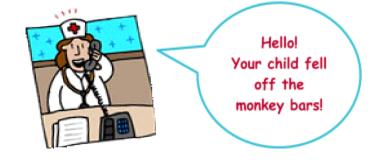
Eanes ISD SCHOOL NURSE FAQs

EISD Rev. 5/2025



EMERGENCIES

If your child is injured or sick, we want to reach you quickly!

We have two important requests for all parents/guardians (moms and dads):

- 1. Save your school nurse's phone number so her calls will not be flagged as SPAM RISK or go directly to VOICEMAIL.
- 2. Add several emergency contacts in Skyward Family Access who can text or call you, even if they live out of town.
- 3. Let us know if you are going out of town and who to contact if there is a need.

IMMUNIZATION RECORDS

Call your doctor to find out if your child's shots are up to date. Turn in your records ASAP. You will not receive teacher or class schedule notifications and your child cannot start school until immunization records meet state requirements.

<u>ATTENDANCE/ABSENCES</u> Doctor's note required within 2 days of returning to school for absences > 4 consecutive days. Elementary School: Log in to the <u>SmartTag Parent Portal</u> to enter absences, late arrivals, & early pickups. *No phone calls*. Middle & High School: Send an email to <u>School Attendance</u> or a written note when your child returns. *No phone calls*.

ILLNESSES-WHEN CAN MY CHILD RETURN TO SCHOOL?

- FEVER: When fever-free (< 100°F) for 24 hours without the use of fever-suppressing medication.
- VOMITING: When able to tolerate food without recurrent vomiting, typically 24 hours after the last episode.
- <u>DIARRHEA</u>: When diarrhea-free for 24 hours without the use of diarrhea-suppressing medication.
- COMMON COLD: When fever-free for 24 hours without the use of fever-suppressing medication.
- STREP THROAT: When on antibiotics for 24 hours and fever-free for 24 hours without fever-suppressing medication.
- FLU & COVID-19: When fever-free for 24 hours without the use of fever-suppressing medication.
- PINK EYE: A doctor's note is required or until symptom-free.
- MEASLES, CHICKENPOX, WHOOPING COUGH: If confirmed or suspected, please notify the school nurse immediately.
- SEVERE CONGESTION & FATIGUE (fever-free for 24 hours): When well enough to participate in a full day of learning.

MEDICATIONS

- Elementary & middle school students may not self-carry medications except medications prior-authorized for asthma, anaphylaxis, & diabetes. Parents must bring other over-the-counter and prescription medications to the school nurse.
- High school students may self-carry and self-administer over-the-counter (not prescription) medications. Exception: high school students are expected to self-carry and self-administer medications for asthma, anaphylaxis, & diabetes.
- A parent/guardian & physician must complete & sign an <u>EISD Physician & Parent Medication Authorization Form</u>.
- A physician's signature is required for all over-the-counter and prescription medications.
- A parent/guardian may "opt in" (consent) to over-the-counter medications authorized by the Eanes ISD physician.
- Medications must be unexpired, in original containers, with medication name, dose, and instructions on the label.
- Do not bring medications in baggies. Your pharmacist will label an extra prescription bottle for school if you ask.
- The school nurse will pack your child's medications for field trips.
- Unclaimed medications will be disposed of on the last day of school as required by state law. Set a reminder.

HEALTH CONDITIONS Asthma, Anaphylaxis, Diabetes, Seizures, Heart conditions, Cystic Fibrosis, Celiac, Eczema, etc.

- Notify the school nurse if your child has a chronic health condition or any significant medical or surgical history.
- Ask your healthcare provider to sign a care plan for Asthma, Diabetes, Seizures, and/or Anaphylaxis every summer.
- Bring medications & care plans for <u>Asthma</u>, <u>Diabetes</u>, <u>Seizures</u>, <u>Anaphylaxis</u> to the nurse before the first day of school.

DIETARY RESTRICTIONS Food Allergies, Celiac, Metabolic Disorders, Food Intolerances, Religious Accommodations, etc.

- To request dietary restrictions, a parent must complete an <u>EISD Dietary Restriction & Allergy Form</u> after July 31.
- Please contact EISD Dietician Charlotte Hachenberg if you have any questions. Phone: 512-732-9060 ext. 20551

<u>PE EXCUSES</u> Contact the <u>school nurse</u> to request a PE excuse. A <u>doctor's note</u> is required if a student will miss > 3 days.