
Coal City Unit District #1
Third Grade
SECA Curriculum

SECA.3:1 Students will identify and manage emotions and behavior.

- SECA.3:1-1 Describe how various situations can make someone feel.
- SECA.3:1-2 Describe possible physical responses to strong emotions.
- SECA.3:1-3 Recognize ways that feelings change throughout the day.
- SECA.3:1-4 Demonstrate ways to deal with strong emotions (e.g., sadness, anger, disappointed).
- SECA.3:1-5 Identify positive strategies for handling conflict.

SECA.3:2 Students will recognize personal qualities and external support.

- SECA.3:2-1 Identify community members that can be of support when needed (e.g., religious leader, extended family member, neighbor).
- SECA.3:2-2 Demonstrate ways to ask for help when needed.
- SECA.3:2-3 Identify something they would like to be able to do better.

SECA.3:3 Students will demonstrate skills related to achieving personal and academic Goals.

- SECA.3:3-1 Demonstrate ways to deal with upsetting emotions (e.g., sadness, anger, disappointment).
- SECA.3:3-2 Identify the steps needed to perform a routine task (e.g., homework completion, organization of personal space/materials, studying for a test).

SECA.3:4 Students will recognize the feelings and perspectives of others.

- SECA.3:4-1 Describe how to show interest in the perspective of others.
- SECA.3:4-2 Label others' feelings based on verbal and non-verbal cues in different situations.
- SECA.3:4-3 Describe how a person feels when left out of an activity or group.

SECA.3:5 Students will recognize individual and group similarities and differences.

- SECA.3:5-1 Identify ways that people from different cultural and social groups share many things in common.
- SECA.3:5-2 Describe strategies for building relationships with others who are different from oneself.

- SECA.3:6 Students will use communication and social skills to interact effectively with others.**
- SECA.3:6-1 Practice introducing everyone in a class.
 - SECA.3:6-2 Identify ways to build positive relationships with peers, family and others.
 - SECA.3:6-3 Demonstrate cooperative behaviors in a group.
- SECA.3:7 Students will demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.**
- SECA.3:7-1 Identify bullying behavior and how it affects people.
 - SECA.3:7-2 Explain what happens when a conflict is not resolved.
 - SECA.3:7-3 Identify the consequences of a solution.
 - SECA.3:7-4 Identify assertive, passive and aggressive conflict resolution behaviors.
 - SECA.3:7-5 Generate alternative solutions for a conflict.
- SECA.3:8 Students will demonstrate ethical, safety, and societal factors in making decisions.**
- SECA.3:8-1 Describe the consequences of breaking classroom or school rules.
 - SECA.3:8-2 Describe the consequences of lying.
 - SECA.3:8-3 Decide what is fair in responding to situations that arise in the classroom (e.g., how to share a new piece of equipment).
 - SECA.3:8-4 Identify factors that make a situation unsafe. (Erin's Law)
 - SECA.3:8-5 Demonstrate respect for the property of others.
- SECA.3:9 Students will apply decision-making skills to deal responsibly with daily academic and social situations.**
- SECA.3:9-1 Demonstrate awareness that feelings influence one's decisions.
 - SECA.3:9-2 Describe the steps of a decision-making model.