Battle of the Divas:

Behavioral Strategies that work!

August 13 DAC/DELAC Meeting

Our Team

Dr. Paula Madrigal Patel, Early Childhood Director
Soung Wegenka, Early Childhood Coordinator
Chris Isaac, Early Childhood Program Specialist
Stacey Berman, Early Childhood Resource Teacher
Sarah McCormack, Early Childhood Resource Teacher

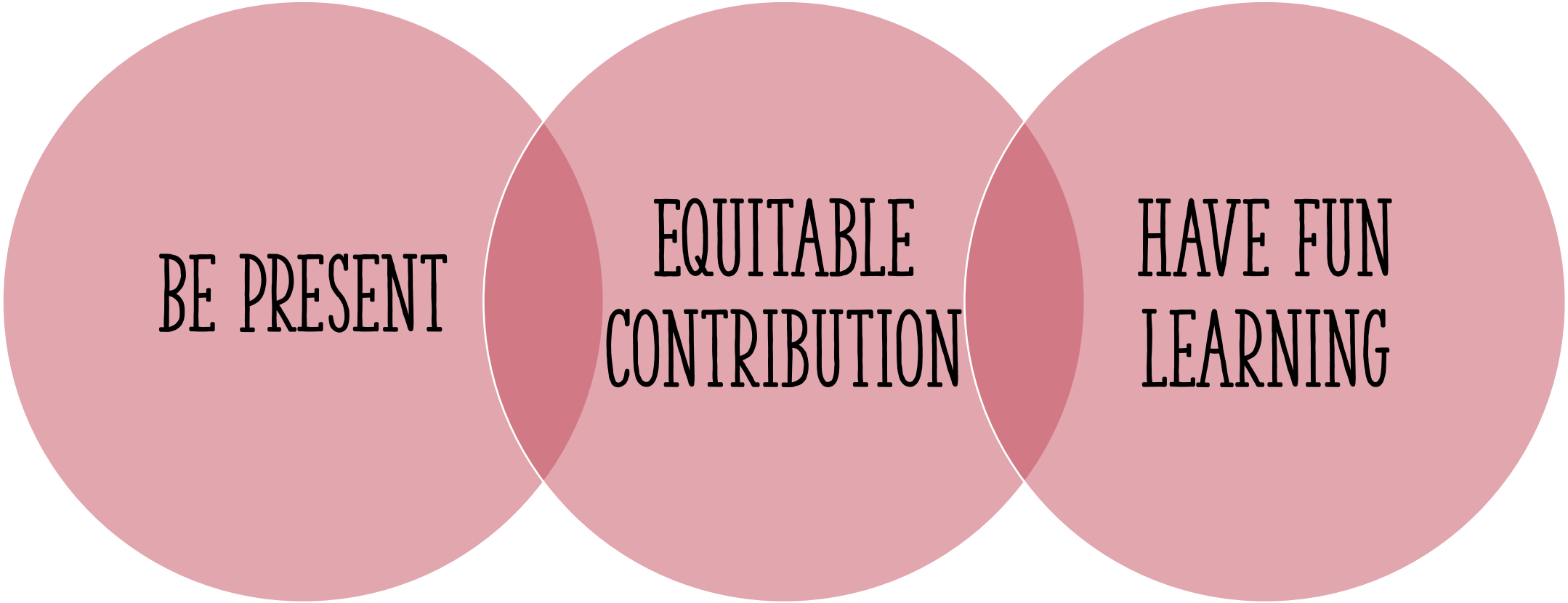


OUR FOCUS TODAY:

1. DIVAS: WHAT STRATEGY WORKS?

2. BEHAVIORAL STRATEGIES

DO WE ALL AGREE?





CALL & RESPONSE

WHEN I SAY: I SHAKE IT OFF
YOU SAY: SHAKE IT OFF, SHAKE IT OFF

DIVAS: WHAT STRATEGY WOULD YOU USE?

- Your Diva
- Folder with Strategies
- Three rounds
- First Round: Find your Diva, read scenario or watch video, then decide which strategy to use
- Round 2-3: Clockwise





ROUND 1:

Find your diva, Read the scenario, Decide what strategy to use



ROUND 2:

Move to the next DIVA clockwise , Read the scenario, Decide what strategy to use



ROUND 3:

Move to the next DIVA clockwise , Read the scenario, Decide what strategy to use


Love Talk Play



WHERE DO WE START?

- Stay Calm
- Model Expected Behavior
- Regulate your own emotions

STRATEGY 1: FOCUS ON THE POSITIVE (IY)

- We are hardwired to have 5 negative thoughts, for every 1 positive thought
- Catch your child being good and let them know!



STRATEGY 2: PROVIDE EXPECTATIONS (IY)

- "If ___, then __" "When __, then __" "First ___, then ___"
- Keep it positive
- Eliminates the need for argument and the choice is theirs
- Clear expectations


FACT OR FICTION

STRATEGY 3: LIMITED REASONABLE CHOICES (IY)

- Giving students choices give them a sense of control
- 2-3 pre-approved choices
- If they don't choose, then choose for them

STRATEGY 4: RECOGNIZE AND REGULATE EMOTIONS (IY)

- Pizza Breaths
- Spaghetti Arms
- Important to recognize their emotions and help them name it, accept
- Turtle Shell (Tiny Turtle)
- Find your Happy Place


FACT OR FICTION

THANK YOU!

We would love your feedback, please answer this two-question survey...

