
Coal City Unit District #1
Personal Living
Career and Technical Curriculum

CTE.PL: 1 Students will be able to understand the tasks involved to become responsible adults. (NFACS: 2.2, 6.1, 12.2)

- CTE.PL:1-1 Identify the three forces that shape personality.
- CTE.PL:1-2 Identify six patterns of growth.
- CTE.PL:1-3 Define self-concept and self-esteem.
- CTE.PL:1-4 Explain how a person's character is revealed by his or her Behavior.
- CTE.PL:1-5 Describe what it means to be a responsible adult.
- CTE.PL:1-6 Identify possible roadblocks to responsible adulthood.
- CTE.PL:1-7 Define the theories of Erikson, Havighurst, Maslow, and Kohlberg concerning personal development.
- CTE.PL:1-8 Define various types of personal response patterns.

CTE.PL: 2 Students will understand how communication works and how to express themselves by using positive communication. (NFACS: 2.4, 6.2, 12.3, 13.3, 13.4, 13.5, 13.6)

- CTE.PL: 2-1 Compare the different ways you communicate with others.
- CTE.PL: 2-2 Demonstrate the importance of good listening skills.
- CTE.PL: 2-3 Relate the importance of communicating a positive image of yourself to others.
- CTE.PL: 2-4 Identify five levels of communication.
- CTE.PL: 2-5 Classify assertive behaviors and their effects on communication.
- CTE.PL: 2-6 Analyze communication skills that work well with parents.
- CTE.PL: 2-7 Describe group behaviors that involve violence.
- CTE.PL: 2-8 Identify the steps to take to report sexual harassment if it occurs.

CTE.PL: 3 Students will be able to understand the progression of healthy relationships and recognize warning signs of unhealthy relationships. (NFACS: 6.2, 12.1, 13.1, 13.2, 13.3, 13.5, 13.6)

- CTE.PL: 3-1 Describe ways to promote friendships.
- CTE.PL: 3-2 Describe the functions, roles, and terms related to dating.
- CTE.PL: 3-3 Summarize the qualities that characterize a serious relationship.
- CTE.PL: 3-4 Explain and identify when and how to end a relationship.
- CTE.PL: 3-5 Compare and contrast and define the many different types of love and differentiate between love, infatuation, and sexual gratification.
- CTE.PL: 3-6 Analyze the issues involved in and define the terms related to sexual decision making.
- CTE.PL: 3-7 Define types of rape and state ways to prevent them.
- CTE.PL: 3-8 Identify the cycle of abuse.
- CTE.PL: 3-9 Identify resources to prevent abuse.
- CTE.PL: 3-10 Detect the various types of abuse and their red flags.

CTE. PL: 4 Students will be able to understand the purpose of engagement and the process of marriage. (NFACS: 6.2, 12.1, 13.1, 13.2, 13.3, 13.5, 13.6,15.4)

- CTE.PL: 4-1 List social and psychological forces involved in choosing a partner.
- CTE.PL: 4-2 Describe other personal factors people use to evaluate possible spouses.
- CTE.PL: 4-3 Identify issues related to mixed marriages.
- CTE.PL: 4-4 Explain the purpose of the engagement period.
- CTE.PL: 4-5 Identify issues an engaged couple should discuss prior to marriage.
- CTE.PL: 4-6 Determine when and how an engagement should be broken.
- CTE.PL: 4-7 Describe legal and moral commitments in a marriage relationship.
- CTE.PL: 4-8 Explain the functions and planning of various types of wedding ceremonies.

CTE.PL: 5 Students will be able to understand family crisis and ways to overcome them. (NFACS: 1.1, 2.1, 2.2, 2.5, 2.6, 6.1, 6.2, 12.3)

- CTE. PL: 5-1 Identify resources and support systems that can help people manage crises.
- CTE.PL: 5-2 Describe strategies for the management of problems and crises.
- CTE.PL: 5-3 List various types of family crises and explain their effect on individuals and families.

CTE.PL: 6 Students will understand how the crisis of divorce and remarriage affects families. (NFACS: 1.1, 2.1, 2.2, 2.5, 2.6, 6.1, 6.2, 12.3)

CTE.PL: 6-1 Summarize the differences between annulment, legal separation, and divorce.

CTE.PL: 6-2 List the basic procedures, grounds, defenses, and terms of agreement typically used in divorce proceedings.

CTE.PL: 6-3 Explain the adjustments faced by divorced people.

CTE.PL: 6-4 Describe challenges faced by stepfamilies.

CTE.PL: 7 Students will understand the aging process and how life changes as well as how to cope with these life changes. (NFACS: 1.1, 2.1, 2.4, 2.6, 6.1, 6.2, 12.1, 12.2, 13.1, 13.3)

CTE.PL: 7-1 Describe the young-adult years and the challenges of this stage of life.

CTE.PL: 7-2 Describe the middle-age stage and the added responsibilities of intergenerational caregiving.

CTE.PL: 7-3 Summarize the emotional, physical, and financial aspects of aging.

CTE.PL: 7-4 Explain hospice care.

CTE.PL: 7-5 List the stages of dying and the stages of grieving.

CTE.PL: 7-6 Define terms related to the legal issues of death.