



Child Development Center Newsletter

NOVEMBER 2012



Vol. 6 Issue 6 Nov. 2011

HOME—SCHOOL—CONNECTION

CONTACT INFO:

FAMILY SERVICES

24300 Las Brisas Rd. N
Murrieta, CA 92562
(951) 304-1623

Child Development Center

(951) 304-1623

Room 4: ext. 2112

Room 5: ext. 2113

Room 6: ext. 2114

Room 7: ext. 2177

Room 8: ext. 2115

Room 10: ext. 2176

Room 11: ext. 2168

Room 12: ext. 2167

Room 207: ext. 2128

UPCOMING EVENTS

November 12—Holiday (No School)

November 22 & 23—Holiday (No School)



Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at www.murrieta.k12.ca.us under Family Services

Sweet Potato Pie

Ingredients:

1 lb. 3 oz. sweet potatoes, peeled and cubed
1 1/4 cups plain yogurt
3/4 cup packed, dark brown sugar
1/2 tsp. of cinnamon
1/4 tsp. of nutmeg
5 egg yolks
Salt
1 (9-inch) deep dish, frozen pie shell
1 cup chopped pecans, toasted
1 TBSP maple syrup



Directions:

Put cubed potatoes into steamer basket and place steamer basket into a large pot of simmering water that is no closer than 2 inches from the bottom of basket. Allow to steam for 20 minutes or until the potatoes are fork tender. Mash with potato masher and set aside.

Preheat the oven to 350 degrees F.

Place sweet potatoes in the bowl of a stand mixer and beat with the paddle attachment. Add yogurt, brown sugar, cinnamon, nutmeg, yolks, and salt to taste, and beat until well combined. Pour this batter into the pie shell and place onto a sheet pan. Sprinkle pecans on top and drizzle with maple syrup.

Bake for 50 to 55 minutes or until the custard reaches 165 to 180 degrees. Remove from oven and cool. Keep refrigerated after cooling.

Resources: foodnetwork.com



Give Thanks at Thanksgiving



- Appreciate the food you are eating and the person or people who prepared it for you.
- Make something for other people to enjoy at the meal.
- Think about all the things you've learned this year and thus far in your life.
- Look at the people around you and be thankful that you are not spending Thanksgiving alone.
- Be grateful for your family.
- Prepare a little celebratory toast or even a poem to recite to the people with whom you are spending Thanksgiving.



Parent Advisory Meeting




Friday, November 2, 2012
Child Development Center
Room 3
6:00 pm—7:00 pm
"Let your voice be heard!"



Ms. Joy

Hi, my name is Joy Linstrom. For the last 14 years I have been a single parent with the beautiful privilege of raising my four children: Ryan 27, Ethan 23, Megan 19, and Katelan 17. I love spending every free moment with them. I currently work as an Executive Assistant for a property management company. For the past two years, I have been working for the Child Development Center (CDC). With over thirty years of experience in childcare and applying those talents to my career; my passion is to love, care and nurture the children in our care. I enjoy gardening, exercising and reading. I look forward to a wonderful year.

**MURRIETA VALLEY UNIFIED SCHOOL DISTRICT
NOVEMBER 2012 - SNACK MENU**

Monday	Tuesday	Wednesday	Thursday	Friday
			11/01 TEACHER'S CHOICE 	11/02 A.M. SNACK Pancakes w/ Syrup Milk P.M. SNACK Cheez-It Crackers Juice
A.M. SNACK 11/05 Orange Half Animal Crackers Milk P.M. SNACK Cinnamon Graham Crackers Apple Sauce Milk	A.M. SNACK 11/06 Cereal Milk P.M. SNACK Goldfish Crackers Raisins Juice	A.M. SNACK 11/07 Apple Slice Cheez-It Crackers Milk P.M. SNACK Pretzels Peaches Juice	A.M. SNACK 11/08 Animal Crackers Milk P.M. SNACK Ritz Crackers Baby Carrots w/Ranch Juice	A.M. SNACK 11/09 Cereal Milk P.M. SNACK Nilla Wafers Juice
11/12 HOLIDAY NO SCHOOL	A.M. SNACK 11/13 French Toast Milk P.M. SNACK PB & Jelly Sandwich Juice	11/14 TEACHER'S CHOICE 	A.M. SNACK 11/15 Cereal Milk P.M. SNACK Chocolate Teddy Crackers Juice	11/16 A.M. SNACK Ritz Crackers ½ Banana Milk P.M. SNACK Wheat Thins Juice
A.M. SNACK 11/19 Cereal Milk P.M. SNACK Honey Graham Crackers Pear Juice	A.M. SNACK 11/20 Nilla Wafers Milk P.M. SNACK Cheez-It Crackers Baby Carrots w/Ranch Milk	A.M. SNACK 11/21 Cereal Milk P.M. SNACK PB & Jelly Sandwich Fruit Cocktails Milk	11/22 HOLIDAY NO SCHOOL	11/23 HOLIDAY NO SCHOOL
11/26 TEACHER'S CHOICE 	A.M. SNACK 11/27 Cereal Milk P.M. SNACK Pretzels Pineapple Chunks Juice	A.M. SNACK 11/28 Honey Graham Crackers ½ Banana Milk P.M. SNACK Trail Mix Juice	A.M. SNACK 11/29 Pancakes w/Syrup Milk P.M. SNACK Cheez-It Crackers Raisins Milk	A.M. SNACK 11/30 Cereal Apple Slice Milk P.M. SNACK PB & Jelly Sandwich Juice



SNACKS ARE SUBJECT TO CHANGE WITHOUT NOTICE

