Minutes of School Health Advisory Committee (SHAC)
Duncanville ISD

A Regular Meeting of the School Health Advisory Committee of Duncanville ISD was held Wednesday, May 14, 2025 at 4:30 PM in the Duncanville ISD Boardroom located at 710 S. Cedar Ridge Drive, Duncanville, Texas 75137.

1. CALL TO ORDER
Presenter: Maelene Grant, RN Director of Nursing
Minutes: The meeting was called to order at 4:36 p.m. Introductions were made by the committee members; we had one student to join the SHAC committee.

2. REVIEW OF MINUTES
Presenter: Maelene Grant, Director of Nursing
Minutes: The minutes from the previous meeting were reviewed and approved.

3. Employee Wellness Update
Presenter(s): Maelene Grant, Director of Nursing and Noella Whavers, Risk Manager
Minutes: Ms. Whavers highlighted the district's Wellness Committee and the School Employee Recognition Campaign. She gave examples of the various rewards including bluetooth portable speaker, campaign bags and a bottle buddy. Some of the challenges and campaigns that were discussed included the Panthers Slimdown Showdown, Margin the Space, and Line Dancing Exercises. The goal of these initiatives is to promote a healthier work environment and to enhance overall staff well-being.

4. Health Screenings Updates
Presenter: Maelene Grant, Director of Nursing
Minutes: Nurse Grant provided an overview of essential health protocols, including procedures for administering medications and managing individualized health action plans for conditions such as asthma, diabetes, and seizures. She also addressed immunization mandates and the school's approach to flu monitoring. The discussion on health screenings encompassed the entire process—from conducting the initial student assessments to referring cases and maintaining communication with parents about the outcomes. Additionally, Nurse Grant extended an invitation to the SHAC committee to participate in the First Annual Community Health Fair, scheduled for June 14, 2025. This event, organized by Children on the Mend, Inc., aims to promote health awareness and provide valuable resources to the community.

5. Physical Activity and Coordinated Health
Presenter: William Mitchell, Assistant Athletic Director
Minutes: Mr. Mitchell gave an overview of the PE requirements of 135 minutes each week for students in grades PK-5, PE for four semesters in Grades 6-8 and 1 PE credit for High School students. Mr. Mitchell also introduced a new Pre-Athletics Program set to launch in the 2025–2026

school year, specifically designed for 6th-grade students. This initiative aims to prepare students for future athletic participation by focusing on foundational skills and physical conditioning. Additionally, he discussed the FitnessGram assessment, a statewide requirement in Texas.

6. Building a Restorative School Culture
Presenter(s): Tijuana Hudson, Director of Restorative Discipline Practices
Minutes: Ms. Hudson provided an overview of how a restorative school culture emphasizes accountability and repairing harm over punitive measures, fostering a safe and inclusive environment for both students and staff. She highlighted the impact of implementing restorative practices on school discipline, noting that from April of the 2023–2024 academic year to April of this school year, out-of-school suspensions have decreased by 17.08%, and placements in Disciplinary Alternative Education Programs (DAEP) have declined by 7.9%.

7. Skillful Living
Presenter(s): Helen Wilborn
Minutes: Ms. Wilborn gave an overview of her curriculum “Youth Voice”. Skillful Living is a nonprofit organization with the mission of holistically developing young people to function successfully in the present as well as in the future. She shared that youth are equipped with positive development and healthy relationship skills that will help them navigate life skillfully. Ms. Wilborn shared that she would like to partner with Duncanville High School and expand that partnership districtwide.

8. ADJOURNMENT
Presenter: Maelene Grant, Director of Nursing
Minutes: The meeting was adjourned at 5:45pm