

# Spartan Newsflash

INVER GROVE HEIGHTS MIDDLE SCHOOL / JUNE 2021 / VOLUME 01, EDITION 04

## Q & A: The Covid Vaccine

## P y R: La Vacuna Covid

by Erika Anacleto

Grade 7

Have you ever had questions about the covid vaccine? I interviewed my mom who got her covid vaccine on December 23, 2020. I asked her 9 questions about her opinions and experiences on the covid vaccine, so hopefully some of her responses will answer your questions!

Q: What is the benefit of getting the covid vaccine?

A: "If you ever get covid, the effect is minimal."

Q: What made you decide to get the covid vaccine?

A: "I got it because I wanted to protect my family, myself, and the community."

Q: Were there any special forms you had to fill out before getting the vaccine?

A: "I just had to fill out a form saying that I agreed to getting the covid vaccine."

Q: What kind of covid shot did you get?

A: "I got the Pfizer vaccine where they give you one dose of the vaccine, and then a second dose 21 days later."

Q: When they injected the shot, did it hurt?

A: "Well it wasn't the worst pain, it just felt like the pain of a flu shot."

Q: After getting the vaccine how did it affect you, and for how long?

A: "My arm, where I got the shot, hurt for about three days and I had body aches at the same time, but the body aches only lasted two days. I also felt weak."

Q: When you got the second dose of the vaccine, did it affect you differently than when you got the first dose?

A: "Yes, my arm was less painful but slightly swollen, and I had headaches and abdominal pain for two days."

*Article continues on next page*

por Erika Anacleto

Grado 7

¿Alguna vez ha tenido preguntas sobre la vacuna covid? Bueno, entrevisté a mi mamá que recibió su vacuna covid el 23 de diciembre de 2020. Le hice 9 preguntas sobre sus opiniones y experiencias sobre la vacuna covid, esperamos que algunos de ellos respondan sus preguntas!

P: ¿Cuál es el beneficio de recibir la vacuna covid?

R: "Si alguna vez tienes covid, el efecto es mínimo."

P: ¿Qué le hizo decidir recibir la vacuna covid?

R: "Lo conseguí porque quería proteger a mi familia, a mi misma y a la comunidad."

P: ¿Hubo algún formulario especial que tuviste que completar antes de recibir la vacuna?

R: "Solo tenía que completar un formulario diciendo que acepte recibir la vacuna covid."

P: ¿Qué tipo de inyección de covid obtuviste?

R: "Recibí la vacuna Pfizer donde te dan una dosis de la vacuna, y luego una segunda dosis 21 días después."

P: ¿Cuando te inyectaron la inyección, te dolió?

R: "Bueno no fue el peor dolor, simplemente se sintió como el dolor de una vacuna contra la gripe."

P: ¿Después de recibir la vacuna, cómo le afectó y durante cuánto tiempo?

R: "Mi brazo donde recibí la inyección me dolió durante unos tres días y tuve dolor del cuerpo al mismo tiempo, pero el dolor del cuerpo solo duró dos días. También me sentí débil."

P: ¿Cuando recibió la segunda dosis de la vacuna, le afectó de manera diferente que cuando recibió la primera dosis?

*El artículo continúa en la página siguiente*

## Student reporters featured in this edition:

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## INCLUDED IN THIS EDITION:

Minecraft history and tips, Paige Buecker, WEB, Drawing tutorials, Horses, Comic, Memes, Fun facts and more!

Continued from front page...

Q: Do you think there should be a covid vaccine for children?

A: "In my opinion, not right now, but maybe in the future because the vaccine needs further studies and we don't know how the vaccine will affect children yet."

Q: Would you encourage others to get the covid vaccine?

A: "Yes, I would encourage others to get vaccinated to help stop the spread of the Covid-19 virus. Even if you already got vaccinated, you should still wear a mask and social distance to be safe."

For more information on the vaccines for Covid-19, please click the CDC information linked below:

Continúa de la portada...

R: "Sí, me dolía menos el brazo, pero estaba un poco hinchado, y tuve dolores de cabeza y dolor abdominal durante dos días."

P: ¿Crees que debería haber una vacuna covid para los niños?

R: "En mi opinión, no ahora, pero tal vez en el futuro porque la vacuna necesita más estudios y aún no sabemos cómo afectará la vacuna a los niños."

P: ¿Animará a otros a recibir la vacuna covid?

R: "Sí, animaría a otros a que se vacunen para ayudar a detener la propagación del virus Covid-19. Incluso si ya se vacunó, debe usar cubrebocas y mantener distancia social para estar seguro."

Para obtener más información sobre las vacunas para Covid-19, haga clic en la información de los CDC vinculada a continuación:



Vaccines.gov



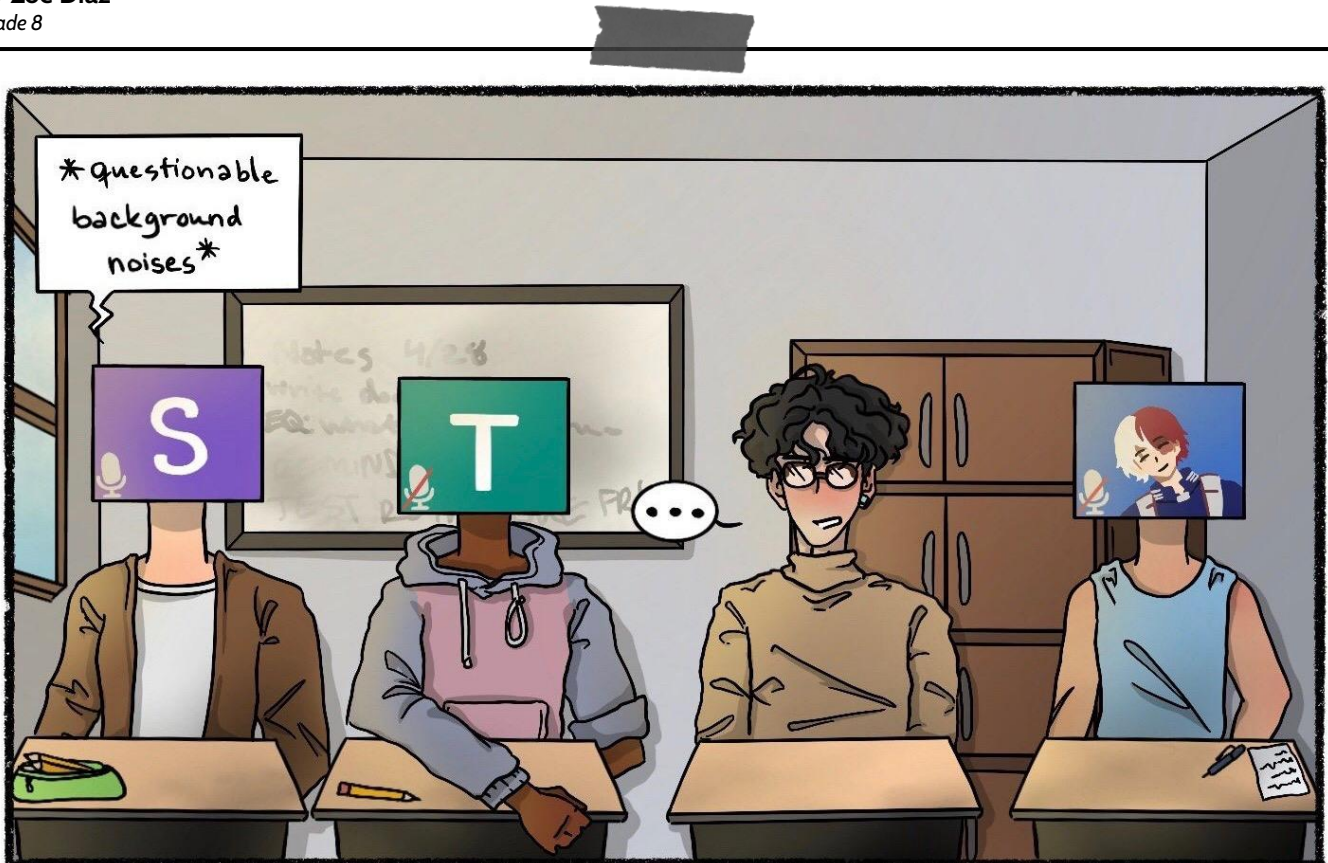
Vacunas.gov

Spartan Newsflash wants to thank Helen Gutierrez for her support in translating this article.

apoyo en la traducción de este artículo.

## Comic Bits

by Zoe Diaz  
Grade 8

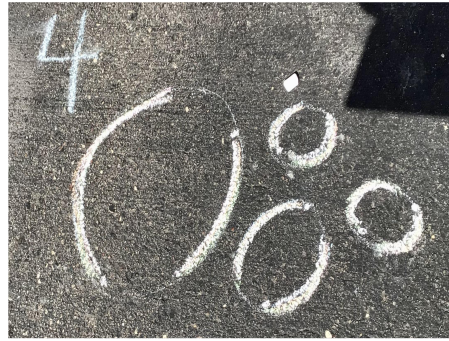
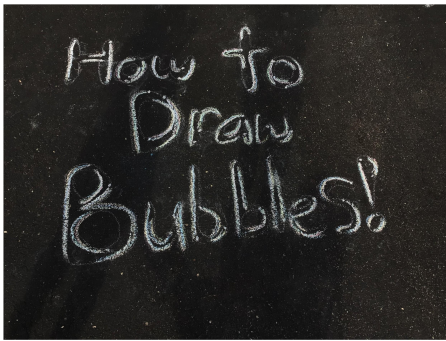


WHAT ZOOM CLASSES FEEL LIKE...



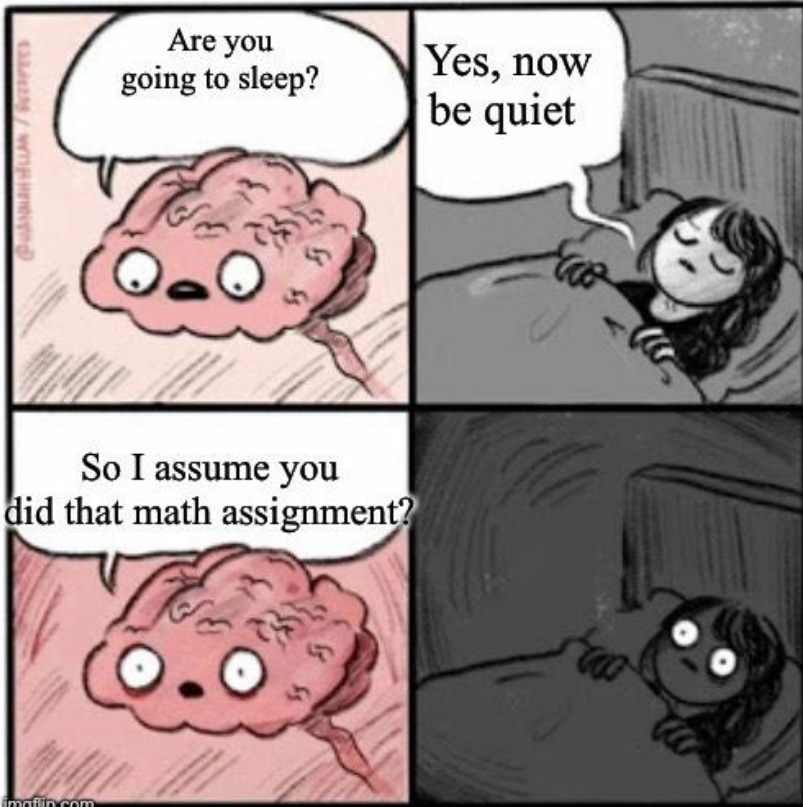
# Drawing Tutorial

by Ava Wood  
Grade 6



## Meme

by Robert Pruden  
Grade 7



## Random Sports Facts

by Tommy Lounsberry  
Grade 6

The city of Pittsburgh is the only town with their pro hockey team, their pro baseball team, and their pro football team wearing all the same colors: Black and Gold.

# Paige Bueckers High School Career

by Isabel Tix

Grade 6

Paige Bueckers is an American D1 college basketball player. She plays for the University of Connecticut, in the Big East Conference.

Paige was born on October 20, 2001 in Edina, Minnesota. She played for Hopkins High School in Minnetonka, Minnesota. Paige played on the junior varsity team in seventh grade, and the varsity team from eighth to twelfth grade. In eighth grade Hopkins finished with a 28-3 record and 2nd in the Class 4A state tournament. As a freshman she led her team to a 31-1 record, losing their only game in the 4A state championship. As a sophomore she sidelined an ankle injury. She still helped Hopkins to a record of 28-4, but unfortunately they had their third straight loss in the Class 4A state championship. Junior year, Paige finally led her team to a 4A state title. Her senior year, Paige led her team to another championship. She was chosen to play in the McDonald's All American Game and the Jordan Brand classic but both got cancelled due to the pandemic.

Bueckers won many awards in her high school career including Gatorade National Player of the Year, Morgan Wootten Player of the Year, Naismith Prep Player of the Year, McDonald's All American, Minnesota Miss Basketball, USA Basketball Female Athlete of the Year, and FIBA Under-19 Women's World Cup MVP.

While Paige has been at UConn, she has won AP Player of the year, Wooden Award, Naismith player of the Year, Nancy Lieberman Award, First-team All- American-AP, USBWA, WBCA, WBCA Coaches' All American, USBWA National Co-Freshman of the Year, WBCA Co-Freshman of the Year, Big East Player of the Year, First-team All-Big East, Big East Freshman of the Year, and the Big East Tournament MOP.

Unfortunately, Buecker's first season with the UConn Huskies ended in the 2021

Final Four. To me, and many others, she is still a Minnesota hero.



# Horses and their Behaviors

by Ameera Lange

Grade 7

Horses are such fascinating creatures. There is a lot to know about them, like the way they act in certain situations and how their behavior shows a lot about them. Did you know that horses sleep standing up, kind of like flamingos? You know when you have had a big meal and as you are getting up you burp? Well for horses they can't have that satisfaction because horses can't burp. Did you know that horses have four different gates such as walk, trot, canter, and gallop?

Unlike humans, horses have a one way digestive system. Having a dynamic like this in a horse's stomach can sometimes cause problems such as colic. If you don't know what colic is it's when a horse's stomach is in a lot of pain. In a mild case of colic you will see your horse doing lip curling, flank/stomach watching, restlessness, and pawing the ground. In a moderate case of colic some symptoms are posturing to urinate frequently, lying down and getting back up, and lying on their side for long periods of time. In severe cases of colic some things to watch out for are violent rolling, sweating, and rapid breathing.

There are different ways to ride a horse. I prefer riding in a English saddle. The different types of saddles are English saddle, jumping saddle, and Western saddle. There are many different activities that you can do on a horse such as barrel racing, jumping, dressage, polo, cross country and many more.

In conclusion horses are just amazing creatures that have a mind of their own.



Random Sports Facts  
by Tommy Lounsberry  
Grade 6

Thailand has Kite Flying as a pro sport.

Page Edited by Erika  
Anacleto  
Grade 7



# Becoming a WEB Leader

by **Barthina Khalil**

Grade 7

As the 2020-2021 school year is ending, the school is now starting to accept new 8th grade WEB leader applicants. These future web leaders will participate in summer practice days to help the new 6th graders enjoy their time at the middle school and get used to the new routine. As some of you might know, WEB stands for "Where Everybody Belongs". Just like in the name, the 8th grade WEB leaders work on improving and encouraging everyone in the middle school to simply have fun and to find a place where they feel comfortable.

Applying to be a WEB leader comes with a big responsibility if you are accepted. Not only will you have to

attend training dates, but you must also make sure to be a positive role model and follow up with your 6th grade group that are assigned to, during your



advisory class. You also have to come to the two training sessions in the summer to practice the expectations of being an 8th grade leader.

Dedication is a very important part of being a WEB leader. Having these responsibilities means that you arrive on the certain dates that you need to be there, and to be prepared with anything that is given to you. You also have to be kind and patient with the new 6th graders and their behavior, because it will take time for them to get used to going to a new school and meeting new people. Some students will catch on quickly and others will need some help on that. Overall, Inver Grove Heights Middle School is very excited to introduce new WEB leaders in the following year.

## Baseball Season

by **Nate Barclay**

Grade 6

The best part of the year in my opinion is baseball season. Baseball season is a time in the year for improvement and opportunity for me. Since baseball season is very important to me, I take these opportunities very seriously. Whether the opportunity is getting a base hit, or finishing the season with a .500 plus batting average - you always have to try your best to make that opportunity a successful attempt. Baseball is also a game of failure, so if you fail at something more than once, or even multiple times, don't get down on yourself, it is just baseball. I can tell you how many times I have failed to get a base hit, drive in a run, or bobble the

baseball to throw out a runner. It isn't a good feeling to have at all, and you know you could have done better. It pushes down on you sometimes. My coach for the Minnesota Blizzard Baseball

Program always says that we should always look 200 feet ahead, like as far as a car's headlights can see. This

bat, and have a mentality that you are going to get a base hit! If you strike out or get out: so what! Go up next time with the same mentality as before. Baseball is 90% mental. The other 10% is physical and what you do with what plays come at you. Just remember: whatever your goals are, they are never impossible. Not without hard work. Go get 'em! GO SPARTANS!



means: look forward to the next play, don't get stuck on something that happened that was bad. Just go up the next at

## Meme

by **Robert Pruden**

Grade 7

Everyone: we have vaccines, so we can open up again

Covid 19:



# Comic Bits

by Robert Pruden  
Grade 7



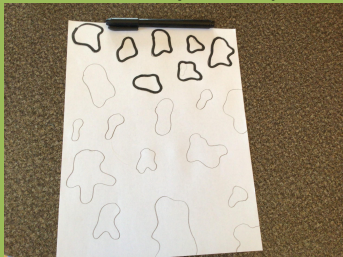
# Drawing Droopy Smiley Faces

by Ava Wood  
Grade 6

Step 1.) Draw random shapes like this with a pencil:



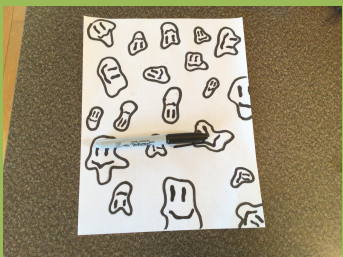
Step 2.) Take a dark colored pencil or marker and outline your shapes:



Step 3.) Draw squiggly eyes and mouths in the middle of the shapes:



Step 4.) Trace the eyes and mouth with the black marker.



Step 5.) Color your smiley faces in with any color you like!

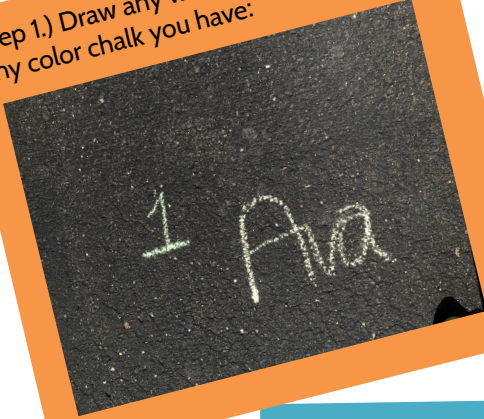




# How to Draw Flowers Around Words

by Ava Wood  
Grade 6

Step 1.) Draw any word you want with any color chalk you have:



Step 2.) Draw squiggly green lines around most of your word but not all the way around and draw yellow dots around the green in some places.



Step 3.) Draw colorful flowers around the yellow dots we drew earlier



The Spartan Newsflash  
wants to wish IGHMS  
an incredible summer break!  
We are looking forward to  
the 2021-2022 school year  
and hearing the voices  
of our students **EVEN MORE!**