

Wallkill HS

6/2/2025 - 6/6/2025

Welcome to our
Lunch Cafe

MEATLESS
MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



2 Meatball Hero
freshly baked meatballs
mixed in a rich tomato
sauce inside a soft roll
topped with melted
mozzarella
Steamed Broccoli
Applesauce

3 Wing Shack Honey
Dipped Chicken
Wings
chicken wings mixed with
honey and hot sauce 🍯
Wing Shack Chicken
Wings
Garlic Parmesan
Fries
Celery
Watermelon Slices

4 Chicken Bowl with
Gravy
chicken layered with
mashed potatoes and
corn, smothered in gravy
Buttered Corn
Pineapple

5 Spicy Chicken
Nuggets
Oven Baked Fries
Spiced Roasted
Green Beans w/
Parmesan
Fresh Apple

6 Cheesy Stuffed
Bread Sticks
baked bread sticks filled
with melted cheese 🍷
Tomato Sauce
Roasted Squash
Fresh Grapes

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



For Menu Questions
please contact
Marilyn Digregorio @

digregoriom@
whitsons.com

Broccoli Cheddar
Cheese Pizza
freshly made pizza
topped with fresh
cheddar cheese and
crisp broccoli florets 🍷

Broccoli Cheddar
Cheese Pizza
freshly made pizza
topped with fresh
cheddar cheese and
crisp broccoli florets 🍷

Broccoli Cheddar
Cheese Pizza
freshly made pizza
topped with fresh
cheddar cheese and
crisp broccoli florets 🍷

Broccoli Cheddar
Cheese Pizza
freshly made pizza
topped with fresh
cheddar cheese and
crisp broccoli florets 🍷

Broccoli Cheddar
Cheese Pizza
freshly made pizza
topped with fresh
cheddar cheese and
crisp broccoli florets 🍷

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



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Visit SummerMealsNY.org
Call 211 or 311 (in NYC)
or 1-866-3-HUNGRY



Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fdmealplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches

Italian Stallion Panini
freshly prepared grilled
panini with pepperoni,
ham, mozzarella cheese
and lettuce P 🍷

Italian Stallion Panini
freshly prepared grilled
panini with pepperoni,
ham, mozzarella cheese
and lettuce P 🍷

Italian Stallion Panini
freshly prepared grilled
panini with pepperoni,
ham, mozzarella cheese
and lettuce P 🍷

Deli Bar
Italian Stallion Panini
freshly prepared grilled
panini with pepperoni,
ham, mozzarella cheese
and lettuce P 🍷

Deli Bar
Italian Stallion Panini
freshly prepared grilled
panini with pepperoni,
ham, mozzarella cheese
and lettuce P 🍷

Available Daily: Made to Order and **ALWAYS** Fresh!



Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls 🍷
Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola 🍷 🍷

Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls 🍷
Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola 🍷 🍷

Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls 🍷
Fruity Granola
Parfait 🍷 🍷

Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls 🍷
Fruity Granola
Parfait 🍷 🍷

Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls 🍷
Fruity Granola
Parfait 🍷 🍷

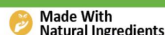
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at
www.FDMealPlanner.com or download
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the App Store or Google Play, and
view your menu on your mobile device
anywhere.



Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.



Wallkill HS

Welcome to our
Lunch Cafe

6/9/2025 - 6/13/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



9 Fluffy Whole Grain Waffles
warm whole grain waffles
Syrup
Sausage Patty
Crispy Potato Puffs
Fresh Strawberries
BRUNCH FOR LUNCH TODAY!

10 **NO MAIN ENTREE**
Menus are subject to change

11 **NO MAIN ENTREE**
Menus are subject to change

12 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Carrot Sticks
Oven Baked Fries
Fresh Orange

13 BBQ Meatballs
juicy meatballs smothered in BBQ sauce
Yellow Rice
Tomato Salad
Steamed Peas
Fresh Banana

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



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Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

Cheese Pizza
Pepperoni Pizza

Cheese Pizza
Pepperoni Pizza

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball

Offering New Specials EVERY WEEK!

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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough

Grilled Cheese Sandwich Melt-down
Café
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

NY Beef Burger
Cheeseburger
Crispy Chicken Sandwich

NY Beef Burger
Cheeseburger
Crispy Chicken Sandwich

Grilled Cheese Sandwich Melt-down
Café
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

Grilled Cheese Sandwich Melt-down
Café
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
Buffalo Chicken Sandwich

Peanut Butter & Jelly Sandwich
Ham & Cheese Sandwich
Turkey & Cheese Sandwich

Peanut Butter & Jelly Sandwich
Ham & Cheese Sandwich
Turkey & Cheese Sandwich

Deli Bar
Buffalo Chicken Sandwich

Deli Bar
Buffalo Chicken Sandwich

Available Daily: Made to Order and ALWAYS Fresh!



Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens

Fruity Granola Parfait

Chicken Caesar Salad
Garden Salad
Entree
Fruity Granola Parfait

Chicken Caesar Salad
Garden Salad
Entree
Fruity Granola Parfait

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens

Fruity Granola Parfait

Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens

Fruity Granola Parfait

Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls



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Vegetarian

Made With Natural Ingredients

Pork

Smart Choice

Made With Organic Ingredients



Wallkill HS

Welcome to our
Lunch Cafe

6/16/2025 - 6/20/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



16 Homemade Spicy Pork Mac & Cheese
shredded pork mixed with hot sauce blended with pasta smothered in a creamy cheese sauce
P 🌱
Chilled Red Pepper Strips
Steamed Peas
Applesauce

NO MAIN ENTREE

Menus are subject to change

NO MAIN ENTREE

Menus are subject to change

SCHOOL CLOSED TODAY

NO MAIN ENTREE

Menus are subject to change

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🌱

Cheese Pizza 🌱
Pepperoni Pizza P 🌱

Cheese Pizza 🌱
Pepperoni Pizza P 🌱

SCHOOL CLOSED TODAY

Cheese Pizza 🌱
Pepperoni Pizza P 🌱

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Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



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Pretzel
Cheese Sauce

NY Beef Burger
Cheeseburger
Crispy Chicken
Sandwich

NY Beef Burger
Cheeseburger
Crispy Chicken
Sandwich

SCHOOL CLOSED TODAY

NY Beef Burger
Cheeseburger
Crispy Chicken
Sandwich

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
American Combo
Sandwich P

Peanut Butter & Jelly
Sandwich 🌱
Ham & Cheese
Sandwich P
Turkey & Cheese
Sandwich

Peanut Butter & Jelly
Sandwich 🌱
Ham & Cheese
Sandwich P
Turkey & Cheese
Sandwich

SCHOOL CLOSED TODAY

Peanut Butter & Jelly
Sandwich 🌱
Ham & Cheese
Sandwich P
Turkey & Cheese
Sandwich

Available Daily: Made to Order and ALWAYS Fresh!



Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🌱
Fruity Granola Parfait 🌱

Chicken Caesar Salad 🌱
Garden Salad
Entree 🌱
Fruity Granola Parfait 🌱

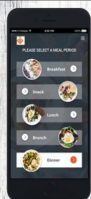
Chicken Caesar Salad 🌱
Garden Salad
Entree 🌱
Fruity Granola Parfait 🌱

SCHOOL CLOSED TODAY

Chicken Caesar Salad 🌱
Garden Salad
Entree 🌱
Fruity Granola Parfait 🌱



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Vegetarian

Made With Natural Ingredients

P Pork

Smart Choice

Made With Organic Ingredients

WHITSON'S
School Nutrition

Wallkill HS

Welcome to our
Lunch Cafe

6/23/2025 - 6/27/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday

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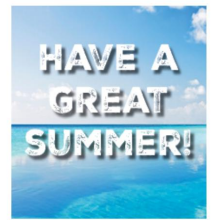


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Served with a choice of side or variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk

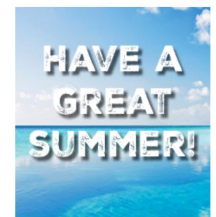


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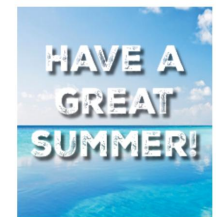


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Available Daily: cheeseburgers, chickenburgers, and chicken patty sandwiches

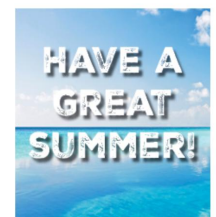


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Available Daily: Made with real meat and ALWAYS Fresh!

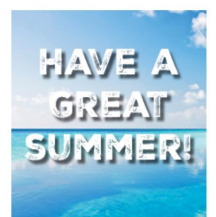


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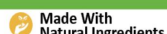
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Wallkill HS

6/30/2025 - 6/30/2025

Welcome to our
Lunch Cafe

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday

30



Served with choice of side salad, variety of fresh fruit



milk



Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough

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Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Available Daily: Ma



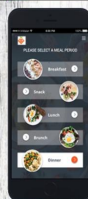
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Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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