
Coal City Unit District #1
Preschool 3-5
SECA Curriculum

SECA.PK:1 Students will identify and manage emotions and behavior.

SECA.PK:1-1 Begin to recognize and label emotions (e.g., happy, sad, angry, afraid)

SECA.PK:1-2 Begin to identify how emotions make our bodies feel

SECA.PK:1-3 Begin to identify ways to become calm (e.g., Deep breathing, take a break, use a fidget, a calming tool box, etc.).

SECA.PK:1-4 Begin to understand the consequences of his or her behavior.

SECA.PK:2 Students will recognize personal qualities and external supports.

SECA.PK:2-1 Identify things they like to do.

SECA.PK:2-2 Identify the people who can give them help when needed.

SECA.PK:2-3 Identify various supports to help solve a problem

SECA.PK:4 Students will recognize the feelings of others.

SECA.PK:4-1 Begin to describe how others are feeling based on their facial expressions and gestures.

SECA.PK:4-2 Show empathy, sympathy, and caring for others.

SECA.PK:5 Students will recognize individual and group similarities and differences.

SECA.PK:5-1 Identify examples of classroom behavior that are sensitive to the needs of others (e.g., taking turns, listening to one another, supporting each other's ideas, following the group plan).

SECA.PK:5-2 Begin to recognize that all people are similar in the needs they share.

SECA.PK:5-3 Identifying differences in others (student learning, differences in appearance and what they like)

SECA.PK:6 Students will use communication and social skills to interact effectively with others.

SECA.PK:6-1 Develop positive relationships with peers and adults.

SECA.PK:6-2 Demonstrate appropriate ways to seek group entry.

SECA.PK:6-3 Engage in cooperative group play.

SECA.PK:6-4 Engage in agreed-upon rules for discussions (e.g., listening, making eye contact, taking turns speaking).

SECA.PK:6-5 Use socially appropriate behavior with peers and adults, such as helping, sharing, and taking turns.

SECA.PK:6-6 Say "no" or demonstrate other methods to respectfully protest.

SECA.PK:7 Students will demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in constructive ways.

SECA.PK:7-1 Seek adult help when needed to resolve conflict.

SECA.PK:7-2 Solve simple conflicts with peers with independence, using gestures or words.

SECA.PK:7-3 Practice self-calming techniques for anger management as a way to de-escalate conflict situations.

SECA.K:8 Students will demonstrate ethical, safety, and societal factors in making decisions.

SECA.PK:8-1 Discuss, identify and follow bus, classroom, and school safety rules.

SECA.PK:8-2 Attend a discussion of appropriate touch and inappropriate touch HE.2:3-7, Erin's Law.

SECA.PK:8-3 Explain how hitting, yelling, and taking or destroying another's property makes them feel.

SECA.PK:8-4 Describe situations that might feel unsafe and someone might need help (e.g. crossing a busy street, being approached by a strange adult, peer in conflict).

SECA.PK:9 Students will apply decision-making skills to deal responsibly with daily academic and social situations.

SECA.PK:9-1 Participate in discussions about finding alternative solutions to problems

SECA.PK:9-2 Brainstorm alternative solutions to problems posed in stories and videos.

SECA.PK:10 Students will contribute to the well-being of one's school and community.

SECA.PK:10-1 Express how helping out in class or at home feels.

SECA.PK:10-2 Engage in various classroom tasks (e.g., cleaning up, taking care of personal and shared materials, participating in morning and afternoon routines, etc.).

SECA.PK:10-3 Participate in making and following class rules.