



Vol. 5 Issue 8 March 2012

Child Development Center Newsletter



MARCH 2012



HOME-SCHOOL-CONNECTION

CONTACT INFO:

FAMILY SERVICES

24300 Las Brisas Rd. N
Murrieta, CA 92562
(951) 304-1623

Child Development Center

(951) 304-1623

Room 4: ext. 2112

Room 5: ext. 2113

Room 6: ext. 2114

Room 7: ext. 2177

Room 8: ext. 2115

Room 10: ext. 2176

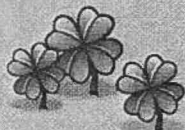
Room 11: ext. 2168

Room 12: ext. 2167

UPCOMING EVENTS

March 17—

St. Patrick's Day



Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at www.murrieta.k12.ca.us under Family Services Department

Help Your 0-3 Months Baby Sleep



To help your new baby fall asleep, try to re-create life in the womb. Provide a routine of comfort such as wrapping him snugly in a blanket and helping him/her find his/hers thumb or fist. Rock him/her gently, your warm hand stroking his back, while talking or singing quietly. Put baby on his back to sleep.

Very young babies sleep best in a cozy space rather than a large crib. So, during the day, wear an infant carrier or use an infant seat, stroller or padded basket or bassinet. Move it around with you to keep your baby nearby. Help your baby separate night sleeping from day by changing the comfort routine. At night, help him/her stay asleep longer periods by limiting light, sound and movement. Dress him/her in pajamas (with easy access to diaper for quick night-time changes) and put him/her down to sleep in the room where he will be all night. Stick to a routine.

Resource: www.noodlesoup.com



Our Next PTA Meeting will be on
Friday
March 2, 2011
6:00—7:00
Room # 3



PTA News

Our next Family Fun Night are:
Wednesday, March 28—from
5:30 pm toat Rubio's in the
Sam's Club shopping center.

Please come out and support our
Family Services PTA.



Dear Parents,

Here is a brief bio of me so you will know a little about my background. I was born in Gardena, California on March 18, 19??...let's just say, "Along time ago". My husband, Thames and I have been married for 27 years. I have one daughter, she is 20 years old. I graduated from High School in 1981 and went to college briefly. I started my lifelong career working with children that same year. I worked for the Huntington Beach



School District as an Instructional Aide for five years until we relocated to the Temecula Valley. Shortly after relocating to the valley, I started working for the MVUSD. Here I have worked as an Instructional Aide for two years, then an Inclusion Aide for four years and after-school Childcare Worker. In 1995, I returned to college to complete the state required child development courses that would allow me to teach K-Readiness. This is now my 8th year in K-Readiness and I love It. I am currently working in room 11 with Ms. Mercy and Ms. Sandra in the morning.

Ms. Natalie August



Sincerely,
Ms. Natalie August

MURRIETA VALLEY UNIFIED SCHOOL DISTRICT
MARCH 2012 - SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			3/01 TEACHER'S CHOICE 	3/02 A.M. SNACK Goldfish Crackers Raisins Milk P.M. SNACK Pretzels Peaches Juice
3/05 A.M. SNACK Cereal ½ Banana Milk P.M. SNACK Nilla Wafers Apple Slices Milk	3/06 A.M. SNACK Chocolate Teddy Cracker Apple Sauce Milk P.M. SNACK Grilled Cheese Sandwich Oranges Juice	3/07 A.M. SNACK Pancakes w/ Syrup Milk P.M. SNACK Pineapple Chunks Honey Graham Crackers Milk	3/08 A.M. SNACK Animal Crackers Oranges Milk P.M. SNACK Ritz Crackers Baby Carrots w/ Ranch Juice	3/09 A.M. SNACK Cereal Raisins Milk P.M. SNACK PB & Jelly Sandwich Vanilla Pudding Milk
3/12 A.M. SNACK Quesadillas Milk P.M. SNACK Ritz Crackers Fruit Cocktails Juice	3/13 A.M. SNACK Cereal ½ Banana Milk P.M. SNACK PB & Jelly Sandwich Juice	3/14 A.M. SNACK Wheat Thins Raisins Milk P.M. SNACK Apple Sauce Honey Graham Crackers Milk	3/15 A.M. SNACK Goldfish Crackers Apple Slices Milk P.M. SNACK Ants on the Log Cheez - Its Juice	3/16 TEACHER'S CHOICE 
3/19 A.M. SNACK Pancakes w/ Syrup ½ Banana Milk P.M. SNACK Honey Graham Crackers Baby Carrots w/ Ranch Juice	3/20 A.M. SNACK Ritz Crackers Milk P.M. SNACK Cheez-It Crackers Chocolate Pudding Milk	3/21 A.M. SNACK Cereal ½ Banana Milk P.M. SNACK PB & Jelly Sandwich Pretzels Milk	3/22 A.M. SNACK Cheez-It Milk P.M. SNACK Trail Mixed Apple Sauce Juice	3/23 A.M. SNACK Quesadillas Oranges Milk P.M. SNACK Chocolate Teddy Crackers Pears Juice
3/26 TEACHER'S CHOICE 	3/27 A.M. SNACK Graham Crackers Raisins Milk P.M. SNACK Pretzels Apple Sauce Juice	3/28 A.M. SNACK Chocolate Teddy Crackers Oranges Milk P.M. SNACK Cheez-It Crackers Fruit Cocktails Juice	3/29 A.M. SNACK Cereal ½ Banana Milk P.M. SNACK Grilled Cheese Sandwich Baby Carrots w/ Ranch Juice	3/30 A.M. SNACK Wheat Thins Apple Slices Milk P.M. SNACK Nilla Wafers Pineapple Chunks Juice



SNACKS ARE SUBJECT TO CHANGE WITHOUT NOTICE

