



Child Development Center Newsletter

MARCH 2014



Vol. 7 Issue 9 March 2014

HOME-SCHOOL-CONNECTION

CONTACT INFO:

FAMILY SERVICES

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Child Development Center
(951) 304-1623

Room 4: ext. 2112
Room 5: ext. 2113
Room 6: ext. 2114
Room 7: ext. 2177
Room 8: ext. 2115
Room 10: ext. 2176
Room 11: ext. 2168
Room 12: ext. 2167
Julie Hoang : ext. 2189

UPCOMING EVENTS

March 17

St. Patrick's
Day



Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at www.murrieta.k12.ca.us under Family Services Department

Helping Children Learn Self Control



See misbehaviors as a chance to teach self control; they are an opportunity to help a child learn to identify and manage his / her feelings of anger, sadness, and disappointment; and to teach him/her behavior that is, and is not acceptable. They are a chance to teach the child about your expectations and values. Try these strategies:

- Set and enforce clear, consistent limits
- Stop misbehavior using words and actions; i.e, take the child's hand when she is hitting a friend, firmly hold it and say in a low, authoritative voice, "No hitting! It hurts."
- When a child misbehaves, acknowledge his feelings, but let him know that his behavior, what he did with his feelings, was unacceptable, i.e. "I know you are really angry, but you cannot throw the toy."
- Use logical consequences: When a child throws the blocks, put them away until the child is feeling more in control.
- Model appropriate ways to express feelings, i.e. tell a child that you are upset that you spilled the juice, and you are going to take a deep breath to calm down.

Think of helping a child to develop self control as one step in that child's path to developing a conscience, and essential characteristic for being a full member of her family and community.

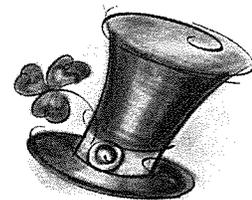
Resources:
California Childcare Health Program
Zero to three, self-control:
www.zerotothree.org

PARENTS

The Child Development Center will be open during Spring Break

March 24, 2014
to
April 3, 2014

Please tell your child's teacher if he/she will not be attending and remember to sign your child's attendance sheet.



Ms. Brooke

Hi. My name is Brooke Watkins. People say, "If you love what you do, then you will never work a day in your life." I am one of those people. I have been in the child development field for a little over five years. I am currently subbing as a lead teacher in room 8 working with the two year olds. I have my associates degree in Child Development and am currently working on my bachelors. When I'm not working with children, I spend my time with my family and my boyfriend. I enjoy watching movies, reading books and going to SeaWorld!