



Health and Wellness



Physical Education Update

REPORT TO THE BOARD OF EDUCATION

DECEMBER 15, 2021

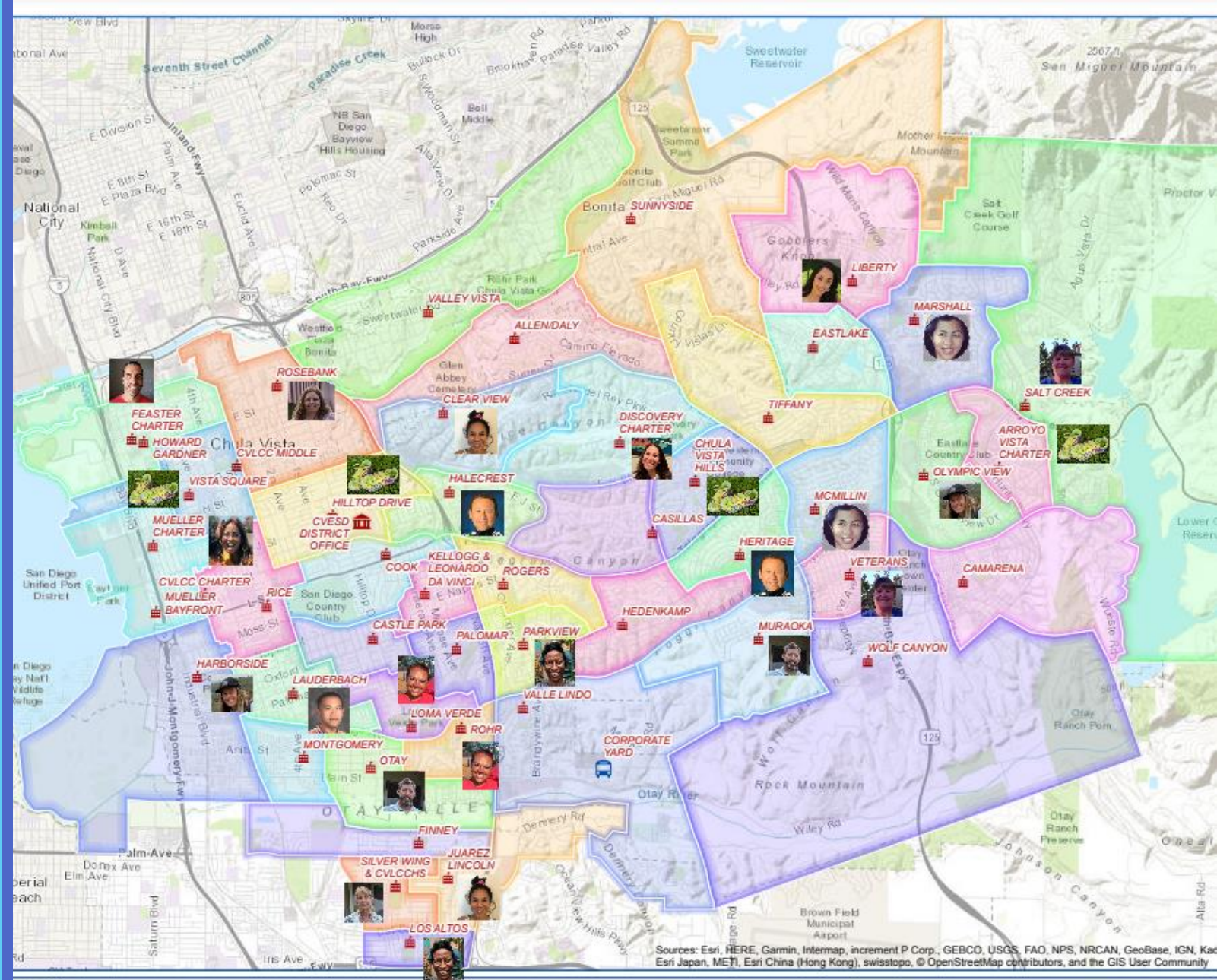


Waves of Change, Oceans of Possibilities



PHYSICAL EDUCATION

Health and Wellness



CHULA VISTA ELEMENTARY SCHOOL DISTRICT

Physical Education Teachers

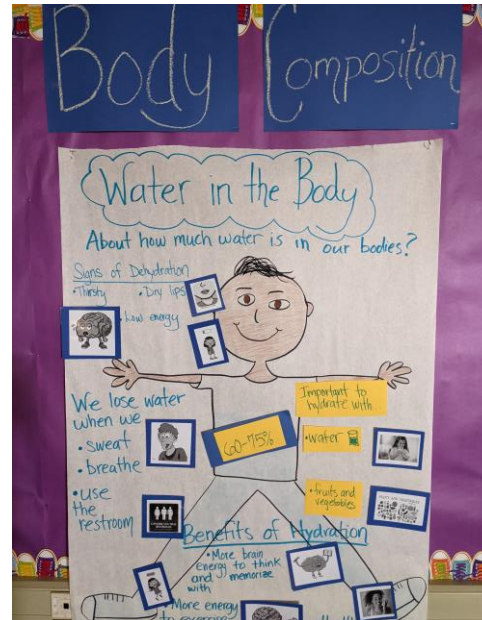
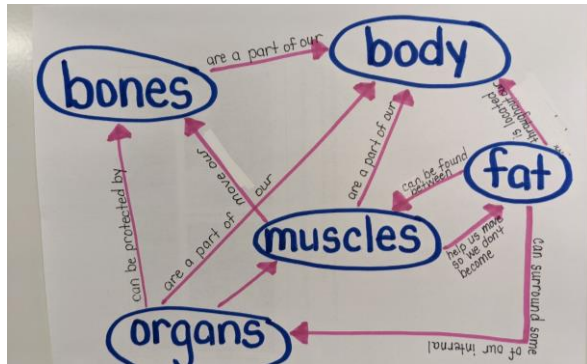


Physical Literacy = Goal of Physical Education

Competence
(Knowledge)

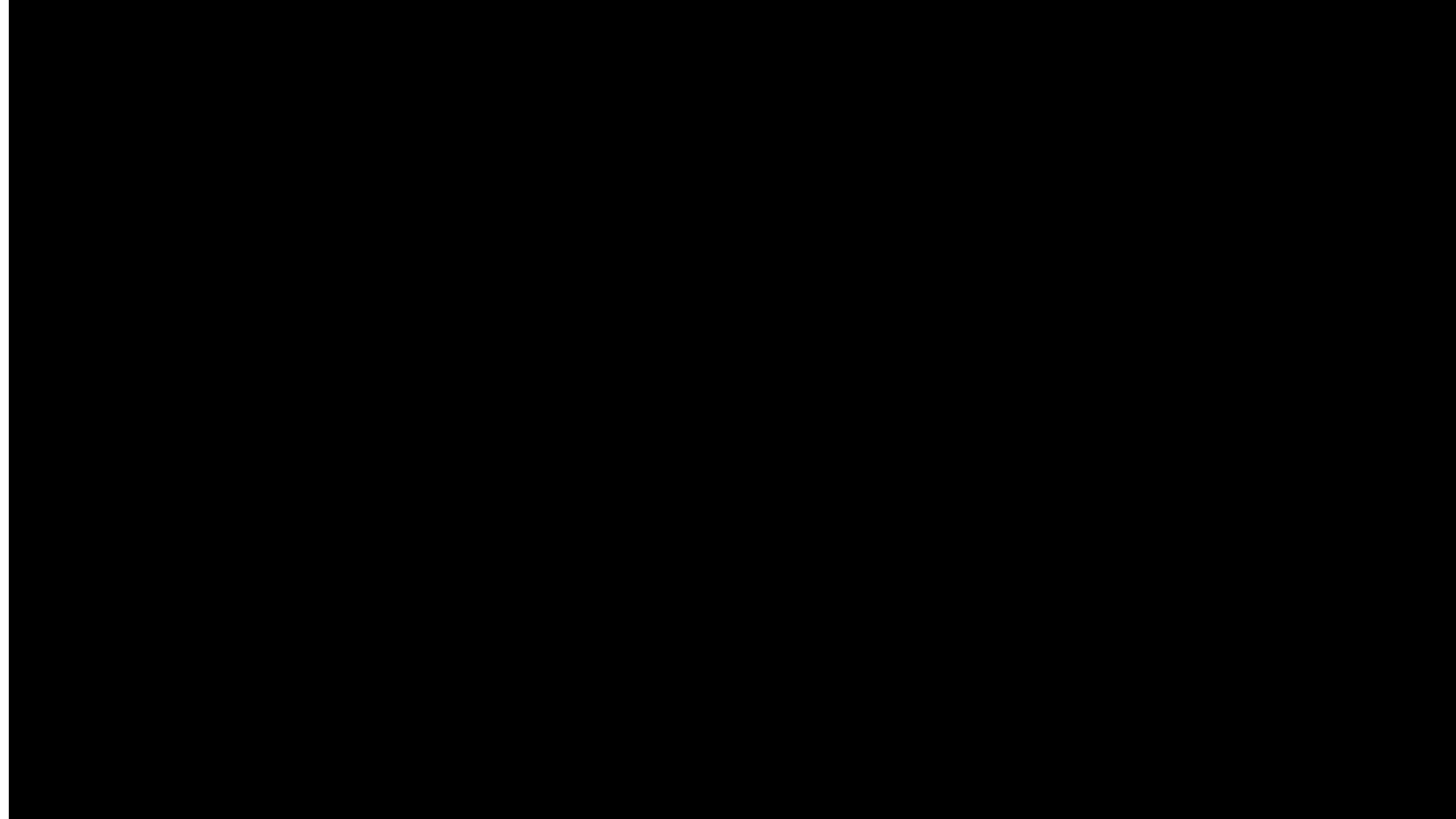
Confidence
(Skills)

Motivation



Simply the Best!

CVESD Physical Education Teachers



Support for Physical Education Teachers



Site Visits

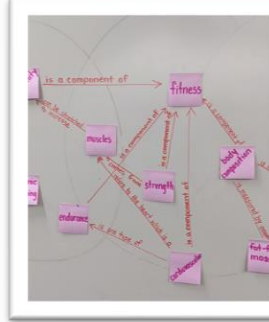
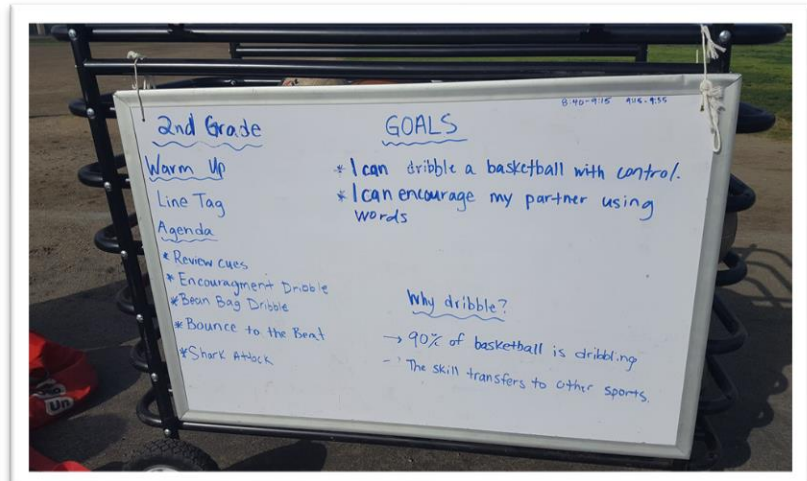
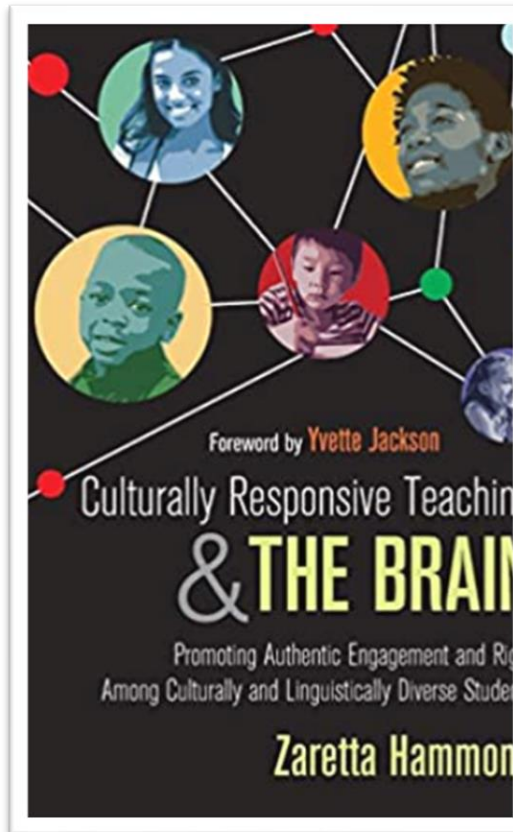
Monthly meetings

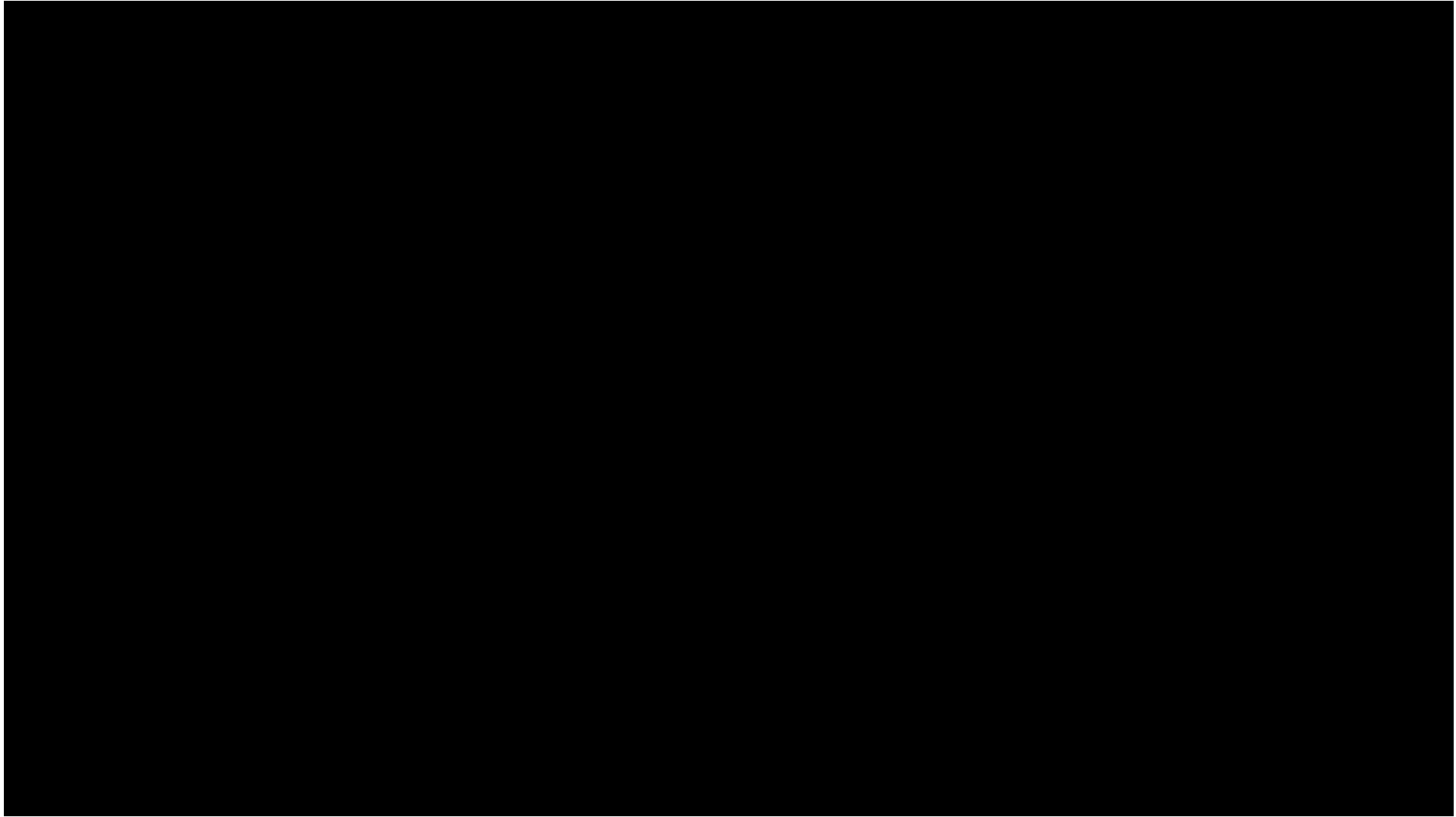
- Culturally Responsive Teaching & The Brain
- High-Impact Language Strategies

Curricular Resources

- Pacing Guide
- Activity Ideas

Equipment

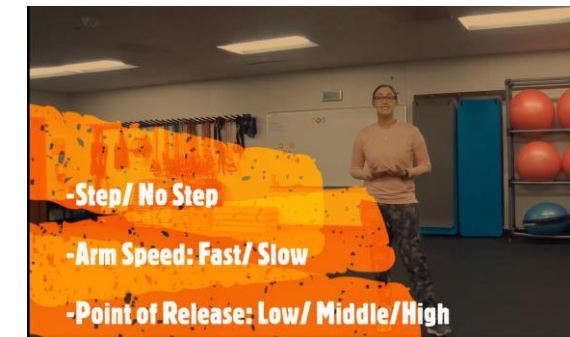
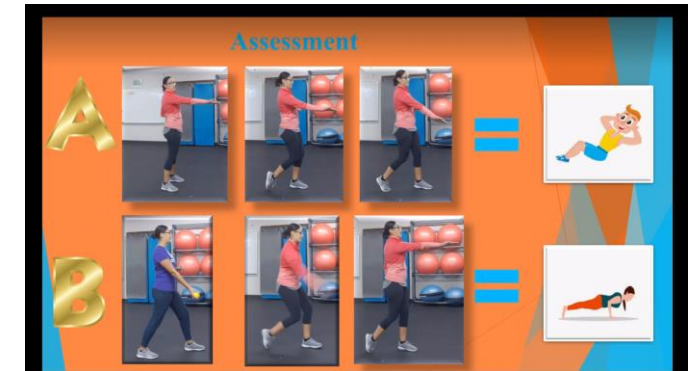






Support for Classroom Teachers: *On-Demand PE Lessons*

Virtual PE Lessons						
Kinder	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5	Grade 6
Gr. K PE Lesson #1- Your Healthy Heart	Gr. 1 PE Lesson #1- Your Healthy Heart	Gr. 2 PE Lesson #1- Your Healthy Heart	Gr. 3 PE Lesson #1-Healthy Heart	Gr. 4 PE Lesson #1- Monitor Your Heart Rate	Gr. 5 PE Lesson #1-Monitor Your Heart Rate	Gr. 6 PE Lesson #1- Monitor Your Heart Rate
Gr. K PE Lesson #2- Muscular Strength	Gr. 1 PE Lesson #2- Muscular Strength	Gr. 2 PE Lesson #2- Muscular Strength	Gr. 3 PE Lesson #2- Muscular Endurance	Gr. 4 PE Lesson #2- Muscular Endurance	Gr. 5 PE Lesson #2- Muscular Strength	Gr. 6 PE Lesson #2- Muscular Strength
Gr. K PE Lesson #3- Underhand Throw	Gr. 1 PE Lesson #3- Underhand Throw	Gr. 2 PE Lesson #3- Underhand Throw- Distance				
Gr. K PE Lesson #4- Underhand Throw (cont.)	Gr. 1 PE Lesson #4- Underhand Throw (cont.)					



CVESD PHYSICAL EDUCATION PRESENTS:
WELLNESS WEDNESDAY
 LIVING LIFE IN BALANCE-
 THE ULTIMATE OBSTACLE COURSE

MAY 5TH, 2020
3:00-4:00 PM

Join Coach G, kids, and families from all over Chula Vista for an hour of mindfulness, high intensity workouts, a special challenge, and a dance party!!

WANT TO JOIN IN THE FUN?
 CLICK HERE:
[HTTP://BIT.LY/WWFITNESS_2021_05_05](http://bit.ly/WWFITNESS_2021_05_05)

MAKE SURE TO HAVE THE FOLLOWING:
 Water Bottle, yoga mat or Towel, Tennis Shoes, tape, pillows, 5 books, a spoon, and a small ball or round object!







CVESD PHYSICAL EDUCATION PRESENTS:
WELLNESS WEDNESDAY
 TEAM WORK MAKES THE DREAM WORK
 WITH SPECIAL GUEST:

WES BERG
 Professional San Diego Lacrosse Player

MAY 19TH, 2020
3:00-4:00 PM

Join Coach G, kids, and families from all over Chula Vista for an hour of mindfulness, high intensity workouts, a special challenge, and a dance party!!

WANT TO JOIN IN THE FUN?
 CLICK HERE: [HTTP://BIT.LY/WWFITNESSTEAMWORK](http://bit.ly/WWFITNESSTEAMWORK)

EQUIPMENT NEEDED:
 Water, tennis shoes, 4-6 pillows or stuffed toys









CVESD PHYSICAL EDUCATION PRESENTS:
WELLNESS WEDNESDAY
 MINUTE TO WIN IT
 WITH SPECIAL GUEST:

Rachel Buehler Van Hollebeke
 Former US Womens National Soccer Team Player

JUNE 2ND, 2021
3:00 - 4:00 PM

Join Coach G, kids, and families from all over Chula Vista for an hour of mindfulness, high intensity workouts, a special challenge, and a dance party!!

WANT TO JOIN IN THE FUN?
 Click Here:
<http://bit.ly/WWFitnessUnderPressure>

EQUIPMENT NEEDED:
 Water, tennis shoes, 4-6 pillows or stuffed toys









Support for Community:
Live Virtual Fitness Events



COMING SOON!
Live and On-Demand
Physical Education Lessons

The screenshot displays the Nearpod web application interface. On the left is a dark sidebar with navigation options: 'Join a lesson' with a 'CODE...' input field, 'MY MATERIALS' (including 'My Lessons', 'Reports', and 'Sub Plans'), 'SHARED LIBRARIES' (including 'School Library', 'District Library', and 'Manage Nearpod'), 'NEARPOD CONTENT' (including 'Nearpod Library' and 'Flocabulary Video Pack'), and 'RESOURCES' (including 'Teacher Resources'). The main area is titled 'My Lessons' with a search bar. It contains a grid of 15 lesson cards, each featuring a 'PHYSICAL EDUCATION' logo and a blue circular icon with a person running. The lessons are as follows:

Lesson Title	Grade	Topic	Duration
First Grade- REDUCE, RE...	1st Grade	Personal and Community Health: Reduce, Reuse, Recycle	Sep 20, 2021 - 13MB
First Grade- SAFETY SIG...	1st Grade	Injury Prevention and Safety: Safety Signs & Symbols	Sep 20, 2021 - 3MB
First Grade- PARTS OF TH...	1st Grade	Growth and Development: Parts of the Body	Sep 20, 2021 - 26MB
Kinder - BICYCLE & PEDE...	Kinder	Injury Prevention and Safety: Bicycle & Pedestrian Safety	Sep 20, 2021 - 2MB
Kinder- HYGIENE & GERMS	Kinder	Practicing Health-Enhancing Behaviors: Hygiene & Germs	Sep 20, 2021 - 29MB
4th Grade- SHORT & LON...	4th Grade	Alcohol, Tobacco, and Other Drugs: Short- and Long-Term Effects of Tobacco	Sep 20, 2021 - 1MB
3rd Grade- PERSONAL B...	3rd Grade	Mental, Emotional, and Social Health: Personal Boundaries	Sep 20, 2021 - 1MB
5th grade: NUTRITION FA...	5th Grade	Nutrition & Physical Activity: Nutrition Facts	Sep 20, 2021 - 2MB
6th Grade- INTERNET SA...	6th Grade	Injury Prevention & Safety: Internet Safety	Sep 20, 2021 - 28MB
2nd Grade- EMOTIONS	2nd Grade	Mental, Emotional, and Social Health: Emotions	Sep 20, 2021 - 14MB
2nd Grade- FOOD GROUPS	2nd Grade	Nutrition & Physical Activity: Food Groups	Sep 20, 2021 - 2MB
3rd Grade- BODY PARTS ...	3rd Grade	Growth & Development: Internal & External Body Parts and Functions	Sep 20, 2021 - 1MB
3rd Grade- SIGNS OF AS...	3rd Grade	Personal and Community Health: Signs of Heart Attack & Asthma Attack	Sep 20, 2021 - 2MB
2nd Grade-TASTING UNK...	2nd Grade	Alcohol, Tobacco & Other Drugs: Tasting Unknown Substances	Sep 20, 2021 - 1MB
Kinder- HEALTHY FOODS	Kinder	Nutrition & Physical Activity: Healthy Foods	Sep 20, 2021 - 52MB

Health Education

Nearpod Lessons

- Grades K-6
- Standards-based lessons
- 2 lessons per grade-level

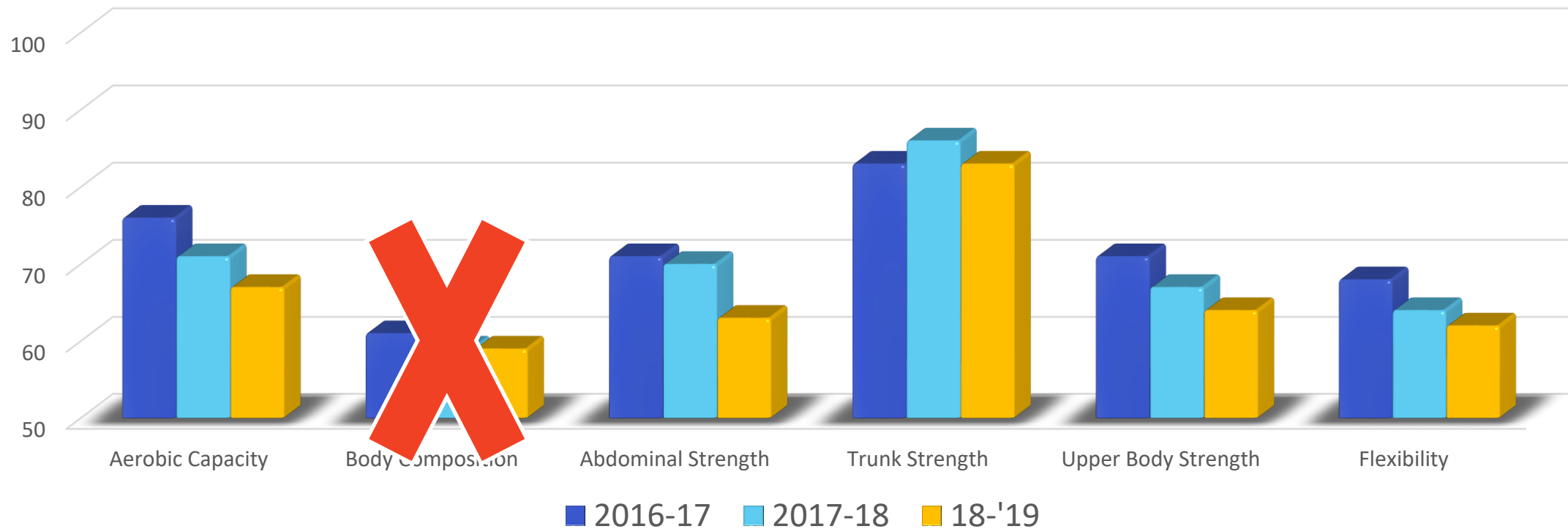


5th Grade Physical Fitness Test (PFT)



Participated

Percent of CVESD Students ~~in Healthy Fitness Zone~~ by Fitness Area





Adapted Physical Education (APE)

Caseload: 270 Students

School Sites: 42 sites with 1 or more student(s) receiving APE services

- Service students who qualify for APE in order to provide additional help in areas of need that are unable to be obtained within a general physical education class.
- Scaffold and modify Gross Motor skills (locomotor and object control) tailored to the need of each individual student.
- Consult with physical education and classroom teachers on strategies and modifications to help include students or assist students during play, games, and sport.
- Collaborate with other service providers to work on social interaction and other areas of need.



Intramural Sports



- Flag Football
 - 7 teams
- Kickball
 - 5 teams
- Soccer
 - 55 teams
- Basketball
 - 34 teams
- Volleyball (NEW!)

Over 100 teams!



4th Grade Water Safety Lessons

Community Partnerships



Thriving Schools Playbook Activation Grant
\$20,000 (funded by Kaiser)
On-demand Physical Education Lessons



SD Legion
Rugby equipment & curriculum for all schools



Live Well San Diego, County of San Diego Health and
Human Services Agency

Questions?



Report to the Board of Education
December 15, 2021



District Safety Committee & COVID-19 Update

CVESD Governing Board Meeting
December 15, 2021

Purpose

The District Safety Committee was formed by the Chula Vista Elementary School District Board of Education at their regularly scheduled meeting held on August 25, 2021.

Per the Board of Education the committee's role is to advise on the creation and implementation of COVID-19 safety measures, and to oversee site level committees.



District Safety Committee

District Administration

- Jorge Mora, Senior Director of Human Resources
- Jennifer Venyak, Emergency Preparedness and Security Manager

Chula Vista Educators

- Rosi Martinez, President
- Linda Kucinski, School Nurse

Chula Vista Classified Employees Organization

- Angela Reed, President
- Chris Mages, Vice President

Charter

- Angelica Sleiman, Ph.D., Principal



Safety Committee Discussion

COVID-19 Topics

- Omicron updates
 - 13 known cases found in CA including San Diego as of Dec. 13¹.
 - CDC has deemed this a variant of concern due to increase transmissibility and potential immune escape. (vaccine's less effective and previous infection less effective).
 - Continue to follow CDPH and County of San Diego guidance on COVID-19 and are alert for changes to that guidance.
- COVID Leave
- Staff close contact notification letters

General Safety Concerns

- Staff Sign-In Protocols
- Playground Safety and Supervision
- Safety MOU

¹ San Francisco Chronicle



Vaccine Clinic

Champions for Health Partnership with CVESD

- November 11 and December 10
- Held at Rogers Elementary
- Over 1,000 doses administered to adults and children
 - Flu shots
 - COVID vaccine

CV Fire Department Partnership with CVESD

- November 19 and December 10
- Held at Mueller
- 595 doses administered to adults and children
 - COVID vaccine

COVID-19 Parent Townhall

- January 2022 Final Date TBD
 - Topics:
 - Vaccines for children
 - Updated guidance on our K-12 Decision Tree
 - Omicron impact on our schools
 - Sports and COVID



District's Next Steps

- Partnering with Covid Clinic
 - Met with a couple of agencies
 - COVID CLINIC is aligned with our current practices
 - Can start right away
 - Offering Site Based Testing for Unvaccinated Employees
 - Site Based Testing for Students and Supports
 - Mobile testing when we need to test a larger group
 - Next steps with our partnership
 - Site based vaccines for interested parties
 - Vaccines, Boosters and Pediatric Vaccines
 - FLU Shot

The background of the slide features two parallel diagonal stripes in a teal color, running from the bottom-left towards the top-right. The stripes are set against a plain white background.

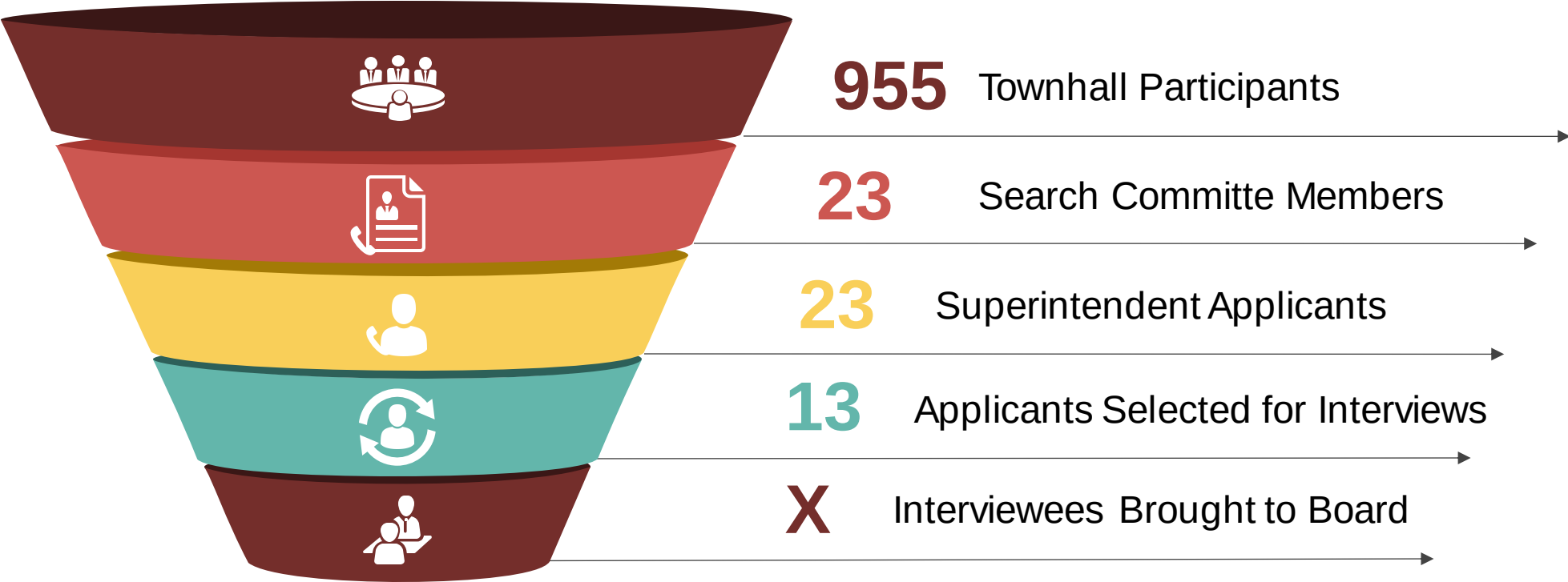
Questions?



Superintendent Search Update

CVESD Governing Board Meeting
December 15, 2021

By the Numbers



Application Screening Process

1

Confidential Process

- Packet of Redacted Applications
- A-W Letters only as identifiers

2

Individual Voice

- Search Committee Members sat separate
- Time to read applications silently

3

13 Chosen

- Lots of conversation on how many to bring forward
- 13 matched the time we had scheduled in January



Timeline



November 28

- Applications were Due



December 1

- Committee to review process



December 7,8

- Committee To Review Applicants
- 23 Redacted Applications
- 13 Candidates Recommended



January 11, 12, 13

- First Round Interviews



January TBD

- Special Board Meeting
- Board Interview Process

February Board Meeting

- Bring Contract for Approval





"The cost of reposting and restarting the hiring process is far less costly than the cost of hiring the wrong employee"

- Some HR Genius

Thank You



CVESD

84 East J Street

Chula Vista, CA 91910



Email Address:

Superintendent.Search@cvesd.org



EDUCATOR EFFECTIVENESS GRANT

—
*Report to the
Board of Education*

Matthew Tessier, Ed.D.

December 15, 2021

FUNDING FOR CVESD

\$5,463,799

Spend By: 2025-26



EDUCATOR EFFECTIVENESS BLOCK GRANT ALLOCATIONS

\$463,799

Coaching and
Mentoring

\$2,500,000

Programs that
lead to effective,
standards-
aligned
instruction

\$1,250,000

Practices to
create a positive
school climate

\$1,250,000

Instruction and
education to
support effective
language
acquisition
programs for
English learners



Chula Vista Educators

Curriculum Adoption Training
Equity
ELD/MTSS Resources



Chula Vista Classified Employees Organization

Curriculum Adoption Training
Instructional Based Support
Student Attendant/Instructional Assistant Support



Administrators

Equity
Coaching
Teacher Training
Leadership Training

QUESTIONS?

Report to the Board of Education

Matthew Tessier, Ed.D.

December 15, 2021

