

# Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: May 16, 2025    Name of District: LEE County School System    Number of Schools in District: 8

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Nutrition Education will be encouraged in all related subjects to promote overall student health and well-being in all related subjects	Completed	8	
2. Participate in developmentally-appropriate activities such as Georgia Fit program, PE Extravaganza, School Gardens, Taste Testing, Bike Night, Fun Runs, Outdoor Learning & Farm Visits	Completed	8	Our Cafeterias participate in Nutrition Education promotions such as: World School Milk Day, NSBW, NSLW and Harvest of the Month. We have several schools with school gardens, participate in Farm visits and Petting Zoo experiences.
3. Fruits, vegetables, whole grain products, low-fat and fat-free dairy products, healthy food preparation methods and healthy-enhancing nutrition practices will be promoted to students and staff	Completed	8	Our SNP Employees are trained on healthy meal preparation and meal planning. SN promotes healthy eating in our cafeterias with serving line displays posters on bulletin boards.
4. Serve Safe Certification for all School Cafeterias and be in compliance with all federal and state laws regarding the Environmental Health Food Codes and any regulations set out by the State Board of Education.	Completed	8	Each Manager and Assistant Manager hold a ServSafe Certification.

5. We will teach, encourage and support healthy eating by Students.	In Progress	8	This goal is in progress because we continuously strive to teach and encourage and support healthy eating. Participation increases each year, so this is an ongoing process.
<b>Nutrition Promotion Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. The schools and school district promote and encourage participation in the National School Lunch Program and School Breakfast Program	Completed	8	We promote NSLP week and SBP week. Teachers encourage students to eat school breakfast and lunch.
2. Encourage students to increase the consumption of foods that are healthy; variety of fruits and vegetables, whole grain items and low fat or fat free dairy items.	Completed	8	We promote this through posters and nutrition education throughout our cafeterias.
3. Promote Taste Test items	In Progress	6	Have items for students to taste test and provide feedback on.
4. Promote Harvest of the Month and Georgia Grown Items	Completed	8	We strive to promote locally grown fruits and vegetables and support when applicable. All chicken items served are Georgia Grown. We serve Fresh Bread from Flowers Bakery which is located in Thomasville Ga.
5. Serve attractive and appealing meals to our students in a clean and pleasant environment	Completed	8	We strive to serve good, quality meals that are healthy and safe for our students to eat and enjoy.
<b>Physical Activity Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Meet or exceed the requirements for physical education set forth by the Georgia Department of Education	Completed	8	All schools meet or exceed these requirements
2 Primary and Elementary students participate in 30 minutes of recess each day	Completed	4	PK – 5 <sup>th</sup> grade students receive 30 minutes of daily recess to increase crucial levels of daily physical activity, enhance social and emotional wellness, and improve academic performance
3. Teachers are encouraged to incorporate movement and physical activity into learning when possible	In Progress	8	Teachers offer Brain Breaks where students are allowed to stand and stretch after they have been

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			inactive for periods of time; Outdoor classrooms allow for movement, etc.
4. Students are encouraged to participate in extracurricular physical activity in the community, school sponsored events and before and after school	Partially Completed	6	Our schools after activities after school hours, such as bike night, kids heart challenge and Jump Rope for Heart.
5.	Choose an item.		

<b>Other School-Based Activities that Promote Student Wellness Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Increased water consumption	Completed	8	All schools have water available for students with water bottle filling stations
2. Field Day/Game Day/Trojan Day	Completed	7	Primary, Elementary, Middle & 9 <sup>th</sup> grade Campus participate in a type of field day that promotes physical activity, health and wellness
3. The district will encourage fundraising efforts and reward program that are supportive of healthy eating	In Progress	8	This is a work in progress. The district is working towards healthy fundraising and reward programs.
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Sold to Students</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Comply with Smart Snacks Guidelines	Completed		
2. Comply with School Nutrition Standards to include Federal and State Guidelines	Completed		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Guidelines for All Foods and Beverages Not Sold to Students</b> <i>(i.e., classroom parties, foods given as reward)</i>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. All food fundraisers sold during the school day will meet Smart Snack requirements or will go through the process of approval as an exempt fundraiser	Completed	8	Most schools do not host food-based fundraisers during the school day, and those that do utilize the exempt fundraiser form.

2. Healthy food and beverage choices are recommended when food and beverages are provided during such events	Completed	8	
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Policies for Food and Beverage Marketing</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Foods or Beverages that are not Smart Snack compliant will not be marketed to students anywhere on the school campus	Completed	8	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

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<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>	<b>Title and School</b>	<b>Notes:</b>
1. Tanner Watkins	Director of School Nutrition	
2. Shannon Weeks	Head Nurse	
3. Jaimie Murdock	LCPS Principal	
4. Hailey Kilcrease	LCES Principal	
5.		
<b>Wellness Committee Involvement</b> <i>List of committee members' names</i>	<b>Title and Organization</b>	<b>Notes:</b>
1. Claire Lang	BOE Member - District II	
2. Dina Black	PE Teacher - KPS	
3. Jo Beth Maxwell	Teacher - TOES	
4. Hope Joiner	Teacher – LCMS-West	
5. Diane Kohler	Cafeteria Manager - LCMS-East	
6. Anna Courson	Teacher – LCHS	
7. Pat Edwards	Media Specialist – LCHS-9 <sup>th</sup> grade campus	
8. Sherri Castellanos	Parent	
9. Jolie Grace	Community Stakeholder/Zane Grace Construction	
<b>Public Notification</b> <i>Where it is posted i.e., webpage, handbook, etc.</i>	<b>How often it is updated/released:</b>	<b>Notes:</b>
1. Webpage	Annually	
2. HR/System Newsletter	Once	
3.		
4.		

5.		
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KEY	
<b>Completed</b>	select if you have met this goal at all schools
<b>Partially Completed</b>	select if one or more schools has met this goal
<b>In Progress</b>	select if you are working on the goal, but none of the schools have met the goal
<b>Not Completed</b>	select if you have not begun working on this goal

## Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: LEE County

Date: May 16, 2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding <b>increased</b> student activity including physical activity breaks, active academics, and before and after school activities.	Yes	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community	Yes	

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	partnerships, family engagement, staff wellness, and professional learning.		
<b>7</b>	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
<b>8</b>	Policy contains specific language regarding competitive foods and beverages.	Yes	
<b>9</b>	Policy contains specific language regarding food use in celebrations and rewards.	Yes	
<b>10</b>	Policy contains specific language regarding fundraising guidelines.	Yes	
<b>11</b>	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
<b>12</b>	Policy contains specific language regarding water availability and promotion.	Yes	
<b>13</b>	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
<b>14</b>	Policy contains specific language regarding staff qualifications and professional development.	Yes	
<b>15</b>	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
<b>16</b>	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
<b>17</b>	Wellness committee meets at least 4 times per year.	No	Wellness Committee meets annually
<b>18</b>	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	
<b>19</b>	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates	Yes	

	roles, responsibilities, actions, and timelines specific to each school.		
<b>20</b>	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
<b>21</b>	SFA has retained records that document compliance with policy requirements.	Yes	
<b>22</b>	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
<b>23</b>	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
<b>24</b>	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	