



Adult Tennis - Summer 2025 Classes & Clinics

Updated 05/19/2025

Rec & Ed Tennis offers a rewarding Adult recreational pathway that allows players to develop skills in a fun and social environment. For all classes, no running shoes please. If a player does not have a racquet, instructors will have loaners at class. All classes are held outdoors. No indoor backup. Rec & Ed Tennis follows the USTA Code of Conduct. Scholarship copays vary from \$5 to \$50 depending on class fee. To learn more about NTRP ratings and our program, visit our homepage:

<https://reced.a2schools.org/sports/home/tennis>

Learn To Play/Return to Play Tennis 101 and Tennis 201 are specifically designed for adult beginners, or adults returning to the game after a prolonged hiatus. Classes offer fun, progressive drills & games, singles & doubles play, and introduce basic rules & etiquette.

TENNIS 101 Beginner (Coed, NTRP 2.0) Tennis 101 is for new players or those returning to the game after a lengthy break. Players learn fundamentals -- groundstrokes, volleys and serving, as well as general rules of play -- in a fun group environment. Even if you've never picked up a racquet, Tennis 101 will get you playing right away, and get you started on your tennis journey.

TENNIS 201 Beginner/Adv Beginner (Coed, NTRP 2.0-2.5) Tennis 201 is for 'graduates' of Tennis 101 or advanced beginner level players returning to tennis. Refine your strokes, gain consistency, and generate more spin, depth and power from the baseline. This is the "bridge" between beginners and our 2.5-3.0 level clinics and leagues.

TENNIS 301 Advanced (Coed, NTRP 3.0) Ideal for the advanced players wanting more point play at a faster pace, Focuses more on drill and play while hitting a lot of balls on the move with some instruction, and introducing specialty shots. This class is for people who want to improve and be challenged along with having matchplay opportunities. **NOT A BEGINNER CLASS, REQUIREMENT is 201 or INSTRUCTOR APPROVAL.**

<i>Class ID</i>	<i>Class</i>	<i>Days</i>	<i>Time</i>	<i>Dates</i>	<i># of Classes</i>	<i>Location</i>	<i>Fee</i>	<i>Instructor</i>
3610.811	Tennis 101	Tues	7:00PM– 8:30PM	6/10-8/5 NO CLASS 7/1	8	Tappan	q	Staff
3610.821	Tennis 201	Tues	6:00PM--7:00PM	6/10-8/5 NO CLASS 7/1	8	Pioneer	\$160	Renee Hand
3602.821	Tennis 301	Tues	7:00PM– 8:00PM	6/10-8/5 NO CLASS 7/1	8	Pioneer	\$160	Renee Hand

Cardio Drill & Play Advanced Beginner/Interm (NTRP 2.5-3.0) and Intermediate/Advanced (NTRP 3.5-4.0)

Develop your strokes and competitive skills in this 50/50 combination of intensive cardio drilling along with plenty of live ball games and match play.

<i>Class ID</i>	<i>Class</i>	<i>Days</i>	<i>Time</i>	<i>Dates</i>	<i># of Classes</i>	<i>Location</i>	<i>Fee</i>	<i>Instructor</i>
3604.821	Cardio Drill & Play Coed NTRP 3.5-4.0	Tues	9:00AM-10:30AM	8/12-9/16	6	VTC	\$201	Fode Camara
3604.841	Cardio Drill & Play Coed NTRP 2.5-3.0	Thurs	9:00AM-10:30AM	8/14-9/18	6	VTC	\$201	Fode Camara
3604.831	Cardio Drill & Play NTRP 2.5-3.0	Wed	5:00PM - 6:30PM	8/13-9/17	6	VTC	\$201	Fode Camara
3604.832	Cardio Drill & Play NTRP 3.5 - 4.0	Wed	6:30PM - 8:00PM	8/13-9/17	6	VTC	\$201	Fode Camara

Men's Clinics

Continue developing your game through instructional drilling, coaching, live ball feeding games and doubles match play. Great for league players! *Instructor's permission required.*

<i>Class ID</i>	<i>Class</i>	<i>Days</i>	<i>Time</i>	<i>Dates</i>	<i># of Classes</i>	<i>Location</i>	<i>Fee</i>	<i>Instructor</i>
3602.841	Men's Clinic NTRP 3.5-4.0	Thurs	10:30AM -NOON	8/14-9/18	6	VTC	\$201	Fode Camara

Women's Clinics

Continue developing your game through instructional drilling, coaching, live ball feeding games and doubles match play. Great for league players! *Instructor's permission required.*

<i>Class ID</i>	<i>Class</i>	<i>Days</i>	<i>Time</i>	<i>Dates</i>	<i># of Classes</i>	<i>Location</i>	<i>Fee</i>	<i>Instructor</i>
3602.811	Women's Clinic NTRP 3.0	Mon	9:00AM-10:30AM	8/11-9/15 NO CLASS 9/1	5	VTC	\$170	Fode Camara
3602.812	Women's Clinic NTRP 2.5	Mon	10:30AM-12:00PM	8/11-9/15 NO CLASS 9/1	5	VTC	\$170	Fode Camara
3602.851	Women's Clinic NTRP 3.0	Fri	9:00AM-10:30AM	8/15-9/19	6	VTC	\$204	Fode Camara
3602.852	Women's Clinic NTRP 4.0	Fri	10:30AM-12:00PM	8/15-9/19	6	VTC	\$204	Fode Camara

Rec & Ed Summer 2025 Registration begins
Tuesday, May 20th, 2025 at 10:00 am
For more information, visit our website:
<https://reced.a2schools.org/sports/home/tennis>
or contact adulttennis@a2school.org