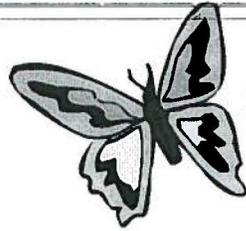




# Child Development Center

## Newsletter

### JUNE 2013



Vol. 6 Issue 12 June 2013

HOME - SCHOOL - CONNECTION

#### CONTACT INFO:

#### FAMILY SERVICES

24300 Las Brisas Rd. N  
Murrieta, CA 92562  
(951) 304-1623

#### Child Development Center

(951) 304-1623

Room 4: ext. 2112

Room 5: ext. 2113

Room 6: ext. 2114

Room 7: ext. 2177

Room 8: ext. 2115

Room 10: ext. 2176

Room 11: ext. 2168

Room 12: ext. 2167

#### UPCOMING EVENTS

End of the Year Performances:  
Thursday - June 6, 2013

Father's Day: June 16, 2013

#### Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at [www.murrieta.k12.ca.us](http://www.murrieta.k12.ca.us) under Family Services Department



### Facts About Sunscreens

If you spend time outdoors during daylight, you need to use sunscreen regardless of skin type, the sun's energy penetrates deeply into the skin and damages DNA of skin cells. This damage may ultimately lead to skin cancer. Children are especially susceptible to the harmful effects of the sun, so take extra steps to protect their skin and to prevent sunburns. Babies younger than 6 months should be kept out of direct sunlight because their skin is even more fragile.

All sunscreens products include an SPF, which stands for Sun Protection Factor. The SPF number is a measurement of the amount of UVB protection—the higher the number, the greater the protection.

To maximize protection, apply sunscreen liberally 30 minutes before going outdoors and reapply every two hours, or sooner as needed.

Avoid the sun between 10 a.m. and 4 p.m. Because the sun's rays are strongest during these hours, try to schedule outdoor activities for other times of the day. Seek shade whenever possible. If you're unable to avoid being in the sun, limit the amount of time you're outdoors during these peak hours.

Wear tightly woven clothing that covers your arms and legs and a broad-brimmed hat, which provides more protection than does a baseball cap or golf visor. Also, consider wearing clothing or outdoor gear specially designed to provide sun protection.

**Resource:** [www.bing.com/health/article](http://www.bing.com/health/article)

### Happy Father's Day

Daddy, I Love You  
Author: unknown

Daddy, I love you for all  
that you do.  
I'll kiss you and hug you  
'cause you love me too.  
You feed me and need me to  
teach you to play,  
I love you on this  
Father's Day.



**End of the Year Performances for all the children in room # 7 and room # 11 those who will be going to Kindergarten next year.**

**Date:** Thursday -June 6  
**Place:** AVAXAT MPR  
**Time:** 5:30 to 6:00 pm.



We will continue to transition the children to the age appropriate classroom over the next few weeks. We appreciate your support.



Ms. Jody

My name is Jody Maloney and I have been working for MVUSD since September 2012. I worked for many years I in the corporate world before I discovered my true calling was to be working with young children. I am currently subbing in room 11 and I enjoy interacting with and learning about the children. I am the mother of three amazing children ages seventeen, fourteen, and ten. My children and I enjoy hanging out at the beach/pool on the weekends and spending quality time together.