



## Upper Merion Middle School Menu June 2-6, 2025

V= Vegetarian, V+= ask for it Vegetarian or meat wrapped completely separate

<u><b>Monday, June 2</b></u>	<u><b>Tuesday, June 3</b></u>	<u><b>Wednesday, June 4</b></u>	<u><b>Thursday, June 5</b></u>	<u><b>Friday, June 6</b></u>
Pizza- Cheese-- <b>V</b>  Cold Special of the Day- Italian Hoagie  Salad - Chicken Caesar  Grille- Hamburger or Cheeseburger on Bun with Chips  Chef Special of the day- Perogies with a dinner roll and Spinach or Potato Bar with cheese, chicken and toppings bar  Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Fruit Cup  Choice of Milk	Pizza-Cheese- <b>V</b> or Pepperoni  Cold Special of the Day- Turkey and Cheese Hoagie  Salad -Chicken and Pasta Salad  Grilled-Breaded Chicken(may be Spicy) Sandwich with Chips  Chef Special of the day- Nacho Taco Bar with Cilantro Lime Rice  Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Canned Peaches  Choice of Milk	Pizza-Cheese or Hawaiian Pizza- <b>V</b>  Cold Special of the Day- Chicken Tender Wrap  <b>Salad Bar-</b> Make your Own Salad!- <b>V</b>  Grille- Hot Dog w/ Honey Mustard  Chef Special of the day- Asian Chicken Bowl with rice  Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Canned Mixed Fruit  Choice of Milk  Dessert Bar	Pizza -Cheese- <b>V</b> or Pepperoni  Cold Special of the Day-Tuna Salad on Kaiser w/ Lettuce and Tomato, Chips  Salad-Chicken Tender Salad  Grilled-Breaded Mozzarella Sticks, Marinara Sauce- <b>V</b>  Chef Special of the day- Pasta Bar with meatballs or meat sauce  Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Canned Pears  Choice of Milk	Pizza-Cheese- <b>V</b> or Buffalo Chicken Pizza  Cold Special of the Day- Make Your Own Pizza Lunchable- <b>V</b>  Salad-Chicken Caesar  Grille- Pho with Choice of Proteins and Grains and Fix it Yourself Bar!  Chef Special of the day- Fish Sticks, French Fries, and Biscuits  Choice of Fresh Veggies, Choice of Juice, Fresh Fruit or Applesauce  Choice of Milk  Churro

If you believe, even remotely, that you may be free or reduced, then fill out an application at [www.schoolcafe.com](http://www.schoolcafe.com).

At [www.schoolcafe](http://www.schoolcafe) you may also check balances, set up automatic payments, low balance alerts and make payments. Note- to avoid the \$1.95 transaction fee you can send in a check with your student - make checks payable to "UMASD Food Service".

Menus are subject to last minute changes. This institution is an equal opportunity provider and employer.

Questions or Concerns? Brittany Frazer, Food Service Supervisor, [bfrazier@umasd.org](mailto:bfrazier@umasd.org), 610-205-8804.

All entrees come with a choice of milk (fat free chocolate or 1% white) and students must have at least 3 of the 5 components on their tray for the meal to count as a reimbursable meal.

Meal Pricing:

**Breakfast will continue to be FREE to ALL students all year!**

Lunch- Reduced students will pay nothing this year!, Paid- \$3.25