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CONTACT INFO:

FAMILY SERVICES

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Child Development Center

(951) 304-1623

Room 4: ext. 2112

Room 5: ext. 2113

Room 6: ext. 2114

Room 7: ext. 2177

Room 8: ext. 2115

Room 10: ext. 2176

Room II: ext. 2168

Room 12: ext. 2167

UPCOMING EVENTS

February 13 & 20 —No School (Presidents Birthday)



Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at www.murrieta.k12.ca.us under Family Services

Child Development Center Newsletter



FEBRUARY 2012



HOME-SCHOOL-CONNECTION

The Importance of Washing Your Hands



You can greatly reduce your risk of illness by simply washing your hands. It is the single most effective way to prevent transmitting many disease. Most people do not wash their hands as often or as well as they should.

Hands should be washed:

- After going to the bathroom. Bowel matter carries a variety of serious infectious diseases.
- After changing a baby's diaper. Not washing hands gives the care giver and other children a greater risks of diarrhea and other diseases.
- Before, during, and after handling food.
- Before eating.
- · When hands are dirty.
- After wiping running noses.
- After handling pets or cleaning up after them.
- After sneezing or coughing.
- When someone in your home is sick.
- After handling money, a major carrier of disease germs.

One study proved that children who washed their hands 4 times a day missed 51% less school as other children (due to an upset stomach) and 24% less school (due to colds)

Valentine Poem For Parents

By: Joanna Fuchs

Mom and Dad, along life's path, Your love has shone the way. For the guidance you have given me, I'm thankful everyday.

You've always been great parents; I'm so glad you both are mine; Deep in my heart, you'll always be My favorite Valentine.



PTA News

Our next Family Fun Nights are: <u>Monday, February 6</u>—from 5:30 pm toat Chick-Fil-A

Friday, February 24—From 5:30 pm. to....at Jersey's Pizza

And our General Association Meeting will be on March 2 at 6:00 pm. in room 3.

Please come out and support our Family Services PTA.





Ms. Stacy Rico

Hello. My name is Stacy Rico and I have been working in the Child Development program for MVUSD since 2007. I have worked with all ages from age 2 to the children in 5th grade. I have to say the two year olds are fun because I get to see them grow so much! I also work as a program coordinator for my church for the K-5 program. I am currently finishing my degree in Criminal Justice so I can help our troubled youth in the probation department. Along with all this, I am married with five children!