

## July 2025 Allergen Free Breakfast and Lunch Menu

Allergen Free Standard Breakfast: 2 Rice Chex Cereals, served with choice of fruit/juice and type of milk if appropriate.

July 1

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 2

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 3

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 7

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 8

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 9

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 10

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 14

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 15

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 16

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 17

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 21

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 22

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 23

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 24

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 28

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 29

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes

July 30

Lunch: Hot Dog Meal, Mixed Vegetables, Baby Carrots, Apple sauce

July 31

Lunch: Hamburger, Glazed Carrots, Green Beans, Grapes