
Coal City Unit District #1
Styles & Textiles
Career and Technical Curriculum

CTE: ST.1 Students will be able to demonstrate purpose for clothing and how culture and society affect clothing choices. (NFACS: 16.2, 16.3)

CTE: ST. 1-1 Describe the basic functions that clothing fulfills.

CTE: ST. 1-2 Explain influences on clothing choices.

CTE: ST. 1-3 Discuss clothing customs and expectations in the U.S. culture.

CTE: ST. 1-4 Describe appropriate outfits for certain occasions.

CTE: ST. 1-5 Evaluate the importance of first impressions and explain how to create a favorable first impression.

CTE: ST. 1-6 Describe how personality can be expressed through clothing.

CTE: ST.2 Students will be able to analyze the fashion cycle and how it changes throughout history. (NFACS: 16.2, 16.3)

CTE: ST. 2-1 Describe the evolution of fashions from early civilizations to the current century.

CTE: ST. 2-2 Discuss factors that influenced fashion history.

CTE: ST. 2-3 Give examples of clothing styles in the current century.

CTE: ST. 2-4 Describe the fashion life cycle.

CTE: ST. 2-5 Distinguish between styles of necklines, collars, and sleeves.

CTE: ST. 2-6 Identify styles of dresses, shirts, skirts, pants, jackets, and coats.

CTE: ST. 3 Students will be able to use their knowledge of color and the principles and elements of design to select garments appropriate for their body shape. (NFACS: 16.2, 16.3)

CTE: ST. 3-1 Identify their own body shape.

CTE: ST. 3-2 Describe what color does for garments.

CTE: ST. 3-3 Describe color schemes.

CTE: ST. 3-4 Describe how line and texture affect garments.

CTE: ST. 3-5 Identify the principles and elements of design.

CTE: ST. 4 Students will be able to successfully describe remove stains and complete loads of laundry. (NFACS: 16.2, 16.4)

CTE: ST. 4-1 Describe how to properly sort and complete a load of laundry.

CTE: ST. 4-2 Explain how to get out various stains.

CTE: ST. 4-3 Give examples of the information on care labels.

CTE: ST. 4-4 Compare ways of drying clothes.

CTE: ST. 4-5 Determine the importance of separating fabrics for washing based on fabric fiber content and care instructions.

CTE: ST. 5 Students will be able to read a pattern, select and purchase supplies, and take body measurements. (NFACS: 16.2, 16.3, 16.4)

CTE: ST 5-1 Identify proper measuring equipment and use it properly.

CTE: ST 5-2 Determine the steps for creating a garment by correctly interpreting a pattern envelope.

CTE: ST 5-3 Identify what the standard fabric widths are for different garments.

CTE: ST 5-4 Explain how to use a pattern catalog in order to purchase a pattern.

CTE: ST 5-5 Demonstrate how to take appropriate measurements in order to purchase an appropriate amount of fabric.

CTE: ST. 6 Students will be able to prepare for sewing properly using the appropriate supplies including a sewing machine. (NFACS: 16.2, 16.3, 16.4)

CTE: ST. 6-1 Prepare a fabric for cutting.

CTE: ST. 6-2 Layout a pattern using a pattern guide sheet.

CTE: ST. 6-3 Transfer pattern markings to a fabric in an appropriate way.

CTE: ST. 6-4 Thread a sewing machine properly.

CTE: ST. 6-5 Demonstrate how to sew using a sewing machine.

CTE: ST. 6-6 Create a bobbin.

CTE: ST. 6-7 Identify basic parts of a sewing machine.

CTE: ST. 7 Students will be able to successfully and skillfully complete sewing construction projects. (NFACS: 16.2, 16.3, 16.4)

- CTE: ST. 7-1 Sew a secure, straight, plain seam with appropriate seam finish.
- CTE: ST. 7-2 Sew a curved seam with appropriate seam finish.
- CTE: ST. 7-3 Make a hand stitched hem.
- CTE: ST. 7-4 Sew on a button.
- CTE: ST. 7-5 Demonstrate how to use a slip stitch where appropriate.
- CTE: ST. 7-6 Trim interior seams where appropriate.
- CTE: ST. 7-7 Demonstrate how to use backstitching.
- CTE: ST. 7-8 Sew a zigzag seam.
- CTE: ST. 7-9 Press seams when appropriate.
- CTE: ST. 7-10 Make a casing for elastic.