needed to walk from there to the front of the building to check in. More recently, I have been able to park in the rear of the building and have been showing up right on time as the class comes in!



# Growth

## Working

With not having really liked children before interning at the elementary school, I have made huge improvements since then. I genuinely loved working with them and helping/teaching them how to do some of the projects. I loved interacting and participating in lessons with them!

## Understanding

I had not really understood how a child's mind worked or functioned due to the lack of experience with them, but after having this opportunity, I was amazed with the way that these students were able to learn. This has led me to want to work in the pediatric field for mental health in the medical industry!

## Problem Solving

Of course there were times when I was not sure what to do in certain situations. There were a couple times when Ms. Jorgensen needed to leave the room, and I needed to watch over the class. The first time I was extremely nervous being responsible for all the children, but eventually, I became comfortable being alone with them!





# Highlights

1

## April Fool's Day

All of the students were trying to prank their teachers that day, and I told one of them to put red paint on themselves. Afterwards, the WHOLE class wanted to prank *their* teacher by doing the same thing! We did a guessing game of the number that I was thinking of, and the one who guessed correctly got to put the paint on themselves!

2

## Library Class

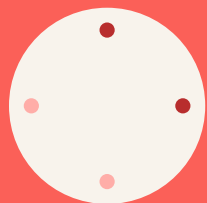
Although I actually did enjoy putting books away, I am going to miss the times where students would run up to me because they were excited to see me again outside of art class. When I had some downtime, I would go and listen to books being read to them and help them find their books!

3

## Sub Work

When Ms. Jorgensen would have a sub, we would usually be following some sort of step by step drawing. I loved following the steps with the students, and they loved my art so much that they wanted to take mine home with them. I thought it was so funny when they would tell their peers that *they* drew it and it would get a laugh out of all of us.

# What Made It Feel “Real?”



What made me feel this whole experience was “real” was creating the bonds and relationships with these students that would come in and out of my classes.

I think that being able to work with students gave me the opportunity to feel like I was somewhat responsible for them. As in, being one of the only adults in the room (with Ms. Jorgensen), I was seen as someone who was responsible to help with things that they were having trouble with. I also was talking to these children like I was their friend. Obviously I was there to teach, help, and assist anyone who needed it, but when the children were doing well on their own, I would walk around and talk to them about their days and their interests.

# Photos!



LIBRARY!



APRIL FOOLS!



ROBOT PARADE!

# 2nd Project

I was also fortunate enough to have the opportunities to make an oar for the charity event in Chatham known as the "Oars for the Shores" as well as a surfboard for the charity event in Orleans known as "Boards in the Stores".



## Oar-

I was given this opportunity from my ceramics teacher, Mr. Nickerson. He had mentioned my name to the lady who works at the antique thrift next to the Orpheum in Chatham.

## Surfboard-

I was given this opportunity from my intern mentor, Ms. Jorgensen. As she was originally asked to paint the surfboard, she was kind enough to give me the project that was soon to be dedicated to Nauset Farms in Orleans.



# Photos!

Oar-



Surfboard-



Thank you,  
Ms. Jorgensen  
and Ms. Idman!



# Capstone Project

Lillian Ghilardi

## What I did:

I interned in Best Buddies the Shore program at Monomoy Regional High School with Mrs. Grogan. I did a whole year internship with her class. During the time I was there I would work with the students and help with their jobs as well as packing boxes of food for the food pantry. I also went to some different events they had on the weekends including the spaghetti lunch at the UU Church in Chatham and Secret Santa at the Cape Cod Mall and the Town Hall meeting for the opening of The Grateful Mug.

## What I learned:

During my internship I learned how to be a good mentor. I practiced empathy, patience, understanding, and ways to resolve certain situations. I also learned how the students learned best and what fit their needs.

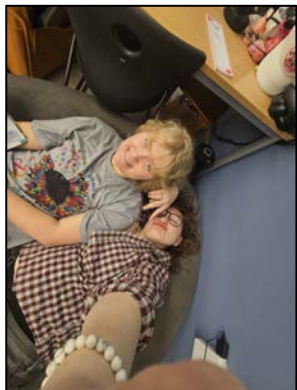
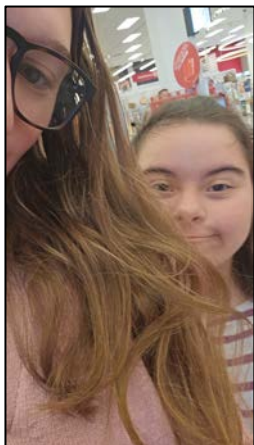
## Reflection:

**This internship was the best, and I loved every moment of it. In Best Buddies I got the experience of being a mentor in a classroom setting. I built friendships along the way with all the students. I also developed personal growth within myself when it came to different communication skills. I grew many skills over the course of this year including, communication, leadership, and event planning when it came to certain events for the students or events at which the students volunteered. This internship really made me want to continue my path to becoming a special education teacher. I have so much love, compassion, and passion to help students and to make a positive impact by advocating for people that have disabilities and make it more of an inclusive environment for them.**

## Performance:

I stayed on task while in my internship through this year. The students and class was very entertaining so it made it fairly easy. When helping the students I made sure to explain in the way that was best for them.







Thank you to all my mentor's: Mrs. Grogan, Ms. Driscoll, Mrs. Hinkley, Mr. Burke, Mr. Randall, and Ms. Vagenas for being such amazing mentors. I appreciate you all for helping me in this internship as I have learned so much, and I truly see myself going into this field when I am older as this internship really showed me what it would be like. I enjoyed it so much and interacting with the students was very rewarding. I loved seeing the smiles on their faces and having the connections I built with them. This has been a great year with you all! Thank you again!



# Avery's Internship

Harwich Elementary School  
ISLE Program

Mentor:  
Dyanna  
Rose

Intern:  
Avery  
Gibson

## Overview

My job as an intern has been to shadow and learn how to teach, communicate, assess situations, and to help Finlee with work, class, and social situations.

# About HES ISLE!

ISLE is HES's special needs program, there are two classrooms: PreK-Kindergarden, and Grades 1st-4th. I am in PreK-Kindergarden!



Me & Finlee

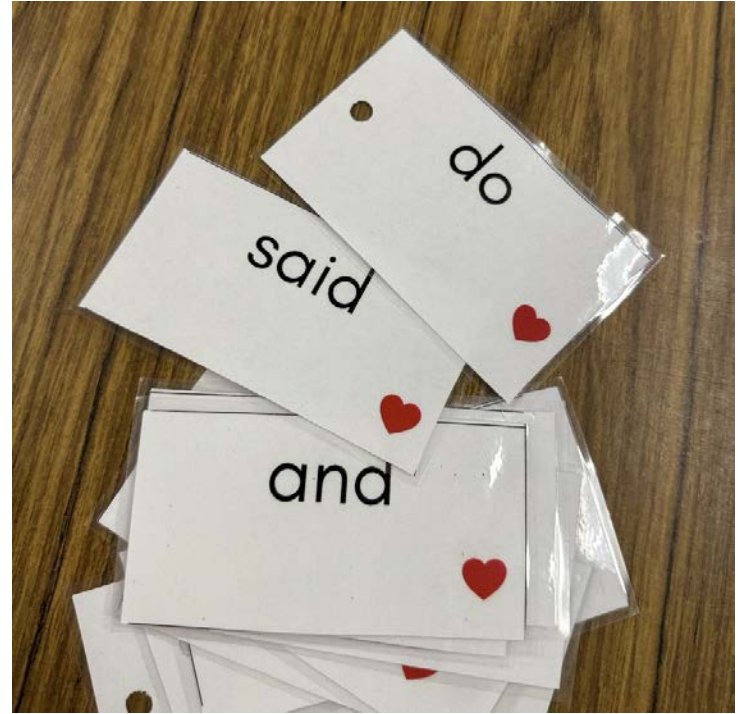


# What I Learned

With Finlee, I learned how to do work with her! In this picture, I helped Finlee decode by helping her sound out the words to help with reading! Along with that, I learned so many other things, such as how to help Finlee in an overwhelming environment. I learned how to communicate with Finlee so I could help her be successful. And so much more!

# Highlights

Some big highlights for me were things like the Special Olympics with Finlee (which you can see on Slide 9) helping Finlee with her vocabulary (which you can see in the picture to the right), and just being able to work beside those who took an interest in making sure I was able to take a lead in helping Finlee. This enabled me to learn and made me feel like a real teacher!!!



# Performance

How I Did!

How I've  
Grown ☀

## Beginning of



In the beginning of the year, I was with a different student. I had no idea what I was doing, but I had the best teachers who showed me the ropes.

## Middle of year:



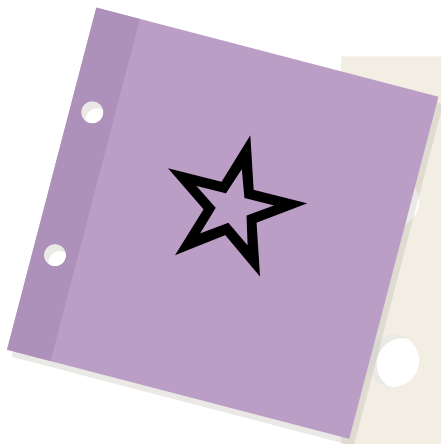
By November I was with Finlee. I had gotten to know her better and learned how she communicated best. I was able to facilitate programs 1 to 1 with her!

## Now:



Finlee and I are the best of friends, and she has helped me learn so many things to make myself the best teacher trainee.





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# The Impact

Working in the ISLE program at Harwich Elementary has had a huge impact on me, not just professionally, but personally. Spending time with Finlee taught me so much about patience, empathy, and the beauty of growth in all forms. She helped me see the world through a different lens and showed me how meaningful it is to support others, even in the smallest ways.

---

# What Made It Real


Doing things like helping Finlee do her work and run programs with her, getting the opportunity to be one to one with her at times, or taking her from ISLE to class to special etc. all made this experience genuine and made me feel like a real teacher!



# Reflection

Working in the ISLE program at Harwich Elementary School has been one of the most meaningful and eye-opening experiences of my life. From the very beginning, I knew this internship would be something special, but I never could have imagined how deeply it would impact me—both personally and professionally. Spending time in the classroom, working so closely with the students, has taught me so much about patience, empathy, and the importance of meeting every child exactly where they are. One student in particular, Finlee, has had a profound impact on me. Watching her grow, learn, and express herself in her own unique way helped me realize just how much joy and fulfillment can come from helping others discover their potential. Her small victories became my biggest moments of pride. This experience has shown me a new side of myself that I was hoping I would find when I got this internship. I have discovered a passion for working with younger children with special needs—a passion I did not fully realize was within me until now. It is not just a passing interest; it is something I want to continue pursuing as a career where I can make a difference every day. I am also incredibly grateful for the opportunity to work beside such a strong, intelligent, and inspiring group of women. Their dedication, compassion, and creativity in the classroom taught me more than I ever expected. They led by example, showing me what it truly means to advocate for and support every child. Their mentorship has helped me grow more confident in my abilities and more certain about the path I want to follow. As my time with the ISLE program comes to a close, I walk away not only with experience and knowledge but also with a full heart. I am so thankful for this opportunity—it has truly changed me for the better and solidified a future I can now clearly see myself working toward.





I would love to thank Ms. Rose, Appleton, headmark, and Taylor for being the BEST and most attentive mentors I could ever ask for and making me feel so comfortable, trusted, and appreciated. I wish I could have done this years ago so I would have had more time with you all but I am so beyond grateful for the time I have experienced at HES and Id like to especially thank Ms. Rose for teaching me what it means to be a leader.

**THANK YOU!!!!**



# Capstone Project

Tripp Gill

# What I Did

I completed a full-year internship at Harwich Elementary School in P.E. class with my mentor, Mr. De La Vega. In my time there, I learned how to manage a P.E. class in a safe and responsible way, while making sure that every student still has fun in gym class.



# What I Learned

- I learned that it is of great interest to go out of your way to make sure that every student has a way of connecting to the activity.
- I learned how to communicate and connect with students at the elementary level.
- I learned how to help students through any problems that they were having.
- I learned how to tell the difference between when students were having controlled fun and behaving recklessly.





# Reflection

When I look back and reflect on my internship experience this year, I remember all the times that the students' faces lit up when they realized that I was there for gym class, or the times I heard them say to each other in line "Tripp's here!" I can remember one specific student wanting me to leave the gym and go back to class with her, and she would not leave until I agreed to join the group on their walk back to class. Another great moment I had was when one of my students dressed up as me for "dress as a teacher" day, and he even had drawn-in stubble to resemble my facial hair. All of these experiences and memories from this internship were big factors towards my decision to study Physical Education at Bridgewater State University.



# My Performance

I think that I had good performance at my internship. I was able to build relationships with students rather quickly, and it seemed like they were happy when I was there. Each day felt different, and there were never really times that I felt like the experience I was getting was not beneficial. My performance was best when I was engaged in the activity along with the students, including playing thunder stick at the end of class.



## What Felt “Real”

My favorite class in elementary school was gym, so seeing the students love gym class was definitely something that I could relate to.

Another thing that made this experience feel real was how accepting and inclusive Mr. De La Vega was of me from the get go. Besides coaching me on how to thrive in this profession, he and I would often talk about sports, movies, and other current events which made him feel like a friend to me and not just my mentor at my school's internship.

I want to thank Mr. De La Vega for making this experience fun, engaging, and impactful on my road to being successful.

Thank You, Mr. De La Vega!

# **Monomoy Internship 2025**

## **CES 2nd Grade**

Charlie Hamilton

# What I Did

Over the course of the school year, I spent time at Chatham Elementary School in Mrs. Tuccio's second grade class learning what it is like to be a teacher. During my time there, I would help grade papers, do small tasks around the room for Mrs. Tuccio, and help the students in small groups or individually.





# My Experience

As a whole, this internship opened a new window in my life. At first, I did not know if being a teacher was the right thing for me, but after this internship, it really showed me that teaching is what I want to do after college. It shows that the job is more than just teaching, it is about being there for the students.



# What I Learned

I learned how to create a relationship with the students which is fun, but serious at times. Being there for them when they are at recess to run around and get their energy out and in the classroom having them dial in on work so that they are able to understand it, I was able to help them when needed.



# Favorite Part

My favorite part about this internship was forming a personal relationship with every child in my class. It brightens my day when ever I walk into the room and all the students seem excited and happy and they would all yell out my name. Forming a relationship where you can have fun while also being an adult is what made this place so special to me.



# The Future

When I was first applying to colleges, I applied as a Finance major, with no thought at all as to wanting to major in Education. Now I am planning on doing a double major, in both Finance and Education. I hope after college, I am able to use both of them in the classroom and be a teacher.







# Thank you, Mrs. Tuccio!

Thank you for the opportunity you have given me with this internship. It means so much, and I can not thank you enough for giving me a chance with the students. I have learned so much at the elementary school, and I will cherish this opportunity for ever.



# Senior Capstone Project

Alex Jennings



# Why I Chose to Make a Guitar

- Ever since I started playing guitar, I have always been fascinated by the music they have created and the way they look and function.
- I have always seen guitars that I like, but they have been too expensive or unobtainable so I thought why not make my own.
- Taking certain aspects from guitars I like away from what I did not and building my perfect guitar
- Having my own unique guitar would be awesome



# What I Did

- Much of my time in my internship was spent either planning for the guitar, helping Mr.Newby around the classroom, or actually working on the guitar.
- Many of the plans for making the guitar were designed in CAD, which I had access to in my Intro to Engineering class.
- Many aspects of building the instrument were learned along the way by both me and my mentor as neither he nor I have built one.
- Much planning and research went into this; he asked me about guitars, and I asked him about woodworking.

# What I Learned

- I learned many wood working techniques and how to use and maintain certain tools such as:
- scraper
- Rasp tool
- outer
- band saw
- rasp



# The Process

I already had the body of the guitar from a friend of mine who had taken the neck for another project.

In my internship, we started off scraping the lacquer and my failed attempt at staining it off the body



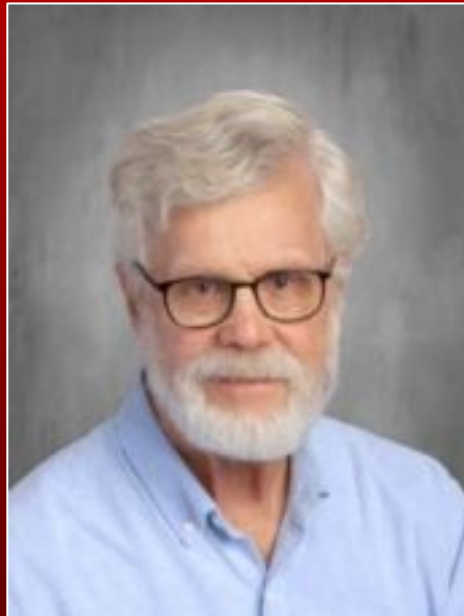
# The Process Part 2

After the body was down to the wood the next step was to design the neck.

I used my own guitar neck for measurements. I modeled the neck in CAD. I then printed out the neck on a large piece of paper, then glued it to the wood. Next I would route the slot for the truss rod then, using the paper as a guideline, the neck would be cut out. Afterwards, the back of the neck would be shaped and then the fret board would be glued on with the truss rod inside. The process is still ongoing and hopefully be finished soon.



Thank you to Mr.Newby for making this possible!





# Capstone Project

Jordean Jones

# OVERVIEW

I interned at Harwich Elementary School, a vibrant learning community dedicated to teaching young children and helping them learn. The school emphasizes a hands-on approach to education. The learning is fun because it allows the students to play and interact with learning to help First Graders develop both academically and socially. I had the chance to observe and participate in various activities that highlighted the school's commitment to creating a supportive environment.



## WHAT I LEARNED

I learned how to keep the students focused and get them to participate. I also figured out that you have to teach in different ways for different students, like using pictures or letting them move around. Plus, I learned how to make fun learning games that are appropriate for their age.



## REFLECTIONS

I realized that you need patience and understanding with young children. It felt great when I could explain something in a new way and they finally got it. Celebrating even small wins is super important for their confidence.



## PERFORMANCE ANALYSIS

I did a good job connecting with the students and making the classroom a happy place. But I need to get better at letting them do things by themselves because it is hard not to help.

## PROFESSIONAL GROWTH

I set goals for myself at the start, like getting better at helping students and understanding their learning process. By the end, I felt much more confident in my understanding of their learning. I also got advice from my mentor, which helped.



# HIGHLIGHTS

One of the best parts was watching as they practiced for their life cycle play, and how excited they would be to do mini projects. The students were so excited to show off their projects! Another highlight was when a child finally understood a hard math problem. The look on their face was awesome.

## WHAT MADE IT REAL

It felt real because of the everyday stuff with the students and the friendships I made. Every day was different, and I felt like I was really helping them learn, which made it special.

## IMPACT ON LIFE

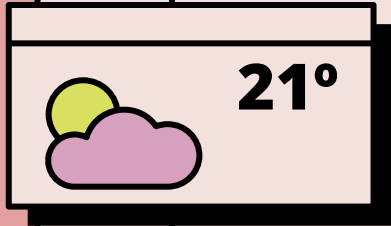
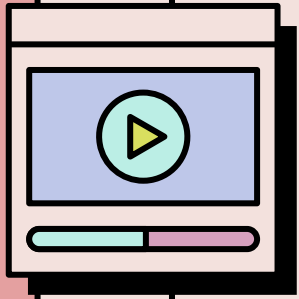
This internship helped me understand how amazing teaching is. It showed me how important it is to make learning fun and made me want to help shape young minds in the future.



# THANK YOU TO MY MENTOR !

Mrs. Cloney, I wanted to express my sincere gratitude for the valuable skills and lessons I learned in your first-grade class. Your teaching had a real impact on me, and I know I will be using what you taught me in many situations to come. It was such a pleasure being in your classroom. The students were welcoming, and it was a truly wonderful learning experience.

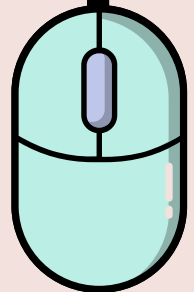
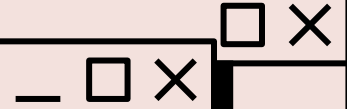
# Education Internship - Digital Media



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Maya Jones

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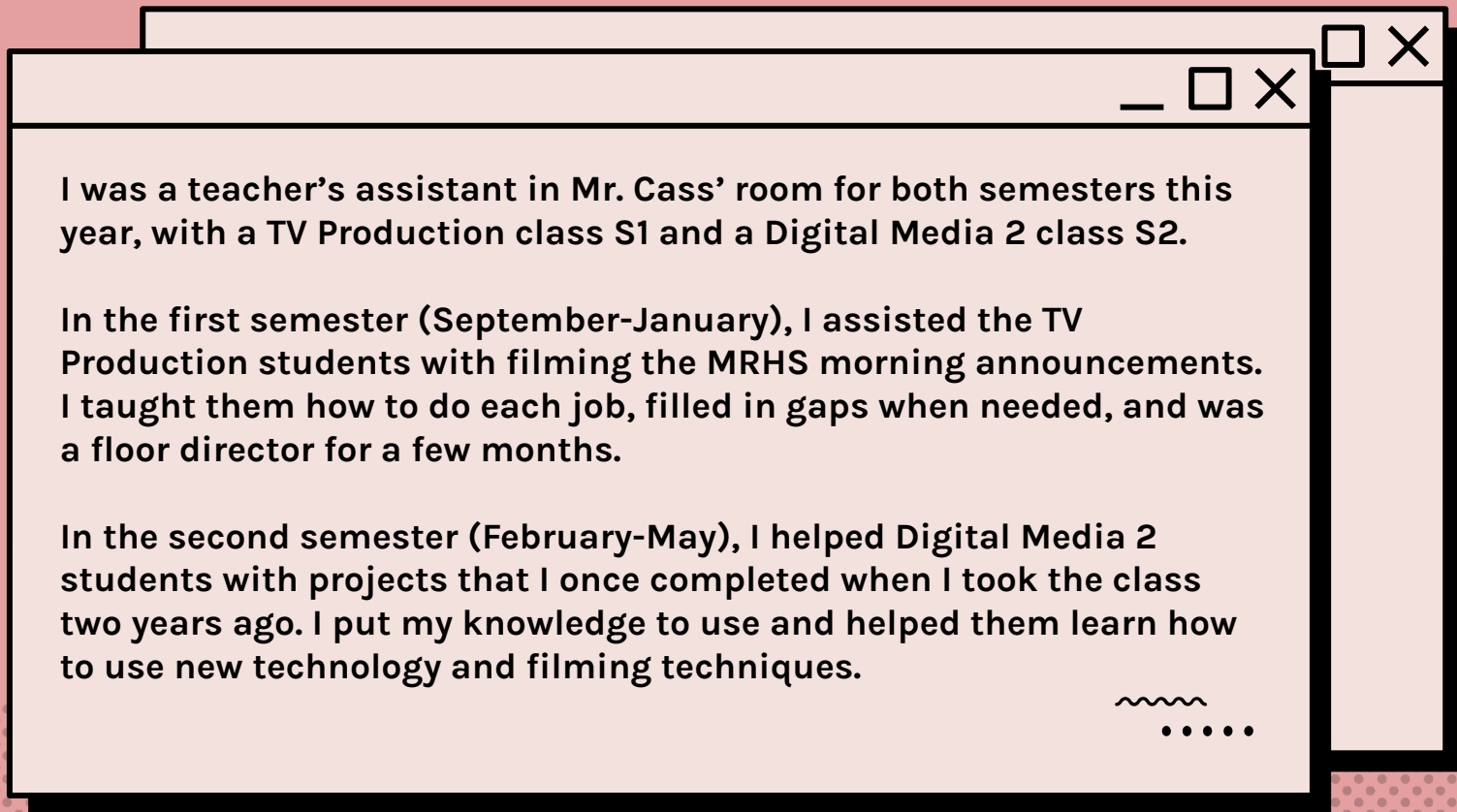
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**04** Highlights &  
Opportunities

01

# Internship Description





02

# What Did I Learn?



## TV Production

TV Production taught me so much about patience. I had taken this class the year prior, and although I had to reteach myself how to do things, I also had to teach this prior knowledge to students who had never done it before.

I often got frustrated with myself for not knowing how to do something, but also sometimes projected that on students. Over the course of the semester, I learned how to be a good mentor and role model, taking time and patience to teach people the difficult technology.

## Digital Media 2

I had also taken Digital Media 2 my sophomore year, and it felt like a full circle moment to be able to reteach the projects I once made.

This class taught me about how to teach. TV Production was all upperclassmen, so they had prior experience with technology and filming. I had to teach younger students how to use certain cameras, computer software, and filming techniques. It overall taught me a lesson about how others perceive advice, and how to properly teach and explain.



03

# Placement and Performance



# Internship Placement

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>>>>>



I wanted a digital media or communications internship because it is what I want to further pursue in college next year.

Originally, I had a community internship set up prior to my senior year, but I only ended up having one internship period, which did not allow me to leave school.

I chose Mr. Cass' room. I have had his classes since freshman year, and I knew he would be a good mentor for me to reach my goals. I feel it was a perfect placement for me and I would not have wanted it any other way.

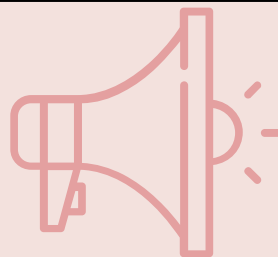




# Performance



The entire year, I worked on the school's informational board located on all of the TV's across the school.



I had the role of floor director first semester in TV, where I took the lead in each episode of the announcements.



I worked as a TA in Digital Media 2, where I gave multiple instructions and tutorials to the class.

04

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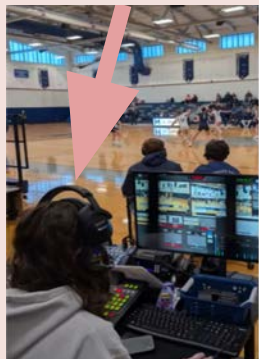
**Highlights  
and  
Opportunities**



>>>>



That's me!



## Sports Games

I got to be in control of filming, switching, and uploading school sports games.



## Senate Debate

I was the program director for the Cape and Islands Senate debate in October 2024.

**We continued the tradition of  
friendsgiving in TV Production in  
November, which was super fun and a  
great way to bond :)**



**#tvthanksgiving**





# Floor Directing

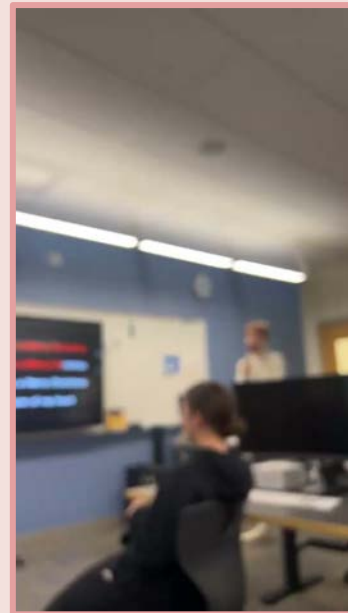
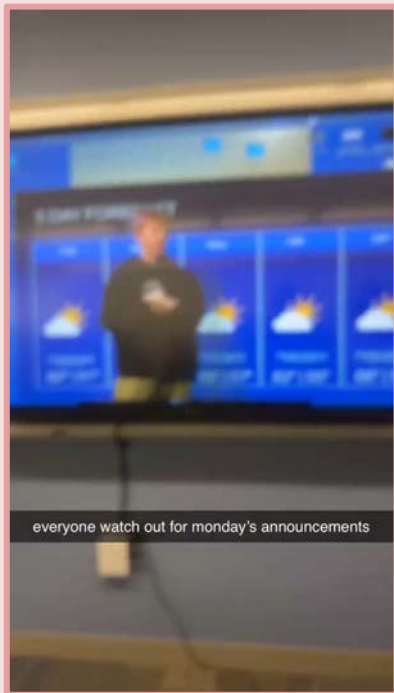


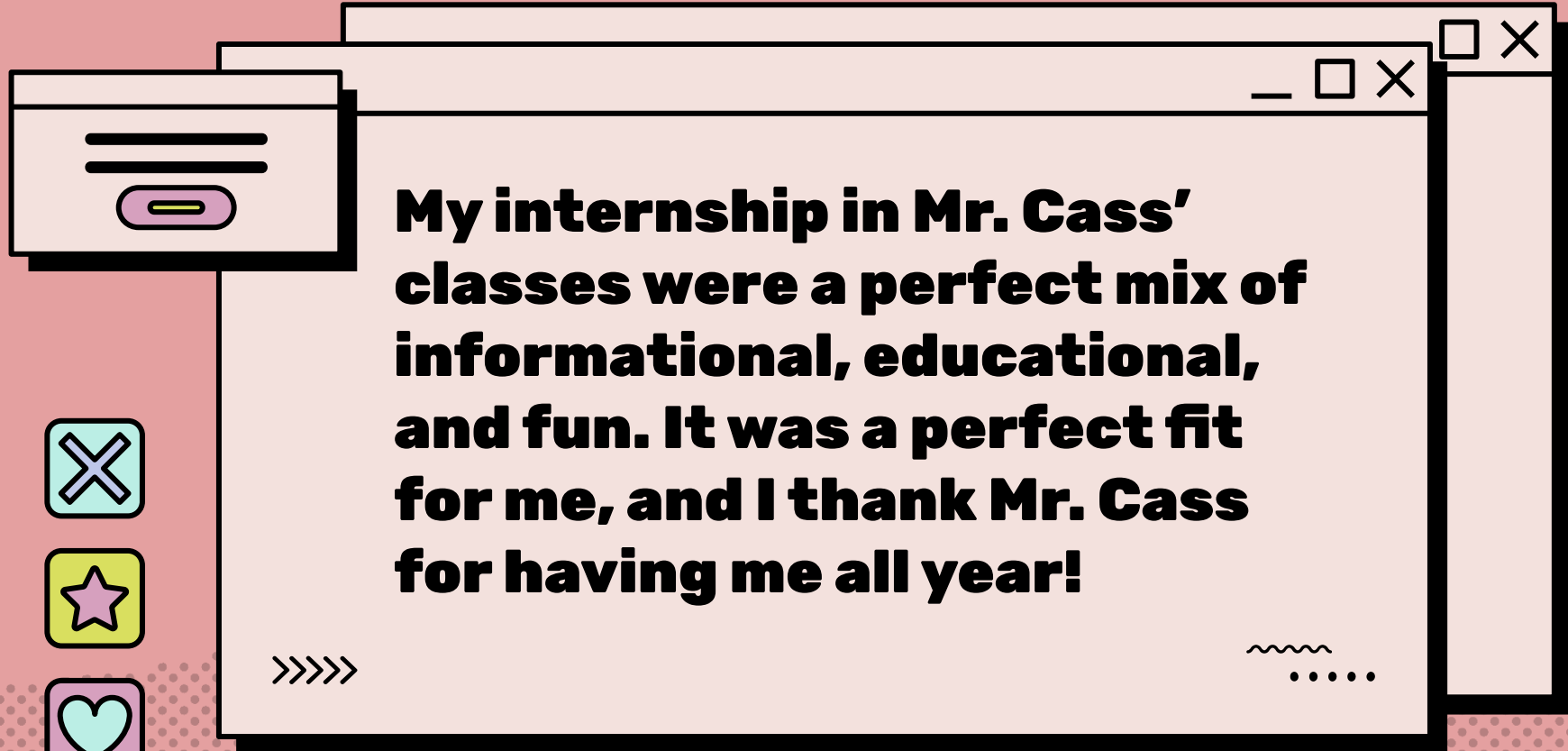
Being a floor director taught me so much about both responsibility and time management!





# Of course, we had our fun, too!





**My internship in Mr. Cass' classes were a perfect mix of informational, educational, and fun. It was a perfect fit for me, and I thank Mr. Cass for having me all year!**

# Senior Capstone Project

Hailey Lanciani

# What I Did

I had the amazing opportunity to intern at Chatham Elementary in Ms. Turco's 3rd Grade class. During my time there, I often worked one-on-one with various students, which allowed me to make meaningful connections with them all.



# What I Learned

While at Chatham Elementary, I was able to learn much through my mentor, Ms. Turco. She led by perfect example, as she has a way with the students. They listen to her but also feel safe and comfortable to come to her. I learned how to manage a classroom with kindness and firmness as I saw firsthand by Ms. Turco.



# Performance

I believe my performance while at CES was strong as I was able to create great connections among the students in the classroom. Every day when I would walk into the room the students would come running up to hug me, that always reassured me that I was doing something right.



# Growth

Through this experience I was able to grow in my leadership skills by assisting younger students and by striving to be someone they want to look up to. I also grew by enhancing my communication skills through daily interactions with teachers and students. This internship allowed me to explore my interests in education, solidifying my passion for working with children and shaping their learning experiences.



# Impact/Take away



My internship at Chatham Elementary has been incredibly impactful. Working with the students, I have gained a deeper understanding of their unique needs in order to succeed, which differ from each student. The supportive environment at Chatham Elementary, especially with the guidance from Ms. Turco, has provided me with valuable insights into effective teaching and mentorship. This experience has solidified my commitment to pursuing a career, where I can continue to empower and inspire young minds.

# Thank You

Thank you, Ms. Turco for being the best mentor I could of asked for along this journey with me. Your passion for teaching and the commitment you put into making Chatham Elementary thrive has been super inspiring to see. I wish you the best summer and can not wait to write to the students next school year!

EMILY LAYTON SENIOR YEAR CAPSTONE

# 3rd Grade Internship at HES



The background of the slide is a colorful illustration of a classroom. At the top left, there are hanging decorations including stars and heart-shaped balloons. A large green chalkboard with a wooden frame is the central focus, featuring the title text and some faint pencil-drawn stars and a pencil. To the right of the chalkboard, a red triangular ruler is leaning against it. On the far right, a poster displays the alphabet in a 6x4 grid. In the bottom left, a wooden bookshelf is filled with books and a potted plant. In the bottom right, a wooden desk holds a stack of books, an open book, and a small red apple. A green chair is positioned behind the desk.

A	B	C	D
E	F	G	H
I	J	K	L
M	N	O	P
Q	R	S	T
U	V	W	X
Y	Z		



# Overview

Harwich Elementary School is a public school serving students from pre-school through fourth grade as part of the Monomoy Regional School District.

As part of my senior year schedule, I completed a full-year community internship in Mrs. Katie Keith's third-grade classroom. Throughout the year, I assisted with small group work, classroom activities, and individual student support. This experience allowed me to build meaningful connections with students, observe effective teaching strategies, and grow as a leader and mentor within the school setting.



Mrs. Keith was my 4<sup>th</sup> grade teacher and my favorite teacher I have had to this day!



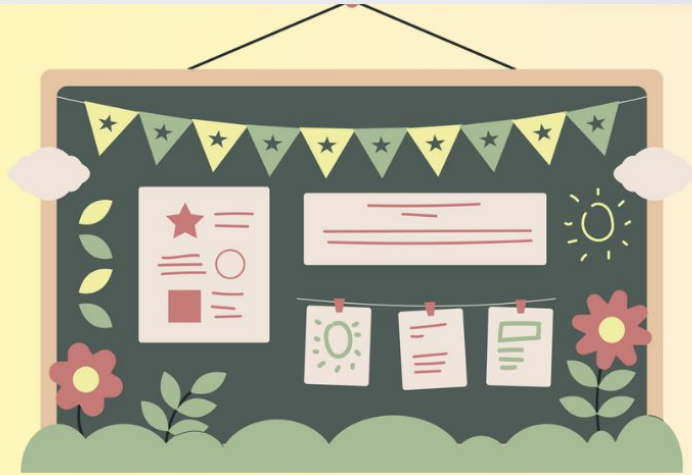
# What I Learned



**I was fortunate enough to learn SO much during my time in the third grade classroom!**

- **Classroom Management:** I observed how routines, structure, and consistency create a positive and productive learning environment.
- **Communication Skills:** I improved my ability to clearly explain tasks, give encouragement, and be someone the students could rely on when seeking help.
- **Adaptability:** No two days were the same, and I learned to go with the flow and stay flexible when plans changed or unexpected things came up.
- **Building Relationships:** I saw how strong student-teacher connections help the children feel safe, supported, and more confident in their learning.
- **The Power of Encouragement:** A kind word or small celebration of a student's success can go a long way in boosting motivation and self-esteem.





# Reflections

Looking back on my internship in Mrs. Keith's third-grade classroom, I feel incredibly grateful for the experience and everything it taught me. Spending a full year with the same group of students helped me build strong relationships and see just how powerful a positive, supportive environment can be.

Although I do not plan to pursue a career in teaching, I will carry these lessons with me into the business world. One of the biggest takeaways was the importance of encouragement, patience, and clear communication—skills that are just as valuable in a company as they are in a classroom. In the future, I hope to create work environments that reflects the same positivity, structure, and respect I saw in Mrs. Keith's room.

This internship helped me grow as a leader and reminded me how important it is to lead with passion and empathy, whether you are guiding a classroom or running a company.



# My Performance

Throughout my internship in Mrs. Keith's third-grade classroom, I consistently showed up with a positive attitude, a strong work ethic, and a genuine interest in helping students learn and grow. I was dependable, punctual, and always willing to step in wherever support was needed—whether that meant working one-on-one with students, leading small groups, or helping with classroom routines.

## Helping Mrs Keith & Teachers:

To make myself helpful I often graded the days "to-do" papers offering feedback to students responses. I also printed, laminated, and hung students work on bulletin boards around the school!

## Helping the 3<sup>rd</sup> graders:

I learned that often times students wanted validation from "a big kid" so I provided help in small groups or one on one to make sure the student understood and was proud of their work. I also helped students become comfortable presenting their work to others!



# My Growth as an Professional



When I first started my internship in Mrs. Keith's third-grade classroom, I was eager to help but unsure of my role or how I could best contribute. Over time, I became more confident, independent, and self-aware—qualities that will benefit me far beyond the classroom.



## Early Stages:

I focused on observing and learning, asking questions, and understanding how the classroom operated. I was careful and cautious, wanting to do everything "right."

## Mid-Year Growth:

I began taking more initiative—leading small group activities, grading papers and filing them without being asked, and stepping into more of a leadership role with students. I became more comfortable with multitasking and responding to unexpected challenges.

## End of Year:

I found my voice as a young professional. I learned how to manage responsibilities independently, adapt quickly, and lead by example in my roll as a classroom intern. I developed strong communication skills and a deeper understanding of how to foster a positive, productive environment—skills I'll carry with me into my future career.



A colorful illustration of a bulletin board. The board is dark blue with a light blue border. It features a yellow star on the left, a large white rectangular paper with horizontal lines in the center, and a yellow sun on the right. There are also several smaller white papers with lines and a red flower on the bottom left. The board is decorated with green leaves and a string of yellow and green triangular flags at the top.



A stylized illustration of a small, round, light-brown wooden table. On the table are two vases. The vase on the left is white with horizontal ridges and contains two flowers: one white with a yellow center and one red with a yellow center. The vase on the right is solid green and contains one red flower with a yellow center. Underneath the table, a stack of four books is visible, with green, yellow, and red covers. The background is a solid light pink color.

## Highlights

# What made my placement real



Mrs. Keith trusted me to lead small groups, assist individual students, and manage parts of her classroom routine. That trust made me feel like a valued member of the team, not just an intern observing from the sidelines.

## Being Given Responsibility

### Building Genuine Relationships with Students

I was not just an extra set of hands—I became a consistent and trusted presence in the classroom. Students would come to me for help, celebrate their progress with me, and even share stories from their lives. That connection made my role feel real and impactful.



### Seeing My Impact Over Time

Watching students grow academically and emotionally throughout the year made the experience feel meaningful. Whether it was helping a student finally grasp a math concept or encouraging someone through a tough day, those moments made my presence feel real and worthwhile.

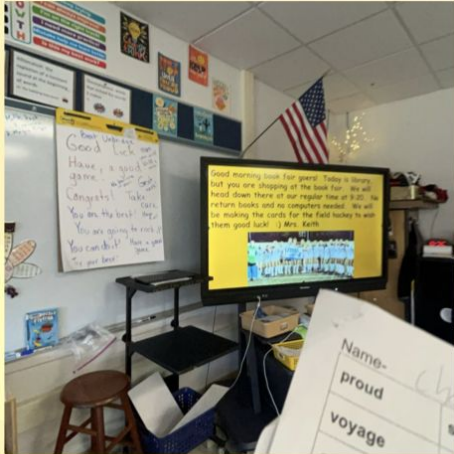


## Classroom Celebrations

Participating in events like the celebrating filling up the fishbowl, holiday activities, and pre-break celebrations made me feel like a true part of the class. Sharing laughter and joy with the students built memories I will always cherish.

## The Endless Support from the Students

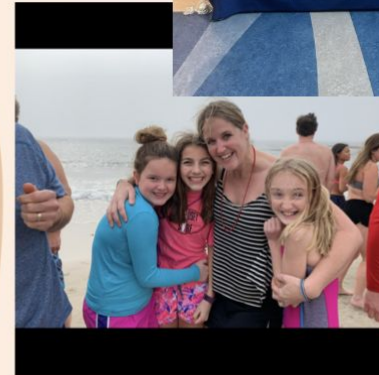
Prior to my field hockey teams state championship game the students made cards for all my teammates and I giving us encouragement and wishing us luck. Additionally, prior to Christmas the students all surprised me with homemade holiday cards!



# Moments I will remember

# A big thank you!

Thank you so much Mrs Keith for having me this year! I am so lucky to have such an influential person in my life. You are truly one of a kind and have made more of an impact on me than you will ever know!!



# Capstone Project

Makenzie Looney

## What I Learned

- I was able to observe the extent of teacher planning and work outside the classroom setting.
- I was able to help other students with their work.
- I was able to work on my communication skills with both students and teachers alike.



# Reflections

- In reflecting on my experience, if I am to join the field of education, I would prefer to work with younger children in an elementary setting, specifically Kindergarten or Preschool versus a high school setting.
- I feel that I may be interested in an instructional assistant position in the future rather than becoming a teacher initially.

# Performance /Growth as a Professional

- I was available when needed to help teachers with paperwork, filing, classroom cleaning, and any other concerns.
- A strength was helping to motivate students to complete their work in a timely fashion and understanding their frustrations since I had taken the same class.
- A weakness that I would identify with is to remember the math I had taken years before!

## What Made the Placement "Real"

- It was helping students.
- Being a senior, I understand what it is to try and complete your work in a timely manner and achieve success.

Thank you to the teachers and students I worked with during this time to help me gain this experience and finish my time at MRHS in a strong fashion.

# Capstone Project

# Arts Department Intern

Charlotte Mahoney

# What I Learned

## Communication Skills

- Write professional emails
- Graphic design (posters, professional show programs, etc.)

## Organizational Skills

- Learned how to order/sort sheet music
- Create rosters for attendance
- Organizing instruments/theatre equipment
- Transposed sheet music
- Created list calendars
- Printed posters/programs

<i>Cast</i>	<i>Pit Band</i>
Sophie Sheridan - Emory Hines Ali - Eva Leahy Lisa - Myla Wilder Doona Sheridan - Leyla Holmes Tanya - Chloe Thompson Rosie - Payton MacRoberts Sky - Faye Viprino Pepper - Boden Mabile Eddie - Timothy Gray Harry Bright - Welly Holmes Bill Austin - David Mitchell Sam Carmichael - Ben McGrath	Keyboard 1: Chris Morris/Eric Williams Keyboard 2: Megan Anthony Keyboard 3: Livia LeBlanc Keyboard 4: Mike McGrath Guitar 1: Jill Stevenson Guitar 2: Ben McMullen Bass: Johnny Pells Drums: Tripp Gill Auxiliary Percussion: Jameson Lapsley
Octet - Rain Christakis, Zoey MacBride, Maria Lopes, Reagan Murdoch, Bobbi Braz, Dante Rossetti, Timothy Gray, Boden Mabile  Bridemaids - Asher Porter, Shea Eldredge, Jericah Dujua,  Groomsmen - Marek Puntzy, Liam Goley, Kamalei Hill  Ensemble - Sadie Michaud, Teagan Lebedevitch, Lauren La Selva, Patrick Kelleher, Eliana Gramm, Lillian Williams, Simona Chilkova, Benjamin Mills, Olivia Eaton, Delaney Bowers, Georgia Storey, Maeve Kelleher, JD Fougere	<i>Crew</i> Eloise Cornell - Sound Emma Eldredge - Stage Manager Charlotte Skinner - Stage Manager Emma Gringas - Crew Vesper Follet - Crew Quinn Viprino - Crew Sofia Duguey - Crew Elizabeth Rodgers - Crew Jane Pillsbury - Crew Sky Viera - Crew Romani Thomas - Spotlight Oliver Cornell - Spotlight Charlotte Mahoney - Lighting  For the safety of the actors and the enjoyment of the audience, please silence all devices. It's a distraction for all involved.





# Reflections

## My Community

- The most significant part of my internship experience was becoming more involved in the music/arts community at Monomoy, despite me not performing or playing an instrument.

## My Mentor

- My mentor this year, Ms. Richard, is one of the only reasons I made it through senior year. She wrote one of my letters of recommendation and even encouraged me to want to become a teacher.



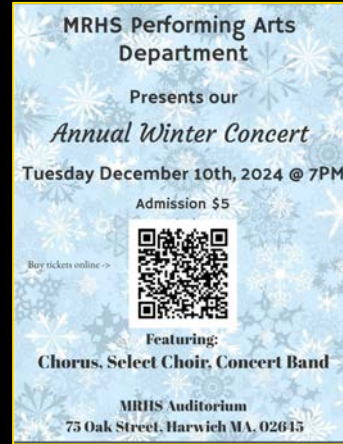
# Performance

## Struggles

- When first starting my internship I was slightly overwhelmed with the amount of different small tasks I needed to do, but after communicating with my mentor this has not been an issue.

## Successes

- Began to conquer my social anxiety (running errands in the community)
- Improved my poster/program design over the year
- Became more confident navigating the world of performing arts



First poster

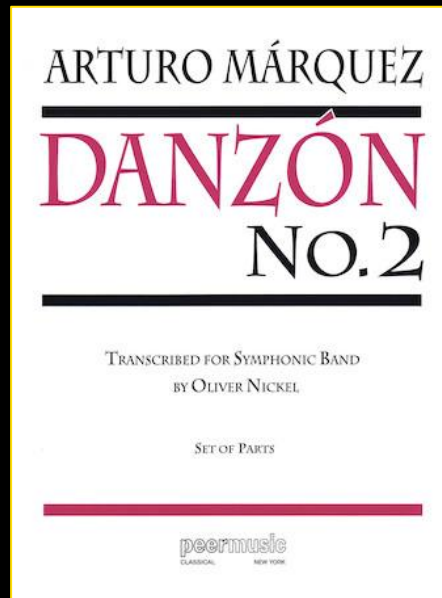


Posters I am most proud of



# Highlights

- Recently finishing a score that I have been working on since January
- Designing the lights for the senior musical
- Creating and printing over 300+ 8 page programs for the musical
- Archiving videos of performances from the last few years
- Recording results of class surveys to decide the theme of our Pops Concert



# What Made It “Real?”

- My mentor and other peers relying heavily on me for much of the work I did during my internship
  - Seeing everything come together on stage, whether it is a concert or one of the shows, it makes the weeks of hard and sometimes stressful work completely worth it.
  - The satisfaction I have in myself after completing a tedious task like transcribing music or adjusting light levels
-

THANK YOU FOR THE  
AMAZING INTERNSHIP  
OPPORTUNITY  
MS. RICHARD &  
MS. ARMSTRONG!

- Charlotte Mahoney

---



Ms. Ganshaws Class  
@CES



# What was my internship?



Katie Ganshaw

Intensive Special Needs Teacher

I had the amazing opportunity to do my internship in the SEALS classroom with Ms. Ganshaw at Chatham Elementary School , who has truly become a role model to me. I saw how Ms. Ganshaw met each moment with calmness and care, even when things did not go as planned. I feel incredibly lucky to have been her intern and to have learned so much .



# Chatham Elementary School



# What is SEALS?

The SEALS classroom is a space specifically designed for unique educational needs of students with disabilities or other learning differences. The classroom offers individualized instruction, smaller class sizes, specialized equipment, and different learning activities to support students progress.



# What I Learned



During my time in the class, one of the most valuable lessons I learned was patience. Every student had their own unique way of learning and communicating. I learned that patience was not just about waiting, it was about being fully present, supportive, and consistent. Some tasks could take extra time and routines sometimes had to be repeated. I learned to celebrate small steps forward and to recognize that progress looks different for everyone.

# Second Grade!




Emily Tuccio

2<sup>nd</sup> grade



Amanda Griswold

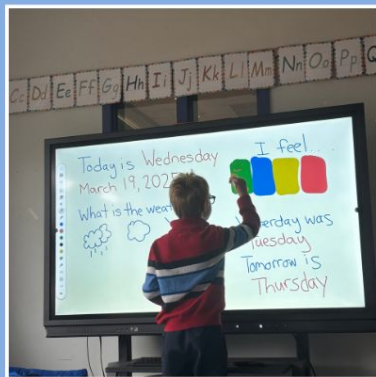
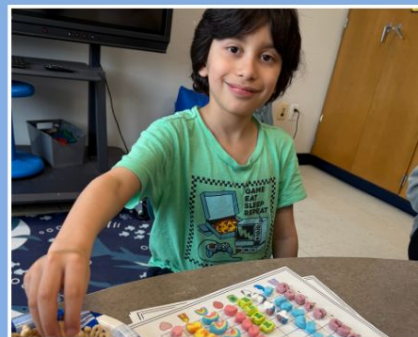
Instructional Assistant



Most of the school year, I had the opportunity to intern in Mrs. Tuccio's classroom, where I followed and learned from Mrs. Amanda. She was incredibly patient and encouraging, and I learned so much just by watching how she interacted with the students each day. I got to work closely with three amazing boys-Jayden, Eli, and Douglas, helping them with their school work and exercises.



# Some pictures from my time in 2<sup>nd</sup> grade



We did zones every morning, to tell us how they felt




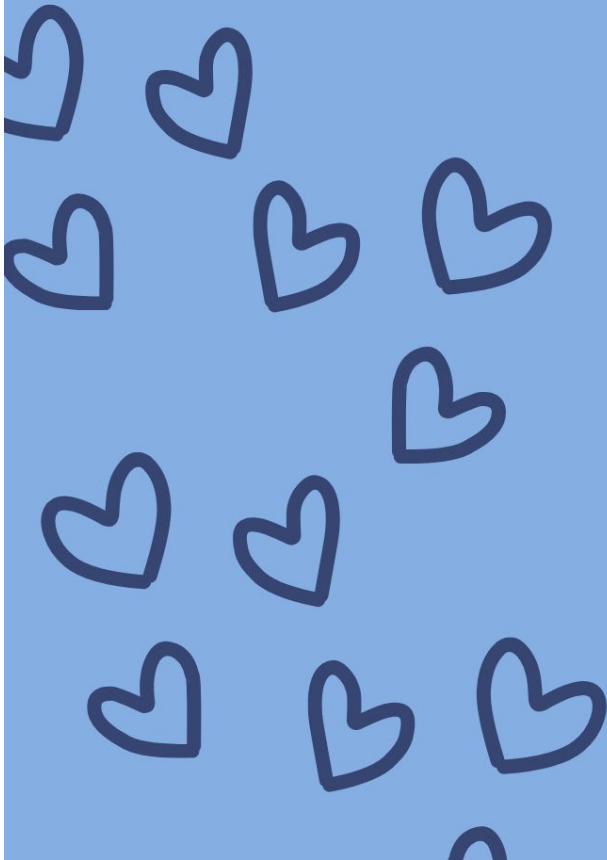
# Professional Growth and Performance



Although I am still a high school student, my internship taught me about what it means to be an adult in a professional setting. I learned how to balance being friendly and approachable with knowing when it was time to step into a more serious, responsible role as a teacher's helper. I discovered that working in a classroom is not just about helping kids, it also means learning all the behind-the-scenes skills that keep things running smoothly. I gained experiences working with students both in small group and one-on-one. learning how to adapt my approach to fit each situation.



# Reflections



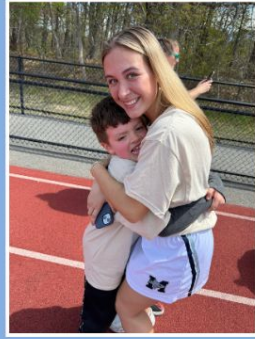
Taking on this internship was one of the best choices I have ever made. Going into senior year I wanted to do my internship at a pediatric office but then I got the opportunity to join Ms. Ganshaw's class. I am so grateful to have had the chance to work with her and her class. The students made going there the highlight of my day every time I went in. Seeing their growth first hand has been truly special. Watching how far they have come, both as students and as individuals, from September to May, has been the most rewarding part of the experience. It has been inspiring to witness their progress and I am grateful to have played a small role in their lives

# Highlights

- Working one on one with students
- Special Olympics
- The relationships I built with teachers/students
- Learning new things
- Getting to work with different teachers and seeing their teaching styles

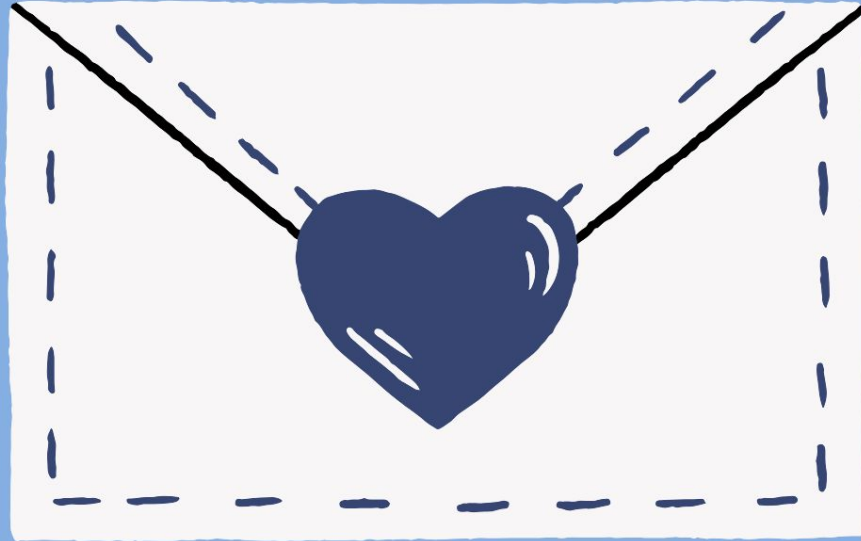


# Special Olympics





A HUGE THANK YOU TO  
MS. GANSHAW



# Capstone

Thomas Marchio  
IT Department

# Overview

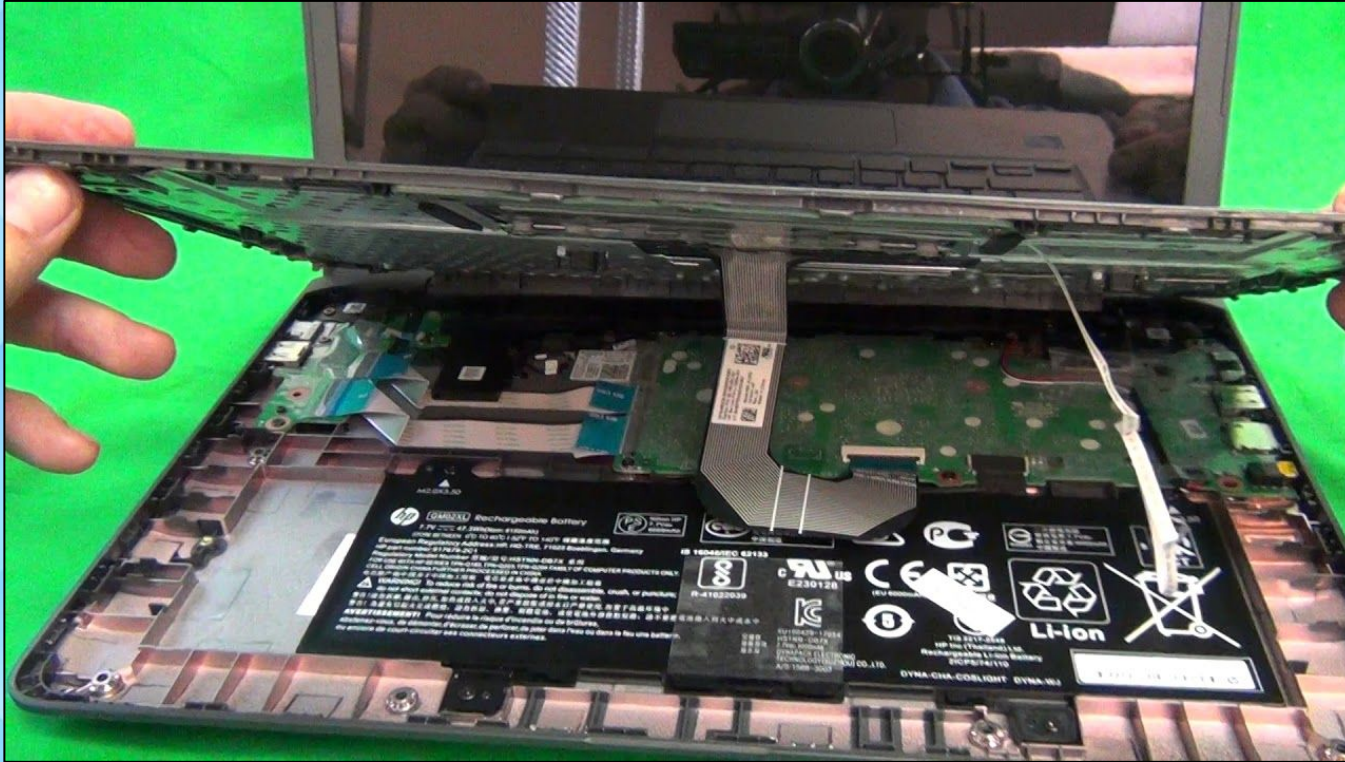
Over the course of my internship, I got to know Mr. Cogswell well. We did many things related to computers, both software and hardware. We worked often on Chromebooks but sometimes on other machines as well. Working with Mr. Cogswell is awesome, and I enjoyed this internship very much. It was a great experience. In the following slides, I listed some of things I did during my internship.



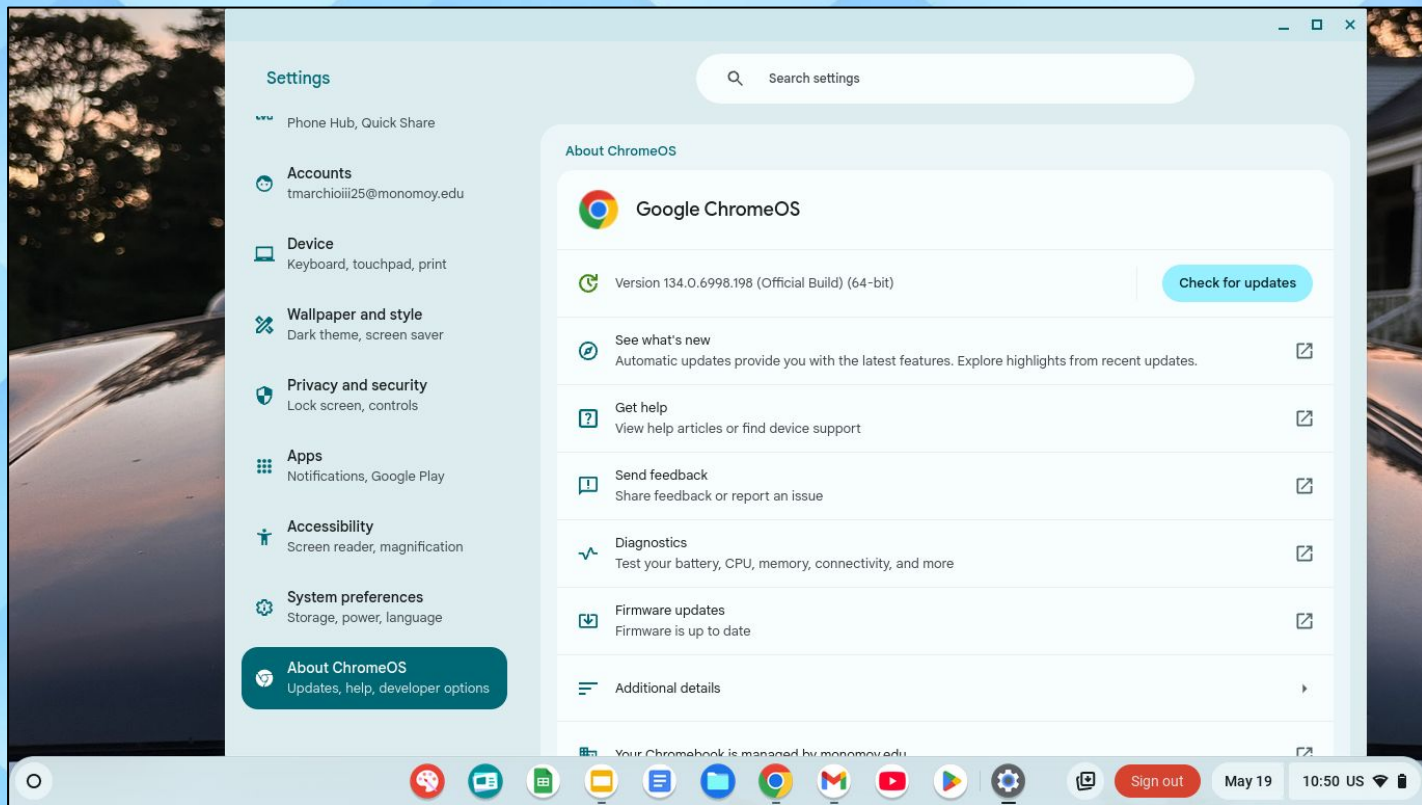
# Remove/Replace Screen



# Remove/Replace Keyboard

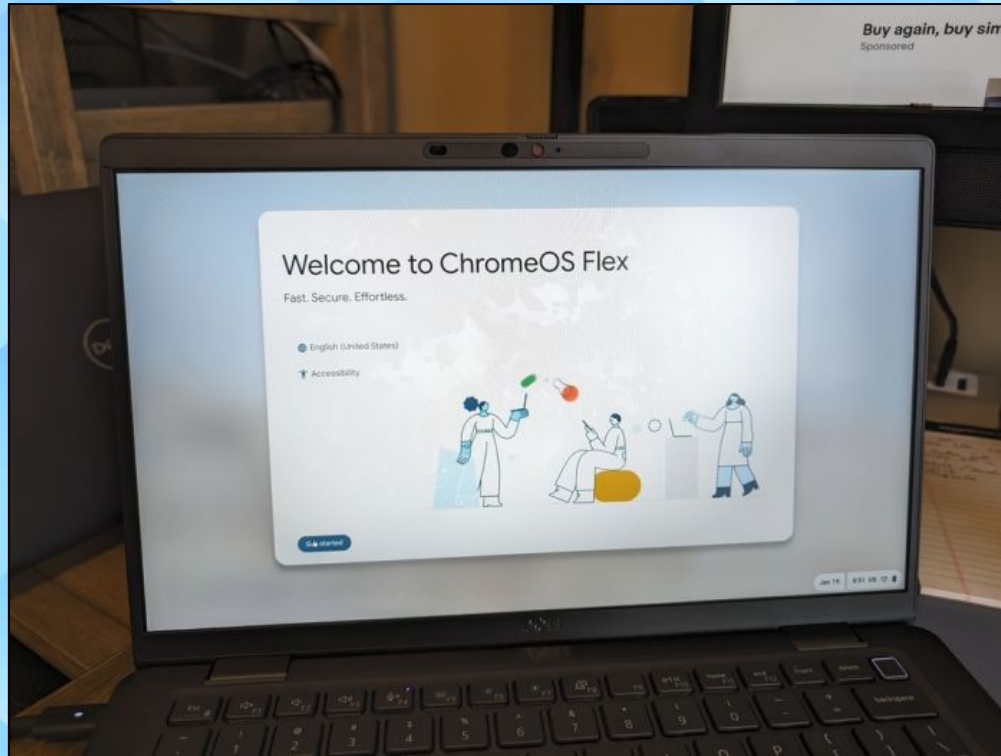


# Software Updates





# Chrome Os Install



# Capstone Project

Chanel Mcinnis

# What I Did

My job was to maintain a clean and workable environment for students in the ceramics/art room. I mainly assisted with organizing and cleaning up the classroom but sometimes I would do other tasks such as making clay or wedging clay.





# What I Learned

Throughout this internship, I learned the importance of maintaining a clean and efficient workspace, a better understanding of the day to day responsibilities of the art room, and better communication and teamwork skills.



# My Experience

During my internship, I found that I always felt motivated and inspired to get the job done. It felt very rewarding to know that my contributions to the classroom paid off by helping the students.



# Reflection

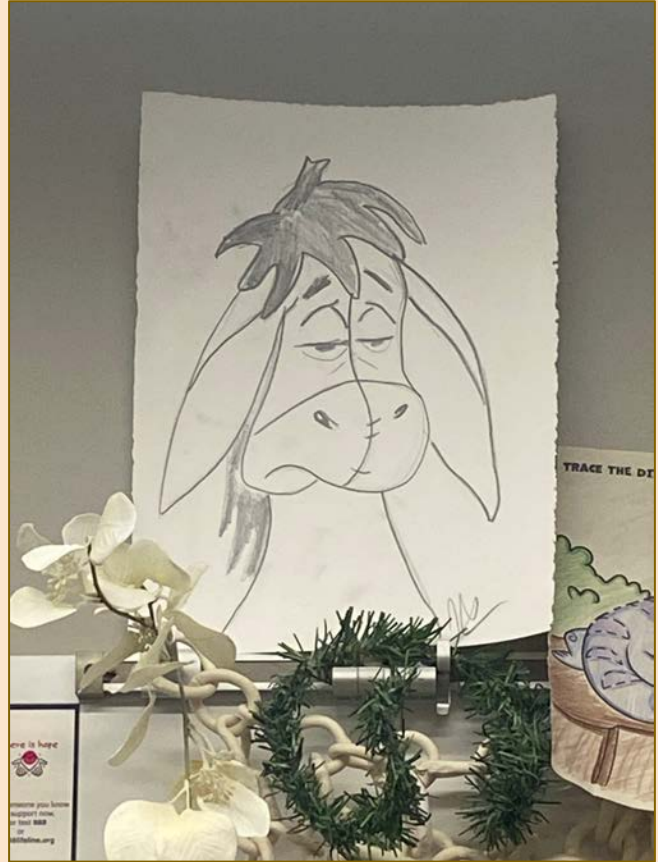
Looking back on the things I did throughout my internship, I am very grateful and proud for this opportunity. It helped me appreciate how much time and effort go into maintaining a clean and welcoming art room.





*Highlights*







Thank You, Mr. Nickerson !





# Capstone Project

Julian Menager

# What I Learned

One of the main skills I learned during my internship was learning how to make repairs on Chromebooks. Another thing I learned was how to use Incident IQ, this includes how to create and resolve desk tickets.



# My Experience

I really enjoyed my time at my internship. I would usually have some choices on what tasks I could do, which gave me some freedom. I really enjoyed my mentor, Mr. Cogswell, he explained everything very well and always answered my questions.

# Performance

I think my performance was good. I was organized, and I tried to ask only important questions. I felt I was an efficient worker, as well as being helpful. I completed whatever tasks were presented to me.



**Thank you,  
Mr. Cogswell!**





# Fifth Grade with Ms. Lower

Sophia Milan - Senior Year Internship



# What I Did in My Internship

I was lucky to have a full year internship with Ms. Lower in fifth grade at Monomoy Middle School. During my internship, I corrected papers, helped students in groups or individually, created resource sheets, and even got to go back to Truro!



# What I Made

## "Be the 'I' in kind!"

In Leadership Club, we made a "Be the 'I' in Kind" poster so everyone will remember that being kind is the best thing you can be.



## "Shark Shoutouts!"

I created a "Sharks Shoutouts" Board for the fifth grade wing so students can give others positive shoutouts.



## "MCAS Motivation Cards"

These cards were given to students on the day of MCAS to help them feel more confident in their testing.

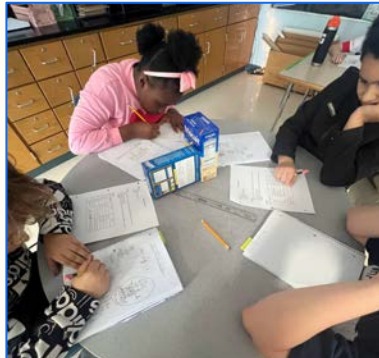






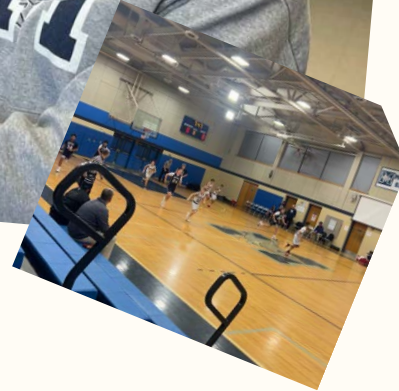
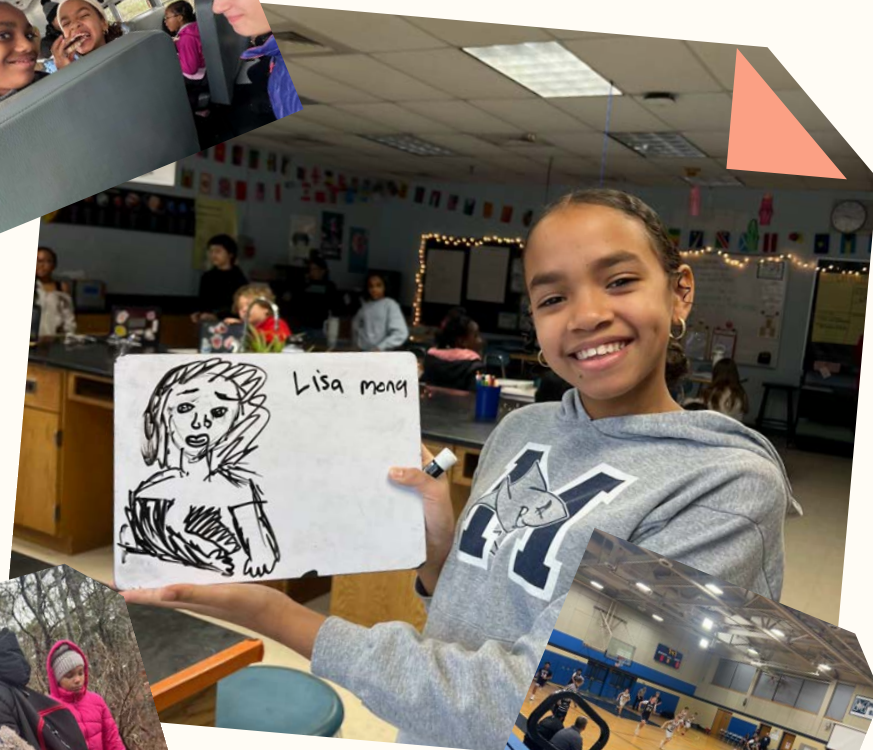
# What I Learned from Fifth Grade

I learned so much during my time with Ms. Lower. She taught me not only the basics like grading and giving helpful feedback to students but also how to be patient, how to accommodate students who need that extra help, (much like I did in fifth grade), and what I think is most important in a classroom, how to make learning fun for students. While I also did the basics, like making copies of worksheets or laminating papers for the class, I was able to help around in the classroom. I worked with students during learning centers, on projects and in regular classes, giving me the opportunity to really see what being a leader in a classroom is like.



# Experiences and Connections

My internship at Monomoy Middle School granted me the opportunity to connect with students on many different levels. I was able to work with them, watch games and musicals, and create friendships I will miss in the future.

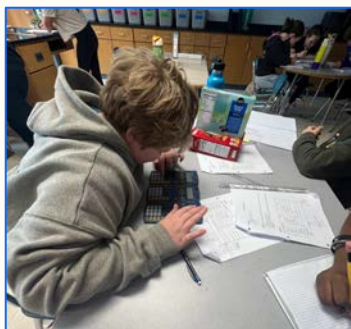




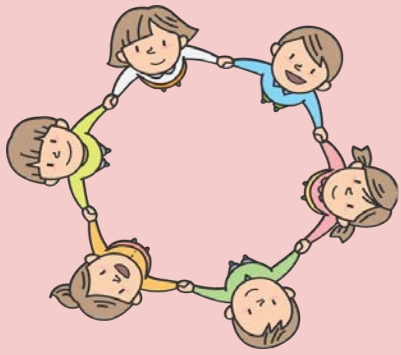
# Reflection

As I close my high school career, I could not be more thankful to have had the opportunity to work with such an amazing teacher in such an amazing class. Although the Internship did make me realize I did not want to become a teacher, I am still grateful for my time in this classroom. I have learned so much from Ms. Lower and my students that I will carry on in my next four years.

# P I C T U R E S



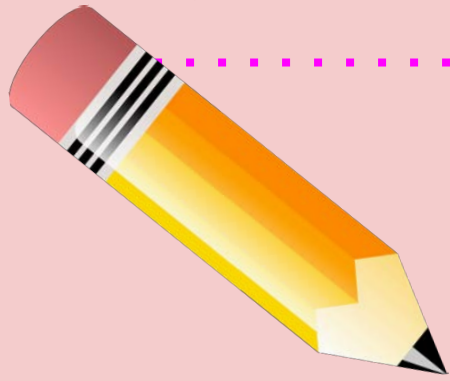
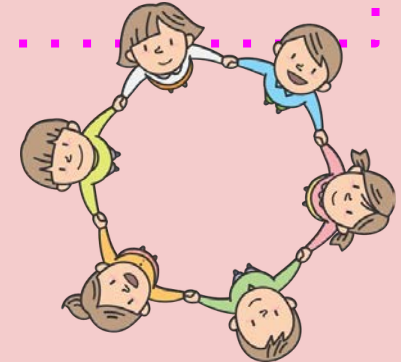
*Thank you,  
Ms. Lower  
and  
MRMS*



# Capstone Project 2025!

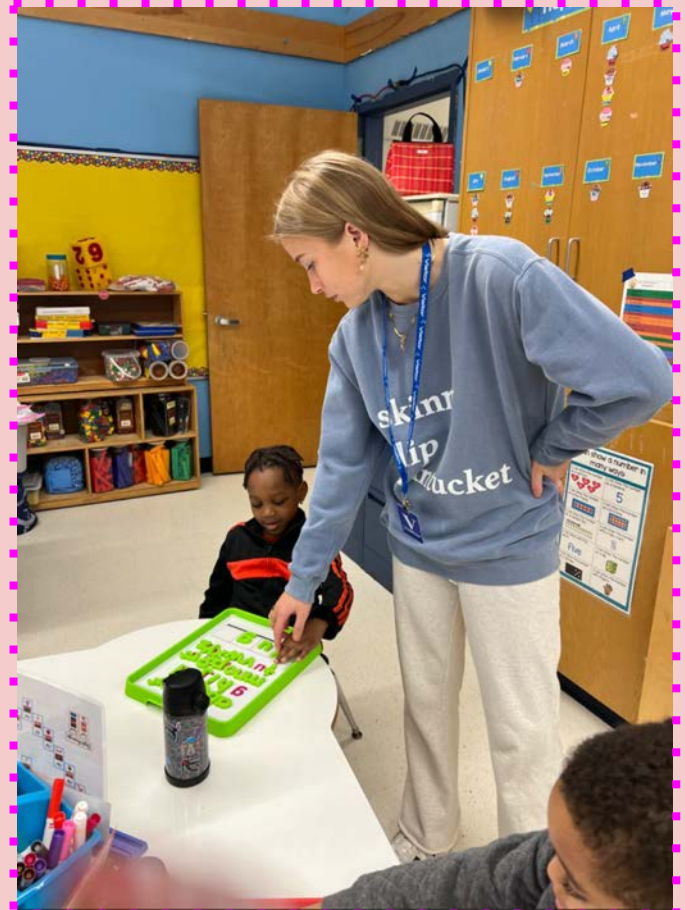
My Internship at Chatham Elementary School

Hannah Morgan



## What I Learned

What I learned at my internship at Chatham Elementary were many valuable skills, and I gained hands-on experience working with children, as well as supporting them with their learning. I also picked up some great communication and teamwork skills along the way.





# Reflection

My Internship at Chatham Elementary School was an incredible experience. Teaching me how to manage a classroom environment as well as making sure each student was engaged and participating. The hands-on experience not only improved my communication and teamwork skills but also solidified my passion for education and working with children. My favorite part of my internship was creating such a special bond with each student. It is truly rewarding and I looked forward to it each day.





# Performance

During my internship at Chatham Elementary School, I believe my performance was strong. I showed reliability and dedication, arriving on time and prepared.

When I would arrive at my internship I would see the excitement from the students. Their reactions made me certain I had a good performance.



# Growth as a “Professional”



My internship at Chatham Elementary School has been an amazing opportunity to grow professionally. Building strong relationships with the teachers and staff, strengthened my desire to help in future job opportunities and community involvement.



# Impact on Life

My time at Chatham Elementary has clarified my own goals and solidified my desire to become a teacher. This experience has undoubtedly contributed to my professional and personal growth, leaving me with a lasting impression on my life.



Thank you!!!!

Thank you Mrs. Johnson-Dreyer and Mrs. Speakmen for your guidance and support during my internship at Chatham Elementary. I truly appreciate the time you took to answer my questions, provide feedback, and offer encouragement. Your insights have not only helped me develop practical skills, but have also inspired me to pursue my passion for teaching.

# PAIGE NASH CAPSTONE VIDEO PRESENTATION

[https://drive.google.com/file/d/153QHQwYj99vIMbPMNiy-VzzW\\_QE7ydBn/view](https://drive.google.com/file/d/153QHQwYj99vIMbPMNiy-VzzW_QE7ydBn/view)

The background features three vertical stripes on the left: a wide pink stripe, a medium blue stripe, and a narrow light beige stripe. The main area is a light beige color with a grid of small dots in the top right and bottom right corners. The dots are arranged in a grid that is 10 columns wide and 10 rows high, with the dots in the top right corner being a darker shade of pink than the background.


# **Senior Internship Capstone**

**Morgan O'Connell**





# What I Did

- **In my internship, I had the pleasure of working with the MRHS unified gym class. I helped both the SAIL teachers and Mrs. Cunningham, the wellness teacher.**
  - **Most of my time there was spent playing with the students and helping them with their gym activities, as well as occasionally helping in the classroom and preparing them for the day.**
- 

# What I Learned

- While being there, I learned how to maintain patience and to work with individual's accommodations.
- I gained a better understanding for teamwork and collaboration.
- I learned how to create a fun and engaging atmosphere for the students.
- I learned more about leadership and taking responsibility.



# Highlights

- The highlight of my internship was getting to be a support system for the students. I enjoyed getting to know them and seeing the strong potential in every single one of them.
- I loved going in and listening to all the students' stories and hearing how their days were going. It makes me so happy to see them happy, and I am so glad I was able to positively contribute to their day!




The Special Olympic was my favorite highlight!



# Personal Reflections

I have taken valuable information from my experience at my internship, which I plan to contribute to my educational journey at college. I learned about teaching and how to communicate with the students. They have been super fun to work with, and I truly enjoyed getting to know them all better. I believe this experience has taught me about professionalism, as well and what it takes to hold this type of responsibility. I learned to discipline and strongly encourage the students throughout tough times. Along with this, I have learned different strategies to help support each individual student, as they all have their own unique differences.



# My Performance

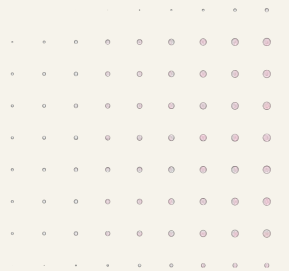
There were times, I believe I could have done better at specific tasks; although overall, I think my performance was good. I would say I gained respect from the students and they were excited to see me! I appreciated how open and willing they were to open up to me, as not only an intern, but as a friend. At first, some of the students were definitely shy, but I did the best I could to make them feel comfortable and safe in the environment. I also believe I performed well with the various sports and games we engaged in, as well as teaching the students how to properly play and complete tasks.





# What Made It “Real”

My internship felt most “real” when I was able to see how things operated in different ways. I was there for the highs and also the lows; some days students had less energy than others, but I was able to work around that. I was able to see first hand how Mrs. Goode and the other special education teachers persevered and worked through different situations. It has given me a newfound respect for the teachers and what they do, as it is definitely not an easy job. I have really enjoyed working in this internship as it always brightens my day and has encouraged me to continue working hard and to give it my all.





The background features three vertical stripes on the left side in shades of pink, blue, and grey. On the right side, there are two decorative dot patterns: a grid of small grey dots in the upper right and a grid of larger pink dots in the lower right.

# THANK YOU

**Thank you Mrs. Goode, Mrs. Cunningham, and  
the rest of the special education teachers for  
giving me this opportunity! I could not have  
accomplished this much without you all.**

# **Art Internship**

## **at Monomoy Regional High School**

Scarlett O'Malley



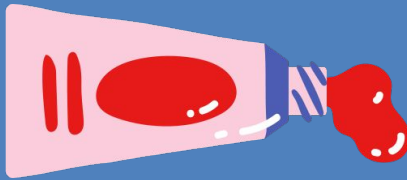
# Internship

Over my second semester of my senior year, I interned in the ceramics room at Monomoy Regional High School.



# Mr. Nickerson

Mr. Nickerson was my fabulous  
mentor and ceramics teacher.





# Tasks



**01** Assisted Students

**02** Cleaned/organized the room

**03** Recycled clay

**04** Used a pug mill machine

**05** Finished AP 3D Art projects

# What I Learned

During my time assisting in art class, I helped students in different ways by tailoring how I gave instructions and constructive criticism. I also learned how to recycle clay by using a pug mill machine.

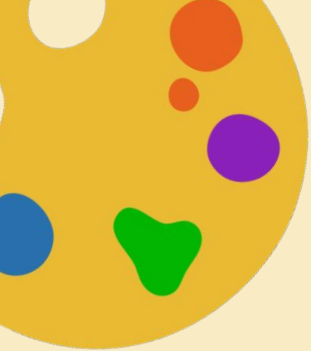




# Reflection

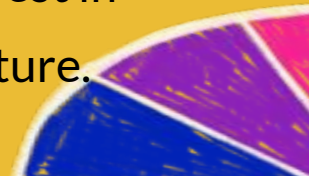
This internship gave me valuable experience in teaching and working with students and peers. Before interning with Mr. Nickerson, I had ruled out a career in art education because I did not think I would enjoy being an art teacher; however, his genuine enthusiasm and passion for teaching made me reconsider. I have had him as a teacher for four years, and ceramics was always my favorite class. He nurtured my creativity, and thanks to that, I received an art scholarship for college. Interning in his class further helped me discover my path as both an artist and a person, setting me up for a more successful future.





# Performance

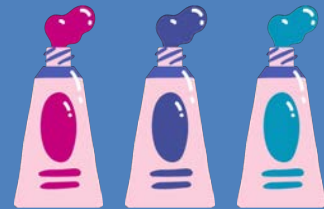
Overall, I believe I was a reliable intern, though I feel I could have been more hands-on. In the final month, I primarily used the block to work on my AP Art projects, but I made up for it by recycling clay during my free blocks. A standout moment that made the experience feel "real" was when students asked to see my personal artwork and showed interest in pursuing an art internship in the future.



# Highlight

Mr. Nickerson helping  
me finish my AP art  
work by teaching me  
new techniques.





**A BIG THANK YOU TO  
MR. NICKERSON!!**

**I am so grateful that I was able to be a part of your  
class.**

# Capstone Project

Owen Ramler

# What I Did

During my internship with my gym teacher, I played a key role in helping launch Pinetree, a nonprofit organization focused on promoting water safety awareness in the Seacoast areas of Maine and New Hampshire. I assisted in researching the legal requirements for establishing a nonprofit, including filing for 501(c)(3) status and understanding state regulations. I also helped draft foundational documents and contributed to outreach and educational efforts, giving me hands-on experience in both the legal and community sides of nonprofit work.





# What I Learned

Through this experience, I learned how to start a nonprofit from the ground up, including the legal steps needed to make it official. I also learned how to research important rules, write formal documents, and work as part of a team. Most importantly, I saw how a small idea can grow into something that helps the community, and how important water safety is for people living near the ocean.



# Reflection

Working on the Pinetree project was a valuable experience that taught me a lot about starting a nonprofit and helping the community. I learned how to handle legal steps, work with others, and share important safety information. It felt good to be part of something that could make a real difference, and it showed me how much impact a small team can have when they care about a cause.



# Performance

I think my performance during the internship was strong. I took initiative by researching the legal steps to help turn Pinetree into a real nonprofit, and I helped write important documents to get it started. I worked well with others, stayed organized, and was always ready to learn something new. I am proud of the role I played in helping the project grow and make a positive impact in the community.



# Reality

This internship helped me see the bigger picture as I prepare to move on from high school and step into the real world. Working on Pinetree showed me that making a difference takes time, effort, and responsibility—but it is also possible with the right mindset and support. It was a reminder that life after high school will bring new challenges, but also new chances to grow and help others. Being part of something that started from an idea and turned into a real organization gave me a sense of purpose and helped me realize that I am ready to take on more in life, beyond the classroom.



Thank You, Mr. Legg!

The background is a light beige textured surface. It is decorated with several colorful geometric shapes: a blue and white concentric circle pattern in the top left, a yellow and white striped shape in the top left, a pink and white wavy pattern in the top right, a green and white geometric pattern in the top right, a yellow and white diamond pattern in the middle right, a yellow and white diamond pattern in the bottom left, a pink and white striped shape in the bottom left, and a blue and white grid pattern in the bottom right. There are also several small purple hearts with white stripes scattered around the text.

Mrs. Silvester's Kindergarten Class at HES 2024-25

# Senior Year Internship

Ella Reeves



# What Is It?

I interned in Mrs. Silvester's Kindergarten classroom this year at Harwich Elementary.

I was at HES for around 2+ hours almost every day. The times I would pop in and out of the Elementary School varied, so I got to experience different parts of the day each time, which I liked. I mainly observed how Mrs. S. directed and handled the class, but I also got the chance to help the students one on one and see their progression with different things throughout the year.



# About HES

The school day is 7:45-2:15, different than MRHS which is 8:45-3:15.

There is a head and assistant teacher in each K class, and several other teachers floating around and pulling students out to do work.

It is about a 5 minute drive from MRHS to HES, located right in Harwich Center.



This internship was extra special to me because I went to Harwich Elementary and will be graduating from Monomoy this year, so I think it is really cool to be able to revisit and almost relive it as an adult.

**Mrs. King's Kindergarten class 2012**

**That's me!!**



# What I Learned

**I learned that even though I do not see myself being a teacher exactly, I realized that I love to help people, work with younger children, and enjoy doing hands-on, creative things. I also learned to have more patience, problem-solving skills, and confidence in my communication with the students and other staff at HES.**





# Reflection

I learned so much this past year and grew both personally and professionally. I learned how young children learn and what it is like to help run a classroom every day. It showed me how important it is to be patient, flexible, and a good communicator.





# Performance

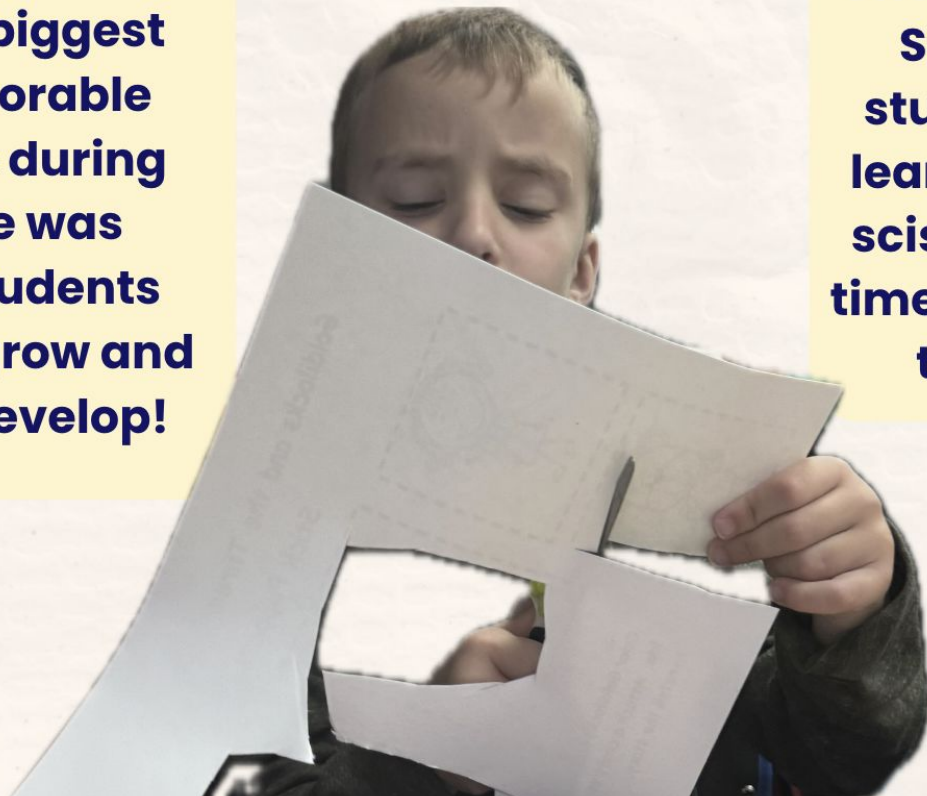
**There is never a dull moment in the classroom, so with that I was constantly alert and offering assistance to both the students and my mentors. As I presented a professional image as an intern, I created a closer bond with the children and was able to talk to them on a more understanding level to some extent.**

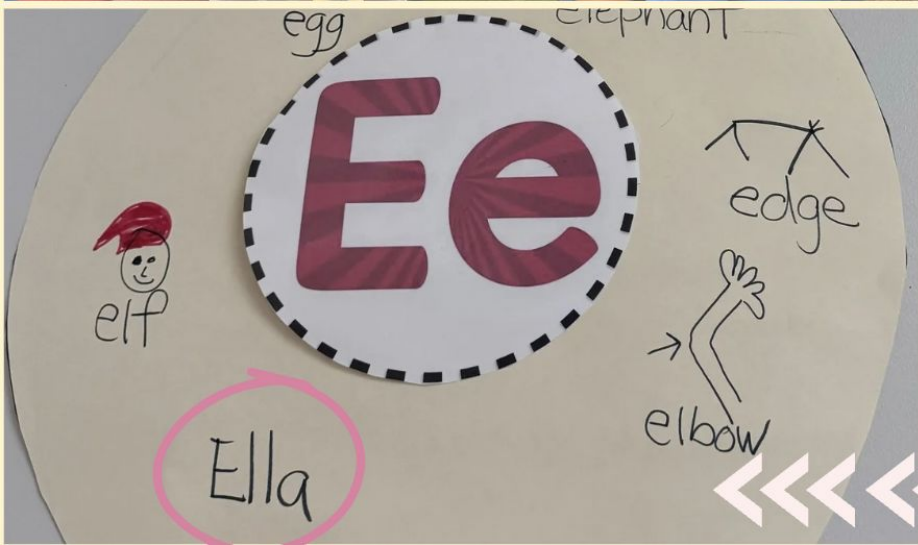


# Highlights

**I would say the biggest and most memorable highlight for me during my experience was watching the students both physically grow and educationally develop!**

**One example is from September, the students were just learning how to use scissors for the first time and now in May, they are pros!**





**When the students were learning their letters, they brainstormed and wrote down different words that began with each letter, and the day that they went over the letter "E" one of the students wrote down my name, and it was a simple but special moment for me in this internship.**



# What Made It Real

**The times when I brought a student down to the nurse, office, or anything where it was just me and a student was very cool because it felt real, and I was responsible for the student!**

**One memorable moment for me was at the end of the year when I was trusted to monitor the class during lunch without either of my mentors present. Even though it was a small moment for about 30 minutes, it made it feel very real.**

# More Photos





# Reflection

**I am very thankful for the chance to be able to do this internship. I had an amazing time, learned so much more than teaching, and overall feel very rewarded and fulfilled!!!**



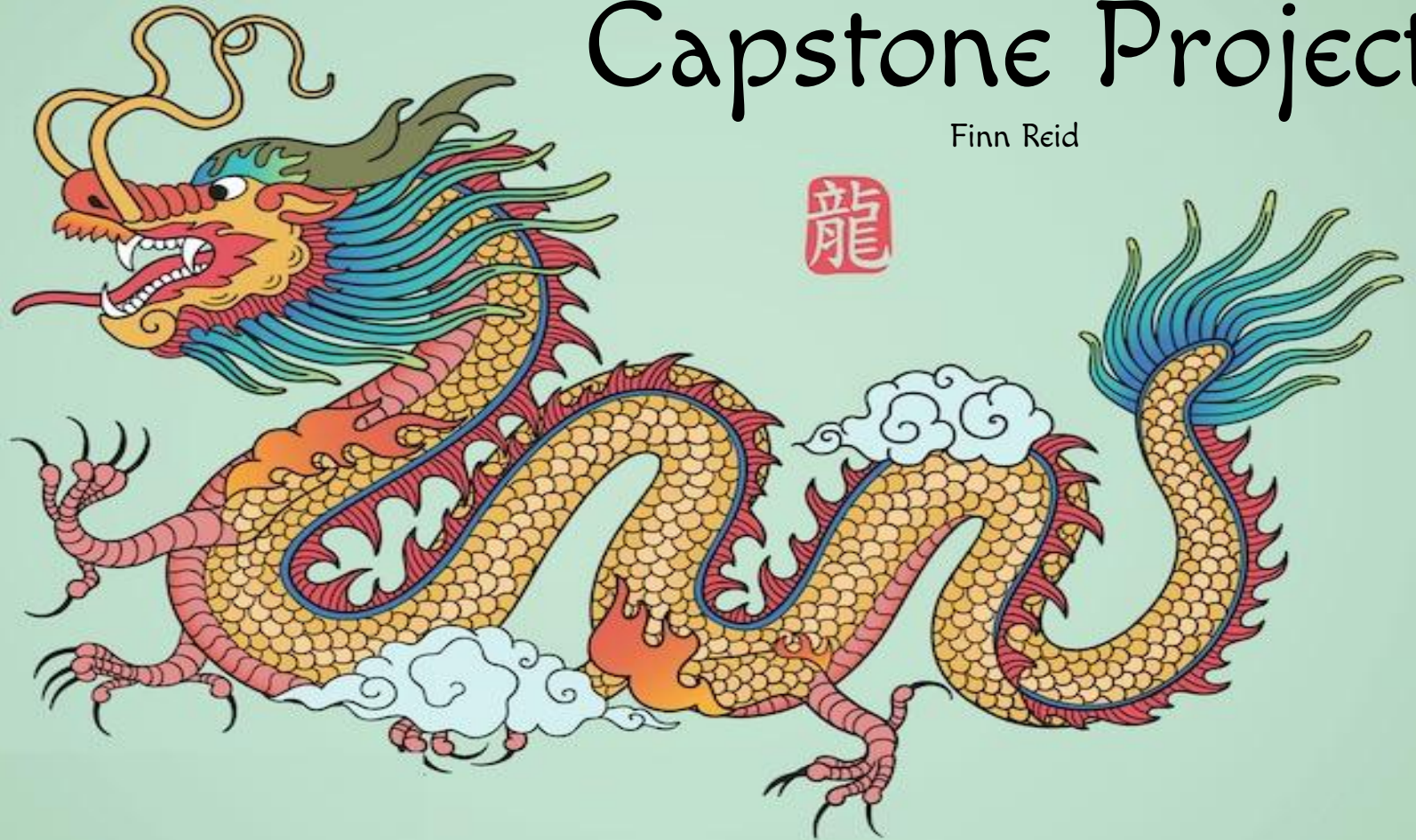


THANK YOU, Mrs.  
SILVESTER &  
MS. CORRWAY!!!



# Capstone Project

Finn Reid





# What Was My Internship?

Initially, I interned at Chatham Elementary School with one of the teachers there, but after realizing that was not a good fit for me, I switched to doing an internship with Ms. Jones as her assistant teacher. As her assistant teacher, I would help students write, read, and speak Chinese as well as improving my own.

# What I Learned

I learned how to help control a classroom and provide better assistance to the students who needed it. I also learned, unsurprisingly, much more Mandarin as I was interning with MRHS's Mandarin teacher. This was a huge take-away from the experience for me and motivated me to pursue learning Chinese in college.

我太喜欢中文!!!!!!

# Reflection

This internship actually played a crucial role in my future plans and career ideas because I realized how much I enjoyed learning Chinese and how useful it could be for me. My internship was almost just a second Chinese class for me, which meant I was consuming twice as much of the language which forced me to get much better at all aspects of it. After encouragement from Ms. Jones, I decided to apply to college to study Mandarin, something that I previously thought I had no chance of success with; however, I did succeed, and I was accepted, and none of that would have happened if not for my decision to intern there and apply myself. Overall, this experience has been very beneficial to me and has helped me have a better understanding of the things to come in my life.

谢谢  
你李  
老师

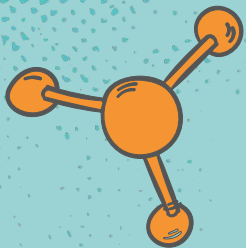
Thank you,  
Ms. Jones

# MRHS Internship Capstone

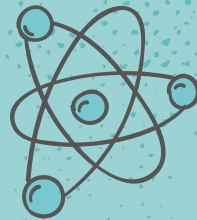
Juliana Ritchie







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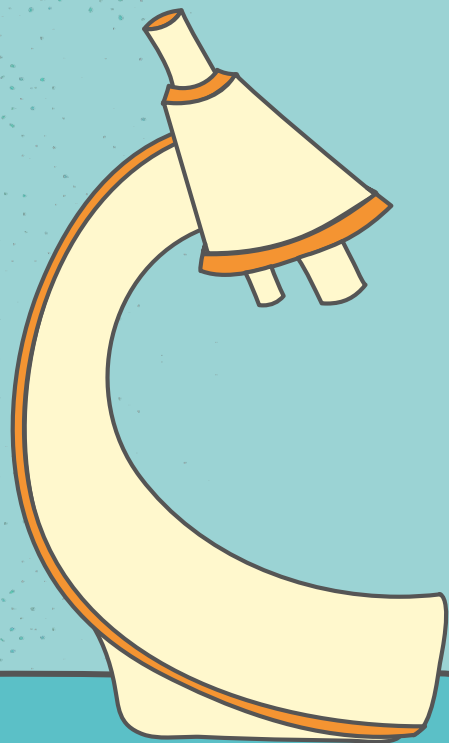
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04

Thanks,  
Mrs.  
Friedman!



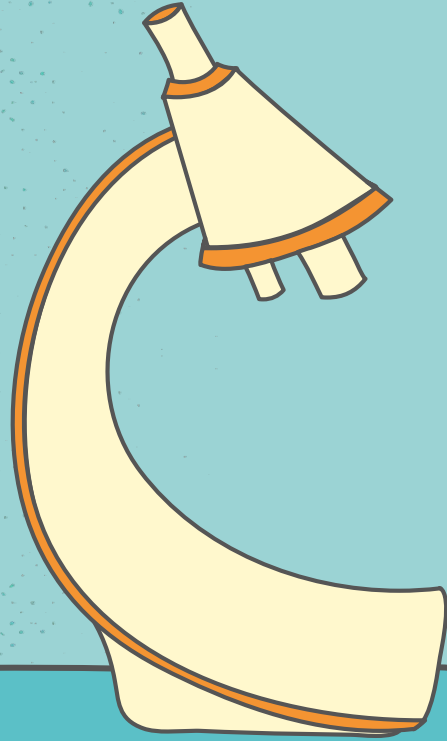
# 01 overview



# MRHS

My internship with Mrs.  
Friedman was at Monomoy  
Regional High School, specifically  
in her 8th grade science  
classroom!!





# Reflections & Growth

# what I Learned

## Leadership

During my time in Ms. Friedman's anatomy class and 8th grade science class, I was able to assist many students with their classwork and labs.

## Organization

I was also able to help Ms. Friedman keep the classroom clean and organize school supplies.

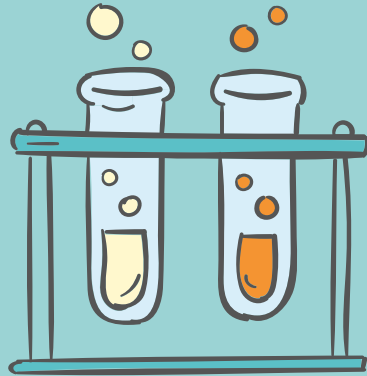
## Lesson Planning

I was able to grade many classwork assignments, as well as help to create assignments.

# Major Reflections

## Complexity of Teaching

I have seen how much planning and adaptability it takes to be such an amazing teacher. I have also been able to witness how much skill it takes to control and effectively lead a classroom.



## Mentorship

The past eight months has allowed me to make so many amazing connections with not only so many MRHS staff members I had not met before, but also to grow close and be able to help so many students I never would have had the chance to meet otherwise.

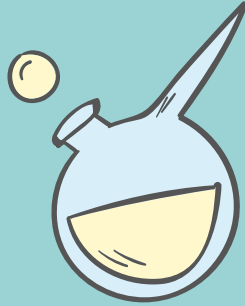


# My "Performance"



## Learning

Although I began my internship with knowledge about anatomy and science, I was able to learn the teaching techniques behind those subjects, leading to a much deeper understanding.



## Participation

I stepped in to assist Ms. Friedman with whatever she needed, trying to be as helpful as possible.



## Responsibility

I took my role seriously, always showing up on time, and following through on everything that was asked of me, all while communicating with Ms. Friedman.

# My Growth



## Communication

Although at the beginning I was more quiet towards the 8th graders, the more we got to know each other, the more everyone opened up.



## Inspire

Throughout my time, I was shown how truly inspiring Ms. Friedman is to so many, and how I can help students for the better!



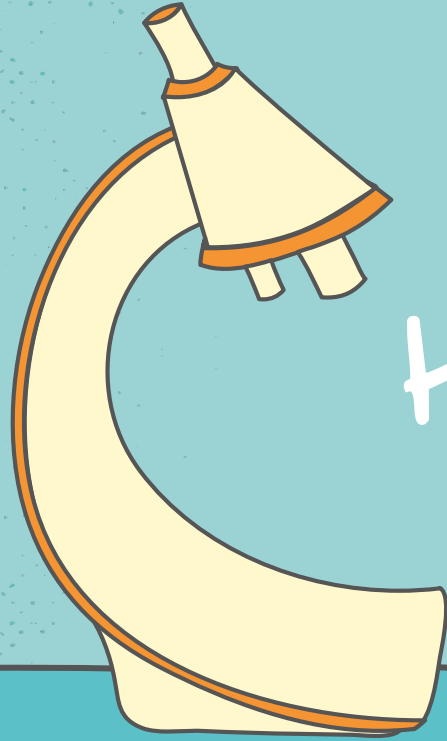
## Confidence

At first I was unsure of my role in the classroom, but as Ms. Friedman gave me more responsibility, I was more sure of how to be helpful.



## Challenges

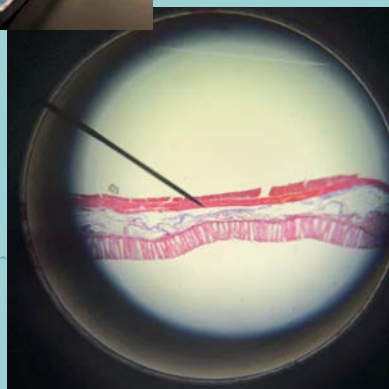
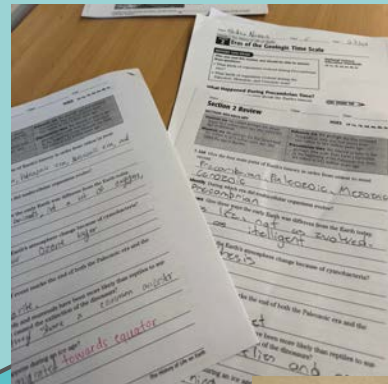
This time with Ms. Friedman has taught me to step outside of my comfort zone, and that I can do whatever I put my mind to!



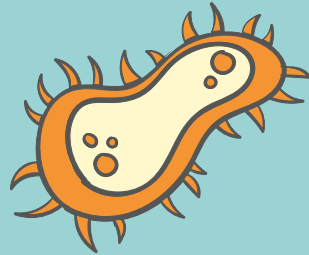
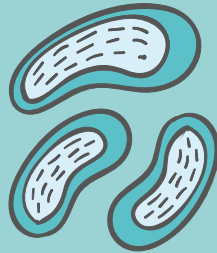
03

Highlights & Impact

# Major Highlights



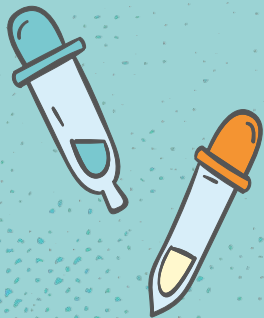
# what Made My Placement Real



- Having students find me in the halls to say, Hi!
- Being able to give students advice, and teach them to be better people
- Being able to assist leading labs, and actually being able to teach the students how to do something, such as using a microscope
- The ability to watch skills, such as presenting, improve in the few months that I was with them, and being the person to help them achieve these skills



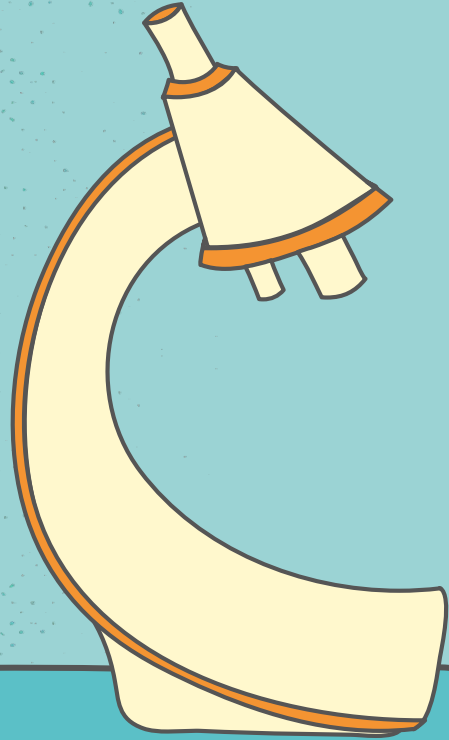
# How My Internship Impacted My Life



This internship allowed me to be able to experience the real-life experiences of science teachers all around the world. It gave me even more respect for my teachers as I saw the time and effort they put into every single student. I also discovered that I love helping others excel and feel more confident about what they are doing. I was also able to see how the vast difference of guidance 8th graders and upperclassmen have, and how far we come in our short time at MRHS. This internship has taught me to be a leader and to go for every experience handed to you.

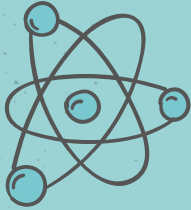




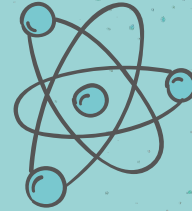


04  
Thanks, Ms.  
Friedman!

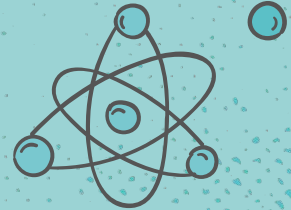




Dear Ms.  
Friedman,



I want to sincerely thank you for the incredible opportunity to intern in your classroom. Your guidance, patience, and support made this experience both meaningful and inspiring. I learned so much—not just about science, anatomy, and teaching, but also about how to connect with students and create a positive learning environment. Your passion for education and the care you show your students left a lasting impression on me, and I feel lucky to have had you as a mentor. Thank you for trusting me, encouraging me, and helping me grow throughout this internship. I truly appreciate everything you have done.



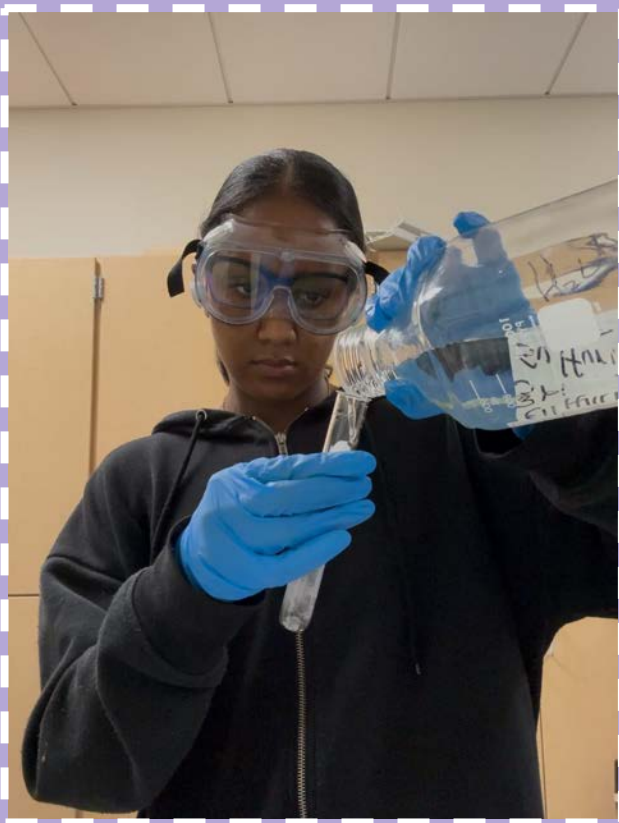
# Capstone Project

Yssell Rivas

# What I Did

During my internship with Ms. Dietz, my high school chemistry teacher, I had the opportunity to assist in her classroom and gain hands-on experience. My responsibilities included helping students with their work, making copies of class materials, grading assignments, and testing lab experiments to ensure they were effective and safe for students use.





# What I Learned

This experience allowed me to take on a leadership role and deepened my understanding of chemistry by seeing it from a teacher's perspective.

Through my internship, I learned about both chemistry and what it takes to support a classroom.

# Reflections

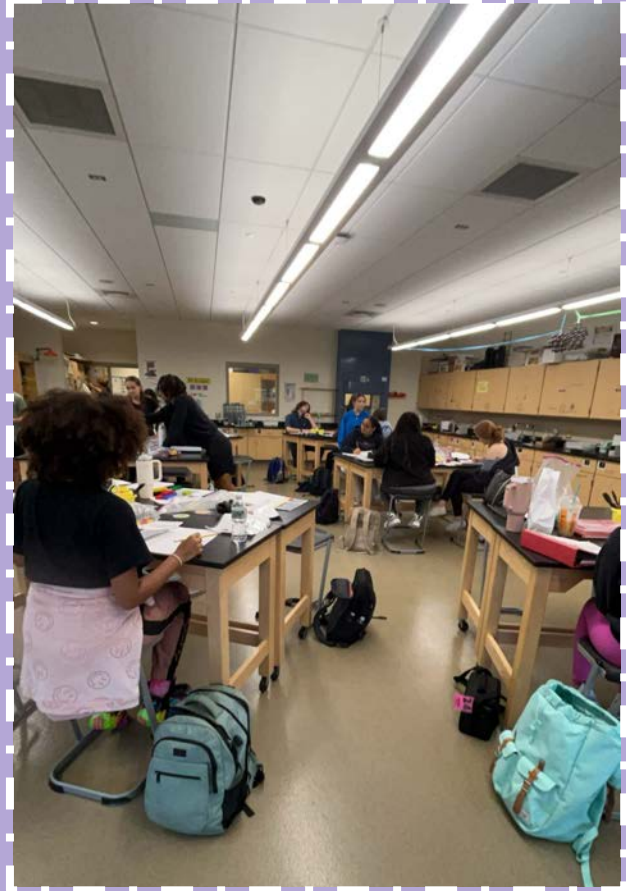
I have improved my communication skills by helping students understand difficult concepts, and I learned how important patience and clarity are when explaining something to others.

Testing experiments before the class helped me with my critical thinking skills and safety about lab procedures. This experience really helped me grow more confident, responsible, and very interested in science.



# My Experience

Testing experiments was just one of the things I did as part of my internship, and I have a great relationship with Ms. Dietz. She has taught me many things as a teacher and mentor, but she has also showed me how to do things and how to act like an adult.



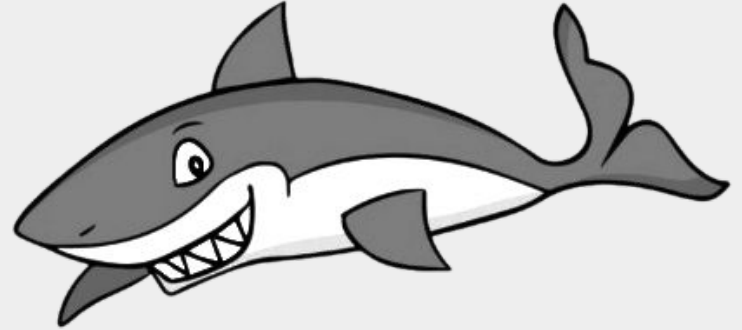
# Highlights



**Thank you  
so much,  
Ms. Dietz**

I want to sincerely thank Ms. Dietz for allowing me to be part of her classroom and for trusting me with important responsibilities. This experience has taught me so much about chemistry and how much care goes into teaching. I truly appreciated the opportunity to learn from her, and I am grateful for everything she has taught me both about chemistry and being a leader.

# HES INTERNSHI P



ELLA ROBINSON

# Overview



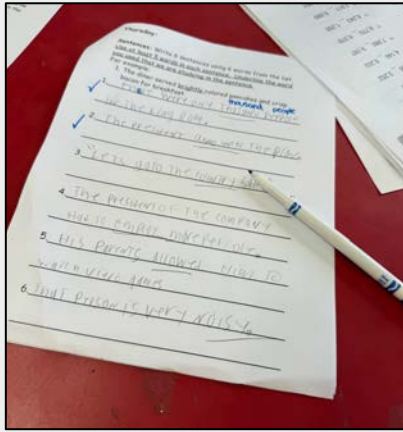
← **Ms. Thonus**

I interned in Ms. Thonus' 3rd grade class at Harwich Elementary School.

In 6th Grade, Ms. Thonus was my long term sub so I was familiar with having her as a teacher, and it was fun to be her "teaching partner" for a change.

I attended HES in 4th grade, for only a portion of the year, but I have great memories of the school.

I am attending college in the fall, reaching towards a teaching dream of my own.



# What I Learned

- A teacher's job is not easy and not all fun. There are tough times, but exceedingly more rewarding ones.
- The feeling of accomplishment to be meaningful in a younger person's life is amazing. I have never truly "taught" anyone before and that feeling is hard to describe, but it is a great one.
- There are things you forget after elementary school! Basic facts like grammar, letters, math rules, history, and more.
- It is hard to say no, but it is necessary to maintain the boundary between being a child's friend but also an authority figure. It does not have to be all one or the other, but it can be difficult to find that balance.





# Analyzing My Performance

The students are what made this experience so special and memorable to me. It was not easy going into to a new environment like this and adjusting to a role I have never played before.

The students in my class were so welcoming from the beginning and have such kind and funny hearts.

It only took a few days to start to feel at home in the classroom, and I will always think of this school as a home.

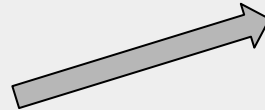


# Highlights



Joining my class for lunch is always an adventure. The conversations at the table are questionable, but they remind me that these are such innocent minds.

One of the students made me this in art class, which was so sweet, and I hope to keep it forever.



# What Made My Placement "Real"

Seeing the change in some of the students from day one of me being there to now because a few of them were very reserved and did not seem to care about my presence. Now when I walk in each day, those couple of students are first to greet me.

A few of the students in the class do not have many friends, or perhaps do not receive much attention at home. Being a source they could talk to and feel seen was so important and moving to me. I loved learning each of their personalities and seeing their growth over these couple of months.

# Impact On My Life

This internship made me even more confident that is the career I want to pursue and very possibly teaching a 3rd grade class.

I am not an outgoing or confident individual, but in this experience I saw growth in that as well. A feeling of acceptance can be so powerful.

I love children, and I love being in a classroom. Hopefully, this will be my lifestyle for many years to come.

**Thank you, Ms. Thonus!**

# Engineering Internship

Ethan Rosecrans

## What I Learned

During my internship in the engineering department at MRHS, I enhanced my skills with many types of machinery that I had already learned to use in the Project Lead The Way classes. I became proficient in using the CNC machine that I was first taught to use in Computer Integrated Manufacturing, as well as the laser cutter and 3D printers I first used in Introduction to Engineering Design. I also learned some things about general work, like better techniques for organizing.



Drill Press



# My Performance

After analyzing my notebook, I noticed I was given more engaging and challenging jobs over time. As I was doing these new tasks, I became more engaged in my internship as I could use the problem-solving skills I learned from the Project Lead The Way courses to complete my tasks. Due to my practice with the equipment, I became proficient enough with them to teach students in classes I had taken previously to learn how to use them.

Laser Cutter



## What Made It “Real” to Me?

About three-quarters into my internship, my mentor had to retire due to a health matter. Because he was a teacher, I stepped up and created assignments for the engineering classes I took on top of the other duties that came with being an intern. This was unexpected and unprepared for, which happens commonly in real life.



3D Printers

## My Experience

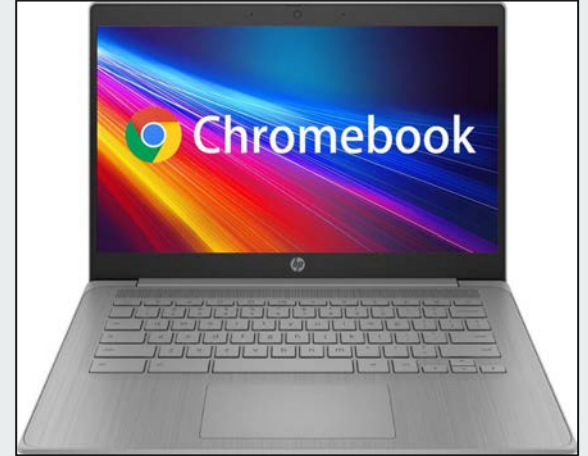
Overall, my internship was a great experience because I was able to perfect skills I had gained from my engineering classes and learn new skills I did not have at the beginning. I recommended participating in an internship during senior year to anyone I thought would be interested.



CNC Milling Machine

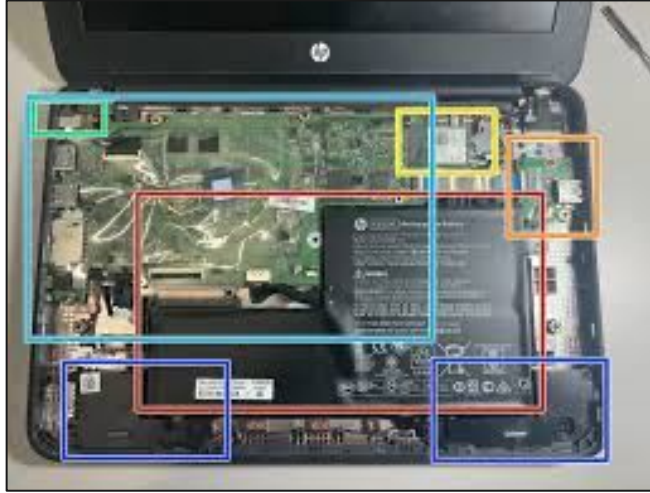


# Seamus St. Pierre Capstone Project



## What I Did

I interned at the tech office at Monomoy Regional High School. I was able to do a full year long Internship with Mr. Cogswell. During my time there, I learned how to take apart Chromebooks and find what problems they had, as well as scanning Chromebooks and learning how to check them in.





## What I Learned

I learned that you have to have patience when dealing with so many students in a high stress environment. When many people are checking out Chromebooks you have to have an understanding of the students and their needs.





## Reflections

What I learned this year at Monomoy Regional High School and in the tech office is that the tech office is challenging work, and it is a very high stress environment. I also learned how to take apart Chromebooks and learn how to rewire them. I also learned how advanced the technical side of schools are. It is more complicated than I realized..



## Performance

I think I was very alert the whole time. There was some downtime, but I think I did very well with helping out Mr. Cogswell when he was busy and relieving some of his stress, so he could do his job more efficiently.



## Thank You!

Thank you to Mr Cogswell for being a great mentor and and a great person to meet, and thank you to Mrs. Yarletts as well. I really enjoyed my time here.

# HES Internship

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Emily Silvester

# My Role



I acted as a teacher's assistant in a Kindergarten class for Mrs. Blois in Harwich Elementary School. My day to day "jobs" at my internship were to prep projects for the students, help answer questions they might have and help out overall with daily activities.

# Overview of HES

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Harwich Elementary School goes from Preschool to Grade 4. I have been placed in a Kindergarten class, which is one of four Kindergarten classes. Each Kindergarten class has a teacher and a teacher's assistant. My class has twenty-one children in total.



# What I Learned

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Every student in the classroom has different needs and having good classroom management helps control those who need extra attention. I have learned from my amazing mentors how to resolve disputes between children in the most efficient and positive way possible. I have also picked up certain skills when helping a student one-to-one with their work to help them understand.



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- classroom management

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- how to help resolve disputes

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- how to help students if they are struggling

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# Reflection

I have enjoyed my time in Mrs. Blois' classroom very much over the past school year. I have learned so much from my mentors, and I will continue to use the skills I learned in the classroom in other areas of my life. I loved being with the students almost everyday and being in the classroom became the the best part of my day.



# Performance



At the beginning of my internship, I was nervous, but as the year went on I gained knowledge and confidence in the classroom. I felt comfortable helping the students and answering their questions. I was also able to build strong relationships with them.

# The Professional Aspect

Throughout the year, I became knowledgeable on the teaching curriculum used. I learned the work that goes into teaching the curriculum everyday. This helped me be able to teach the Kindergartners better by learning how to adjust instruction for certain students.



# Highlights

It was very hard to pick highlights from my internship this year because I loved everyday of it. But walking in on Saint Patrick's Day, with all students running around the class looking at their leprechaun traps, was one of the best mornings I had there. Mrs. Blois and Mrs. Owen had the classroom set up by "the leprechaun" and the students loved it. There was also a day where the students decorated balloons and had a parade in the school. It was so fun to see how excited they were to show off their balloons. We also got two new students through the course of the year, and it was so engaging to get to know them and their personalities.

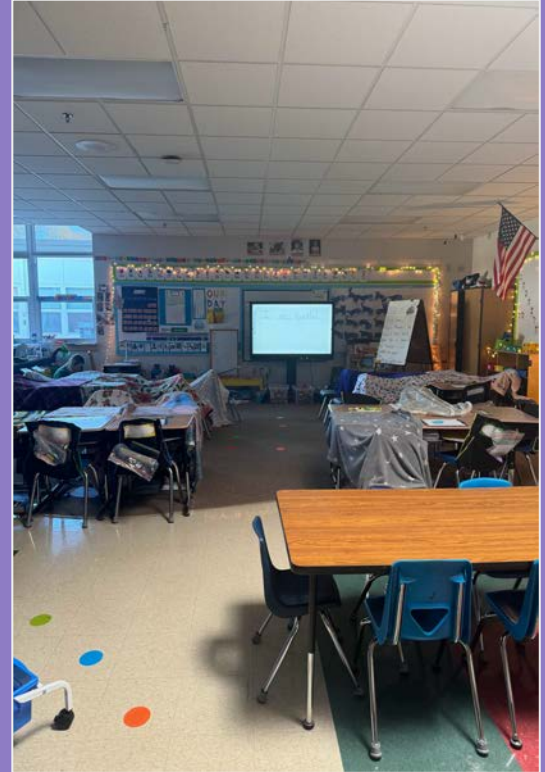
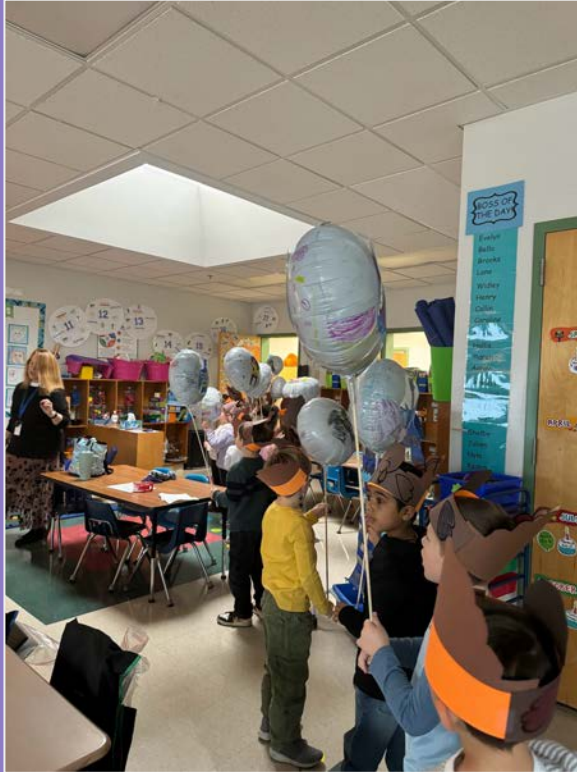
- Saint Patrick's Day

- Balloon Parade

- New Students



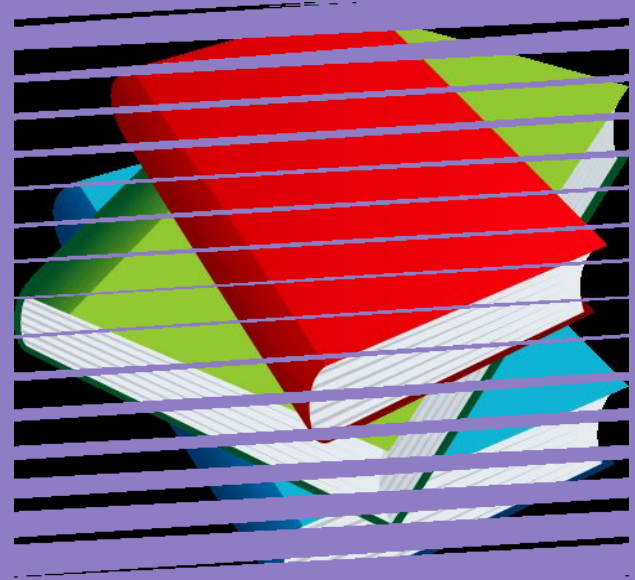
# Highlights





# The Reality

The reality of being in a Kindergarten classroom is that being a teacher is very difficult. I watch every day as the teachers in the room manage challenging students who decide when they want to listen. Being an intern in this class means I also face issues with students listening to instructions or complying with the daily routine. But overall the students are so much fun to be around, and I enjoyed this placement very much.



# Impact

I loved everyday of my internship. I knew at the beginning of the year that I wanted to work with younger students and that this placement was perfect. I enjoyed seeing the students everyday, but I realized that being a teacher was not the right fit for me. Without this internship, I could have gone into a career I did not love. This internship was really the highlight of my days, and I loved spending it with Mrs. Blois, Mrs. Owen and Mrs. Belmonte as well as the students.





Thank you Mrs. Blois, Mrs. Owen,  
and Mrs. Belmonte for an  
awesome year and for letting me  
intern in your class!



# Unified PE Assistant Internship

...

Gabriel Simoes

# Location: Monomoy Regional High School



Monomoy Regional High School is the school that I am currently attending and interning in. It offers a great amount of freedom and variety as to what you can do as an intern there with many different areas of teaching and learning being present.

# What I Did

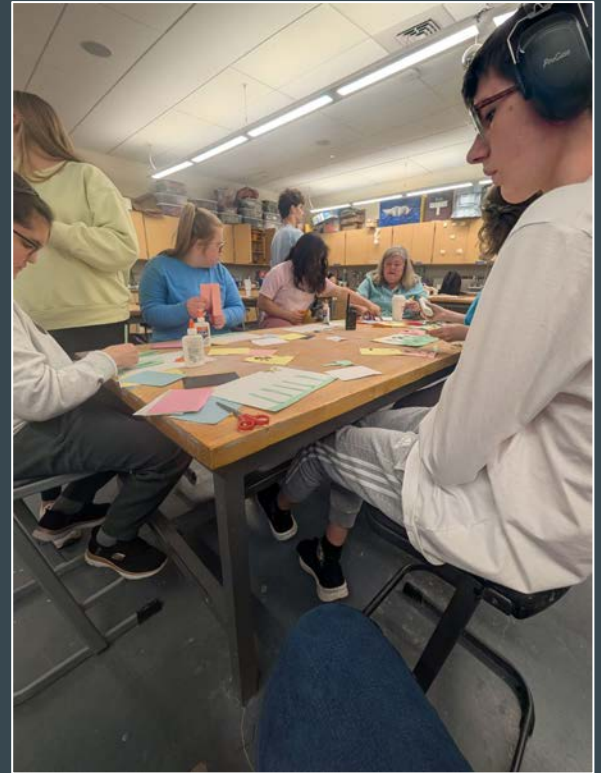
- In this internship, I had the opportunity to help Ms. Cunningham with setting up and being a part of the crew that helped teach and improve the sports and exercising opportunities to the SAIL program students.
- Throughout my time there I have helped to teach the students how to work together with one another, what sportsmanship looks like, and how to play a variety of sports like soccer, basketball, pickle ball and other fun activities.





# What I Learned

- Funny enough, even though I am in an internship that revolves around sports, I am NOT very good at them at all. Which brings me to the point that I got to learn and and get better with the students which made the experience even better.
- This has helped me to learn how to be more inclusive, attentive, and patient as there is a difference in learning between me and the students, and things need to be taken slower in order for both parties to have a good experience and grow for the better.
- I also learned the importance in planning and communication so that nothing gets mixed up and no one gets upset at the end of the day.



# Reflection

This internship made me realize many things about myself that I did not know, whether it be my inability to properly play sports or how the way I act and put myself out there leaves an impression on people. I can confidently say that the students and me have all gotten really close compared to when the internship first started. It has made me more of a sociable person than I was at the beginning of the year. I feel like I left an impression as we all have our own jokes and can always have something to talk about, whether it be about Mario and Sonic or about questions they have about anything that they do not really understand. I also really enjoyed the presence of Ms. Cunningham which made this experience better as she is one of the funniest and nicest people I know.



# Performance

If I am completely honest, I feel like my performance could have been better at times especially at the beginning, but as time went on and I got comfortable with what I was doing, I feel like my performance got much better. This is all due to me figuring out what I should and should not say, where everything is in the closet before we set up for class, and getting better at the things we were doing. One moment in particular that I remember was that it was always annoying when we were doing indoor badminton and we had to set up the nets, and it literally always took SO long to do! After a few of those times, my peers and I got better and faster at setting them up. I feel like my interactions with the students were great as well since I always had one of them wanting to be my partner. That is just one of the things that make me happy since it was the complete opposite at the beginning of the year.



# What Made My Placement “Real”

There were so many things that made this real and not real at the same time. The things that made it real were teaching the students and seeing how much growth they had as people and at the same time how steadily they got much better at all the tasks that were given to them, which reminds me of me when I am learning something new or trying to get better at something. Some things that made not “real” would be the random funny moments that I would never expect or the sheer amount of times that things I never thought would happen or would have been said did. At the end of the day this was an eye opening experience that made me learn, and I am very grateful for the way Ms. Cunningham taught me and interacted with me, as there were times where we would be messing around, and then, we would be serious and get things done, which was a really interesting contrast.



# Impact

This internship had an impact on my life.

It helped me to grow as a person and become my better self whether it be through decision making and or just general bad habits that I had that changed due to being there and seeing how they could affect other people.

This honestly had a much bigger impact on me than I originally thought it would, and it makes me even more glad to have been a part of this.

Thank you,  
Ms. Cunningham  
and Ms. Goode!



# Guidance Internship

at Monomoy Regional High School

Hailey Tamasco



# Internship

Over my senior year, I interned in the Guidance Department at Monomoy Regional High School.



# Mrs. Ginnetty

Mrs. Ginnetty was my amazing mentor and instructor in the Guidance Department.



# Tasks

1. Cleaned, organized the office to make it easily accessible to find scholarship and school resources
2. Helped to plan and set up for college fairs and career days
3. Hung up posters for college visits
4. Cut out and stapled important documents to give to students
5. Provided support to students with questions about college applications and scholarships



# What I Learned

During my time assisting in the guidance office, I was able to observe how the counselors support students academically, socially, and emotionally. I also learned about the different areas of counseling, such as the academic planning, but also the career guidance and personal development. I assisted with scheduling, record keeping, and student organization. I also helped prepare materials for college and career fairs, and guidance sessions.



# Reflection


Interning for Mrs. Ginnetty in the guidance department was a valuable and eye-opening experience that gave me deeper understanding of the work that goes into supporting students beyond the classroom. Throughout my senior year, I had opportunities to observe, assist, and learn from experienced counselors, such as Mrs. Ginnetty, Mr. Bennett, and Mr. Burke who are dedicated to helping students succeed academically, socially and emotionally.





## Performance

During my internship in the high school guidance department, I demonstrated strong initiative, professionalism, and willingness to learn. I consistently approached the tasks given to me by my mentor with a positive attitude and showed genuine interest in supporting the work of the counselors and the needs of the student body.



# Highlight

A strong highlight from my internship would be assisting with college and career planning, as it not only helped prepare students for upcoming events and activities but it made me feel more secure on my own planning for college as I had first hand insight on preparing for college and my future after high school.



THANK YOU MRS. GINNETTY AND  
THE GUIDANCE DEPARTMENT!!!

I am so grateful I got to be a part of this experience!



# 2nd Grade Internship

Adelaide Thonus



# HES Community

I have enjoyed being apart of the HES community on a daily basis, and being able to come back as an intern to the school I grew up in has been truly special. The staff and teachers are caring of their students, and it creates a warm and inviting atmosphere that keeps me excited to come back each day. The same four values are still taught to the students that I knew in elementary school; striving to be respectful, responsible, safe, and ready to learn. It is clear when you walk into the building the staff and students are proud to be Sharks!



# What I Have Learned

- It is important to get to know the students individually. It makes them feel cared for and special.
- The students in second grade are so creative and love to express themselves with drawings and crafts.
- They are encouraged and motivated to learn when they get the chance to figure out a skill for themselves with a little help from a teacher.
- The students are most engaged when they are able to learn and work together in small groups.
- The class is excited to learn and even more excited to show others the skills they know, as well as examples of their hard work.





# My Reflections

I loved being able to get to know each student in Mrs. Barnard's class. They are all so creative and unique in their interests, hobbies, and personalities, and I enjoyed every second with them. I have shared so many fun memories and laughs with them. I have been able to watch them grow in their reading skills, math, and writing. They have all come so far and it has been rewarding to watch and be able to be a part of. Some of my favorite things to do were to work with them in small groups on math problems or write a fictional story. Mrs. Barnard created a warm and inviting classroom environment that kept the students engaged and excited to be there.



# Performance and Self Evaluation

- Each day I focused on coming to the classroom with an excitement to help the students learn and learn new skills myself.
- I wanted the students to have my full attention and I hoped to connect with them each individually in different ways.



- Along with providing assistance in the classroom, I walked away with important skills from Mrs. Barnard, such as classroom management, what lesson planning looks like, and how to meet each student's needs to provide the most effective learning environment possible.

# Experiences and Details

One big take away from this experience is that each student is unique in their learning, and they have different needs. Some students thrive and learn better in groups, while others do better in one on one.



I have really enjoyed being able to see what learning strategies work best for each student in their day to day.



# Growth as a 'Professional'



My second grade internship has given me the chance to work alongside teachers with experience in different grade levels and classroom knowledge. Mrs, Barnard especially has shown me what it is like to be a leader and caring, and fun-loving teacher. I have learned about the curriculum and goals for second graders before moving on to third. I have learned from watching how to approach different lessons and to make them engaging for the students in the class.

# Highlights



Fort Day and  
Visit from the  
Firefighters



Card games!



Visit from the  
therapy dogs



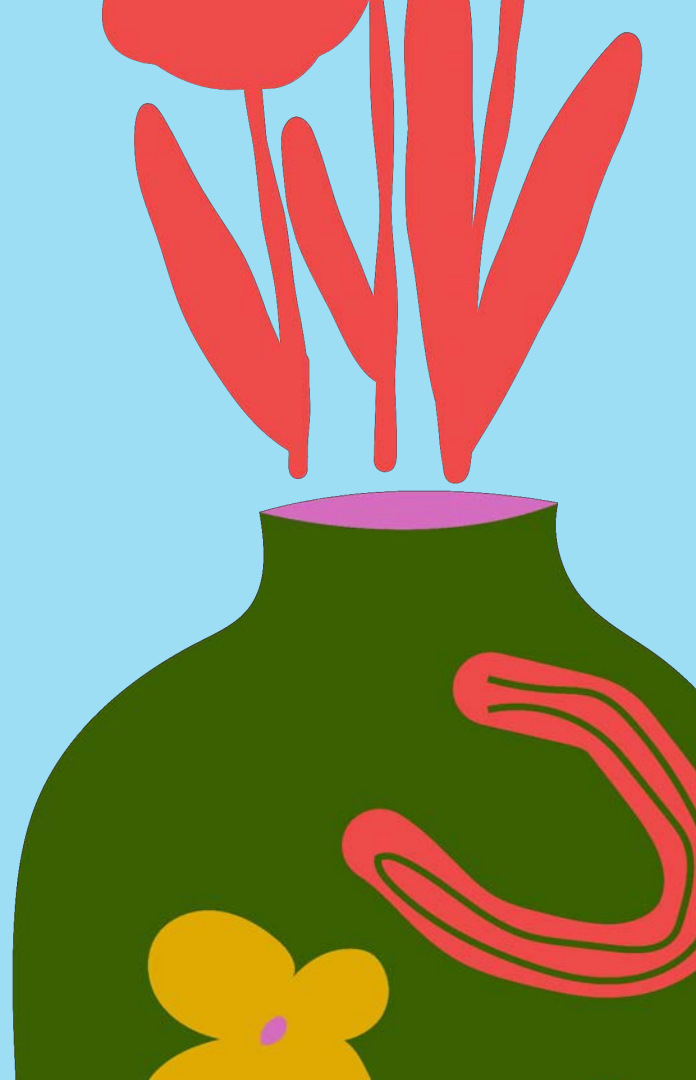
# Impact

I am so grateful for my time in Mrs. Barnard's second grade classroom and the experiences I have gained. It has confirmed my interest in going into elementary education as I further my education in college. I even think that I would like to teach second grade as well in the future. I am so thankful I get to keep all the fun memories of the students and Mrs.





**Thank you,  
Mrs. Barnard!**



# My Internship Experience in I.T.

Alejandro Torres

# Introduction to the Internship

- Internship in the MRHS I.T. department
- Hands-on technical experience
- Learn real world tech responsibilities

I worked inside the I.T. department at school, which gave me hands-on experience with technology. I got to learn how the tech behind our education system is managed and maintained.

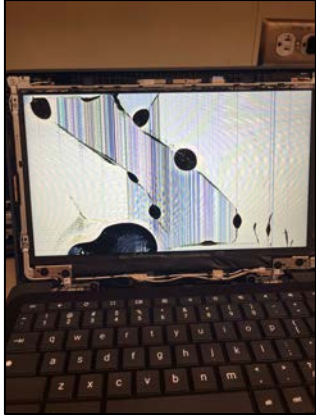
# First Assignment - Disassembling Chromebooks

- Removed screens from Chromebooks
- Collected and recorded serial numbers
- Entered data into a spreadsheet
- Averaged 15–20 Chromebooks per hour

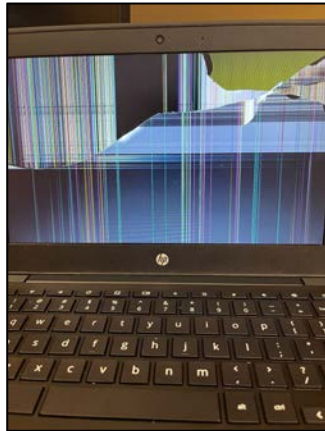
My first task was to disassemble Chromebooks and remove their screens. I had to collect each serial number and organize them into a spreadsheet. I got faster as I practiced, averaging about 15 to 20 Chromebooks per hour.



# Repairing Broken Chromebooks



- Replace damaged Chromebook screens
- Learned safe hardware replacement techniques
- Improved confidence working with electronics



After that, I moved to replacing broken screens on Chromebooks. These are four students chromebooks that they had damaged and destroyed. I learned how to safely install new screens without damaging them or hurting myself in the process.

# Helping Students Directly

- Checked out Chromebooks to students
- Ensured students had working devices for class
- Practiced communication skills and demonstrated responsibility

Another big part of the job was checking out Chromebooks to students who needed them. It taught me to stay organized and to communicate clearly especially during busy times.





# What I Learned



- Real world technical experience
- Problem solving and time management
- Tech can be both challenging and rewarding.

This internship taught me about how tech works, but also about solving problems and managing my time. I learned that real world I.T. work requires both technical skills and patience.

Thank you,  
Mr. Cogswell!

# Monomoy Engineering Internship

Gavin Varley

## What I Learned

- During this internship I learned valuable problem solving skills and organizational skills. Most of my time was spent making sure the room was ready and organized for the classes held in it. Other times were spent on making improvements to the class, such as adding wheels to the large wood tables in this room.

# Performance

- Over time we were challenged with more and more difficult tasks such as setting up machines and testing devices. It needed organization, and there were so many small problems in the beginning. This helped built a good base of organization and problem solving skills which are very useful skills to have.

## What Made It “Real”

- During this internship the teacher had retired about half way through the semester. At first no one knew what was going to happen, but once the long term sub stepped in it was much better. The interns in this class really stepped up and did whatever they could to help the engineering classes run smoothly.



# Impact

- Overall this internship was a great experience. It allowed me to build a good base of valuable skills that you do not always think about. These skills will not only help me in my academic career but also my professional career.

# Highlight

In the engineering room, there are five large wooden tables weighing about 200 lbs each. These tables were not easy to move and the storage built into them was not easily accessible due to the configuration of the tables. I was tasked with the project of putting wheels on these tables to make them easier to move for cleaning and storage purposes.



# Internship Capstone

Fitz Vath

# SAIL Program

There is so much I have enjoyed about being able to spend time with these amazing students and teachers. I feel so comfortable in this classroom and can be as silly and fun as I want. I have been thinking hard about what I want to do when I am older and special education is definitely near the top of my list.



## What I Learned

I have learned that everyone has their own ways of learning and knowing their strengths and weaknesses can really make a difference. The SAIL students and teachers have taught me patience and how to teach in different ways.



# Highlights

Some of my favorite highlights have been talking and having real conversations with these students. I feel like I have made a real connection with them and that allows them to be more comfortable with me teaching them. I have also enjoyed all of the trips we have gone on, including walks, ice cream, and the grocery store.





# Reflections

Over this year, I have reflected on how much I enjoy helping people. It really makes me happy and proud when I help the students with their work. Knowing that I am a role model to these students makes me want to see them succeed so much more.



# THANK YOU!

Thank you too Mrs. Goode, Mrs. Ancahas, Miss Emma, and Mrs. Kluza for making this internship so much more enjoyable. You all have such great personalities and great patience. I envy the way you always have a smile on your face. You all have an amazing sense of humour and do not let anything bother you. This internship would not have been the same without all of you! I will miss you all and hope to see you when I visit next year!



# Internship Project

Alice Vitor

# Overview

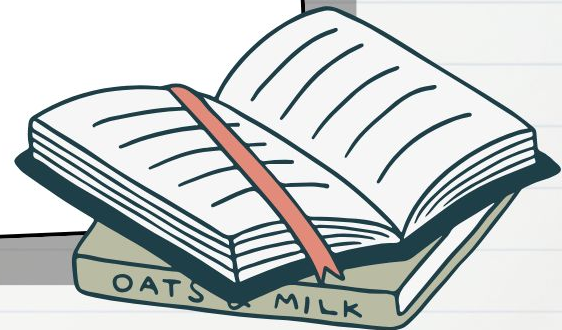
- Supporting Language Acquisition
- My Internship Experience Assisting an ESL Educator





## What I Learned

- During my internship assisting an ESL (English as a Second Language) teacher, I learned more than I ever expected about language, education, cultural sensitivity, and myself. One of the most valuable lessons was understanding how language barriers impact every aspect of a student's educational experience. I gained insight into how difficult it is for students to learn in a language that is not their own, and how important patience, creativity, and empathy are in teaching. I was able to experience this from an educator's perspective because I understand how difficult it is to have to learn a new language.





# Reflections on My Experience

At first, I was not sure how much of a difference I could make in a classroom setting where language was a constant challenge. I worried about saying the wrong thing or not being helpful enough. But over time, I realized that just being present, listening, encouraging, and showing up consistently was already making an impact. One powerful moment was when a student who rarely spoke in class raised their hand to participate. That was when I realized how important it was for ESL students to have support from people who truly care.





# Performance Analysis

Looking back at my weekly journals, I noticed a clear progression in my performance. In the beginning, I relied heavily on the teacher for guidance. I was unsure about how to interact with students who were shy or struggling. But by the middle of my internship, I was planning activities, assisting in small group instruction, and even leading warm-up vocabulary games. I became more confident in my communication and more proactive in my support.



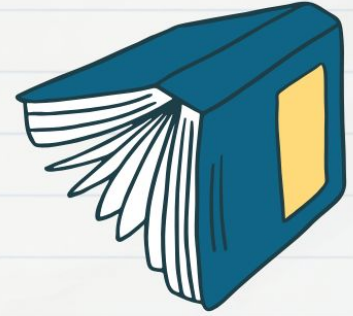
# Professional Growth

This internship gave me a realistic view of what it means to work in education, especially with English language learners. I became more organized, responsible, and aware of cultural differences. I developed stronger interpersonal skills and learned how to adapt to new situations quickly. I also learned the importance of collaboration, both with the lead teacher and other support staff. I began to think more critically about lesson planning and how to meet each student's needs in a diverse classroom.



# Highlights and Memorable Moments

Ms. Mimi is also my English as a Second Language (ESL) teacher, and I have always noticed her excellent work, but this opportunity to be with her and observe how she actually prepares a class and the students made me see that there is more to it than just reading a book and answering questions. I was able to see the students interacting with each other, even though they do not speak the same native language, all trying their best to learn more English.



# What Made It Real

What made my internship feel “real” was seeing the day-to-day challenges and triumphs in the classroom. It was not a simulation or a lesson from a textbook; it was real students, struggles, and growth. The responsibility I had, even in a support role, showed me how crucial every person in a school system is. These were not just “practice” experiences but foundational to students’ learning.





# Life-Changing Moments

I think realizing that there are other students starting what I started, too and seeing their evolution makes it feel more rewarding. I know how difficult it is to be in that position of learning a new language, and seeing how I have evolved over the years and am preparing to graduate makes me believe in the potential that each of the students in that class will still be amazing in their potential. Just like Ms. Mimi has always believed in me, she always makes the students feel comfortable and capable, this has changed my perspective.



**Thank you,  
Ms. Mimi!**





# Kindergarten Classroom Intern Capstone Project



Dorothy Walsh

# What I Did / Performance

My performance in the classroom really depended on the time I was there; each day was something different to keep the class super fun!

*Morning* In the morning I would greet the students walking in. In the beginning of the year I would help them spell/write their names in their journals, and now I help them sound out words to make full sentences! The morning is also when we work on English and math and I get to help them correct their papers in big and small groups!

*Specials/Recess/Lunch* I go with the class to specials and act as an extra hand for the teachers and help out the students with any questions they have. During recess and lunch, I get to play with the children as they run around outside, then talk to them while they eat lunch. I love this because I get to interact with everyone in kindergarten! →

*Afternoon* The afternoon is when the class would have a “brainy break”, which is when they would get time to color or play with playdoh because they have been working so hard all day! During this time, I would help the teachers with tasks they needed to get done around the classroom. If they had double specials I would go with them, then it would be time for dismissal.

RECESS!!!



# What I Learned

I learned how to guide the students when learning, instead of just helping them or telling them the answers. I learned that they will never learn if everything is done for them or if the answers are just given to them. They have to think themselves! I also learned that patience is key in kindergarten, they are so little still and not everything comes easy to them. If they do not understand, they just need a little more time to get it down!



Example: I learned that I had to show them how to open their milk instead of just doing it for them!

# Highlights

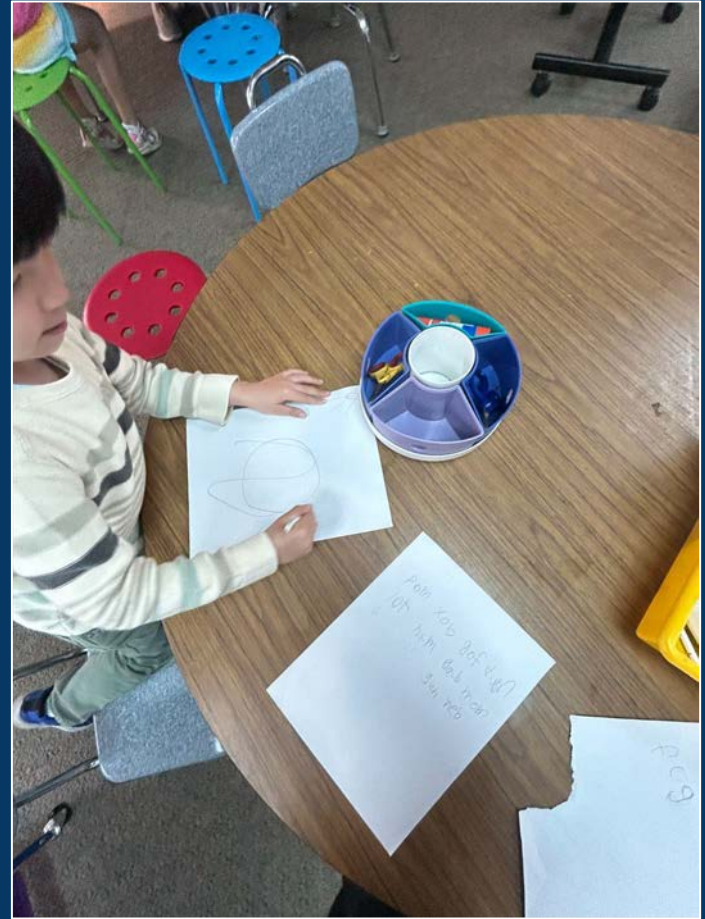
The highlight of my day is when I enter the classroom each day, with all the students running up to greet me with a hug and saying, “Hi, Miss Dori!!!” I am so grateful I am able to do this internship and got to meet all of these children! One of my favorite parts is when they do group centers which they call “Hippopotamuses”, this is when I get to work with the students in a smaller group, which I enjoy! I get to help them with their mini projects and any technology issue they may have.





# What Made It “Real”

What made it feel real was the children in the classroom and watching them grow and learn each day! It was all of the students first year of school, and they were experiencing independence for the first time. Even though they learn so much from the teachers and even me, I am also learning from them at the same time! Also with it being Kindergarten, everything does not always go as planned. I learned to adjust to situations like supporting the students if they were feeling sad, fixing accidents that happened, etc.



# My Growth as a Mentor

I have learned so much about the Kindergarten curriculum and the importance of the way you spell/sound out words! I got to see how so much goes into the lesson plans and the preparations for the projects the students do to keep the class engaging and fun!





# Reflection

I am so grateful I got to intern in Mrs. G's Kindergarten class! The students have grown and picked up so many new skills since September. They impress me everyday with how much they know, and I am so happy I was a part of the process and got to spend the entire year with them! This impacted my life because it made me realize I want to work with children in the future!



Reading getting stronger each day!

# Thank you!

I want to give a huge thank you to Mrs. Giangregorio and Mrs. Hawthorne for allowing me to spend the year with your amazing class! You are both such amazing teachers, and I have learned so much about being a teacher through you! I will never forget this experience or these students ever! I am going to miss them so much!!

# Capstone Project

Kayandra Watson



# What I Learned

During my internship in Mr Nickerson's Ceramics class I learned both the fundamentals of making and working with clay. I got to spend time learning the recycling process of clay and how to prepare it for building.



# Reflection

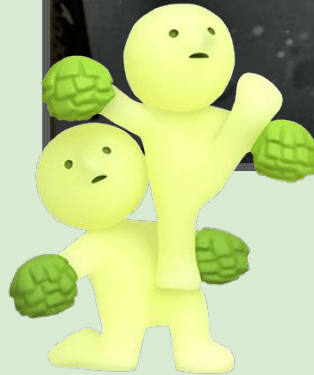
Looking back at the semester, I have progressed with how fast I am able to achieve my objectives. In the beginning, I had to have my friend and intern partner, Scarlett, guide me with wedging and using the pugmill. Now I can do all my tasks by myself without the help of her or Mr Nickerson.





# Growth

In my free time I practiced the method of “throwing” on the ceramic wheel. In the beginning, my pieces were quite shallow, and I often failed to even come out with a bowl. Currently, my skills have flourished and my confidence has grown when it comes to making a piece.





# Highlights

Though I spent most of my time working and throwing, there are times where I could help the students in the class with their work. One of the highlights was when I helped a student make a 10 inch coil pot, and demonstrated to the class on how to make a bowl.



# Performance

I was faced with many tasks during this semester, and my favorite would definitely be wedging clay using the pugmill. It is one of the least strenuous tasks and is far easier than wedging by hand. I completed all the tasks I was assigned to the best of my abilities and definitely improved over time.



**Thank you,  
Mr. Nickerson**



# SAIL Program with Jed

Capstone Project

# What I Did

I interned in the SAIL program here at Monomoy Regional High school with Mrs.Good. I played games with the children and helped them with day to day tasks, like morning work. My favorite thing to do was to do the mail delivery with the students.

# What I Learned

During my internship I learned the preparation of being a teacher and how to work with children. It was my first time working with children. I was shy at first, but then I fell in love with working with the students. I was happy to come to class every day.



# Reflection

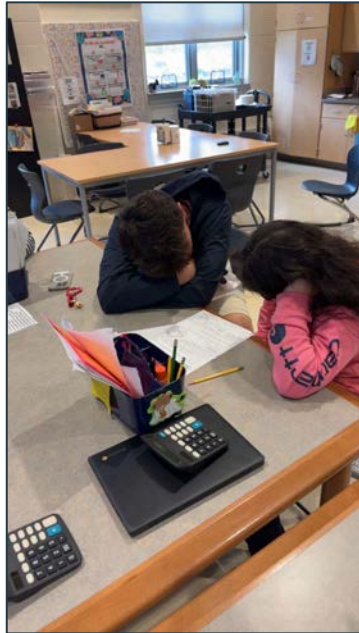
I enjoyed working, teaching, and helping with children, but most importantly putting a smile on their faces and enjoying class time. I learned dealing with children with special needs is not easy, and I have gained so much respect for the teachers that wake up every day and give these children an amazing school experience.



# Performance

I played with the children, made sure they were safe, contributed to their love of going to school, and helped them with their work.

# What Made It “Real”



Seeing the students have fun and learn was my favorite part of the internship. I would recommend doing this internship to anyone who loves to work with children.

# Thank you!

Thank you to Mrs. Goode and all the teachers in the SAIL program.