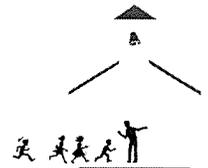


# Child Development Center Newsletter



MAY 2014



Vol. 7 Issue 11 May 2014

## HOME-SCHOOL-CONNECTION

### CONTACT INFO:

#### FAMILY SERVICES

24300 Las Brisas Rd. N  
Murrieta, CA 92562  
(951) 304-1623

#### Child Development Center

(951) 304 -1623

Room 4: ext. 2112  
Room 5: ext. 2113  
Room 6: ext. 2114  
Room 7: ext. 2177  
Room 8: ext. 2115  
Room 10: ext. 2176  
Room 11: ext. 2168  
Room 12: ext. 2167  
Julie Hoang: ext. 2189

### UPCOMING EVENTS

May 5: Cinco De Mayo  
May 11: Mother's Day  
May 26: Memorial Day  
Holiday- No School

### Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at [www.murrieta.k12.ca.us](http://www.murrieta.k12.ca.us) under Family Services Department

### Steps For Avoiding Smoke



*Avoiding exposure to secondhand smoke can protect your health and that of your children, family and friends.*

#### Know the Risks:

- Secondhand smoke is a very serious health threat.
- Passive smoke is the third leading cause of preventable death in the United States today.
- Smoke is especially dangerous for children and pregnant women.

#### Special Risks for Children:

- Exposure to passive smoke can cause asthma, bronchitis and pneumonia.
- Children with colds, flu, asthma or other illnesses can be made more ill by smoke.
- Children can be burned by falling ashes or lighted cigarettes.
- Passive smoke is also linked to miscarriages, low birth weight and sudden infant death syndrome (SIDS).

#### Help Protect the Children in Your Life:

- Insist on nonsmoking daycare.
- Take them to nonsmoking restaurants.
- Set up a smoke-free home.

Resource: [www.etr.org](http://www.etr.org)

### My Mom

By: Anonymous

My mom is very special,  
My mom is very kind,  
My mom always tells me I'm special,  
She's always on my mind.

My mom watches me grow,  
My mom watches me cry,  
Of course she'll always know,  
She'll never have to tell me good-bye.

My mom will always hug and kiss,  
My mom will always care.  
My days she will never miss,  
'Cuz I'm her little teddy bear.

My mom is very special,  
My mom is very kind,  
My mom always tells me I'm special,  
She's always on my mind.



Ms. Rosemary

Hello my name is Rosemary Meza. I'm the preschool Teacher for the young four year olds in room #11. I've been teaching in this field for seventeen years, six years which have been for the Murrieta Valley School District.

I Currently hold a Teacher Permit and I am working towards a B.A. in Human Development. I have three grown children, four grandchildren, and one great grand daughter. We enjoy family gatherings and baseball games. Thank you for giving me the opportunity to be a part of your child's learning years.