
Coal City Unit District #1
Fifth Grade
SECA Curriculum

SECA.5:1 Students will identify and manage their emotions and behavior.

- SECA.5:1-1 Identify ways of dealing with upsetting situations (e.g., being left out, losing, rejection, being teased).
- SECA.5:1-2 Describe ways to express feelings/emotions in a socially acceptable manner.

SECA.5:2 Students will recognize personal qualities and external supports.

- SECA.5:2-1 Describe a time and situation in which they needed help.
- SECA.5:2-2 Identify reliable adults from whom they would seek help in various situations.

SECA.5:3 Students will demonstrate skills related to achieving personal and academic goals.

- SECA.5:3-1 Develop an academic goal and personal goal with action steps to be taken by certain dates.
- SECA.5:3-2 Monitor progress on planned action steps for an academic goal and personal goal.

SECA.5:4 Students will recognize the feelings and perspectives of others.

- SECA.5:4-1 Describe others' feelings in a variety of situations.
- SECA.5:4-2 Describe an argument they had with another person and summarize both points of view.

SECA.5:5 Students will recognize individual and group similarities and differences.

- SECA.5:5-1 Identify how responsible students help their classmates.
- SECA.5:5-2 Demonstrate strategies for building relationships with others who are different from oneself.

SECA.5:6 Students will use communication and social skills to interact effectively with others.

- SECA.5:6-1 Identify qualities of an effective communicator.
- SECA.5:6-2 Identify how to take responsibility for one's mistakes.

SECA.5:7 Students will demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

SECA.5:7-1 Identify the consequences of conflict resolution behavior.

SECA.5:7-2 Explain how resolving a conflict could improve the understanding of a situation.

SECA.5:8 Students will consider ethical, safety, and societal factors in making decisions.

SECA.5:8-1 Describe how differing points of view affect the decision-making process.

SECA.5:8-2 Identify what it means to be dependable and why this is sometimes difficult (e.g., meeting deadlines, keeping commitments).

SECA.5:8-3 Define “good touch” and “bad touch” (Erin’s Law) (HE: 2:3-7)

SECA.5:9 Students will apply decision-making skills to deal responsibly with daily academic and social situations.

SECA.5:9-1 Identify challenges and obstacles to solving problems.

SECA.5:9-2 Identify strategies to promote school success (e.g., identifying distractions, managing stress, and putting first things first).