
Coal City Unit District #1
Twelfth Grade
SECA Curriculum

SECA.12:1 Students will identify and manage their emotions and behavior.

- SECA.12:1-1 Explain how focusing on a community's assets rather than its deficits can affect choices.
- SECA.12:1-2 Explain the impact of denial defense mechanisms on mental health.
- SECA.12:1-3 Demonstrate an ability to express hurt without withdrawal, blame, or aggression.
- SECA.12:1-4 Identify healthy defense mechanisms.

SECA.12:2 Students will recognize personal qualities and external supports.

- SECA.12:2-1 Identify the skills and credentials required to enter a particular profession and begin to prepare accordingly.
- SECA.12:2-2 Analyze how the example of the professional work or community service of an adult has contributed to an important life goal.
- SECA.12:2-3 Demonstrate decision making based on what is right rather than media images of success.
- SECA.12:2-4 Identify and develop relationships that support personal and career goals.
- SECA.12:2-5 Meet with counselor to receive support in completing post secondary applications.

SECA.12:3 Students will demonstrate skills related to achieving personal and academic goals.

- SECA.12:3-1 Set a long-term academic/career goal with dates for completion of the action steps.
- SECA.12:3-2 Analyze how current decisions about health behavior may affect long-term education and career goals.
- SECA.12:3-3 Evaluate achievement on two goals by using criteria related to goal setting, making and working a plan, and accessing available supports.
- SECA.12:3-4 Attend a FAFSA completion workshop.
- SECA.12:3-7 Obtain industry certifications based on his/her career path.

SECA.12:4 Students will recognize the feelings and perspectives of others.

- SECA.12:4-1 Evaluate opposing points of view on current issues
- SECA.12:4-2 Analyze the factors that have influenced your perspective on an issue.

SECA.12:4-3 Use appropriate nonverbal cues to communicate understanding of another's perspective.

SECA.12:5 Students will recognize individual and group similarities and differences.

SECA.12:5-1 Analyze perceptions of cultural variation in light of experiences with members of various cultural groups.

SECA.12:5-2 Analyze how the media create and/or reinforce societal expectations of various social and cultural groups.

SECA.12:5-3 Evaluate how marketing and media shape how social and cultural groups perceive themselves.

SECA.12:5-4 Practice opposing intolerance and stereotyping (e.g., participate in mock trials of students accused of nonconformist behavior).

SECA.12:5-5 Demonstrate an ability to work well with those of different ethnic groups and religions.

SECA.12:6 Students will use communication and social skills to interact effectively with others.

SECA.12:6-1 Analyze the effects of giving and receiving help in completing tasks.

SECA.12:6-2 Evaluate how well one supports the leadership of others.

SECA.12:6-3 Demonstrate ways one can move group efforts forward (e.g., providing structure, guidelines, or ideas; supporting others' ideas).

SECA.12:6-4 Demonstrate strategies for collaborating with peers, adults and others in the community.

SECA.12:7 Students will demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

SECA.12:7-1 Analyze the causes of conflict in various situations (e.g., with a friend, someone you are dating, a neighbor, someone with a different political position, another country).

SECA.12:7-2 Articulate strategies for dealing with sexual harassment and an abusive relationship. (Erin's Law)

SECA.12:7-3 Evaluate the appropriateness of various approaches to resolving conflict (e.g., reflective listening, self-management, debate, mediation, decision making by a leader, war, court rulings).

SECA.12:7-4 Analyze how conflict can escalate into violence.

SECA.12:7-5 Demonstrate various approaches for resolving conflict.

SECA.12:8 Students will consider ethical, safety, and societal factors in making decisions.

SECA.12:8-1 Describe the value of resisting peer pressure that causes social or emotional harm to self or others.

SECA.12:8-2 Evaluate the consequences of following ethical principles in relationships.

- SECA.12:8-3 Evaluate ethical issues involved in a social policy.
- SECA.12:8-4 Show how a service project contributes to the good of society.

SECA.12:9 Students will apply decision-making skills to deal responsibly with daily academic and social situations.

- SECA.12:9-1 Identify how social relationships impact academic performance.
- SECA.12:9-2 Analyze how interests, personality traits, and aptitudes affect career choices.
- SECA.12:9-3 Explain the relationship between academic courses and career goals.
- SECA.12:9-4 Examine family and friends as sources of support for academic and social decisions.
- SECA.12:9-5 Evaluate how past relationships impact decisions about future relationships.

SECA.12:10 Students will contribute to the well-being of one's school and community.

- SECA.12:10-1 Design a survey to identify school needs.
- SECA.12:10-2 Prioritize identified school needs.
- SECA.12:10-4 Develop a project and action plan to address an identified school need.
- SECA.12:10-6 Work cooperatively with other students in addressing an identified need in the broader community