

# OWL WEEKLY EMAIL

May 19, 2025



Arlo with the catch vs. Central



Manatee Boys Varsity won the Conference Championship!



**Outward Bound in Maine!** 



Erosion mitigation (those darn beavers!)



Staircase created by our students!

In an effort to increase communication with our students and families, we send a weekly email on Sunday evenings or Monday mornings highlighting upcoming school events. This information will also be shared with students in Schoology and in Crew on Mondays. Events are listed in chronological order.

Welcome to Week 7: Monday, May 19 is an A day.

<u>Monday is survey day in Crew</u>: This week, <u>submit BEFORE and AFTER photos of your Crew</u> <u>stewardship project</u> to win donut holes for your Crew! The Crews with the 5 most impactful stewardship projects will receive donut holes on Monday, June 2. One survey submission per Crew, please.

**YEARBOOK**: Be a part of OWL history. Order your 2025 Yearbook here.

# <u>Summer Spiritwear in Stock, Including Manatee Items!</u>

The PTO has spiritwear in stock for summer! Place an order and it will be delivered to your student in crew within a week. Inventory levels vary by product but most sizes are still in stock. Grab a t-shirt or long-sleeve for the warm months, or stock up on hoodies or knit caps ahead of the cold for next year.

Manatee merchandise also in stock including baseball hats with everyone's favorite logo. Get geared up to support your Manatee teams for tournament time!

https://owlschoolstore.com/

Any questions text or call Mitch: 612-618-8904.

**NEW!** Here is your weekly HIGH SCHOOL athletic update. Spring sports are slowly coming to an end. See below for fall sports information!

As always, please refer to the <u>Weekly Athletic Calendar</u> for the weekly schedule, as well as the <u>Humboldt Athletic One-Stop Document</u> if you have any questions.

<u>ADAPTED SOFTBALL</u> ended the season by participating in the state tournament last weekend. <u>BADMINTON</u> season came to an end last week after participating in team and individual tournaments.

**BASEBALL** will play their last game of the season on Monday at Brooklyn Center at 4:30pm.

BOYS TENNIS will participate in the individual section tournament on Wednesday this week.

**BOYS VOLLEYBALL** will play their last 2 regular season games this week before section playoffs. On Tuesday they will host Hiawatha Collegiate at 5:30pm (JV) and 7:00pm (V). Then on Thursday the Hawks will host Harding at 5:00pm (B & JV) and 6:30pm (V).

**BOYS GOLF** will play in the conference tournament on Monday and Wednesday at Goodrich Golf Course this week.

**GIRLS GOLF** will participate in the conference tournament on Wednesday at Como Golf Course starting at 9:00am.

**SOFTBALL** will play a road section game on Monday. Their opponent is still TBD.

**TRACK & FIELD** participated in the varsity conference meet last week and had a great showing! The boys team took 4th place, here are some individual highlights:

Za'im Dennis – won 3 golds 110m hurdles, 300m hurdles, and 4x200m.

King Davis – 1st place in 4x200m, 2nd place in 200m

Elijah Shaheer - 2nd place in 400m

Luisa Schmidt – 4 medals; 2nd in long jump, 3rd in 400m, 4th in 200m, 4th in 100m

Aria Kulseth - 2nd in 400m

The Hawks have the JV conference meet on Monday at 4:00pm at Harding. The Hawks will then have the week off before the section meet next week.

### **Fall Sports Registration**

Fall sports start on Monday, August 11, 2025. All athletes must have an up to date sports physical on file, pay their team fee, and submit the MSHSL Eligibility form **before** they may participate in athletics.

Below are the fall sports offered and the times/locations they will practice on Monday, August 11th

PI Adapted Soccer (will start when school starts)

CI Adapted Soccer (will start when school starts)

Cheerleading- Tuesday, August 12; 10:00am - 12:00pm at Humboldt, enter door #23

Boys Cross Country- 9:00am - 11:00am, meet at door #26 near the turf field at Humboldt

Girls Cross Country- 9:00am - 11:00am, meet at door #26 near the turf field at Humboldt

Girls Tennis- 1:00pm - 3:00pm at Humboldt Tennis Courts

Football (co-op with Harding)- 3:00pm - 6:00pm at Harding High School Turf Field

Girls Swimming - 2:30pm - 5:30pm at Washington Pool

Boys Soccer- 5:30pm to 7:30pm at Humboldt Turf Field

Girls Soccer- 7:00am - 9:00am at Humboldt Turf Field

**Girls Volleyball**- 10:00am - 2:00pm Humboldt Main Gym- Enter through door #23 off Humboldt Ave.

### SIGN UP!!

We are proud to announce an updated way for families to sign up for and pay for SPPS athletics and activities.

On Monday, June 2, high school students can now register for athletics using Arbiter. All families will need to create a new account. The link for SPPS is:

https://students.arbitersports.com/organizations/st-paul-public-school-district

# **Summer Training**

A lot of our athletic teams will have summer training in June and July, excluding Juneteenth and the week of July 4 (June 29 - July 6)

Boys Basketball - Mondays, Tuesdays, Wednesdays; 3:00pm - 4:30pm, Humboldt Main Gym

Boys Soccer - Mondays, Wednesdays; 7:00pm - 9:00pm, Humboldt Turf Field

Cross Country & Track - Tuesdays, Thursdays (starting June 24) 9:00am - 11:00am, Humboldt

Girls Soccer - Mondays, Wednesdays; 7:00pm - 9:00pm, Humboldt Turf Field

Volleyball - Thursdays; 3:00pm - 5:00pm, Humboldt Main Gym

Wrestling - 4:30pm - 5:30pm, Humboldt Wrestling Room

Mondays, Wednesdays, Fridays in June; Mondays, Wednesdays in July

Athletics Lifting (open to all athletes) - 3:30pm - 4:30pm OR 4:30pm - 5:30pm

Mondays, Wednesdays, Fridays in June; Mondays, Wednesdays in July

**NEW!** Middle School Sports Update: The season will end in two weeks on May 29th. This week we had a track meet at Washington Tech on Tuesday, May 13th. The athletes did really well despite the extreme heat. We were supposed to have a meet on Thursday, May 15th but it was postponed due to weather threats. It will be rescheduled sometime next week. Badminton played at Battle Creek Middle School on May 13th. It was a good matchup.

### Track & Field

We don't have a scheduled meet for the week of May 19th but we are expecting to have the meet originally scheduled for Thursday, May 15th to be rescheduled for this week.

### **Badminton**

The Badminton team will face Highland Park Middle School at Humboldt on Tuesday, May 20th.

The match will begin at 4:00pm. Admission is free. We hope you can join us.

For up to the minute schedule information, go to <u>StPaulCity.org</u> or to the Humboldt School website and click on the Athletics tab.

<u>OWL Community Meeting</u>: Students and Families are warmly invited to join the OWL Community Group—the organization that combines our PTO and Site Council functions. This is a great way to

have your voice heard in the vision of our school community and to find out what is happening at OWL. Here are the dates of the meetings for this school year:

· Tuesday, May 20 - 6:30 - 8:00

All are welcome and encouraged to attend—hope to see you!

<u>INTERIM WEEK is May 27-30</u>: Students will take a week-long class with 6-12 grade peers. Students will learn their interim class in Crew this week.

<u>OWL Graduation is Wednesday, June 4 at 7:30 PM</u>: Everyone is invited to come celebrate the Class of 2025 at St. Kate's O'Shaughnessy Auditorium. If you have never been to an OWL graduation, it is like no other!

<u>Celebration of Learning is Friday, June 6 from 4-6PM</u>: ALL OWL FAMILIES are warmly welcomed to come see displays, presentations and performances from our students. We will have an ice cream truck out front at the end of the event.

# All School Celebration on Tuesday, June 10 at Lake Elmo Park Reserve:

All students in grades 6-12 will spend the last day of school at Lake Elmo to celebrate a great school year. Crews will organize potluck lunches.

<u>DUE THIS FRIDAY! AVID applications are open for the 2025-2026 school year!</u> Interested in learning more about AVID, a program designed to prepare all students for college readiness and success in a global society through academic support and engaging enrichment activities?

- · Students entering grades 7, 8, 9, 10, and 11 this fall can apply to join OWL AVID Elective classes at this link; please note that a parent or guardian needed to answer the last 6 questions.
- · Students entering grades 11 and 12 in the fall can apply to work as OWL AVID tutors at this link.
- · All AVID applications are due Friday, May 23.

<u>DUE THIS FRIDAY! Perennials needed!</u> Hosta, lily of the valley, day lilies, and other hardy, drought-tolerant or shade-tolerant perennials are needed for the OWL gardens. Divided plants from home gardens are welcome. Please bring plants in plastic pots or containers to Megan and Akira's science classroom, room 3215, by May 23.

<u>Donate your unwanted books to SLACs book drive!</u> Bring titles of any genre or age range to the library. Please make sure they are in readable condition. All donations will go the free book fair at the Celebration of Learning on June 6th.

<u>Donations Needed: Fidgets, Games and Toys for Mental Health</u> My students struggle with mental health, and they are learning how to self-advocate and use coping strategies. Calming fidgets and games will help them when they need breaks during the day. They earn CRISP tickets when they show collaboration, responsibility, integrity, stewardship, and perseverance. Each toy is worth a different amount of CRISP tickets. Typically students use screens to take breaks from learning, but fidgets, games and toys offer an interactive alternative. <u>GO HERE to DONATE!</u> Thanks!

<u>Seed donations needed for crop art</u>: Do you have any of the following seeds in your cupboard? Tom and Megan are seeking donations for crop art activities during Interim. Please bring donations directly to Tom or Megan.

· Canola

- · Mung bean
- · Amaranth
- · Quinoa, red and white
- · Yellow split pea
- · Millet
- · Flax, brown
- · Wild rice
- · Red lentil
- · Lima beans
- · Black beans
- · Corn, various varieties

**Read the Latest Edition of the Purple Press**: OWL's student newspaper <u>HERE!</u> Note: This edition was published on April 1 (get it?)

<u>One proven way to live a happy life is to express gratitude. Is there a staff member at OWL that has done something you are grateful for?</u> Shoot them an email! An alternative and way has been made available by filling out <u>this link</u>. (This form requires an email but is sent anonymously.)

<u>OWL believes that access to menstrual/period products is a right.</u> If you are able to donate to help us provide free menstrual/period products so that they are always available, please consider donating some by dropping them off with Tammy in the front office. From there we will make sure they get to where they are needed.

# **Community Announcements**:

Emerging Leaders of Color (ELOC) is a free high school pathway program offered by our undergraduate office. High school students commit to coming to campus one Saturday a month from 9am to 2pm over 9 months (September- April). We are expecting up to 70 students this next year, which is an increase from the past. Each five hour Saturday session focuses on a different business topic and features a keynote speaker from that industry, a business activity related to that topic, a professional development session, a college prep session, and mentorship. It is led by our undergraduate students enrolled at Carlson who provide mentorship and community.

<u>Analytics U</u> is a free week-long summer pathway program that centers the experience of people in analytics, and is open to high school students of all identities. The program introducing them to how data science can play a critical role in solving real world problems that impact our everyday lives. The program will also include:

- College access and professional development opportunities
- Connections and networking with industry professionals in the metropolitan area
- An immersive educational experience at the Mall of America

<u>Summer Women in Engineering Program Scholarships</u>: 3M is providing 14 students from St. Paul, Minneapolis & North St. Paul/Maplewood Public Schools with full-ride scholarships, including transportation, to attend Michigan Tech's Women in Engineering program. Students will spend one week exploring nine different fields of engineering while meeting other students from around the world and experiencing life on a college campus. It's like summer camp, but smarter!

We are reviewing applications on a rolling basis (approx. every 2 weeks) as awards remain. To apply, all students need to do is complete our Women in Engineering (WIE) Pathway Program application and our system will automatically let us know they're eligible for the award based on the school zip code.

Please see the attached flyer for more info. WIE-3M.pdf

If you have any questions please contact Brad Wells, Assistant Director of SYP, at <u>bawells@mtu.edu</u> or 906-487-2027.

<u>St. Paul Saints Miracle League</u>: It is open to any student living in St. Paul that has a disability up to age 22. Sessions are held Sundays at the Bridge View/Focus Beyond baseball field. Previous sessions have been very fun and inclusive for students and their families! Get more information HERE.

<u>St. Paul College Summer Camps</u>: Trade and Tech Innovator Camp, Summer Beauty Camp, Scrubs Camp. More information <u>HERE</u>!

<u>Interested in a full scholarship for an Outward Bound course in the Boundry Waters this summer?</u>

Go <u>HERE</u> for more information about how to apply.

<u>Looking for a summer adventure?</u>: Sea Change Expeditions leads **10-day sailing trips on Lake Superior** for teens this June. They have a steeply sliding scale for fees. Here is the link with more information: <a href="https://www.seachangeexpeditions.org/teen-trips">www.seachangeexpeditions.org/teen-trips</a>

<u>Family Coaching for Native American Families:</u> Ramsey County is offering this program. For more information, go to this link: <u>Family Coaching for American Indian Families</u>

<u>Summer Youth Employment Opportunity with Tree Trust:</u> Click <u>HERE</u> for more information about a great job in the great outdoors.

# **Community Resources for Eye Care and Glasses HERE**

# **Important Reminder about Attendance:**

If your child is going to miss school, please call, email <a href="mailto:owlattendance@spps.org">owlattendance@spps.org</a> or write a note to explain the reason for the absence. If we do not hear from you, the absence is documented as unexcused. After 3 days of unexcused absences, you will receive a letter from the school reminding you to please communicate with us so the absence(s) may be documented accurately. If your child continues to miss school, unexcused, he/she will be referred to the SAM (School Attendance Matters) Program for intervention.

The following reasons for absence qualify as an excused absence; illness, doctor, dental or therapy appointment (please be sure to obtain a note to give to the school), extreme family emergency or religious holiday not already recognized by our school district. When a student misses 3 or more class periods in one day, this is considered to be a full day of absence. Please call us if you have any questions/concerns.

### **OWL Schoolwide Norms**

- · Respect people, their boundaries and identities, materials, and spaces
- · Be kind, caring and friendly, especially when it's difficult
- · Keep an open mind: engage in opportunities and courageous conversation

