Oneida-Herkimer-Madison BOCES Component School District Employee Assistance Program

## Participating SCHOOL DISTRICTS

Brookfield Central School District
Clinton Central School District
Holland Patent Central School District
Oneida-Herkimer-Madison BOCES
Oriskany Central School District
Sauquoit Valley Central School District
Whitesboro Central School District
Town of Webb Union Free School District

EAP IS A GOOD PLACE TO START LEARNING ALL OF YOUR OPTIONS.

315.223.4734

If this is an emergency, please dial 911 or call 1.844.732.6228 for MCAT

(Mobile Crisis Assessment Team)

Free, confidential and timely information that will help you identify all the resources available to address your needs and offer support to access resources. EMPLOYEE
ASSISTANCE
is available year-round by calling
315.223.4734



A PROGRAM OF OHM BOCES



If this is an emergency, please dial 911 or call 1.844.732.6228 for MCAT

(Mobile Crisis Assessment Team)

**DEBRA HAGENBUCH** 

**EAP COORDINATOR | 315.223.4734** 

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(Mobile Crisis Assessment Team)

# What is the Employee Assistance Program?

The Employee Assistance Program has been established to help school personnel and their families manage life's challenges. Stress, issues of family relationships, financial or legal difficulties, alcoholism or drug abuse, and other personal or family matters can grow to impair the quality of an individual's personal life and work. The EAP is designed to help employees and their families deal with these and other problems before they become serious.

#### WHAT SERVICES ARE PROVIDED?

The Employee Assistance Program is free, confidential and voluntary. School personnel and members of their families will receive private assistance with assessment and referral, as required, to specialized agencies and services.

#### **ELIGIBILITY**

The EAP is available to all school district employees and their families. We encourage individuals to seek assistance through the EAP but referrals from family members, fellow workers or friends are also accepted. Anyone seeking further information or assistance should call 315.223.4734 and leave a message for the EAP Coordinator. If this is an emergency, please dial 911 or call 1.844.732.6228 for MCAT (Mobile Crisis Assessment Team).

#### WHY IS EAP IMPORTANT?

The EAP can provide an easy and early solution to problems before they reach a crisis stage. From time to time, we all experience some type of personal or emotional conflict. Usually we can handle these situations on our own. However, sometimes issues confuse us and they continue to get worse. It is important to find solutions to these problems before they seriously affect our jobs or our families, and the EAP is a good place to start. The EAP Coordinator can help you identify all the resources available to address your needs.

#### COST

The services of the EAP are free to employees and their families in participating school districts. However, after a problem has been assessed, the individual might be referred to a community agency or specialist for treatment or counseling. At that point health insurance may cover the costs.

#### WHO OPERATES THE EAP?

Employee Assistance is provided by a certified Employee Assistance Coordinator who will respond to your calls within 24 hours. In most instances your call will be returned the same day. You simply need to leave your name, number and a time you can be reached. The phone line is completely confidential and is only accessed by your EAP Coordinator.

# ALL CALLS ARE CONFIDENTIAL.

### The Employee Assistance Program can provide support in the following areas:

Adoption & Foster Care

Alcoholism

**Child Abuse & Protective Services** 

**Consumer Rights** 

**Counseling & Personal Problems** 

Daycare

**Debt Counseling** 

**Disabled Services** 

**Disaster Services** 

**Drug Problems** 

Education

**Environmental Problems** 

**Ex-Offenders** 

**Finances** 

**Food Programs** 

**Health-Related Services** 

**Home Services** 

Housing

**Human Rights** 

Information & Referral Services

**Job Training** 

**Legal Services** 

Mental Health

**Nursing Services** 

**Pregnancy Services** 

**Recreational & Personal Growth** 

Rehabilitation

**Residential Services** 

**Senior Citizen Services** 

**Transportation** 

**Used Merchandise** 

**Volunteer Services**