CSD CHELTENHAM SCHOOL DISTRICT

Administration Building

2000 Ashbourne Rd., Elkins Park, PA 19027
215-886-9500 Fax: 215-884-3029

Dr. Brian W. Scriven, Superintendent
ShaVon Savage, M.S.Ed., J.D., Assistant Superintendent

Book	BOARD POLICIES
Section	200 - Pupils
Title	Student Wellness
Code	254
Status	Active
Adopted	May 9, 2006
Revised	February 11, 2025

Purpose

Cheltenham School District recognizes that student wellness and proper nutrition are related to students' physical wellbeing, growth, development, and readiness to learn.

The Board is committed to providing a school environment that promotes student wellness, proper nutrition, nutrition education, health education, and regular physical activity as part of the total learning experience. In a healthy school environment, students will learn about and participate in positive dietary and lifestyle practices that can improve student achievement.

Authority

The Board adopts this Policy based on the recommendations of the appointed Wellness Committee and in accordance with federal and state laws and regulations.

To ensure the health and wellbeing of all students, the Board establishes that the District shall provide to students, in accordance with State Board of Education curriculum regulations and academic standards:

1. A comprehensive nutrition program consistent with federal and state requirements.
2. Access, at reasonable cost, to foods and beverages that meet established nutritional guidelines.
3. Physical education courses and opportunities for developmentally appropriate physical activity during the school day.
4. Curriculum and programs for grades K-12 that are designed to educate students about proper nutrition and lifelong physical activity.
5. Social/emotional and mental health services to safeguard student wellness in these areas.

2000 Ashbourne Rd., Elkins Park, PA 19027
215-886-9500 Fax: 215-884-3029
Dr. Brian W. Scriven, Superintendent
ShaVon Savage, M.S.Ed., J.D., Assistant Superintendent

Delegation of Responsibility

The Superintendent or designee shall be responsible for the implementation and oversight of this Policy and the accompanying Administrative Regulations to ensure each of the District schools, programs, and curriculum is compliant with this Policy, related policies and established guidelines or Administrative Regulations.

The Board shall ensure the continued existence of a Wellness Committee comprised of at least one of each of the following:

1. School Board member.
2. District administrator.
3. District food service representative.
4. Student.
5. Parent/guardian.
6. Member of the public.
7. Teacher (with appropriate certification).
8. Health professional.
9. Other individuals chosen by the Board.

The purpose of the Wellness Committee is to review Board Policies and Administrative Regulations, procedures and practices regarding wellness and nutrition, and to recommend revisions to the Board and administration. Members of the Wellness Committee shall serve at the pleasure of the Board.

The Superintendent or designee shall prepare and administer guidelines to monitor the District's programs and curriculum to ensure compliance with state and federal law regarding local school wellness, this Policy, related policies and established Administrative Regulations.

Legal P.L. 111-296
P.L. 108-265 Sec. 204

Cross References Pol. 808 (Food Services)