

# June

## PA Harvest of the Month

Strawberries are the perfect picking fruit in Pennsylvania as they are the first ripen in our area. Did you know, on average a strawberry has 200 seeds covering the outside skin.

For recipes, activities,  
& book suggestions

[CLICK HERE](#)

Meal Pricing: Lunch- Reduced students will pay nothing this year,  
Full Pay- \$3.00.

For lunch, if you believe, even remotely, that you may be free or reduced, then fill out an application at [www.schoolcafe.com](http://www.schoolcafe.com).

For more information, menus, payment options, low balance alerts, and applications for free/reduced please visit [SchoolCafe.com](http://SchoolCafe.com) or scan the QR code to visit [umasd.org](http://umasd.org) for more Food Service Info.



SCAN ME

Any further questions can be directed to  
Brittany Frazer at [bfrazer@umasd.org](mailto:bfrazer@umasd.org) or  
610-205-8804

This institution is an equal opportunity provider. Menus are subject to change.

Every student can select one \*main entree and their choice of fruits and vegetables daily. 1% White Milk and Fat Free Chocolate Milk are also offered with each meal.

### MONDAY

- 1- Spaghetti and Meatballs, Sauce, Dinner Roll, Mixed Veggies
  - 2- Slice of Pizza- Broccoli w/ Ranch-V
  - 3- Chicken Dipper Grab and Go hot chicken, bag carrots, apples
- Banana** 2

- 1-Chef Special
- 2- Chef Special

### TUESDAY

- 1-Potato and Cheese Pierogies, Dinner Roll/Marg, Green Beans- V
- 2-Cheese Stuffed Breadstick, Green Beans, Marinara Sauce- V
- 3- Turkey Sandwich on Kaiser Grab and Go

**Apple Slices** 3

### Early Dismissal

Only breakfast will be served

### WEDNESDAY

- Mini Waffles, Turkey Sausage, Hash Browns, Green Peppers /Ranch -V+
- 2- Egg, Cheese Turkey Bacon Sandwich, Hash Browns, Green Peppers /Ranch
- 3- Yogurt&Cheese Grab& Go-V

**Diced Peaches** 4

### Early Dismissal

Only breakfast will be served

### THURSDAY

- 1- Chef Special
- 2-Chef Special
- 3- Make Your Own Pizza Grab and Go-V

Assorted Fresh Veggie Cup

**Applesauce** 5

### Early Dismissal

Only breakfast will be served

### FRIDAY

- 1- Chef Special
- 2- Chef Special
- 3-Pretzel& Dipping Cheese Grab&Go-V

Assorted Fresh Veggie Cup

**Grapes** 6

## ELEMENTARY LUNCH MENU CALEY, CANDLEBROOK, GULPH, & ROBERTS

*KEEP your Breakfast STUDENT ID CARDS safe over Summer. Do not lose them or return them to the main office*



*Strawberries to be served every Tuesday and Thursday in June!!!*

# SUMMER