



# Special Education Newsletter

May 2025

## Letter from the Director

Dear Parents and Guardians,

As we close out another successful school year, I want to thank you for your continued partnership and trust in our team. Your involvement, advocacy, and care make a tremendous difference in your child's growth and success. Summer is a wonderful time for rest and renewal, but it also offers great opportunities for continued growth in fun, everyday ways. Below are a few helpful reminders and ideas to help your child stay engaged and confident during the break:

- **Encourage Daily Reading**- Even a few minutes of reading each day helps maintain skills and supports language development. Audiobooks and read-alongs are great options, too!
- **Practice Life Skills**- Involve your child in daily routines like cooking, folding laundry, or organizing their room. These activities build independence, confidence, and functional skills.
- **Stay Creative**- Set aside time for drawing, building, music, or crafts. Creative play supports communication, problem-solving, and fine motor development.
- **Get Moving**- Outdoor play, walks, or movement games support physical health and emotional well-being. Movement breaks can also help with regulation and focus.
- **Keep a Routine**- A consistent schedule, even with some flexibility can help reduce anxiety and ease the transition back to school in the fall.

We're already planning for an exciting and supportive 2025-2026 school year. Our focus remains on inclusive practices, meaningful instruction, and ensuring that every student receives the support they need to thrive.

We hope you have a relaxing and joyful summer. We look forward to seeing your child again in the fall, ready for another year of growth and success!

Sincerely,

*Josh Kohutek and Marissa Perez*  
Directors of Special Education

## Upcoming Events

Updated monthly with events that are happening in and around East Central ISD.

[https://ecisd.cc/spe\\_devents](https://ecisd.cc/spe_devents)



## Your feedback



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## Dyslexia

### Keep the Momentum Going!

As summer approaches, we encourage you to keep your child engaged in fun and meaningful reading and language activities.

Even a little practice each day can help maintain the progress they've made this year. Look for audiobooks, games that build phonics skills, or reading time together to keep learning enjoyable.

## Transition

### 🎓 Congrats, Grads! – A Note on College Accommodations

As you prepare for college, don't forget that accommodations are no longer automatic after high school. If you need support, be sure to connect with your college's Office of Disability Services as early as possible to request accommodations.

For those attending an Alamo College, you can begin the process here: [Disability Support Services- Alamo Colleges](#)

Wishing you success in this next chapter!

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Academics

## How to Help Your Child Keep Learning During Summer Break

Summer break is a fun time, but some kids can forget what they learned in school. This is called summer slide or regression. If your child has a disability, they might need extra help to keep their skills strong.

Here are some easy ways to help your child learn during the summer:

### 1. Keep a Daily Routine

Try to follow a simple schedule each day. Include time for learning, playing, eating, and resting. Doing this helps your child feel safe and ready to learn.

### 2. Learn Through Everyday Life

Your child can learn by doing everyday things. For example:

- Count things at the store
- Read signs while walking or driving
- Help cook and follow steps in a recipe

### 3. Use School Supports at Home

If your child uses special tools or help at school (like pictures, timers, or a tablet), try to use them at home too.

### 4. Read Together

Try to read with your child every day. You can:

- Visit your local branch of the San Antonio Public Library
- Read books out loud
- Listen to audiobooks
- Let your child look at books they enjoy

### 5. Talk to the School Before Break

Ask your child's teacher for ideas and tools to use over the summer. Some children can also get extra school help in the summer, called Extended School Year (ESY).

### 6. Choose One or Two Goals

Pick a few things to work on over the summer. Celebrate small steps. This helps your child feel proud and stay motivated.

You don't have to do it all. Just a little bit each day can really help your child keep learning over the summer!

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## Behavior

Hello EC families, Summer is upon us. What a great opportunities for summer learning and fun! East Central is providing summer camps at little to no cost. Plese see following link for [summer Camps!](#)

## Life Skills

Lookng for Summer Programs?

[Missionroadministries.org](https://missionroadministries.org)  
<https://campcamp.org/>  
<https://www.campforall.org/special-needs-camp-for-children-near-san-antonio-tx/>

## BLIS

Communication is critical for meeting basic needs, making friends, and learning self-advocacy. From teaching your student to say "cookie" to playing "I spy" with body language at a park, every interaction helps them develop essential communication skills.

Not sure where to start? Consider starting with this free [training](#).