

SKI RACING

DISCOVER BRILLIANCE

SKI STAFF

Tracey Davies

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Our programme is led and supported by Tracey, who brings a wealth of skiing expertise and has been a valued member of the Millfield Ski Team for many years. If you have any questions about the ski programme, please don't hesitate to get in touch using the email address above.

Millfield Ski Team partners with **Impulse Racing** to deliver high-quality race training every Wednesday afternoon at the **Mendip Activity & Snow Centre** or **Gloucester Ski Centre**. In addition, students benefit from dedicated **strength and conditioning sessions**, held every **Tuesday and Thursday lunchtime**, to support their athletic development and reduce injury risk.

Throughout the year, our athletes compete in a range of **dry slope and snowdome races** across the UK, as well as **international competitions** in top European destinations such as **France, Italy, and Switzerland**. These experiences offer valuable race exposure and skill development in a variety of conditions.

The Millfield Ski Team welcomes students of **all abilities**—from beginners to experienced racers. Whether you're new to the sport or looking to take your performance to the next level, our programme is designed to support your growth and enjoyment.



BE AUTHENTIC BE BRILLIANT BE CURIOUS BE DISRUPTORS BE KIND



MILLFIELD

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SCHEDULE

Ski training takes place every Wednesday afternoon. Millfield Prep students will meet at the prep school main reception at 12.45pm and senior school students will meet at the Jubilee layby at 1pm so we can head to the Mendip Activity Centre and be on the slope for 2pm. Here, we will be joined by race coach, Jason Hendy, from Impulse Racing. Students train from 2pm until 4pm and will be home for approximately 5.15pm. Strength and conditioning takes place on Tuesday lunchtimes from 12.20pm until 1pm in the Physio Gym.

COST

The cost of each session is approximately £45 per student and the cost for the term is approximately £450 per student.

This is based on a minimum of 10 students signing up for the activity. If a student is absent or does not attend a session, charges will still apply. This cost covers 10 weeks of ski hire, slope hire and race training from Impulse race instructors and will be added to the school bill at the end of each term.

EQUIPMENT

Students are able to hire skis, poles and helmets from Mendip Activity Centre. We also have a number of race skis that students can borrow for training and races. Students will need to wear school sports kit for training as per school policy. Due to the dry ski slope material, students will not be able to ski unless they are wearing kit which covers their arms, so a long-sleeved top, jumper or jacket is a must. Students will also need to provide their own gloves for skiing.



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