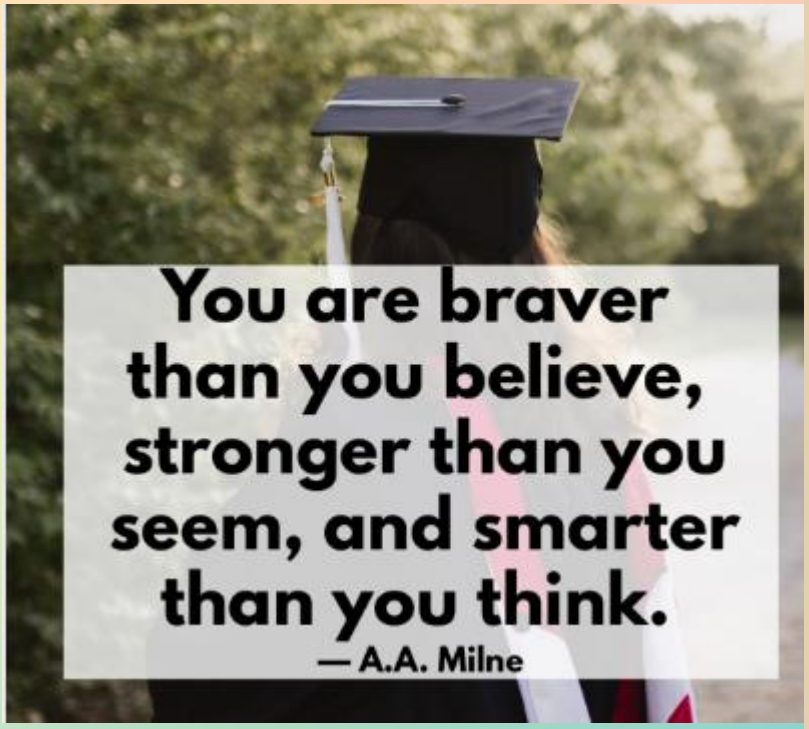
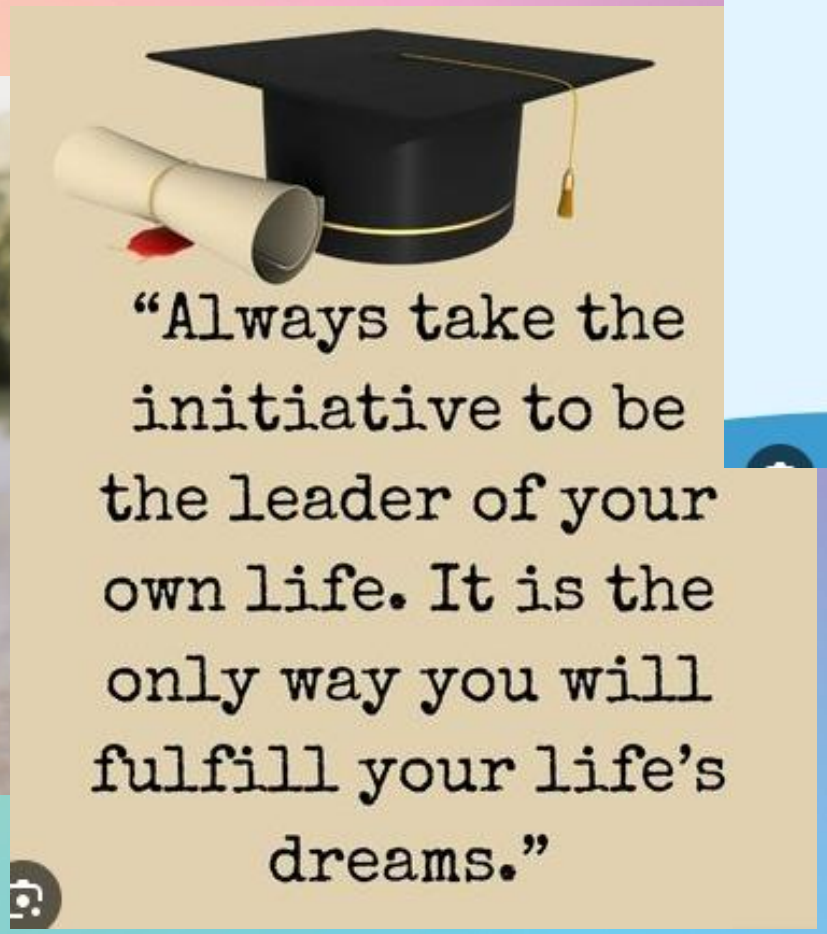
Spring 11th Grade Lesson:

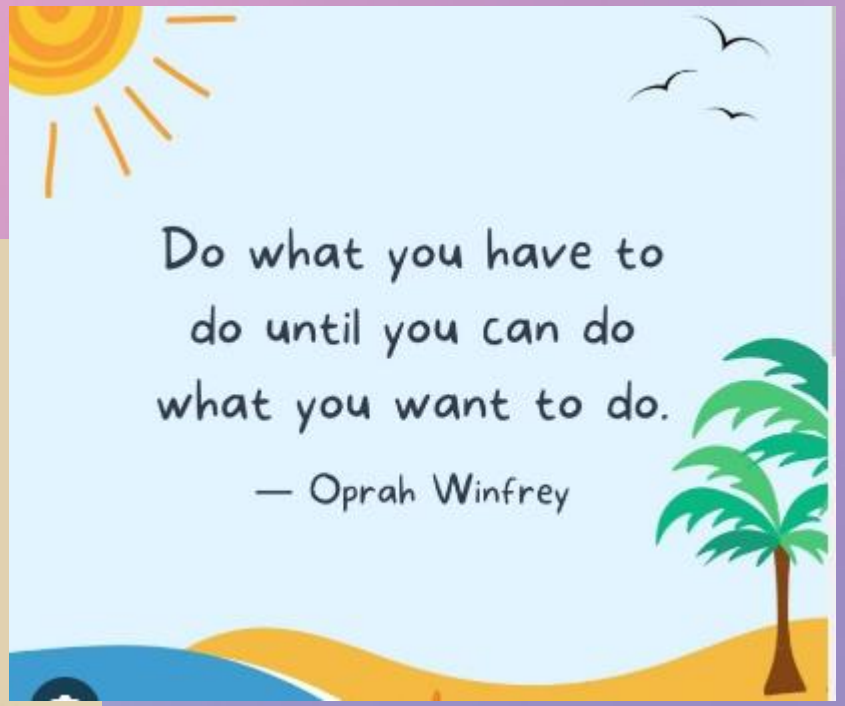


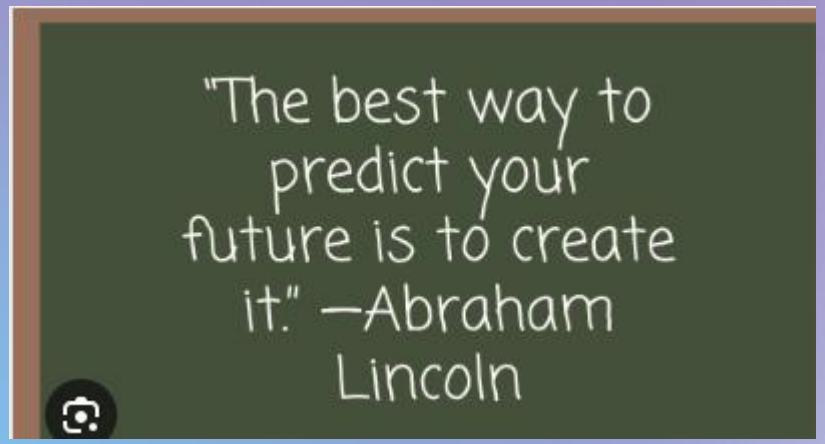
Post High School Next Steps

A Little Inspiration...









START

Review: Winter Lesson Objectives

- **Balance of School and Life**: Explore ways to balance school and life.
- **Lifelong Learning Mindset**: Be able to identify 1 value of lifelong learning.
- **Make Informed Decisions**: Understand that making informed decisions involves gathering evidence, understanding others' perspectives, and recognizing personal bias.

START

Lesson Objectives for Today:



- **Post High School Plan** : Build on previous lesson to find your "good fit" that matches your goals, priorities and unique needs.
- **Your Next Step:** The overview of the steps in the college application process and what can you do during the summer to prepare for fall?
- **Your Resources:** Identify the people, websites, articles, etc. that can help you with your next steps.

Poll: Which of these do you hope we cover the most?

START

Your Post High School Plan





Why is this important?

- MANY OPTIONS- REVIEW
- WHAT SHOULD YOU CONSIDER?
- CHOOSE THE RIGHT FIT FOR YOU (NOT YOUR FRIENDS)

Goals that do not fit can lead to stress, anxiety, disappointment, and grief

START

What Seniors wish they had known.....

"Be open to lots of new **possibilities** about your future"

"There's **no shame** in going to community college first because it's a good way to save money and you have a higher chance of getting into the school you want when transferring."

"To always be **open minded**, and to keep your options open. It's great to be invested into a school, but remember that there are **so many amazing** opportunities out there."



"The hardest college to get into ≠ the best college for you"

START

After Newport, There Are Many Options. . .

- **Employment**
- **Apprenticeships**
- **Technical/Trade** Programs
- **2-year** College
- **4-year** College
- **Military** Academies
- **Gap** Year
- **Volunteer** Programs



START

Two Year Colleges

- There are **34 two-year** colleges in Washington
- Admission **NOT based on GPA**, test scores, essay, etc.
- Potentially high paying careers with **less time in school**
- About 60% of students who earn an AA degree from a two-year college have **zero student loan debt**



START

University Transfer Degrees

Transfer Degrees (DTA) are for students who intend to complete a bachelor's degree after attending Bellevue College.

- **Arts and Sciences***
- **Math Education**
- **Business**
- **Science Track 1**

  (Bio, Environmental, Chem, Earth Sciences)
- **Science Track 2**

  (Physics, Atmospheric Sciences, Engineering)
- **Applied Sciences**

Professional/Technical Degrees

If your goal is to prepare for a career, then you might want a Professional/Technical Degree & Certificate!

- Robotics and Artificial Intelligence, AAS-T
- Accounting, AA & AAS-T
- Allied Health, AAS-T
- Business Management, AA & AAS-T
- Business Technology, AA
- Criminal Justice, AAS-T
- Diagnostic Ultrasound Technology, AA
- Digital Marketing, AAS-T
- Digital Media Arts, AA
- Early Childhood Education, AA & AAS-T
- Information Systems, AAS-T
- Interior Studies, AA
- Marketing Management, AA
- Molecular Sciences Technician, AAS-T
- Network Services & Computing Systems, AAS-T
- Neurodiagnostic Technology, AA
- Nuclear Medicine Technology, AA
- Nursing, AAS-T
- Radiation Therapy, AA
- Radiological Technology, AA



Bachelor's Degrees at BC

Bachelor of Applied Science (BAS)

- Applied Accounting
- Business Management and Technology
- Data Management and Analysis
- Cyber Security
- Software Development
- Digital Marketing
- Healthcare Informatics
- Healthcare Management and Leadership
- Health Promotion and Management
- Radiation and Imaging Sciences
- Molecular Biosciences

Bachelor of Science

- Computer Science
- Nursing (RN to BSN)

Bachelor of Applied Arts

- Interior Design



Which Degree is Right for Me?

Bachelor Degree
(4 years)

University Transfer Degree -DTA
(2 years)

Professional/Technical Degree
(2 years)

Professional Certifications
(less than 90 credits)

Bachelor of Applied Science
- Digital Marketing
- Business Management
- Software Development
- Etc.

Bachelor of Science
- Computer Science
- Nursing
- Engineering
- Etc.

- Associate of Arts and Sciences*
- Associate in Business
- Associate in Science
- Associate in Music
- Associate in Math Education

- Associate of Arts
- Associate of Applied Science

- Web Marketing
- Personal Fitness Trainer
- Python Programming
- Nursing Assistant
- Virtual Reality Development
- **…and many more!**

Job/Career!!



4-Year College Application Process

Why is this important?

WHAT CAN YOU DO THIS SPRING AND SUMMER?

WHAT WILL FALL LOOK LIKE?

Planning ahead lowers stress and reduces tension between students and parents

START

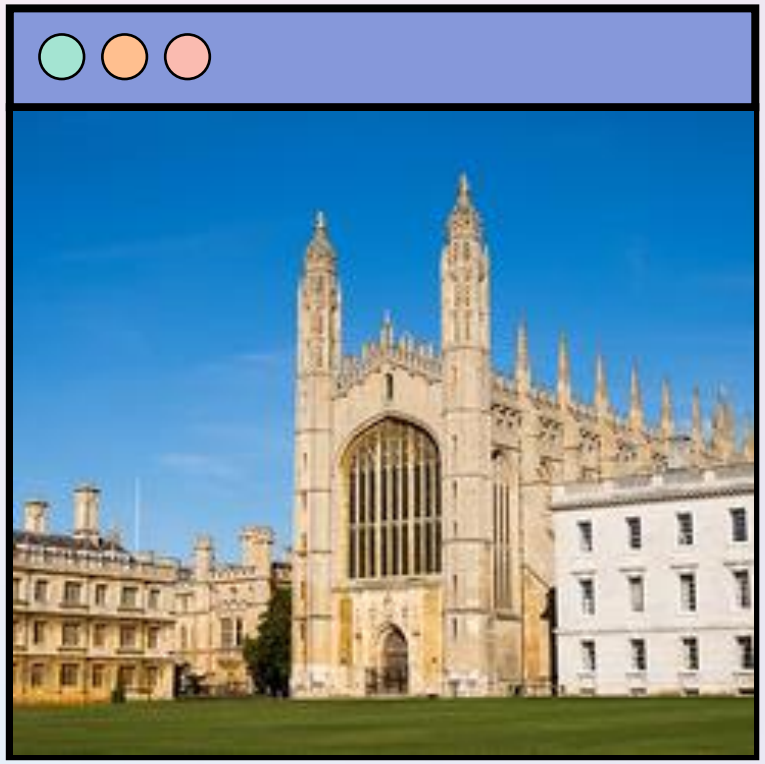
4-Year College Application Tasks

- **Narrow**/Finalize your list
- Organize your information and plan your time
- Start Applications (August)
- Letters of Rec??
- Essay
- Transcripts and Test Scores if needed

START

Finalize Your 4-Year University List

- In the **Single Digits**
- Most schools are "**Likely/Match**", limit "Reach" and "Lottery" to 1-3
- Every school should match **your priorities**
- You would be **happy attending** any of the schools
- Consider your family's **financial situation**



START

Finalize your List and Organize your Time

My To Dos

- **Organize** my information
- List pluses and minuses of each
- Do you need **more information**?
- **Plan** out what you can do in the **summer**
- **Start** Common App (Aug 1)
- **Schedule** a time each week to work on apps
- **Match** Common App and Naviance
- Add **non-Common App** Colleges to Naviance

Choose an organization tool

Update Resume

Naviance and Common app

Talk to family about cost

$$$

Yikes!

Make lists of questions to ask colleges

Early Decision / Early Action??

See next slide!



START

WHICH COLLEGE ADMISSION PROCESS BEST SUITS YOU?

Nonrestrictive Application Plans

Regular Decision

DEFINITION:
Students submit an application by a specified date and receive a decision in a clearly stated period of time.

COMMITMENT:
NONBINDING

Rolling Admission

DEFINITION:
Institutions review applications as they are submitted and render admission decisions throughout the admission cycle.

COMMITMENT:
NONBINDING

Early Action (EA)

DEFINITION:
Students apply early and receive a decision well in advance of the institution's regular response date.

COMMITMENT:
NONBINDING

Students are not restricted from applying to other institutions and have until May 1 to consider their options and confirm enrollment.

Restrictive Application Plans

Early Decision (ED)

DEFINITION:
Students make a commitment to a first-choice institution where, if admitted they definitely will enroll. The application deadline and decision deadline occur early.

COMMITMENT:
BINDING

Restrictive Early Action (REA)

DEFINITION:
Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED or EA or REA to other institutions. If offered enrollment, they have until May 1 to confirm.

COMMITMENT:
NONBINDING

Students are responsible for determining and following restrictions.

Terminology – what do they mean when they say…?



Confident/Safety

Almost sure to be admitted. GPA & test scores significantly higher than their average student. *Tuition expense within means.*



Likely/Match

Reasonably certain to be admitted. GPA & test scores in line with average admitted student.



Reach

Your academic profile at mid/lower end of admitted students.



"Lottery" Reach School

Highly selective schools cannot possibly admit all whose academic profile meets their criteria.

START

Picking A "Good Fit" College

Location, Size, Religion

Affordability, Debt

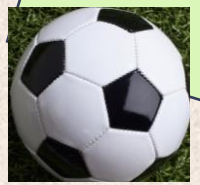
$$$

Internships, Study Abroad, Research, Career Placement

Student supports you need

Major!!

Activities, Sports, and Clubs



Fits my Academic Ability

START



Universities seek students who are…

Authentic, **Compelling**, **Kind**

and

Intellectually Curious (impact in community, leadership, service, employment, willingness to expand comfort zones etc.)

How do you showcase in application?



Start Applications

Tip: Start Here

Common App

1. **Create** your Common App **Account**
2. Start with the basic information
3. Add **Colleges**
4. **Finish** the Education Section and **Sign** the FERPA waiver (in the college section)

Then go here

Naviance

1. **Research** Colleges using Super Match, Scattergrams and College Look Up.
2. In "Colleges I'm Applying To", **match** account to Common App. This will add your Common App colleges to Naviance.
3. Request **transcripts**
4. Add **Teacher Recommenders** if needed

START

Letters of Recommendation

- Not needed by all schools.
- **No state colleges in WA/OR/CA require letters**
- Teacher letter –
  - 1-2 (*do not ask more than req*)
  - Ask teacher about their letter process
- Counselor letter? (*check college requirement*)
  - Packet required on Counseling Center website
  - Submit materials 4 weeks prior to deadline
- Be sure to **thank all** who write letters for you



START

WA Guaranteed Admission Program

BSD student requirements

- ✓ 3.0 Min GPA
- ✓ Meet CADRs (Academic College Entrance Requirements)
- ✓ Apply to institutions
- ✓ More info can be found here

Participating public college and universities

- CWU
- EWU
- Evergreen State College
- WSU
- WWU
- UW – Tacoma

BSD Auto-Admission Private university partners

- Pacific Lutheran University (PLU) 3.3 GPA
- St. Martin's University

START

Essay Tips

- Check Common App Prompt
- Take seriously if assigned in English Class
- Complete Draft by end of Summer
- Make appt with teacher or Mr. Rios to review



START

How do I order Transcripts?

1. Create **Common App** account, add colleges and Match to Naviance
2. In **Naviance**, add non-Common App Colleges and request transcripts for all colleges in Naviance.

START

Do I need to send SAT/ACT Scores?

Maybe...

- Does your college **require** them?
- Is testing your **Super-Power**?
- Do you need them for a **scholarship**?

If all answers are NO, then don't bother and **focus on other strengths**!

START

Senior Advice for College Apps

"**Start in the summer** if you can because juggling college apps with school is really overwhelming. Ask for **rec letters** at the end of your **junior year**."

"Keep your college list length **reasonable**, besides it not being fun to write essays for 20+ colleges it also **costs a lot** in application fees"

"Start looking at **essay prompts early**, make sure you have a set plan, spread your essay writing time out, get your **activity list** done early, **add your colleges** to common app as soon as you can, come up with a set college list as soon as you can"

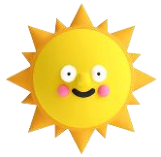


"Having a dream school can be motivational, but don't let a **dream school** become an **obsession**"

START

Application Timeline

Summer	Fall	Winter	Spring
• Refine and narrow College List •Start Looking at Essay Prompts •Visit Colleges	•Start Applications •Senior Blitz meeting w/counselor • Complete Counselor Letter of Rec Packet (if needed) • Attend Super Wednesday for essay help • FAFSA/WASFA December	• Early decision and early action applications due (Nov 1-15) • Regular applications due • Apply for scholarships	•Colleges notify students of decision (Dec-April) •Decision Day (May 1) Tuition and Housing Deposits Due •Final Transcript sent to one college (July 1) •Continue to apply for scholarships •Have fun and enjoy your last days of high school!

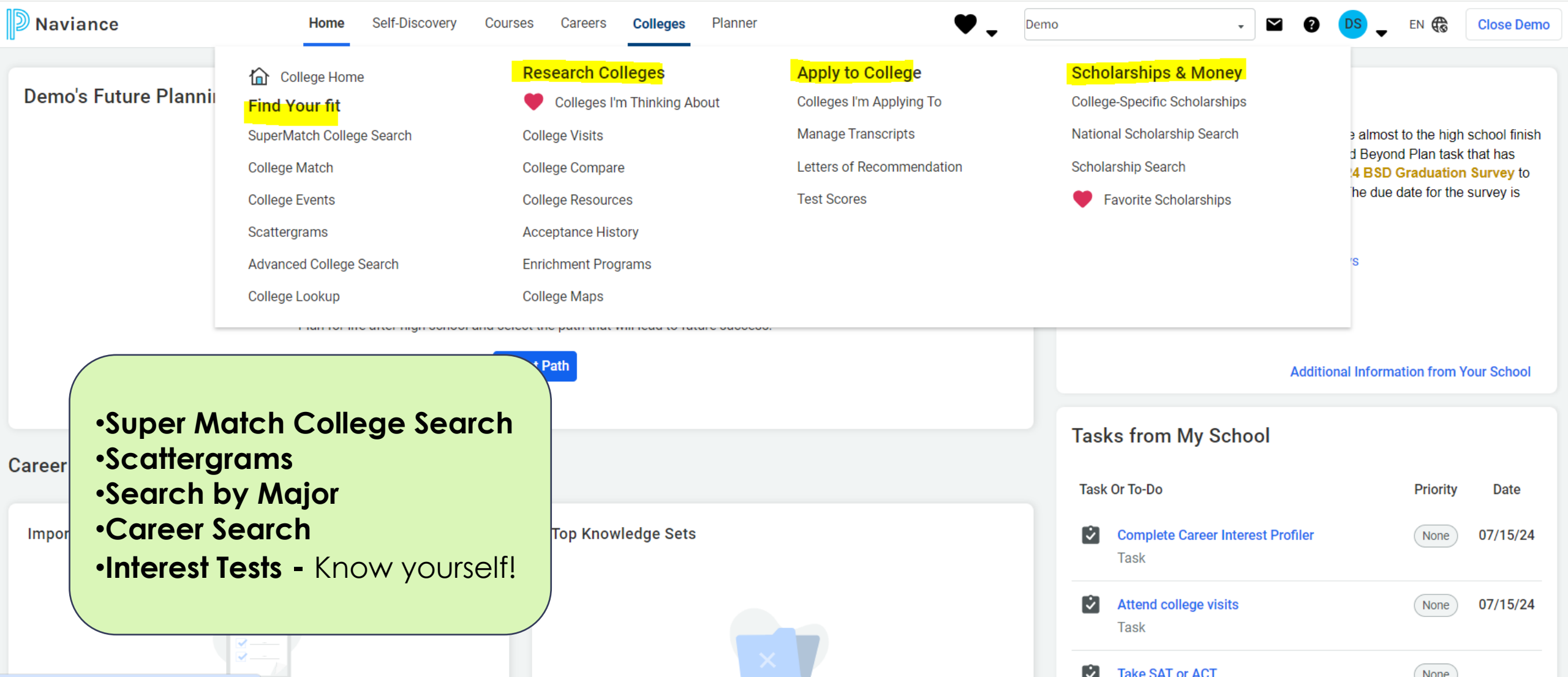


What Can I Do This Summer?

- Refine your college list (about 3-9 total schools and ALL ones you'd be HAPPY attending)
- Visit colleges and programs
- Create your Common Application account (Aug 1)
- Start working on college applications & essay
- Continue working on community service projects
- **Enjoy your summer vacation time with friends/family**!

START

Naviance is a Great Resource!



- **Super Match College Search**
- **Scattergrams**
- **Search by Major**
- **Career Search**
- **Interest Tests -** Know yourself!

What is your *first step* for each option?



Workforce

Resume

Interviewing

Advancement Plan

Military

Meet with recruiter



Gap Year

Identify Goal

List priorities

Research Options



2 Year College

Research Cert/Degree options

Choose College



4 Year University

Finalize List

Start Applications

START

Senior Year Counselor Support

Tip: Lots of info on NHS Counseling Website

- Senior **Counselor Lesson** (Sept)
- Senior Blitz – **Individual meetings** with Counselor (Sept - Oct)
- Super **Wed Senior Workshop** - App and Essay Help (Oct)
- Super Wed School Based **SAT** (Oct)
- **College & Career Advisor** (available by drop-in and appointment)



START

NHS Counseling Team

Mr. Kravanh
(A-Cho)



Ms. Erickson
(Chu-Hof)



Ms. Suh
(Hog-Li)



Ms. Maxfield
(Lia-Pa)



Ms. Schulz
(Pe-To)



Ms. Bosone
(Tr-Z)



Ms. Huynh –
Counseling Secretary



START

Reminders…

TRANSCRIPT

For high school credited courses taken in **middle school** talk with your counselor **before the end of 11th grade** to remove the credit, or credit and grade, from your transcript.

College Apps

- A **complete submission** is better than an early submission
- ***Nothing*** is due in the summer
- Counselors have a **different timeline** than students
- Spend your time researching **"good fit"** schools rather than "lottery" schools.

Summer School

Credit Recovery
July
~ Talk to counselor

High School and Beyond Plan

Complete 5 Tasks prior to the end of 11th Grade

Community Service Hours

Enter at least 30 by end of this year.
See Ms. Huynh if Qs

Financial Aid

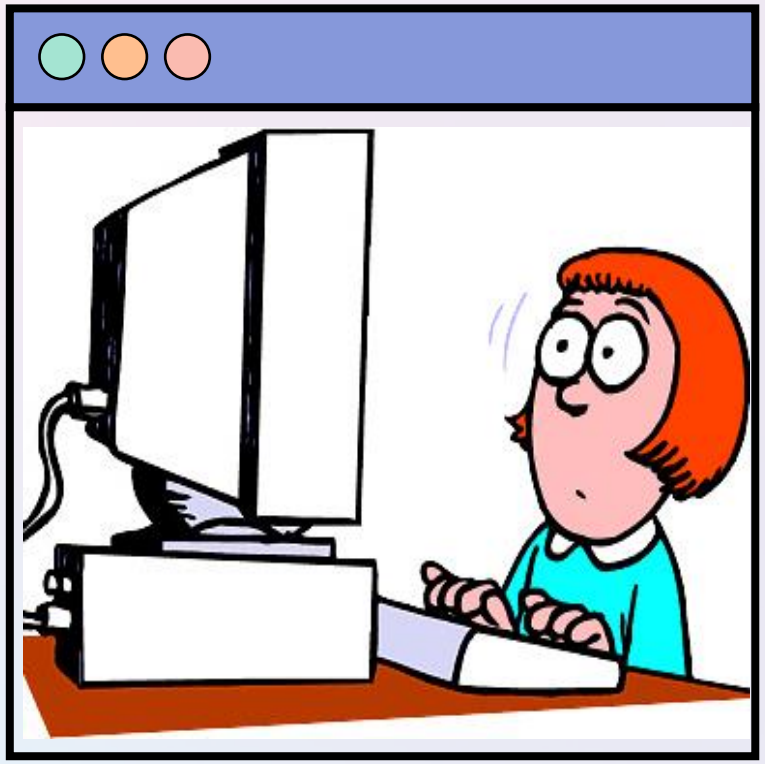
Talk to your parents about options and financial aid

START

Come to the Student Workshop!

Get started on
Common App and Naviance

Thursday, May 29th 6:00
TBD/NHS Library
Bring fully charged laptop



START

Senior Advice...

"You have to **balance** your life. Your life is a **compilation of everything** that is important to you, **NOT just defined** by your skill or lack of skill in any one area."

"College **rejections** don't represent your value as a person... **You'll be okay** if you don't get into UW."



"Do what **YOU want** not what someone else wants and not what you think its the "correct" path. People will tell you what is the right thing to do ie. college but... **the right path is YOUR path** not someone elses."

"Be open to lots of **new possibilities** about your future"

START