

June 2025 Dysphagia Breakfast and Lunch Menu

June 9

Breakfast: Fruit & Yogurt Parfait

Lunch: Turkey Alfredo, Green Beans, Fruit Cobbler

June 10

Breakfast: 2 Yogurts

Lunch: Mashed Potato Bowl, Mashed Potatoes, Glazed Carrots, Green Beans, Apple Sauce

June 11

Breakfast: Oatmeal

Lunch: Chicken Nuggets w/ Country Gravy, Mashed Potatoes, Green Beans, Fruit Cobbler

June 12

Breakfast: Cream of Wheat w/ Fruit Compote

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

June 16

Breakfast: Fruit & Yogurt Parfait

Lunch: Turkey Alfredo, Green Beans, Fruit Cobbler

June 17

Breakfast: 2 Yogurts

Lunch: Mashed Potato Bowl, Mashed Potatoes, Glazed Carrots, Green Beans, Apple Sauce

June 18

Breakfast: Oatmeal

Lunch: Chicken Nuggets w/ Country Gravy, Mashed Potatoes, Green Beans, Fruit Cobbler

June 23

Breakfast: Fruit & Yogurt Parfait

Lunch: Turkey Alfredo, Green Beans, Fruit Cobbler

June 24

Breakfast: 2 Yogurts

Lunch: Mashed Potato Bowl, Mashed Potatoes, Glazed Carrots, Green Beans, Apple Sauce

June 25

Breakfast: Oatmeal

Lunch: Chicken Nuggets w/ Country Gravy, Mashed Potatoes, Green Beans, Fruit Cobbler

June 26

Breakfast: Cream of Wheat w/ Fruit Compote

Lunch: Salisbury Steak, Green Beans, Mashed Potatoes, Fruit Cobbler

June 30

Breakfast: Fruit & Yogurt Parfait

Lunch: Turkey Alfredo, Green Beans, Fruit Cobbler