

2025

CALENDAR YEAR

AUGUST

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

Lakota West JH Cross Country

updated 5/13/2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	01 Cross Country practice begins, 8-9:30 am Ft. Liberty Playland	02
03	04 Practice 8-9:30 am Ft. Liberty Playland	05 Practice 8-9:30 am VOA Cross Country Course	06 Practice 8-9:30 am Ft. Liberty Playland	07 Practice 8-9:30 Keehner Park	08 Practice 8-9:30 am Ft. Liberty	09
10	11 Teacher In-service / Practice 3:30-5 pm VOA CC course	12 Teacher In-service / Practice 3:30-5 pm VOA CC course possible 1.0 TT	13 Teacher In-service / Practice 3:30-5 pm practice @ Keehner Park	14 Students first day (A-L) Practice @ Ft. Liberty Playland(athletes will be bussed to Ft. Lib.)	15 Students first day (M-Z) Practice @ Ft. Liberty Playland(athletes will be bussed to Ft. Lib.)	16
17	18 Practice @ Keehner Park, log cabin	19 practice @ VOA Cross Country Course possible 1.5 TT	20 practice @ Ft. Liberty Playland	21 practice @ VOA Cross Country Course	22 practice @ Ridge Junior School	23
24	25 practice @ Ft. Liberty Playland	26 practice @ VOA Cross Country Course possible 2.0 TT	27 Practice at Ft. Liberty Playland	28 Practice at Keehner Park near log cabin	29 practice at Plains Junior	30
31	01	Lakota will bus athletes to practice venues when school starts. If school ends at 2:10 pm they will try to transport athletes to the venue by 2:30 pm Parents need to pick-up at venue by the end of practice 4:00 pm				