

## DIRECTIONS FOR ACCESSING BRAINBOOK ONLINE

All students interested in athletics MUST complete the **Brainbook Concussion Education** module prior to participation in tryouts or practice. This is an online course that is to be taken one time in a student athlete's jr. high/high school career. The course can be accessed from the AIA's online academy and takes most students about an hour to complete. To "pass" the course, students must receive at least an 80% score and then **submit their printed certificate** of completion to the athletic department.

1. Go to the AIA's academy website at: [www.aiaacademy.org](http://www.aiaacademy.org)
2. Click on the Concussion Education Brainbook link.
3. You cannot log in yet because you need to register first. Click on the **"Register as a Student"** link.



4. You'll enter your name, a username, and a display name. **For the display name, please enter your full first and last name.** You'll also choose a password before answering some questions about your age, gender, language, and preferred sports. **After you answer all of the questions, click "Register" at the bottom of the page.**
5. You'll be taken back to the login screen. **Log in** using the username and password you created on the previous registration page.
6. The course should require about an hour of your time. You will be asked to:
  - a) Answer some survey questions that assess your knowledge of concussions.
  - b) Watch video clips featuring doctors, students, and professional athletes.
  - c) Respond to a variety of statements by clicking "like" or "dislike," somewhat similar to interacting with social media posts. "Like" those posts that seem accurate to you based on your understanding of concussions. "Dislike" those posts that seem wrong or inaccurate to you.
  - d) You'll be asked to disagree or agree with certain statements. Agree with those statements that seem correct based on what you've learned about concussions. Disagree with those statements that you know are wrong.
  - e) Finally, you'll take a quiz to see how much you've learned. You must earn at least an 80% in order to "pass" the course. Take your time. It's important that all Kellis athletes understand concussions, how to prevent them, and how to respond to them – both for their own health and safety and the health and safety of their teammates!

Print the certificate of completion and bring it to the athletic department along with the other documents required for clearance.



**\* Plan ahead. Computer and printer and Internet access problems happen. Be sure to complete the course and print the certificate well in advance of the first day of your athletic activity (tryouts, camps, practice, etc.)**